



Blackheath & Bromley Courier

April 2016.

President 2016-17. Bill Foster.

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Tony Weeks Pearson

Summer is here, it's Olympic Year and what better way to start than to see two of our athletes competing at the World Indoor Championships. Not only that, both Dina Asher Smith and Serita Solomon have been Club members since they were under 13s. Congratulations to two of Orpington's finest and we look forward to this years under 13s going on to great things.



Two future Presidents, one of the greatest Sports organisation in the World, the other of the IAAF.

New President Bill Foster is also no stranger to the International stage. He has attended many major championships and will be in Brazil for the Olympics. He has also run five marathons for Great Britain including the 1994 European Championships and 1995 World Cup. Now retired from racing his main focus is coaching and he is the Club coach for the Womens Middle/ Long Distance squad at Loughborough University. A Yorkshireman, living in the Midlands and President of a club in the South. We are a broad church.

It has been a long time since we had a President who has competed as a Senior International and who has been a coach. The last one was Tony Weeks Pearson who was himself coached by a former International, one Sydney Wooderson. Sadly Tony died the week before Bill was introduced at the AGM. A fine athlete with boundless energy and enthusiasm, he was named "Tony The Tiger" by our Junior squad of the early 90s as he supported them across the UK and Europe. Like Bill, a great Athletics fan. As Bannister, whose hero was Wooderson, crosses the line to run the first sub four minute mile, who is that bespectacled young man in the background, roaring his support, while clutching a prop, which is keeping cabling from the infield from falling on the track? We look forward to more of our athletes passing on their baton of knowledge, experience and example to the next generation.

New Vice Presidents.

The Gazette will give more details of our new President Bill Foster as it will of the new Vice Presidents, who are Claire Austridge, Shaunagh Brown, Andy Rayner, and Steve Timmins. All are very active at the cutting edge of the Club's activities. Two have been members since they were under 13s. Shaunagh Brown has been breaking Club records ever since in the throws. A rock of our UK Womens League team, she is a great ambassador and recruiter for the Club. A Commonwealth Games International in the hammer, rugby player, boxer, and qualified deep sea diver. Steve Timmins is now a thrower but has competed in numerous events as he was once a decathlete. He now coaches throws at Norman Park. Everyone knows Claire Austridge as wife, mother, organiser and fundraiser but she has also run at Five English Schools Championships for Cornwall. Andy Rayner is a current co team manager for cross country but is one of top athletes and is always there for the team, cross country, road or track. He has finished 18th in the National Cross Country Championships. Congratulations to all four.



Forthcoming fixtures.

April. 2nd. Alpha Beta Trophy, Lee Valley. 2nd. BMAF 10km Championships, Olympic Park. 6th. Parris Handicap, Hayes. 10th. Hercules Wimbledon Young Athletes Open, Wimbledon Park. 16th. National 12 and 6 Stage Road Relays, Sutton Park. 16th. Southern Athletics League, Norman Park. 17th. B&B Development Day, Norman Park. 20th. West & North West Kent Schools, Norman Park. 23rd. Youth Development League, U15 and U13, Reading. 24th London Marathon & Mini Marathon. 29th. Kent Masters League, Sutcliffe Park. 30th – 2nd May. BUCS Championships, Bedford.

May. 1st. Youth Development League U20 and U17, Reading. 2nd. Ted Pepper race, Norman Park. 7th. British Athletics League, Watford. 8th. Kent Young Athletes League, Norman Park. 9th. Kent Masters League, Canterbury. 2th. Bromley Year 7 Inter Schools, Norman Park. 14th. BMAF Road Relays, Sutton Park. 14th-15th EA Combined Events Championships, Bedford. 14th-15th. Kent Championships, Ashford. 14th-15th Surrey County Championships, Kingston. 20th-22nd. European Masters Championships non stadia, Portugal. 21st Youth Development League, U15 and U13, Southampton. 21st. Southern Athletics League, Hornchurch. 22nd. Loughborough International. 23rd Club Championships and Open Meeting, Norman Park. 25th Parris Handicap, Hayes. 27th. Kent Masters League, Norman Park. 28th. Southern Counties Vets AC Championships, Ashford. 29th. Bedford International Games, 29th Youth Development League U20 and U17, Norman Park.

On the Social side.



27th April. London Marathon Supper. Meals sold out but you can still come down for a drink.
25th May. BBQ after Parris Handicap.

Results

5/3/16

English Schools Woolaton Park, Nottingham. Senior Girls. 2. Niamh Bridson Hubbard 16.31, 16. Jessica Keene 17.09, 40. Kelsey Fuss 17.49, 135. Chloe Kibblewhite 19.02, 148. Joanna Clowes 19.12, 299. Els Housley 22.31. **Intermediate Boys.** 89. Angus Harrington 19.33, 92. Lewis Mills 19.35, 230. Henry James Cowie 20.35. **Intermediate Girls.** 30. Yasmin Austridge 13.57, 42. Madalina Samoila 14.04, 72. Millie Smith 14.17. **Junior Boys.** 5. Rowan Fuss 15.26. **Junior Girls.** 17. Morgan Squibb 13.14, 23. Sophie Hoare 13.19, 41. Jess Neale 13.30, 53. Lia Radus 13.37, 220. Rosie Allen 14.31.

Jablonec Indoor Gala, Czech Republic. 60 hurdles. 4. Serita Solomon 8.13. Heat 2. 2. Serita Solomon 8.02.

Parkruns. Richmond. 5. Jonathan Vintner 17.43.

Bromley. 6. Luca Ercolani 18.11, 10. Callum Myatt 18.19, 12. Robert Perry 18.31, 13. Clayton Aves 18.44, 14. Keir Lundy 18.59, 20. Amy Leach 19.26, 21. Eddie Sellar 19:29, 29. Stuart Cullum 19.54, 32. Ethan Kitteridge 19.59, 47. Matthew Pond 20.44, 48 Adam Parkinson 20.58, 59. Carlotta Weitzel 21.04, 63. Niamh Milmo 21.11, 78. Chris Swinfen 21.38, 88. James Neylon 21.58, 95. Jessica Sellar 22.11, 100. Jason Short 22.17, 121. Kelsey Pullin 22.49, 124. Nigel Bulmer 22.56, 204. Angela Powell 25.04, 276. Matthew Smith 26.43, 352. Zoe Kingsmell 28.40, 370. Leszek Malynicz 29.04, 444. John Leeson 31.57, 511. Andrew Kingsmell 37.45.

Greenwich. 3. Alan Camp 18.45, 27 Barry Wetherilt 22.20.

Braunstone. 107. Mick Keene 25.20.

Highbury Fields. 39. Naomi Kingston 22.13

Crystal Palace. 51. David Carton 23.58.

Bournemouth. 47. Peter Hamilton 21.46.

Newport. 67. Dave Leal 23.57.

Killerton. 18. Bob Minting 22.42.

Clonakilty. 19. Jenny Neal 22.04.

Orpington. 5. Harry Keene 21.04, 97. Karen Desborough 35.24.

Tonbridge. 44. Mark Ellison 22.40, 122. Anne Cilia 26.:04

Hockley Woods. 13. Sarah Belaon 21.45.

6/3/16

Windsor Open Meeting. 60m. Round 1 Race 1. 4. Toby Olubi 7.11. R4. 5. Rob Sutherland 7.64. R8. 2. James Whiteaker 7.50. R17. 2. Jamilya Robinson Pascal 8.30. Round 2. R1. 5. Toby Olubi 7.10. R6. 4. James Whiteaker 7.53. Triple Jump. Senior Men 1. Jacob Veerapen 14.18. Under 20 Women. 1. Toyin Orelaja 10.47.

Molly Barnett Races, Coventry. Senior Men 5km. 21. Shaun Lightman 31.33.

12/3/16

Inter County Cross Country Championships, Cofton Park, Birmingham. Senior Women. 168. Sarah Belaon 36.10, 176. Amber Reed 36.28. Under 20 Men. 2. Will Fuller 27.11. Under 20 Women. 5. Niamh Bridson Hubbard 21.59, 104. Samantha Leighton 26.24. Under 17 Men. 163. Marco Arcuri 21.49. Under 17 Women. 29. Kelsey Fuss 21.30, 33. Jessica Keene 21.38, 82. Amy Leach 22.32, 96. Yasmin Austridge 22.47. Under 15 Boys. 94. Angus Harrington 17.27. Under 15 Girls. 9. Sophie Hoare 17.37, 58. Kelsi Cornish 18.31, 71. Lia Radus 18.35, 103. Millie Smith 18.51. Under 13 Boys. 73. Samuel Reardon 12.30. Under 13 Girls. 4. Morgan Squibb 12.47, 27. Ellie Dolby 13.13, 128. Rosanna Allan 14.03.

Lewes Open Races. 4. Peter Hannell 32.06, 6. David Hoben 34.56, 7. Shaun Lightman 34.56.

Parkruns. Bromley. 1. Fintan Parkinson 16.54, 4. Roger Beswick 17.39, 5. Sam Agnew 18.00, 9. Keir Lundy 19.07, 15. David Beadle 19.23, 16. Steve Pairman 19.25, 24. Andrew Lawes 19.42, 25. Matthew Pond 19.43, 39. Mike Simms 20.35, 52. Iain Swatton 21.15, 53. Glen Read 21.17, 56. Chris Swinfen 21.25, 70. Jessica Sellar 21.45, 76. James Neylon 22.04, 113. Tammy Falshaw 23.09, 155. Scott Bulmer 24.38, 184. Nigel Bulmer 25.35, 250. Leszek Malynicz 27.22, 309. Bernard Wilson 28.58, 365. Damian Hayes 31.35, 452. John Bugler 52.30

Greenwich. 10. Ritchie Leccia

Bath Skyline. 81. Chloe Haffenden 26.43

Highbury Fields. 51. Naomi Kingston 21.47.

Killerton. 20. Bob Minting 22.04.

Fritton Lake. 11. Charlotte Faries 25.07.

Orpington. 10. Leah Everson 21.42 (first woman), 99. Karen Desborough 34.40.

Peckham Rye. 62. Peter Rogers 25.03.

12-13/3/16. British Masters Championships, Lee Valley. W50. Pole Vault. 1. Jackie Montgomery 2.70. M60. 60. 1 Tom Phillips 8.20. Race 2. 1. Clem Leon 8.34. 200. 3. Tom Phillips 27.41, 4. Clem Leon 27.89. 400. 1. Clem Leon 61.90. High Jump. 3. Clem Leon 1.38. Long Jump. 4. Clem Leon 4.17. Pole Vault. 1. Allan Williams 3.40. W60. 60. 1. Helen Godsell 8.76. 200. 1. Helen Godsell 29.62. M65. 1500. 3. Peter Hamilton 5.40.57. 3000. 1. Peter Hamilton 12.06.18. 3000 Walk. 3. Roger Michell 17.46.44.

13/3/16

Trafford 10km. 4. Graham Rush 29.10, 40. Phil Sesemann 30.32.

Sidcup 10. 8. Tony Crowder 59.53, 11. Len Crowder 61.30.

Bromley Veterans Open 5, Sparrows Den. 10 Jane Bradshaw 39.30 (First woman and 1st W40), 11. Mike Simms 40.06, 27. Nigel Bulmer 44.18, 30. David Carton 44.47, 32. Luigi Arcuri 45.55, 43 John Fenwick 50.01.

Dartford Half Marathon. 5. Peter Tucker 74.39, 31. Clare Elms 84.03, 110. Alexis Tobin 93.47, 183. Jennifer Neal 1.40.27, 464. Peter Rogers 1.57.04.

Lydd 20. 83. Damian Hayes 2.31.37, 179. Deniz Mehmed 2.50.30.

Lydd Half Marathon. 40. Mark Ellison 95.09, 156. Karen Perry 2.00.19.

Spitfire 20. 97. Steve Evenden 2.34.29, 104. Nick Barber 2.35.30, 432. Gerry Azger 3.15.22, 487. Jesse Bailey 3.22.29, 503. Dick Griffin 3.25.55, 560. Andy Kingsmell 3.44.22.

Tempest 10. 98. Zoe Kingsmell 1.38.02.

18/3/16.

USF Bulls Invitational, Tampa, Florida. Triple Jump. 4. Kerri Davdson 11.44 (-2.5).

18-19/3/16.

Baldy Costillo Invitational, Tempe, AZ, USA. 200. 3. Jahisha Thomas 25.22 (0.6), 100 hurdles. 6. Jahisha Thomas 15.69 (-0.8).

18-20/3/16.

IAAF World Indoor Championships, Portland, USA. Women. 60m Final. Dina Asher Smith DNS. SF1. 2. Dina Asher Smith 7.11. HT4. 2. Dina Asher Smith 7.12. 60 Hurdles. Final. 7. Serita Solomon 8.29. HT1. 3. Serita Solomon 8.04.

Home Countries International, Falkirk. Under 20 Women. 9. Niamh Bridson Hubbard 22.26.

SIAB Schools International, Falkirk. Junior Boys. 11. Rowan Fuss 13.33.

Closing 5 Yacht Handicap, Hayes. 1. Amarisa Sibley 25.06 (38.46 actual), 2. Sarah Belaon 27.47 (34.07), 3. Angus Harrington 28.15 (29.45), 4. Jim Phelan 28.21 (41.21), 5. Gareth Evans 29.08 (29.48), 6. Marco Arcuri 29.18 (30.08), 7. Nic Corry 29.25 (35.35), 8. Damian Hayes 29.27 (36.47), 9. Clayton Aves 29.42 (34.12), 10. Charlie Andrews 29.47 (32.27), 11. Anne Cilia 29.50 (42.50), 12. Luigi Arcuri 30.02 (41.42), 13. Steve Pairman 30.02 (34.02), 14. Mick Jones 30.21 (34.41), 15. Chris Pike 30.29 (37.49), 16. Rod Harrington 30.36 (36.46), 17. Rob Brown 30.44 (37.34), 18. Chris Tuck 30.47 (31.17), 19. Jason Short 30.47 (38.37), 20. Mike Simms 30.58 (36.58), 21. John Turner 30.59 (40.09), 22. Matthew Smith 31.00 (38.00), 23. Austin Adams 31.00 (42.30), 24. Mark Ellison 31.14 (37.04), 25. Nick Barber 31.24 (37.24), 26. David Beadle 31.26 (33.56), 27. Nigel Bulmer 31.32 (40.42), 28. Andy Lawes 31.40 (36.40), 29. Glen Read 31.41 (37.51), 30. Ian Taylor 31.47 (38.07), 31. James Neylon 31.56 (41.56), 32. Adrian Stocks 31.59 (38.09), 33. Nigel Haffenden 32.20 (36.50), 34. Amy Leach 32.33 (35.43), 35. Maz Turner 32.49 (53.09), 36. Barry Wetherilt 33.43 (41.23), 37. Andy Tucker 34.00 (37.30), 38. David Carton 34.01 (42.11), 39. Tim Soutar 35.19 (35.19), 40. Ben Kerridge 36.12 (42.42), 41. Iain Swatton 37.23 (43.33).

Bennett Cup Final Standings. 1. Sarah Belaon 422, 2. Steve Pairman 420, 3. Nic Corry 395, 4. Chris Pike 391, 5. David Beadle 375, 6. Rob Brown 375, 7. Chris Tuck 362, 8. Mike Simms 349, 9. Nigel Bulmer 325, 10. Barry Wetherilt 325.

Parkruns. Bromley. 1. Callum Myatt 17.22, 3. Jessica Keene 18.13, 8. Matthew Pond 18.52, 11. Sam Agnew 18.59, 20. Stuart Cullum 19.26, 25. Andrew Lawes 19.39, 29. Keir Lundy 19.48, 32. Joanna Clowes 19.55, 33. Andy Tucker 19.58, 41. Nicholas Paddington 20.36, 56. Lorna Clowes 21.20, 68. Jessica Sellar 21.45, 98. Kelsey Pullin 22.35, 153. Andrew Clowes 24.16, 199. Gareth Griffin 25.28, 314. Bernard Wilson 28.26, 326. Zoe Kingsmell 28.41, 332. Scott Bulmer 28.50, 341. Ian Cayzer 29.03, 352. Nigel Bulmer 29.24, 406. Damian Hayes 31.25, 441. Andrew Kingsmell 32.32, 524. Claire Austridge 38.59.

Brockwell Park. 55. Nigel Wood 22.27

Killerton. 20. Bob Minting 21.50.

Orpington. 1. Ian Frith 17.23, 7. Harry Keene 20.55. 122. Karen Desborough 34.33.

Constantia Greenbelt. 28 Darryl Hilliar 23.43,

Bedgebury Pinetum. 3. Robert Perry 19.40, 93. Claire Springett 32.07

19-20/3/16

Kent Indoor Championships, Lee Valley.

Senior Men. 400. Mark Cryer DNS. Ht 2. 2. Mark Cryer 51.78. High Jump. 7. Mark Cryer 1.75. Shot. 4. Mark Cryer 10.27.

Senior Women. 800. 1. Jessica Jones 2.24.79, 2. Donelle Yapp 2.49.60. High Jump. 1. Deborah Martin 1.70. Pole Vault. 1. Jackie Montgomery 2.60. **Under 20 Men.** 60m. 1. Shamar Thomas Campbell 7.01. SF. 1. Shamar Thomas Campbell 7.05, HT 1. 1. Shamar Thomas Campbell 7.10. 200. 1. Shamar Thomas Campbell 22.53, 3. Alex Skipp 22.70. HT 1. 1. Shamar Thomas Campbell 23.0. HT 2. 2. Alex Skipp 23.3. 400. 2. William Pope 52.85, 3. Aleksander Wiltshire 53.67. HT 1. 2. William Pope 53.18. HT 2. 2. Aleksander Wiltshire 56.89. 1500. 1. Charlie Davis 4.28.49. **Under 20 Women.** 60m. 1. Parris Johnson 7.81. HT 1. 1. Parris Johnson 7.90. 200. 1. Isabella Hilditch 26.1. 60H. 1. Anastasia Davies 9.00 (Championship Best). Triple Jump. 2. Anastasia Davies 11.14. Shot. 1. Divine Oladipo 12.09. **Under 17 Men.** 60m. 1. Matthew Knight 7.16. HT1. 1. Matthew Knight 7.21, 4. Robert Abbott 7.71. 200. HT2. 5. Chizute Ogbedeh 25.1. 400. 2. Ben Sutton 53.00. HT2. 2. Ben Sutton 54.05. 1500. 2. Lewis Mills 4.27.58. Long Jump. 2. Ben Sutton 5.83. Pole Vault. 1. Frankie Scrivener 3.20, 2. George Pope 2.40.

Under 17 Women. 60m. 2. Magda Cienciala 7.88, 3. Katie Woolcott 7.94, 5. Mhairi Brooks 8.06. SF1. 3. Mhairi Brooks 8.08. SF2. 1. Magda Cienciala 7.88, 2. Katie Woolcott 7.99, 6. Sophia Harper 8.66. HT1. 2. Sophia Harper 8.51, 5. Gabrielle Dalsan 8.78. HT2. 2. Katie Woolcott 8.09, Antonia Alapfuja DNF. Ht3. 1. Magda Cienciala 7.90, 3. Mhairi Brooks 8.17. 200. 4. Karina Harris 27.91. HT1. 2. Karina Harris 28.0. 300. 3. Grace Scopes 44.05. 800. 1. Kelsi Cornish 2.25.89. Long Jump. 4. Sophia Harper 4.42. Triple Jump. 2. Karina Harris 10.62. Shot. 1. Eloise Locke 12.88. **Under 15 Boys.** 60m. 1. Rico Cottell 7.58, 6. Oliver Briars 8.11. HT1. 5. Jonathan Abbott 9.07. HT2. 1. Rico Cottell 7.69, 3. Oliver Briars 8.23, 4. Leonard Wright 8.56, 5. Leo McCallum 9.06. 200. 2. Myles Xavier 25.4. 300. 1. Joshua Gbagbo 40.12. 800. 4. Ben Gardiner 2.24.46. High Jump. 1. Rico Cottell 1.80. Long Jump. 1. Myles Xavier 5.29. Triple Jump. 1. Joshua Gbagbo 11.30. Pole Vault. 2. Ethan Ketteridge 2.30. Shot. 1. Michael Burfoot 10.86. **Under 15 Girls.** 60m. SF1. 4. Holly Mpassy 8.59, 5. Rahmau Ottun 8.73. SF2. 5. Lani Bakewell 8.82, 6. Kamilya Robinson Pascal 8.83. HT1. 3. Kamilya Robinson Pascal 8.66, 4. Lani Bakewell 8.91, 5. Rashindah Ayinbode 9.21, 6. Katie Westpfel 9.76. HT2. 2. Holly Mpassy 8.55, 5. Greta Elliott 8.98. HT3. 4. Rahmat Ottun 8.78. 200. HT1. 3. Eva Stephanou 29.99, 4. Greta Elliott 30.49. 300. 2. Zoe Martial 47.14. 1500. 2. Jessica Neal 5.07.35, 3. Lily Tappenden 5.14.68. Long Jump. 3. Zoe Martial 4.42, 5. Kamilya Robinson Pascal 4.35. Pole Vault. 3. Eleanor Barrett 2.80.

20/3/16

Southern 12 Stage and 6 Stage Relays, Cyclopark, Gravesend. Men. 19th 3.39.31. (1. Alex Bruce Littlewood 20.20, 2. Andy Rayner 14.46, 3. Phil Sesemann 19.36, 4. Georges Vacharopoulos 13.56, 5. Will Fuller 20.09, 6. Richard Webb 14.25, 7. Peter Tucker 21.25, 8. David Beadle 16.19, 9. Dan Kennedy 21.31, 10. Nic Corry 17.34, 11. Steve Pairman 22.44, 12. Bryan Donnelly 16.46). **Women.** 22nd. 2.01.50. (1. Kate Curran 16.22, 2. Jennifer Neal 28.11, 3. Sara Elmqvist 18.23, 4. Carole Penlington 24.06, 5. Jennie Butler 17.43, 6. Sarah Belaon 17.05).

Hastings Half Marathon. 218. Mike Simms 1.34.37, 680. John Isaacs 1.46.09, 2025. Zoe Kingsmell 2.17.23, 2030. Andy Kingsmell 2.17.30.

Cranleigh 21. 1. Fintan Parkinson 2.04.27, 6. Alex Gibbins 2.09.22, 34. Jon Vintner 2.25.57, 89. Alexis Tobin 2.40.23, 119. Steve Evenden 2.45.22, 424. Dick Griffin 3.40.14.

Cranleigh 15. 81. John Turner 2.15.05, 82. Pete Rogers 2.15.06.

Vitality North London Half Marathon. 74. Richard Byford 81.50.

25/3/16

Isle Of Man Festival. 10km Road Race, Port Erin. 1. Phil Sesemann 31.37.

26/3/16.

Isle Of Man Festival. Peel Hill Race. 13. Phil Sesemann 22.53.

Parkruns. Bushy park. 4. Rowan Fuss 16.58, 108. Kelsey Fuss 21.00.

Richmond. 3. Jonathan Vintner 17.56.

Cardiff. 330. Claire Springett 31.14.

Bromley. 1. William Fuller 15.16, 3. Callum Myatt 17.18, 5. Jessica Keene 17.46 (first woman), 7. Charlie Andrews 17.51, 10. Samuel Reardon 18.14, 20. Harry Keene 19.16, 25. Amy Leach 19.30, 27. Steve Pairman 19.35, 28. Matthew Pond 19.36, 33. Oliver Robertson 19.55, 35. Max Gregson 20.00, 36. Emily Davis 20.01, 45. Chloe Kibblewhite 20.17, 46. Nic Corry 20.17, 61. Adrian Stocks 20.43, 74. Leo Braden 21.17, 80. James Neylon 21.27, 115. Kelsey Pullin 22.44, 161. Nigel Bulmer 23.37, 160. Jamie Muir 23.37, 176. Andy Tucker 24.02, 179. Austin Adams 24.04, 200. Scott Bulmer 24.25, 369. John Butler 28.29, 380. Julia Pairman 28.51, 398. Mick Keene 29.13, 399. Bernard Wilson 29.13, 406. Trevor Lewis 29.39,

Bexley. 34 Chris Pike 23:12, 181. Zoe Kingsmell 31.02, 204. Andrew Kingsmell 32.07,

Greenwich.

1. Niamh Bridson Hubbard 18.24, 44.8 Nigel Haffenden 23.57, 45. Sally Haffenden 23.57, 100. Chloe Haffenden 27.42.

Crystal Palace. 43. Nigel Wood 22.37, 162. Luke Brett 34.12.

Barnstaple. 48. Barry Wetherilt 22.47.

Dulwich. 28. Carlotta Weitzel 20.10.

Orpington. 18. Mark Ellison 22.36, 20. Joseph Georgiadis 22.41, 48. Dave Leal 25.18, 65. Anne Cilia 27.03, 135. Karen Desborough 35.15,

Southwark. 9. Alan Camp 18.26,

Tonbridge. 24. Tim Soutar 21.03.

Penrose. 8. Robert Perry 20.36.

Crosby. 6. Mike Simms 21.43.

Dolgellau. 14. Jason Short 23.04.

27/3/16

Isle Of Man Festival, Douglas. 4xkm relay. 1. Leeds Doss AC INC Phil Sesemann 16.25.

Lee Valley U15 and U13 Pentathlon and Open Meeting. Pentathlon. Under 13 Girls. 2. Akeilya Robinson Pascal 2099 (60H 10.46, High Jump 1.33, Shot 6.25, Long Jump 4.47, 800. 3.04.69).

25 years ago March 1991.

Tanya Blake finishes in 4th place in the Senior Girls race at the English Schools Cross Country Championships at Taunton, two places behind runner up Paula Radcliffe. Mark Steinle is 45th in the Intermediate Boys race. Tim Dickinson is 37th in the Senior Boys race.

Debbi Marti is 5th in the World Indoor Championships at Seville, Spain with a clearance of 1.91.

At the National Veterans Cross Country Championships at Ampthill Jack Braughton wins the M70s race and Barry O Gorman is 4th in the M50s.

Jamie Quarry is 2nd and Alexis Sharp is 3rd in the AAA's Under 20s multi events championships at Cosford.

Plenty of medals at the Dairy Crest AAA and WAAA Under 20 Championships at Cosford. In the under 20s there is gold for Jamie Quarry in the 60 metre hurdles in 8.35 with bronze for Mark Purser (then of Croydon). Ben Eldred is third in the 400. In the under 17s Michael Nartey wins the 60 metres in 7.0 and Ezra Clarke the triple jump with 13.08.

At the National Cross Country Relays at Mansfield the Senior Mens team of Alan Guilder, Spencer Newport, Dave Lee and Dave Heath finish 8th. The under 17 mens team of William Donaldson, Robert Sedgewick, Mark Steinle and Jonathan Murray are 7th.

Tanya Blake finishes 105th in the Junior Womens race at the IAAF World Cross Championships in Antwerp. Athletics Weekly publish the UK Mens Club Track and Field Rankings for 1990. Blackheath are 10th.

20 years ago March 1996.

Blackheath finish 3rd in the National Cross Country Championships at Newark. This is the third time in a row the Club has finished 3rd at Newark. Spencer Newport is 13th, Dave Taylor 20th, Bill Foster 24th, Tim Dickinson 26th, Chris Wada 134th and Darrell Smith 144th.

Bill Foster finishes 3rd in the Adidas Fleet Half Marathon in 63.50. Dave Taylor wins the Staines 10km in 29.28.

Mike Martineau becomes President of Blackheath Harriers.

The Club win the Southern 12 Stage Road Relay at Thurrock.



Southern 12 stage team. Back L-R. Bill Foster, Spencer Newport, Roy Smith, Chris Wada, Mike Martineau (President), Alan Guilder, Simon Baines. Front. Dave Taylor, Dave Heath, Pat Calnan, Mark Watling, Darrell Smith. 12th member was Giles Clifford.

At the McDonalds Young Athletes Relays at Sutton Park the Blackheath under 13 boys team of Stuart Simmons, Will Bolton, Chris Gay and Matt Hill win gold. The under 15 boys team of John Baker, Kieran Farrelly, David Baker and Steve Holmes are second.

At the English Schools Cross Country Championships at Weymouth Abdi Madar is 3rd in the Junior Boys race and with Matthew Hill 34th, Will Bolton 63rd and Imran Hamblin 88th Kent win team gold.

Abdi Madar represents England at the Home Countries Schools International at Irvine and finishes 6th in the Junior Boys race.

Tim Dickinson represents Great Britain at the World University Cross Country Championships

15 years ago March 2001

Foot and Mouth disease devastates the racing programme. The English Schools Cross Country Championships; the Reading Half Marathon (incorporating the AAAs of England and South Of England Championships; and the Closing 5 Yacht Handicap are just some of those affected. Dave Ellison wins the Bennett Cup by a single point from Brendan McShane with the series reduced to six races because of foot and mouth.

Mike Peel becomes President of Blackheath Harriers.

Mark Steinle wins the Mercia Half Marathon in Portugal in 64.29.

At the Great Britain v France Under 23 International at Cardiff, David Moulton is 3rd in the 800, Michael Skinner 4th in the 1500 and Alloy Wilson is part of a 4x400 team who breaks the Welsh all comers record.

In the GB V France v Germany v Italy Under 20 International at Vittel in France. Dwayne Grant wins the 60 metres and Samantha Singer is part of the 4x400 team who finish runners up.

At the European Veteran Indoor Championships at Bourdeaux, Bob Minting wins the over 50s 800 metres, is second in the 400, and wins bronze in the 4x200. Helen Godsell is 1st in the W45 60 metres in a European record of 8.25, and is second in the 200.

10 years ago March 2006

At the World Masters Indoor Championships at Linz in Austria, Allan Williams in 2nd in the over 50s pole vault with a clearance of 4.10. Helen Godsell is 3rd in the W50 60 and 200 and wins silver in the 4x200. Jim Day is equal 2nd in the M70 pole vault. Peter Hamilton wins a team silver in the over 55s cross country as does Tom Phillips in the 50s 4x200.

The first Will Bolton Fundraising Dinner raises £8000 to support developing athletes. Will died in a car crash two years previously.

Blackheath & Bromley are named top Junior Club of the Year in the London Region. John Blackie is runner up in the Development Coach Of The Year. At the AAAs Under 20, 17 and 15 Championships in Birmingham, Serita Solomon sets a UK age 16 best as she finishes 2nd in the 60 metre hurdles. Chelsea O Rawe Hobbs is 2nd in the U20 3000 walk. Dan Putnam wins the 15 Boys 400 metres and is 2nd in the 200. Steve Cavey is 2nd in the 800. Jessica Matthews is 3rd in the long jump and 3rd equal in the high jump. Amy Godsell is 3rd in the 60 metres.

At the British Masters Indoor Championships there are golds for Allan Williams (M50 pole vault), Helen Godsell (W50 60 and 200), Bob Minting (M55 400 and 1500), and Jim Day (M70 pole vault)

At the final Kent Womens and Young Athletes League races of the season the Club win 5 overall team titles, Finish 2nd in 2, and are 3rd in the other. Individual wins on the day come from Bryony Proctor (U20W), Amy Smith (U15G) and Michelle Fewster (U13G).

Wilf Orton wins the Bennett Cup. Ken Daniel becomes President.

5 years ago March 2011

Michael Skinner is runner up in the Inter Counties to secure selection for the World Cross Country Championships. However, he turns this down as he is about to train in Kenya for a month.

Denis Lawrie is elected President of the Club. Mark Compton wins the Bennett Cup.

At the European Masters in Ghent, Allan Williams wins silver in the M55 pole vault. Peter Hamilton wins bronze in the Cross Country team race.

The Club lose the 100th Mob Match against South London Harriers, although Alex Gibbins was the individual winner. Shaunagh Brown sets a Championship Best Performance in winning the shot at the Kent Indoor Championships.