



# Blackheath & Bromley Courier

January 2020.

President 2019-20. Julian Golding.

Editor. Pat Calnan ([p.calnan@btinternet.com](mailto:p.calnan@btinternet.com))



Happy New Year! Happy Olympic Year! Happy first year of the National Athletics League! Happy ...

Loads of awards have been flying around in December with the highlight being the BBC Sports Personality Of The Year with Dina finishing third and John Blackie being made "Coach of the Year". Many congratulations.

We are sad to learn that Roy Green passed away during the Summer. Amongst other things, Roy was the man who made the Gazette all colour. RIP

## Club 150 Celebrations

**Club 150 Leaderboard** – Full details and latest standing are on the Club website. "A year long running challenge to get all members to run an officially timed mile".

## Forthcoming Fixtures

### January

Sat 4 – Kent Cross Country Championships, Brands Hatch, West Kingsdown.

Sat 11 – Sun 12 – Southern Indoor Championships U17/U15/U13.

Sun 12 – Open 10km Cross Country (inc Vets Championships) and Mob Match v Beckenham Road Runners and Croydon Striders, 10.30 Hayes. (B6)

Sat 25 – SEAA Cross Country Championships, Parliament Hill.

### February

Sat 1 – Sun 2 – SEAA Senior and Under 20 Indoor Championships, Lee Valley

Sun 2 – Club 10 Mile Cross Country Championship, Hayes

Sat 8 – Kent League, Norman Park

Sat 22 – National Cross Country Championships, Nottingham

Sat 22 – Sun 23 EA Under 20, Under 17 and Under 15 age group Championships, Sheffield

Sat 22 – Sun 23 SPAR British Athletics Indoor Championships, Glasgow

Sun 23 – Southern Masters Indoor Track and field and BMAF Winter throws championships, Lee Valley.

## Social Events

### BLACKHEATH & BROMLEY HARRIERS A C

Present at the  
Sydney wooderson centre  
56, Bourne Way, Hayes, BR2 7EY

THE 2020  
**BURNS  
SUPPER**

Friday 17th January, 7:30pm



Tickets £25 from

Denis Mob - 07900 321659  
email - dmlawrie162@gmail.com

Steve Mob - 07768 768113  
email - stevepair@aol.com



## Results

### 1/12/19

**Lee Valley Open.** 60. Round 1. Race 1. DQ. Toby Olubi. R1.R2. 5. Theo Adesina 7.31. R2.R1. 6. Toby Olubi 7.16. R2.R3. 4. Theo Adesina 7.35. 600. R1. 1. Ben Gardiner 1.22.97, 4. Henry Fisher 1.26.39. 60H. U20. R1. 1. Theo Adesina 8.54, 2. Pedro Gleadall 8.55. R2. 1. Theo Adesina 8.46, 3. Pedro Gleadall 8.67. High Jump. C. 3. Theo Adesina 1.85. Pole Vault. A. 4. Roger Platt 2.80, 5 Holly Platt 2.80, 7. Oscar Witcombe 2.70. B. 7. Ethan Kitteridge 2.30, 12 Charlie Platt 2.00, NH. Alan Hardy. C. 1. Pedro Gleadall 4.52, 2. Ethan Kitteridge 4.02, 3. Barnaby Corry 4.02, 6. Ben Platt 3.62.

**Windsor Slough Eton & Hounslow Winter Series.** 60. Rnd1. Race7. 3. Joe Cope 8.39 (U15B). 1.9. 4. Makai Sabido-Rodney 8.55. 2.7. 3. Joe Cope 8.36. 2.8. 5. Makai Sabido-Rodney 8.79. LJ. 10. Joe Cope 4.48, 11. Makai Sabido-Rodney 4.28.

**Percy Pud 10km, Sheffield.** 3. Phil Sesemann 29.39.

**Valencia Marathon.** 1063. Ian Firla (M45) 2.51.14 (2.50.30), Paul Sharpe 3.51.27 (3.50.42).

### 4/12/19

**Middlesex University Open Student Championships, Lee Valley.** 400. Ht5. 4. Prince Reid 54.59. 800. Ht5. 2. Prince Reid 2.07.88.

### 7/12/19

**Oxford v Cambridge Varsity Match, Wimbledon.** Women. 1. Niamh Bridson Hubbard 22.49.

**Birmingham League Division One, Crewe.** 2. Charlie Davis (Birmingham University) 30.57.

**Midland Womens League Div one.** 9. Jess Keene (Birmingham University) 27.20

**ESSA English Schools Cup Final, Spinkhill.** U13 Girls. 13. Megan Slattery 10.02, 19. Lara Tunali-Flynn 10.12, 22. India Blakey 10.15, 36. Francesca Middleton 10.27.

**University Of Leeds Relays.** 1. Leeds Becket 42.51 inc James Habergham 10.38, Andrew Smith 10.44, Alex Botterill 10.47. 2. Leeds Beckett B. Inc Andrew Smith 10.28. 6. Leeds Beckett C inc Alex Botterill 11.09. Leeds Beckett D Inc James Habergham 10.15. Fastest. 2. James Habergham 10.15, 6. Andy Smith 10.28.

**South Of England Masters and Inter Counties Championships, Oxford. Senior Women.** 75. Amy Leach 26.16. **Under 17 Men.** 49. Tom Brash 16.56, 57. Sam Reardon 17.07, 64. Jake Leng 17.22, 72. William Andrews 17.49. **Under 17 Women.** 6. Ailbhe Barnes 18.17, 24. Zoe White 19.17, 32. Ellie Osmond 19.37, 39. Isabelle Stoneham 20.02, 53. Heidi Forsyth 21.06. **Under 15 Boys.** 17. Matthew Smith 14.02, 46. Alessio Tutt 14.35. **Under 15 Girls.** 17. Hannah Clark 15.49, 28. Carys Firth 16.05, 38. Lily Meers 16.25, 48. Cameron Kelly Gorrdon 16.45, 58. Cara Gould 17.01, 80. Amelia Middleton 18.13. **Under 13 Boys.** 21. Alexander Middleton 11.31, 45. Joshua Healey 11.48, 61. Jasper Brooks 11.56, 63. Franco Hillier 11.57, 85. Jed Starvis 12.13. **Under 13 Girls.** 13. Molly May Mooney Clarke 12.14, 31. Megan Barlow 12.30, 55. Maria Salamanca 12.55, 57. Tallulah Ndikanwu 12.59.

**Princeton New Years Invitational, NJ, USA.** 300. R1. 2. Isabella Hilditch 39.68.

**Fastrak Athletix Opener, Houston.** 3000. 3. Declan Neary 8.29.50

**Parkruns. Bromley.** 19 Ifetobi Salako 19.12, 36 Thomas Sugden 20.10, 51 Steve Evenden 20.40, 55 Nigel Haffenden 20.47, 60 Steve Pairman 20.58, 62 Sally Haffenden 21.01, 69 Daniella Harper 21.22, 80 Mark Williams 21.33, 98 Austin Adams 22.10, 192 Tom Leeson 24.28, 193 John Leeson 24.29, 219 Andy Tucker 24.59, 268 Graham Coates 26.20, 312 Bernard Wilson 27.40, 314 Agata Kuszneruk 27.42, 316 Julia Pairman 27.43, 504 Adrian Perry 33.29. **Newcastle.** 18 Bertie Harrington 19.16. **Beckenham Place park.** 1 Matthew Francis 16.52, 4 Luca Ercolani 18.03, 10 Ted Marston 19.05, 16 Tim Nash 19.43, 65 Luigi Arcuri 23.19, 66 Lydia Marston 23.19, 106 Yasmeen Islam-Medeaux 25.01, 108 Madeleine Marston 25.06, 131 William Slack 26.08, 155 Zoe Kingsmell 27.46, 241 Andrew Kingsmell 42.37, 246 Rod Harrington 47.42. **South Norwood.** 29 Jane Bradshaw 23.35, 42 Jason Short 24.32. **Wanstead Flats.** 87 James Perry 27.40. **Dulwich.** 60 Nick Barber 20.02.

**Orpington.** 90 Dave Leal 30.50, 117 Karen Desborough 34.34. **Lanhydrock.** 3 Richard Daniels 20.50. **Peckham Rye.** 154 Peter Rogers 26.37. **Dartford.** 30 John Turner 24.50, 110 Maz Turner 32.56. **Lullingstone.** 11 George Collins 25.38. **Exmouth.** 83 Bob Minting 23.20. **Sixfields Upton.** 1 Joshua Schofield 15.35. **Somerdale Pavilion.** 6 James Unwin 23.18. **Brooklands.** 114 Mick Keene 28.51. **Woolacombe Dunes.** 24 Barry Wetherilt 27.29. **Littlehampton Prom.** 26 Robert Brown 21.46. **Bethlem Royal Hospital.** 20 Mike Simms 22.06, 44 Ian Montgomery 23.40. **Cyclopark.** 82 Graham Smith 33.46. **Squerryes Winery.** 7 David Beadle 22.52, 15 Mark Ellison 25.38, 27 Anne Cilia 30.43.

### 8/12/19

**Telford 10km.** 26. Ross Braden 30.14

**Cardiff Met GPI Christmas Classic.** 3000. 11. Aaron Ensor 9.08.81.

### 14/12/19

**Kent League, Foots Cray Meadows. Senior Men.** 18. Dan Kennedy 37.34, 39. Gareth Evans 39.31, 41 Luca Ercolani 39.39, 53. Ian Firla 40.43, 66. Joshua Dowling 41.55, 86. Roger Beswick 42.59, 88. Paul Sharpe 43.05, 100. Chris Tuck 43.45, 112 Darren Corneille 44.26, 117 Gregory Firth 44.44, 125. Simon Harris 45.06, 138. Jason Meers 46.27, 143. Nigel Haffenden 46.47. Team. 4<sup>th</sup>. Overall 3<sup>rd</sup>. 12 to score. Team 3<sup>rd</sup>. Overall 3<sup>rd</sup>. **Under 20 Men.** 3. Matthew Francis 20.48. Team. -. Overall. 2<sup>nd</sup>. **Under 17 Men.** 1. Oliver Bright 19.33. Team. -. Overall. 2<sup>nd</sup>. **Under 17 Women.** 1. Ailbhe Barnes 22.46, 3. Ava White 23.47, 5. Zoe White 23.57, 6. Zakia Mossi 24.03, 7. Isabelle Stoneham 24.10 (1<sup>st</sup> overall), 9. Amy Miller 24.23, 11. Ellie Osmond 24.48, 15. Olivia Berry 25.42 (3<sup>rd</sup> overall), 17. Heidi Forsyth 25.48, 20. Sabrina Mannes 27.51. Team. 1<sup>st</sup>. Overall. 1<sup>st</sup>. **Under 15 Boys.** 8. Alessio Tutt 14.28, 13. Arthur Starvis 15.02, 18. Ted Marston 15.28, 21. Thomas Sugden 15.47, 32. George Shaw 16.46, 40 Nathaniel Brunner 17.17. Team 2<sup>nd</sup>. Overall 2<sup>nd</sup>. **Under 15 Girls.** 1. Lara Mannes 15.36, 3. Hannah Clark 16.22 (1<sup>st</sup> overall), 4. Carys Firth 16.32 (2<sup>nd</sup> overall), 5. Lily Meers 16.56, 8. Cameron Kelly Gordon 17.12, 15. Olivia Magee Brown 17.44, 22. Cara Gould 18.18, 23. Olivia Wauters 18.28, 26. Sofia Plum Maher 18.39, 29. Abigail Smith 18.47, 30. Liberty Whyte 18.56, 34. Amelie Wauters 19.34. Team. 1<sup>st</sup>. Overall 1<sup>st</sup>. **Under 13 Boys.** 4. Joshua Healey 12.09, 12. Jed Starvis 12.55. Team. -. Overall. 7. **Under 13 Girls.** 5. Molly May Mooney Clarke 12.57 (2<sup>nd</sup> overall), 7. Megan Slattery 13.02, 11. Lara Tunali Flynn 13.27, 12. Tallulah Ndikanwu 13.30, 15 India Blakey 13.42, 16. Maria Salamanca 13.48, 27. Alyssia Firla 14.28, 29 Isla Spink 14.52, 30. Lydia Marston 15.04, 34. Amber Cockburn 15.22, 36. Hannah Nott 15.30, 41. Isla Griffin 15.50, 49. Madeleine Marston 17.21. Team. 2<sup>nd</sup>. Overall. 1<sup>st</sup>.

**South Of England Combined Events and Open Championships, Lee Valley.** Heptathlon. U20 Men. DNF. Theo Adesina. 60 – 7.23, 60H – 8.49, LJ – 6.67, SP – 12.08, HJ – 1.80.

**Alf Palmer Memorial Races, Horsham.** 3000. 3. Jonathan Ellerton 18.33.3, 4. Carla Forsyth 18.34.5. 5000. 19. David Hoben 35.34.7, 26. Peter Hannell 37.45.5.

**Parkruns. Bedfont Lakes.** 53 George Collins 26.09, 76 Zoe Kingsmell 29.24, 132 Andrew Kingsmell 38.56.

**Bromley.** 12 Amy Leach 19.17 (1st woman), 47 Sally Haffenden 21.22, 61 Austin Adams 21.51, 97 Nigel Haffenden 22.55, 142 Andy Tucker 24.06, 248 Graham Coates 27.02, 312 Steve Evenden 28.13, 326 Mick Keene 28.59, 357 Yasmeen Islam-Medeaux 29.08, 488 Adrian Perry 34:54. **Maidstone.** 212 Tom Phillips 33.37. **Crystal Palace.** 2 Lewis Warren 18.24, 8 Len Crowder 1.35. **Gladstone.** 142 James Perry 29.34. **Orpington.** 98 Karen Desborough 36.12 **Telford.** 1 Ross Braden 16.11.

**Peckham Rye.** 137 Peter Rogers. 26.38. **Dartford.** 41 Sally Smith 27.25, 97 Graham Smith 35.05. **Exmouth.** 64 Bob Minting 24.43. **Catford.** 87 Barry Wetherilt 26.21. **Brooklands.** 57 James Unwin 24.40. **Bethlem Royal Hospital.** 36 Ian Montgomery 25.18, 48 Mike Simms 26.36. **Squerryes Winery.** 9 Mark Ellison 26.53, 22 Anne Cilia 31:32. **Jesmond Dene.** 48 Rod Harrington 25.28. **York.** 162. Graham Rush 23.54.

### 15/12/19

**Christmas Yacht 5 Mile Handicap, Hayes.** 1 Matthew Smith (31.54) 25.44, 2 Barry Wetherilt (40.59) 26.39, 3 Sally Haffenden (37.46) 27.06, 4 Steve Pairman (36.21) 28:11, 5 Chloe Haffenden (41.03) 29.13, 6 John E Turner (44.14) 29.34, 7 Andy Tucker (41.37) 29.37, 8 Ian Firla (32.08) 30:08, 9 Mark Ellison (40.49) 30.29, 10 Adrian Stocks (39:18) 30.48, 11 Jennie Butler (36.23) 30.53, 12 John Leeson (40.14) 30.54, 13 Jane Bradshaw (38.57) 30.57, 14 Nic Corry (40.46) 31.06, 15 Ian Scott (35.19) 31:39, 16 David Leal (43.50) 31.50, 17 Gareth Evans (31.52) 31:52, 18 Steve Evenden (36.45) 31.55. **Bennett Cup Leading Positions after 5 events.** 1 John Leeson 125, 2 Adrian Stocks 102, 3 Mark Ellison 87, 4 David Beadle 80, 5 Barry Wetherilt 74, 6 Andy Lawes 65, 7 Luca Ercolani 59, 8 Steve Pairman 58, 9 Sally Haffenden 53, 10= Gareth Evans and Joseph Georgiadis 44

**Reigate Holly Run.** Under 17 women. 1. Ellie Osmond 20.04.

### 21/12/19

**South Of The Thames CCA 7.5 Mile Championships, Lloyd Park.** 47. Dan Kennedy 47.03, 114. Tim Ayres 52.19, 179. Simon Harris 56.05, 216. Steve Pairman 58.50, 229. Amy Leach (U20) 59.44, 272. Ifetobi Salako (U20) 62.51.

**Parkruns. Beckenham Place park.** 51 Will Slack 27.13, 63 Zoe Kingsmell 29.07. **Crystal Palace.** 10 Ted Marston 19.42, 12 Ellie Osmond 19.53, 194 Bernard Wilson 29.26. **South Norwood.** 5 Amy Miller 21.37, 20 James Unwin 25.01. **Raphael.** 157 Mick Keene 30.15. **Hoblingwell.** 2 Lily Meers 23.25 (1st woman), 9 Luciana Smith 24.53. 13 Nigel Haffenden 26.23, 14 Sally Haffenden 26.29, 22 Jason Meers 27.42, 48 Adrian Perry 36.37. **Dulwich.** 32 Arthur Starvis 18.24, 370 Sally Smith 31.06, 409 Graham Smith 34.11. **Orpington.** 9 Cameron Kelly-Gordon 22.41 (1st woman). 109 Karen Desborough 35.41. **Barking.** 40 James Perry 26.33. **Peckham Rye.** 55 John Turner 24.31, 84 Peter Rogers 26.21, 184 Maz Turner 34.11. **Lullingstone.** 2 Robert Perry 19:43. **Dartford Heath.** 1 Ross Braden 18.41. **Exmouth.** 74 Bob Minting 23.49. **Bethlem Royal Hospital.** 21 Ian Montgomery 26.12, 23 Iain Swatton 26.59. **Cambridge.** 1. Graham Rush 16.35.

### 22/12/19

**Sutcliffe Indoor 60s, Sutcliffe Park. Men 60m.** Round 1. Race 1. 3. Ben Sutton 7.20 (U20M). 1.2. 5. Haroon Sangare 7.57 (U17M). 1.6. 3. Ryan Moore 8.01 (U20M). 1.7. 2. Zuriel Nwogwugwu 8.08 (U15B), 4. Joe Cope 8.27 (U15B). 1.9. 4. Daniel Jenkins 9.38 (U15B). 1.11. 2. Andrew Khazali 7.76 (U17M), 4. Reo McCausland 8.31 (U13B). 2.1. 5. Ben Sutton 7.15. 2.4. 2. Haroon Sangare 7.53. 2.6. 1. Andrew Khazali 7.63. 2.7. 6. Ryan Moore 8.14. 2.8. 1. Zuriel Nwogwugwu 7.91. 2.9. 4. Joe Cope

8.35, 6. Reo McCausland 8.61. 2.12. 3. Daniel Jenkins 9.40. **Women.** 60m. 1.6. 2. Nina Whitter 8.43 (U15G). 2.3. 4. Nina Whitter 8.42.

## 25/12/19

**Parkruns. Bromley.** 1 Ross Braden 15.25, 2 Lewis Mills 15.41, 4 Kipchoge Sesemann 16.10 (1<sup>st</sup> female), 5 Phil Sesemann 16.10, 6 Thomas Desborough 16.11, 9 Daniel Kennedy 16.36, 11 Henry Fisher 17.06, 15 Joseph Georgiadis 18.13, 19 Roger Beswick 18.30, 20 Christopher Tuck 18.41, 32 Amy Leach 19.12, 49 Steve Evenden 19.51, 50 Millie Smith 19.52, 53 Robert Perry 19.59, 58 Steven Pairman 20.07, 62 Nick Perry 20.16, 72 Jane Bradshaw 20.39, 84 Tim Ayres 21.07, 97 Austin Adams 21.39, 100 Gareth Evans 21.45, 121 Jenny Tomei 22.23, 136 Nigel Haffenden 22.37, 138 Mark Ellison 22.39, 154 Mark Williams 23.00, 170 Imogen Meers 23.22, 175 Keir Lundy 23.25, 231 Jason Meers 24.36, 238 Jason Short 24.40, 249 Andy Tucker 25.00, 321 Angela Powell 26.19, 348 Sally Haffenden 26.46, 374 Anne Cilia 27.22, 395 Julia Pairman 27.45, 417 Sally Smith 28.11, 617 Graham Smith 32.20, 629 David Beadle 32.37. **Bexley.** 244 George Collins 30.30, 266 Zoe Kingsmell 31.06. **Newcastle.** 130 Peter Hamilton 24.20. **Coventry.** 294 Jennifer Sheasby 26.57. **Trelissick.** 81 Hannah O'Flynn 26.43. **Beckenham Place park.** 1 Angus Harrington 17.56, 3 Bertie Harrington 19.53, 86 Will Slack 27.09. **Dulwich.** 178 James Morris 23.47. **Southwark.** 100 James Perry 29.38, 102 Adrian Perry 29.47. **Northala Fields.** 45 Adrian Stocks 20.59. **Peckham Rye.** 9 Ellie Osmond 19.38 (1st woman), 67 John Turner 23.50, 211 Maz Turner 33.06. **Harwich.** 5 Thomas Sugden 19.45. **Bethlem Royal Hospital.** 9 Mick Jones 22.16, 13 Jessica Jones 22.44, 23 Mike Simms 24.55, 28 Ian Montgomery 25.26, 32 Iain Swatton 25.57, 73 Jackie Montgomery 32.07. **Herrington Country park.** 41 Jessica Keene 22.00, 42 Harry Keene 22.00, 201 Mick Keene 28.56.



*Kipchoge Sesemann, 1st female home at the Bromley parkrun*

## 28/12/19

**Parkruns. Bromley.** 14 Ted Marston 19.09, 26 Thomas Sugden 19.34, 27 Steve Pairman 19.36, 28 Ifetobi Salako 19.38, 33 Amy Leach 20.07, 37 Steve Evenden

20.17, 40 Franco Hillier 20.23, 41 Daniella Harper 20.26, 50 Sally Haffenden 20.55, 56 Maria Salamanca 21.02, 95 James Unwin 22.13, 97 Luciana Smith 22.19, 106 Nigel Haffenden 22.38, 172 Andy Tucker 23.59, 186 John Leeson 24.13, 271 Sally Smith 26.37, 274 Tom Leeson 26.42, 305 Julia Pairman 27.21, 322 Bernard Wilson 27.46, 428 Yasmeen Islam-Medeaux 29.51, 507 Paul Kerekgyarto 31.53, 543 Graham Smith 32.55. **Beckenham Place park.** 64 William Slack 26.28, 77 Zoe Kingsmell 28.10. **Crystal Palace.** 266 Luke Brett 37.18. **Lloyd park.** 18 Amy Miller 23.50 (1st woman). **Eden Project.** 4 Angus Harrington 16.45, 20 Bertie Harrington 19.28, 414 Rod Harrington 38.13. **Hoblingwell.** 3 Jason Meers 22.36, 13 Imogen Meers 25.32. **Dulwich.** 56 Simon Harris 20.22. **Orpington.** 12 Jake Potter 20.27, 21 Cameron Kelly-Gordon 22.06, 24 Harry Keene 22.28, 154 Karen Desborough 34.38. **Curl Curl.** 8 Sam Agnew 18.11. **Cheltenham.** 38 Paul Ross-Davies 21.29. **Southwark.** 47 James Morris 23.27. **Lanhydrock.** 44 Mark Williams 26.18. **Peckham Rye.** 49 John Turner 22.56, 84 Peter Rogers 24.46. **Whinlatter Forest.** 104 Andrew Riches 33.28. **Crissy Field.** 8 Elaine Rayner 19.08 (1st woman). **Burnham and Highbridge.** 14 Ellie Osmond 19.55. **Rushmere.** 3 Robert Perry 18.43, 145 James Perry 35.40, 172 Adrian Perry 39.29. **Exmouth.** 114 Bob Minting 23.40. **Clapham Common.** 60 James Cunningham 25.46. **Foots Cray Meadows.** 6 George Collins 23.21. **Woolacombe Dunes** 87 Angela Powell 29.48. **Haldon Forest.** 1 Ross Braden 16.22. **Littlehampton Prom.** 22 Adrian Stocks 21.21. **Blyth Links.** 2 Henry Fisher 17.09. **Bethlem Royal Hospital.** 7 David Beadle 22.21, 22 Ian Montgomery 25.24. **Leazes.** 31 Peter Hamilton 23.09. **Ifield Mill Pond.** 9 Jessica Keene 20.40, 64 Mick Keene 28:53. **Bradford.** 1. James Habergham 15.47. **Northallerton.** 1. Graham Rush 17.04.

## 29/12/19

**Corrida Pedestre Internationale de Houilles 10km.** 8. Phil Sesemann 28.26 (28.24)

## 100 years ago in December 1919

“Gazette Fund – There has been a very poor response to our pleadings of last month, so in order to give members a chance to weigh in before the list is printed, will they please wake up to the fact that Davis wants money to pay the printer’s bill for printing, publishing and posting.”

Match v Shrewsbury School. “...a high spirited party of seven.... Set sail from Paddington by the 10.15 train for Shrewsbury.... After much discussion in the dressing room as to whether sweaters should be worn, we sallied forth to do battle, to be greeted with the fearsome sight of a camera on tripod, before which, in company of the School team, we were

compelled to pose for two or three hours in our thin shorts... To a roar of Schoooooo!, from some hundreds of enthusiastic boys and *Ladies*, we flew down the road in a fast start....Lymbery regretfully bade adieu to his 4/- lunch a mile from home... After tubbing we sat down to tea with the boys in the School shop, and Edwards again distinguished himself by devouring eighteen (or thereabouts) sausages....Owing to the severity of Ratty's "corf," we persuaded him to pay a visit to a "chemists shop" where medicine was administered all round... Various stops, Wolverhampton, Birmingham, Banbury and Oxford, provided Ratty with further medicine... A very enjoyable fixture, and appreciated by all who took part." Result. Shrewsbury 21. Blackheath 34.

27<sup>th</sup> December. Punch Bowl Night... preceded by a good attendance for a run to get prepared for the evening. The evening includes 11 toasts.

### **75 years ago in December 1944.**

Dec 2<sup>nd</sup> Match v RAF and Fire Force. "Six 'Heathens were able to make the trip to Halton for our third war-time match against the RAF. We met at Marylebone Station and travelled by train to Wendover, where we boarded an RAF truck which took us to the camp... at one point two miles from home, the leading firemen confronted by a 6ft barbed wire fence, had to "stand-to" until the RAF arrived a minute later to show them the way round... After a hot shower we adjourned, as we thought for tea, but this, alas, proved to be a fruitless tour of the various NAAFI's in the vicinity, due to an unfortunate hitch in the organisation... we decided to catch an earlier train home"

D F Murray was in the Walcheren landing. Only three of his men survived. He was slightly wounded but has recovered and we were glad to see him down at Hayes recently, looking rather fine-drawn but otherwise fit.

D Aloof writes from Ceylon where he is with the RAF, " I am somewhere in the jungle sharing the place with its original occupants – mosquitos, snakes, jackals and leopards" Only one complaint, that he is rationed to one pint of beer a week, but one glorious week he found ten non drinkers! They get some good sport on their days off – hunting anything from elephants to crocodiles.

The trail layers would like to thank Mrs Taylor for making them the two new black rubber-lined trail bags for carrying lime. This has effectively stopped Wilco from smothering the others with the stuff, but we notice he still manages to get that dab of lime on the side of his nose!

### **50 years ago in December 1969**

"The Club has received letters of congratulation on achieving its Centenary from the South Of The Thames Cross Country Association and from the ECCU. In their letter the ECCU expressed their amazement at the number of varied celebrations the Club had undertaken and marveled at the extensive organisation that must have been necessary for their success."

"To commemorate Centenary Year, it was decided to resurrect the traditional Boxing Morning rugby match between a Blackheath XV and Park House Rugby Football Club XV....A circular was sent to thirty or so members who either play rugby or through size and weight were considered eligible, and the response was found to be better than expected. In fact it was easier to get a rugby team out than a track team for last seasons' track fixtures.... A training morning was held at the Lloyds Bank ground, New Beckenham... A profitable half hour was spent on the pitch, and a further two hours training in the bar. Match result. Blackheath H 19, Park House RFC 3."

Also in December, the Club host the annual cross country race for oarsmen at Sparrows Den; win the annual rowing match against SLH and Ranelagh; win the Annual Mob Match against Orion at Chingford; win a youngsters match against Chislehurst and Sidcup Grammar school; win an interclub match in Crawley.

The track event on the 21<sup>st</sup> of December is cancelled as the Ladywell facility is likely to be in the process of being converted to a 400 metre facility.

### **25 years ago in December 1994.**

Tanya Blake finds herself excluded from the European Cross Country Championships because of an administrative error by the British Athletics Federation. The Federation selected six athletes for five places. (There was further controversy when the course was found to be 4,600 metres instead of the advertised 6,400 metres.

Blackheath's senior men retain their title at the Kent Cross Country Championships at Beckenham Place Park led home by Simon Baines in second place. Other individual wins come from Mark Steinle in the under 20 mens race; Gemma Viney (Under 13 girls); Stephen Holmes (under 15 boys).

A group of athletes travel to the IAAF World Cross Challenge in Brussels. Under 20 Mark Steinle is leading a world class field on the first l of the 7 lap course. He finishes in a more realistic 32<sup>nd</sup> place, four places behind Tim Dickinson. Gemma Viney is second in the under 13 girls race.

Bill Foster is selected to represent Great Britain in the World Cup marathon in Athens, Greece in April.

In the of year rankings Jamie Quarry is 9<sup>th</sup> in the 110 hurdles and 4<sup>th</sup> in the decathlon, Lee Newman 6<sup>th</sup> in the shot and 4<sup>th</sup> in the discus, Steve Harrison 9<sup>th</sup> and Peter Yates 10<sup>th</sup> in the javelin, Debbi Marti 1<sup>st</sup> in the high jump, Rachel Kirby 3<sup>rd</sup> and Shani Anderson 8<sup>th</sup> in the triple jump, Myrtle Augee 2<sup>nd</sup>, Uju Efobi 7<sup>th</sup> and Jenny Kelly 9<sup>th</sup> in the shot, Jenny Kelly 2<sup>nd</sup> and Uju Efobi 6<sup>th</sup> in the heptathlon.

Below, an appeal for officials from 1994

#### LINKED SHORT BREAKS - UNBEATABLE OFFER

Approximately four weekends every summer, each trip including travel by coach plus B&B in a hotel/motel in a romantically distant part of England. Also included is a perfect grandstand view of the finish at an important (to Blackheath) athletics meeting. Your holiday destination will have 400m of attractive synthetic surface, a water feature, an animal cage, sandy areas and really deep beds. There will be stimulating conversation (as reported in our July issue) from travelling companions who are guaranteed to have similar interests to your own.

Price - £10 per weekend, plus ownership of a stopwatch, clipboard, rainsuit and sunhat. Beat that, Botley!

Also available - a number of awaydays with a similar theme to the weekends.

Seats are also available in the stand on the inside of the track, where a stopwatch is not needed.

This is a genuine offer - details from Assistant Secretary, Officials.

Tuesdays 14th & 21st Feb 7 p.m at the Club.

Indoctrination for the above trips - but NO JABS needed.

Tues 7th Mar - Test (believed to be the only VOLUNTARY test left in the educational system).

#### **20 years ago in December 1999.**

Blackheath youngsters win six out of the eight age group races at the Parkwood League and finish 2<sup>nd</sup> by a point in another. First home for the Senior men in the Kent League is future Darrick Wood School headmaster Martin Airey.

Commonwealth Games 200 metre champion Julian Golding marries girlfriend Sam. He has been busy decorating his new house in Catford but training is going well.

Andy Arrand is selected to represent England at the IAAF World Cross Country Meeting in Brussels. Disaster strikes on the fourth of the seven lap course as he sprains his ankle and has to hobble off the course.

Katy Porter signs a contract to appear on Jamie Baulch's sports programme, Energize. The connection comes after a number of Blackheath's youngsters help in the recording of an edition of the programme.

In the end of year National rankings lists, Julian Golding tops the 200 and Mark Steinle the half marathon. Dave Taylor is fourth in the 10,000 metres. Bromley's Debbi Marti heads the high jump, Joyce Hepher is sixth in the long jump, (despite being an over 35), and Myrtle Augee is second in the shot.

#### **"WHAT NEXT**

Following on from the last two Couriers, the Committee are informing readers that the talks with Bromley AC have broken down and there will be no more efforts made in the near future.

Your Committee, particularly the Officers involved, are extremely disappointed at this outcome, and still feel it is not the most favourable situation for the athletes of both clubs, or athletes generally in the Borough of Bromley.

However it has now opened the way for some initiatives covered by a development paper written by Mike Martineau to be put into operation. These were in fact put on hold due to the possible merger, since it was felt better to action them in conjunction with Bromley, rather than in opposition.

It has been agreed to concentrate our efforts on development plans for the Women's Section and Young Athletes, and a review of Membership categories, together with the production of an information brochure.

It is planned to convene three separate meetings during January to cover these topics. The dates will be Monday 17th, 24th and 31st at 7.30pm in the Clubhouse. The Women's Section meeting will be on the 17th and invitations have gone out to all female members. Anyone else is welcome to attend. If you are interested to participate in any topic please keep in touch with the Secretary for confirmation of details of the later meetings.

In addition to the topics covered by the original paper, the possibility has been put to the Committee, for discussion at its meeting of 10th Jan, of changing the Club name to "Blackheath Harriers Bromley". The proposal is not related to the recent merger talks, but is essentially a move to give the Club a closer identity to the geographical area in which we are based. It is similar to other clubs, notably "Sale Harriers Manchester". If agreed by the Committee in January it will be included on the AGM agenda. Any views should be passed to the Secretary, or other members of the Committee before 10th Jan."

### **15 years ago in December 2004**

Dave Taylor finishes 5<sup>th</sup> in the Portsmouth 5 Mile road race in a time of 23.53 a phenomenal time for someone who is an over 40.

Rachel Arnheim breaks the under 17 womens Club record for the pole vault as she clears 2.90 at the Eton open meeting. In the end of year rankings Julian Golding tops the 200 with Dwayne Grant 9<sup>th</sup>, Dave Taylor is 9<sup>th</sup> in the 5000 and 8<sup>th</sup> in the half marathon, Mohammed Sillah Freckleton is 7<sup>th</sup> in the 110 hurdles, Liz Hughes is 4<sup>th</sup> in the pole vault, and Myrtle Augee is 10<sup>th</sup> in the shot.

Mike Cronin wins the overs 60s title at the Kent Veterans Championships in Tunbridge Wells. Anne Cilia races at the championships but then heads straight back to run the Club Christmas 5 Mile Handicap.

### **10 years ago in December 2009**

Michael Skinner finishes in his highest ever position at the European Cross Country Championships in Dublin. He finishes in 13<sup>th</sup> place helping the Great Britain team to silver medals. This is the 5<sup>th</sup> year in a row he has represented Great Britain in this event.

Alan Camp is a runaway winner over the over 50s race at the Kent Veterans Cross Country Championships at Tunbridge Wells. With Nick Kinsey 2<sup>nd</sup> and Paul Ross Davies 5<sup>th</sup> the Club win the team race. They win team medals in four other age groups.

The Club's youngsters win four sets of team medals for the season at the final Kent Young Athletes match at Danson Park. A Club trip to the Brussels Cross Country races is cancelled because of problems with the Eurostar trains. However, "Every cloud has a silver lining and the cancellation meant Con Giffins cat didn't spend two days out in the snow; Nick Gasson was able to get his Christmas turkey; and everybody benefitted from Ken Daniel staying off the Belgian fish soup."

In the end of year rankings Dwayne Grant is 9<sup>th</sup> in the 200; Scott Overall is 6<sup>th</sup> in the 5000, Kola Adedoyin 8<sup>th</sup> in the triple jump, Montell Douglas 6<sup>th</sup> in the 100 and 8<sup>th</sup> in the 200, Lorraine Ugen 7<sup>th</sup> in the long jump, Shaunagh Brown 8<sup>th</sup> in the shot and 7<sup>th</sup> in the discus, and Christine Lawrence 9<sup>th</sup> in the javelin.

Rory Byrne passes away

