



Blackheath & Bromley Courier

March 2020.

President 2019-20. Julian Golding.

Editor. Pat Calnan (p.calnan@btinternet.com)



The last Courier ended with an archive picture of Joe Clare and Chris Haines running through the mud at Parliament Hill. Sadly we start with another picture of Joe who passed away last month at the age of 80. He was a big player for the Club in his time, a full obituary will appear in the Gazette.



Thank you to Chris Woodcock and Trevor Walhen (via Chris Haines) for the above. The first is Joe in the Polytechnic Marathon, the second more recent at the 150 Years Dinner (l to r Trevor Walhen, Chris Haines, Joe Clare)

At this month's AGM Julian Golding will introduce his successor as President. The year has flown by. We haven't had such a high profile athlete as President for a long time, well 50 years actually. Coming from a track background, he won't forget the National Cross Country Championships for a while! Thanks for everything this year Jules. Who will the new President be?



Club 150 Celebrations

Club 150 Leaderboard – Full details and latest standing are on the Club website. “A year long running challenge to get all members to run an officially timed mile”.

Next Mile at Norman Park is Monday 9th March at 8pm, all ages and abilities.

Club 150 Ale is still available at the Clubhouse.

Club History. An update is being written. Any material relating to Wigmore/Bromley Ladies/Bromley AC would be gratefully received. Pictures, results, press cuttings, newsletters etc.

Club Photo. The picture is only taken every four years and this is a special one as we celebrate 150 years. Below the picture from 1988 with scaffolding before cost and Health & Safety made it no longer viable.



The minutes of the last meeting were read and confirmed and the acting Hon. Secretary made his report as follows:—

MR. PRESIDENT AND GENTLEMEN,

I HAVE the honour in presenting you the 75th annual report for the year ending September 30, 1944, with a brief summary of this closing winter season's event.

I hope to arrange that the next A.G.M. will be held in October as in pre-war years, so that we can begin to prepare for the post-war activities.

Your membership at the present date is 812.

The Club entered a team for the Kent 20-mile road race at Dartford last May, but were unfortunate in not being able to close in. Murray French ran very well in this race, being placed 12th out of 58 starters, his time being 2 hr. 10 min. 1 sec.

Summer training on Wednesday evenings from our H.Q. at Hayes commenced early in May and at first was well attended, but with the advent of the flying bomb attendances dropped to 2 or even 1 per week, so it was decided to discontinue these runs in August.

Summer fixtures were not organised owing to practically all our track men being in the forces. Unfortunately the track season generally in London suffered from the fly-bomb menace and many big athletic arrangements had to be cancelled including the Kent Junior Championships and the London Fire Force Championship, as well as our own proposed evening meeting.

In spite of all this the Southern Committee of the A.A.A. managed to stage their events on the various L.C.C. tracks, and we were pleased to see Bewley, Enfield, Hogben and Child taking part in them.

On the whole the present cross-country season has been satisfactory, the Club winning both the Varsity matches, the Junior Kent and equal 1st in the Kent Senior race. We won the M.B. Match which had the smallest field of the war, only 11 Blackheath to 10 of S.L.H., Orion and Ranelagh, but nevertheless it has been a good thing to revive each year the good feeling that has always existed between these four clubs, and we hope it will not be long before we can once again meet each other in the large numbers as of yore.

Farmers Night was again a great success and it was gratifying to see such a host of old members present.

The Inter Schools Race was well supported with entries from 15 schools and 14 actually taking part.

Our present available runners are few in number, but they have all without exception done sterling work in turning out for fixtures and keeping the name of the Club to the fore. I should like to mention however of the fine running of Enfield, Child, R. H. Thompson and Peter Bond, not forgetting dear old George Brooks who is still such a tower of strength in our teams.

The Club is fortunate in still having the services of E. Spray; he was badly shaken when his house was fly-bombed last summer. His keenness and loyalty to the Club is much appreciated.

The Wine Committee has done extraordinarily well in satisfying our needs and Nobby Clarke is to be congratulated on what to some of us seems a miracle.

The GAZETTE is still the great link between our men in the forces and those of us here at Hayes, and we should be mindful of the hard work put in by H. A. Wilkinson and a few others, who made this record of the Club appear so regularly.

A word should be said for our trail-layers who, with their contact with the farmers, have been so instrumental in making our cross-country season successful.

Our Hon. Treasurer continues to deal with the Club's finance with efficiency, and has put in some valuable work in contacting lost members.

It is difficult to put into words the enormous debt the Club owes to its President A. D. Thwaites who has been in the chair for 6½ years, over 5 of them during the war.

His keenness and devotion to the Club have never failed, and his presence at many an away fixture, often to his own inconvenience, has always been most appreciated.

In conclusion I should like to thank you all for the way you have helped me during the past year.

The adoption of the report was proposed from the chair, seconded by V. W. W. Beardon and carried unanimously.

The Hon. Treasurer S. D. Taylor then gave his report, in which he explained that subscriptions were £33 down on last year, partly due to wartime conditions and temporarily losing touch with some of the members. He went on to say how pleased he was to see that one of his best customers, P.-P. H. F. Pash, was with us this evening. Pash had been paying his Ordinary subs. regularly for 50 years, and although statistics were not much in his line he could not help thinking that had Pash, Trevor Davis, C. Waller and E. J. D. Ratcliffe (to take four names only), all Ordinary members for 50 years or more, decided to join as Life members, we should have received only £14 odd instead of some £110, and where would the £88 4s. 1d. cash at bank and in hand have been then? He hastened to add that this was not said to discourage any present from becoming Life members. The Life members of this Club were a grand lot of fellows who supported the Funds generously.

Cross-country expenses were up £23, partly due to the increase in trainer's wages and having to buy prizes instead of the Club spoons, which were at present unobtainable.

The Wine Committee accounts were very healthy and £55 up on last year, but the best person to tell you about these was Nobby Clarke himself.

The President proposed the adoption of the report from the chair and called upon V.-P. W. R. J. Clarke to say a few words about the Wine Committee. He stated that the purchase of beer and food, etc., was about the same as last year, but the increase of £55 was in the main due to being able to put on a supper each Saturday evening which generally had been well supported.

F. J. Pearce seconded the Hon. Treasurer's report which was carried unanimously. A. Metcalf proposed that the officers of the Club be elected en bloc with the following alterations—Hon. Auditors to read F. J. Pearce and J. J. Tingey. This was seconded by V. W. W. Beardon and carried.

The Parish Legacy for a cup for a cross-country race was discussed and various suggestions were put forward, such as a veteran's race, and a cup for the fastest time in the closing run, but the matter was adjourned to be discussed at a further meeting.

The Inter-Schools race was discussed and the possibility of making this event a two section race for over and under 16.

The President then presented the Kent medals to D. Child and D. Smith amid loud applause.

There being no further business H. E. King spoke of the good and untiring work of A. D. Thwaites. He was the leader who had held the Club together through all these years of war. He was therefore pleased to move a most hearty vote of thanks to the chair. This was acclaimed with loud applause.

Forthcoming Fixtures

March

Sat 7 – Ranelagh Mob Match, Richmond Park. (Note start 11.00am). This will be the 100th Mob Match between the two clubs. If you aren't running, come along to support!

Sat 14 – English Schools Championships, Liverpool.

Sat 14 – Sun 15 – Kent Indoor Championships, Lee Valley. (Entries close 27/2/20)

Sat 21 – Closing 5 Mile Handicap (14.30) and Club Photo (13.45)

Sun 22 – Southern 12 and 6 Stage Road Relay, Milton Keynes

Sat 28 – AGM

April

Sat 4 – National 12 and 6 stage road relays, Sutton Coldfield.

Sun 5 – Hercules Wimbledon Young Athletes Meeting, Wimbledon Park.

Weds 8 – Parris Handicap, Hayes

Mon 13 – Tonbridge Open Meeting

Sun 19 – Youth Development League, Upper Age Group (U20/U17).

Sat 25 – Southern Athletics League, Norman Park

Sun 26 – London Marathon and Mini Marathon.

Social Events

National Quiz. Answers to last months questions.

1. In the Senior Mens race the Club has provided one winner, one runner up and one third placer. Can you name them? 1. Sydney Wooderson (1947), 2. Michael Skinner (2011), 3. Spencer Newport (1999)
2. Who is the Club's only ever winner of the Senior Womens race? Gillian Stacey (1993)
3. Who is the Club's only ever winner of the Under 17 mens race? Mark Steinle (1992)
4. Who is the Club's only ever winner of the under 17 womens race? Gillian Stacey (1990)
5. Which Club member won the first ever Under 15 Girls race? Margaret Baldwin (1965)
6. Which Club member has the most top 10 finishes in the Senior Mens race? Dave Taylor 6 (1995 6th, 1997 7th, 2000 4th, 2002 6th, 2003 5th, 2004 10th)
7. What is the Club's highest team placing in the Junior Mens race? 3rd (1993)
8. What year did the Senior Women last finish a team in the National? 2012 (And still so after this years race)
9. Which Club member has finished in the scoring 6 in the Senior mens race in four different decades? John Baldwin (He was 6th scorer in 1959, was a regular scorer in the 60s and 70s before finishing 5th man home in 1980)
10. Only one male athlete has featured in a Club scoring team in all five age groups, under 13s up to seniors. Name him. Richard Webb (U13B 2009 team 32nd, U15B 2012 -24th, U17M 2014 – 12th, U20M 2015 - 6th, SM 2019 – 19th) (After this years race we have a second athlete who has achieved this feat, well done Tom Desborough)
11. Who is the Club's highest finisher in the Junior Mens race? Dan Ayrton 3rd (2001)
12. Who has finished in the Club's scoring six in the senior mens race on the most number of occasions? Alan Brent and Alex Gibbins 16. (The new answer after this years race is Alex Gibbins. He has now been in the scoring 6 for 17 years in succession.)
13. Of the following who has the best finishing position and whose best is the lowest in the Junior Mens race? Alex Bruce Littlewood, Charlie Davis, Tim Dickinson, Will Fuller, Phil Sesemann, Mark Steinle. Highest – Tim Dickinson 4th (1993). Lowest – Phil Sesemann 61st (2013). Others, Charlie Davis, Will Fuller and Mark Steinle all 6th, Alex Bruce-Littlewood 19th.
14. Who is the Club's highest finisher in the under 13 girls race this Century? Morgan Squibb 2nd 2016
15. Who is the Club's highest finisher in the under 15 girls race this Century? Naomi Kingston 5th 2014
16. Who is the Club's highest finisher in the under 20 womens race this Century? Niamh Bridson Hubbard 6th 2016
17. Of the following, who has the best finishing position in the Under 17 Mens National? Marco Arcuri, Oliver Bright, Alex Bruce Littlewood, Chris Moss, Jonathan Murray, Phil Sesemann, Michael Skinner. Who has the lowest best finish? Highest – Jonathan Murray 10th (1991). Lowest – Phil Sesemann 75th (2010). Others, Marco Arcuri 63rd, Oliver Bright 12th, Alex Bruce Littlewood 17th, Chris Moss 12th, Michael Skinner 16th. (The new answer after this years race is Oliver Bright as the highest. He came a fine 6th in Nottingham. Great run Ollie!)
18. What is the Club's highest team position in the under 13 boys race? 3rd (2015)
19. Who has been the Clubs first finisher in the senior womens race the most times this Century? Jennie Butler 5 (2000, 2002, 2005, 2007, 2009)
20. What is the senior womens highest team placing this Century? 8th (2011).
21. Rank these Past Presidents in order of best finishing position in the Senior Mens National. John Baldwin, Pat Calnan, Bob Cliff, Richard Coe, Richard Coles, Ken Daniel, Bill Foster, Derek Gregory, Chris Haines, Les Roberts, Tim Soutar, Ian Wilson. 1. John Baldwin 17th (1966), Bill Foster 24th (1996), Richard Coles 25th (1981), Ian Wilson 70th (1970), Chris Haines 120th (1971), Les Roberts 159th (1982), Pat Calnan 194th (1996), Tim Soutar 252nd (1982) Derek Gregory 262nd(1961), Ken Daniel 331st (1982), Bob Cliff 400th (1981), Richard Coe 409th (1986).

Results

1/2/20

Indoor Classic, Vienna. Men. 200. R2. 1. Dan Putnam 22.03. 400. R4. 2. Dan Putnam 48.24. 800. R2. 1. Alex Botterill 1.47.93. **Women.** 60H. 7. Anastasia Davies 8.46. Ht1. 1. Anastasia Davies 8.39.

BUCS, Edinburgh. Men A race. 19. Charlie Davis 33.45, 105. James Habergham 36.13, 278. Prince Reid 42.34. **B Race.** 22. Ricky Lutakome 27.29, 24. Josh Schofield 27.33, 202. Robert Perry 30.37, 255. Oscar Hussey 31.21, 275. Angus Harrington 31.52, 357. Marco Arcuri 33.18, 423. Jon Pairman 34.32. **Women A Race.** 10. Niamh Bridson Hubbard 30.23. **B Race.** 10. Yasmin Austridge 23.15, 34. Jess Keene 24.28, 44. Maddy Mastrolonardo 24.46, 79. Amy Leach 25.50.

Loughborough Students AC Open. 60. R1. R2. 4. Camron Lyttle 7.13. R2. R2. 3. Camron Lyttle 7.01. R4. 4. Alex Nwenwu 7.48. 60H. R1. 3. Alex Nwenwu 8.59. HJ. 4. Kelechi Aguocha 2.07. **Women.** HJ. 4. Isobel Reeves 1.52.

South East Schools Inter Counties, Chelmsford. Senior Boys. 54. Joseph Georgiadis 25.44. **Senior Girls.** 8. Zoe White 16.21, 16. Ellie Osmond 16.43, 32. Jessica Neal 17.36. **Inter Boys.** 80. Matthew Smith 22.37. **Inter Girls.** 9. Hannah Clark 15.07, 33. Olivia Berry 15.50, 46. Daniella Harper 16.09, 61. Cameron Kelly Gordon 16.27, 77. Olivia Wauters 17.00. **Junior Boys.** 18. Arthur Starvis 14.54, 74. Oscar Witcombe 16.11. **Junior Girls.** 15. Carys Firth 13.47, 76. Tallulah Ndikanwu 15.14, 82. Olivia Magee Brown 16.16.

Parkruns. Roundshaw Downs. 2 Freddy Georgiou 20.33. **Bromley.** 1 Martin Richardson 16.44, 19 Simon Harris 19.42, 21 Gareth Evans 19:43, 22 Maria Salamanca 19.45 (1st woman), 29 Ted Marston 19.56, 34 Damian Hayes 20.18, 35 Thomas Sugden 20.19, 73 Mark Williams 21.20, 89 Jason Meers 21.55, 93 James Unwin 21.59, 98 Robert Whyte 22.05, 354 Tom Leeson 26.42, 480 John Leeson 28.32, 527 Adrian Perry 29.36, 538 Bernard Wilson 29.49. **Maidstone.** 311 Tom Phillips 33.17. **Beckenham Place park.** 11 Clayton Aves 20.23, 106 William Slack 26.31, 123 Zoe Kingsmell 27.46. **Lloyd park.** 60 Sarah Belaon 25.46. **South Norwood.** 13 Sally Haffenden 22.41 (1st woman), 25 Nigel Haffenden 23.12, 61 Angela Powell 26.06. **Hoblingwell.** 5 Austin Adams 22.29. **Dulwich.** 68 Jake Leng 19.20. **Orpington.** 156 Karen Desborough 35.36. **Peckham Rye.** 107 John Turner 23.56, 188 Peter Rogers 26.21, 403 Maz Turner 34.46. **Portobello, Edinburgh.** 262 Mick Keene 29.25. **Exmouth.** 62 Bob Minting 23.32. **Catford.** 53 Barry Wetherilt 23.21. **Littlehampton Prom.** 10 Robert Brown 22.27. **Bethlem Royal Hospital.** 12 Rod Harrington 25.21, 16 Iain Swatton 26.20, 18 Ian Montgomery 27.14, 33 Jackie Montgomery 32.01.

1-2/2/20

SEAA Senior and Under 20 Championships, Lee Valley. Senior Men. SF1. 6. Matthew Knight 7.09. SF2. 6. Duayne Bovell 7.08. SF4. 4. Kieran Daly 6.91, 6. Abdul Rahaman Jolaso 7.01. Ht2. 3. Matthew Knight 7.07, 5. Chizute Ogbedeh 7.38. Ht8. Duayne Bovell 7.11. Ht9. 2. Kieran Daly 6.94, 4. Abdul Rahaman Jolaso 7.00. 200. SF2. 4. Matthew Knight 22.67. Ht1. 3. Matthew Knight 22.57. 400. Ht2. 5. Adam Herring 53.45. **Under 20 Men.** 60. SF3. 4. Kyle Reynolds Warmington 7.04. Ht1. 5. Pedro Gleadall 7.39. Ht5. 2. Kyle Reynolds Warmngton 7.05. 200. Ht4. 3. Josh Watson 23.43. 800. 2. Ben Gardiner 1.55.25, 4. Henry Fisher 2.02.64. Ht1. 1. Ben Gardiner 1.55.07, 3. Henry Fisher 1.56.74. 60H. 3. Josh Watson 8.22, 6. Pedro Gleadall 8.64. LJ. 2. Ben Sutton 6.87, Theo Adesina 6.74. PV. 7. Ethan Kitteridge 3.95. **Senior Women.** 60. 3. Darcy Kuypers 7.58. SF2. 2. Darcy Kuypers 7.56 Ht5. 1. Darcy Kuypers 7.58, 4. Megan Walsh 7.97. 200. 3. Darcy Kuypers 25.33. Ht3. 1. Darcy Kuypers 25.86. 400. Ht2. 3. Rachel Dickens 56.72. LJ. 1. Sarah Abrams 6.39, 4. Mary Adeniji 5.60, 10. Magda Cienciala 4.64. TJ. NJ. Mary Adeniji. PV. NH. Christina Moore. **Under 20 Women.** 1. Marcia Sey 7.47. SF1. 1. Marcia Sey 7.55, 6. Mallory Cluley 7.85. SF2. 6. Zsiriah Thomas 7.89. HT1. 2. Mallory Cluley 7.82. HT4. 4. Zsiriah Thomas 7.93. Ht5. 1. Marcia Sey 7.57. 400. 2. Holly Mpassy 56.81. Ht2. 1. Holly Mpassy 58.54. 800. 2. Amarisa Sibley 2.14.49. Ht1. 2. Amarisa Sibley 2.13.98, 5. Sabrina Mannes 2.22.94. 60H. 1. Marcia Sey 8.36, 2. Mallory Cluley 8.70. Ht1. 1. Marcia Sey 8.56. Ht3. 1. Mallory Cluley 8.83, 3. Zoe Austridge 9.21. PV. NH. Holly Platt. SP. 1. Nana Gyedu 13.90, 4. Chimdi Okpalauko 11.33.

2/2/20

Ashford & District 10km. 428. David Hoben 74.00 (73.23)

Chichester 10km at Goodwood. 540. Peter Hamilton 46.00 (45.45)

Dewsbury 10km. 72. Mark Cage 35.08 (35.07).

Bedgebury Forest 10. 3. Tony Crowder 64.20

SRWA 10km (inc YAG Championships/London Open), Hillingdon. 3000. U15B 1. Jonathan Ellerton 18.53. U15G. 2. Carla Forsyth 18.38.

5/2/20

Newham & Essex Beagles 60m Open Series. Men. R1. R1. 6. Korede Awe 7.04. R2. 5. Jeriel Quainoo (U20M) 6.97. R4. 2. Abdul Ramahan Jolaso 7.06. R5. 1. Kyle Reynolds Warmington (U20M) 7.06, 4. Duayne Bovell 7.16. R2. R2. 3. Jeriel Quainoo (U20M) 6.96. R3. 1. Korede Awe 6.95, 2. Abdul Ramahan Jolaso 6.96, 3. Kyle Reynolds Warmington (U20M) 6.97. R4. 5. Duayne Bovell 7.17. **Women.** R1. R1. 4. Jazz Crawford 7.79. R2. R1. 3. Jazz Crawford 7.79.

Inter Varsity Match, Lee Valley. Men. 60. B. 1. Denzell Owusu 7.11. 60H. B. 2. Josh Watson 8.66. **Women.** 60. 1. Megan Walsh 7.86. PV. 2. Sophie Dowson 3.55.

7/2/20

South Carolina Invitational, Columbia SC, USA. 400. Race 1. 2. Maya Bruney 54.91.

8/2/20

Hustopece Skeskakani, CZE. U20M. HJ. 1. Kelechi Aguocha 2.22 (Club senior and junior record).

International GugiMeeting, Linz, AUT. 3000. 4. Phil Sesemann 7.58.09. TJ. 4. Jonathan Ilori 15.81.

H-Y-P, New Haven CT, USA. 60H. 1. Isabella Hilditch 8.53. Ht3. 1. Isabella Hilditch 8.57.

Kent League, Norman Park. Senior Men. 3. Ross Braden 33.00, 14. Danny Brewer 35.21, 18. Dan Kennedy 35.34, 19. Alex Gibbins 35.36, 37. Rob Donohue 37.34, 40. Luca Ercolani 37.48, 52. Ian Firla 38.58, 83. Roger Beswick 40.48, 96. Paul Sharpe 41.43, 101. Ian Scott 41.51, 106. Gregory Firth 42.01, 113. Tom Desborough 42.26, 124. Ifetobi Salako 43.03, 142. Jason Meers 44.05, 144. Darren Corneille 44.29, 153. Jon Pairman 45.10, 179. Richard Byford 47.17, 205. Rod Harrington 51.25. Team. 4 to score. 3rd. 54pts. Overall. 3rd. 12 to score. 3rd. 682pts. Overall 3rd. **Senior Women.** 2. Joanne Hickman Dunne 21.33, 22. Amy Leach 24.48 (4th under 20 and 2nd under 20 for the season).

Birmingham League, Division One. Newbold Comyn. Men. 6. Charlie Davis (Birm Uni) 33.57.

Sportssystem Surrey Ladies League Division One, Richmond Park. 100. Jane Bradshaw 36.51.

Run Through London Victoria Park Half Marathon. 46. Tony Crowder 87.13 (87.12).

Parkruns. Roundshaw Downs. 1 Freddy Georgiou 19.42. **Bromley.** 7 Arthur Starvis 17.30, 9 Gareth Evans 18.07, 25 Hannah Clark 19.22, 35 Steve Evenden 19.44, 37 George Shaw 19.49, 48 Damian Hayes 20.12, 82 Mark Williams 21.25, 86 Robert Whyte 21.30, 123 John Turner 22.16, 153 John Leeson 23.04, 194 Thomas Sugden 24.09, 255 Claire Austridge 25.29, 275 Iain Swatton 25.51, 300 Tom Leeson 26.19, 538 Maz Turner 32.10. **Bexley.** 317 Julia Pairman 33.43, 318 Steve Pairman 33.44. **Maidstone.** 317 Tom Phillips 33.21. **Beckenham Place park.** 12 Clayton Aves 20.17, 220 Zoe Kingsmill 34.39. **Crystal Palace.** 27 Carys Firth 20.45. **Valentines.** 137 James Perry 29.10, 231 Adrian Perry 34.51. **Riddlesdown.** 3 Ted Marston 19.56, 34 Lydia Marston 24.27, 39 Madeleine Marston 24.50. **Dulwich.** 4 Alessio Tutt 16.13. **Orpington.** 1 Thomas Desborough 18.14, 10 Cameron Kelly-Gordon 22.20 (1st woman), 32 Harry Keene 25.40, 75 Dave Leal 29.09, 127 Mick Keene 33.46, 143 Karen Desborough 35.33. **Homewood.** 38 Zoe Wood 27.08. **Fulham Palace.** 61 Cristina Gilodi-Johnson 20.50. **Lanhydrock.** 5 Richard Daniels 20.56. **Peckham Rye.** 190 Peter Rogers 26.39. **Portobello, Edinburgh.** 143 George Collins 24.51. **Sittingbourne.** 1 Anwen Thomas 20.26. **Bedgebury Pinetum.** 22 Austin Adams 21.50. **Exmouth.** 102 Bob Minting 24.22. **Bethlem Royal Hospital.** 12 James Unwin 24.11, 26 Ian Montgomery 26.51, 27 Mike Simms 27.18, 46 Jackie Montgomery 31.36. **Jesmond Dene.** 54 Peter Hamilton 24.46

9/2/20

Vault London, Carshalton. Pool A. 5. Ethan Kitteridge (U15B) 2.22. PB. 3. Ben Platt (U17M) 3.52, 4. Lois Warden (U20W) 3.32, NH. Christina Moore. PC. 2. Ethan Kitteridge (U20M) 4.12. PD. 3. Pedro Gleadall (U20M) 4.64, 8. Barnaby Corry (U17M) 4.02. PE. 1. Oscar Witcombe (U15B) 2.92, 3. Roger Platt (M45) 2.72, 4=. Holly Platt (U20W) 2.72. PF. 9. Allan Williams 2.92.

Sutcliffe Indoors 60s. Men. R1. R2. 3. Abdul Rahaman Jolaso 6.95, 5. Matthew Knight 7.05. R3. 3. Zac Nwogwugwu (U17M) 7.05. R4. 1. Duayne Bovell 7.04, 6. Rico Cottell (U20M) 7.31. R10. 4. Oliver Robertson (U17M) 7.70. R11. 4. Tobias Sealey (U17M) 7.84. R12. 3. Reo McCausland (U13B) 8.09. R13. 2. Rayhan Mourtada (U15B) 8.46, 4. Makai Sabido Rodney (U13B) 8.59. R2. R1. 5. Kieran Daly 6.97. R2. 6. Abdul Ramahan Jolaso 7.05. R3. 1. Zak Nwogwugwu 6.98, 2. Duayne Bovell 7.00, 6. Matthew Knight 7.22. R5. 5. Rico Cottell 7.30. R10. 5. Oliver Robertson (U17M) 7.76. R12. 2. Tobias Sealey (U17M) 7.87. R13. 6. Rayhan Mourtada (U15B) 8.60. R14. 2. Makai Sabido Rodney (U13B) 8.41. **Women.** R1. R1. 5. Anastasia Davies 7.71, 6. Jazz Crawford 7.80. R2. 2. Zsiria Thomas (U20) 7.74. R3. 3. Shakanya Osahon (U17W) 8.00. R4. 3. Nina Whitter (U15G) 8.35. R5. 2. Ofejiro Otomewo (U20W) 8.27. R6. 2. Daisy Snell (U15G) 8.51. R2. R1. 3. Anastasia Davies 7.68, 4. Zsiria Thomas (U20W) 7.75. R2. 2. Jazz Crawford 7.75. R3. 1. Shakanya Osahon (U17W) 7.91. R4. 2. Ofejiro Otomewo 8.14, 6. Nina Whitter 8.38. R5. 4. Daisy Snell (U15G) 8.45.

14-16/2/20

BUCS Indoor Championships, Sheffield. Men. 60. 5. Korede Awe 6.84. SF1. 6. Michael Damoah 6.94. SF2. 2. Korede Awe 6.81. HT7. 2. Michael Damoah 6.96. HT11. 5. Denzell Owusu 7.17. HT12. 1. Korede Awe 6.84. 200. HT8. 3. Chizute Ogbedeh 23.23. 800. SF1. DNF Joe Rogers. HT7. 3. Joe Rogers 1.55.78, 4. Prince Reid 2.04.19. 1500. 4. Ricky Lutakome 3.59.85. SF2. 2. Ricky Lutakome 3.55.61, 8. James Habergham 4.03.39. HT1. 2. James Habergham 4.05.27. HT4. 4. Ricky Lutakome 4.02.90. 6. Prince Reid 4.27.92. 60H. 1. Ethan Akanni 7.81. HT3. 1. Ethan Akanni 7.90. HJ. 1. Kelechi Aguocha 2.14. QB. 1. Kelechi Aguocha 1.90. LJ. QC. NJ. Ben Sutton. **Women.** 60. 6. Darcey Kuypers 7.60. SF3. 2. Darcey Kuypers 7.57. HT5. 1. Darcey Kuypers 7.60. 200. 6. Darcey Kuypers 25.31. SF2. 2. Darcey Kuypers 24.50. HT1. 1. Darcy Kuypers 24.97. 400. 6. Louise Evans 56.96. SF2. 2. Louise Evans 55.28. HT8. 1. Louise Evans 57.49. 800. HT1. 3. Leah Everson 2.24.75. 3000. 12. Yasmin Austridge 10.14.85. Ht1. 2. Yasmin Austridge 10.06.70. 60H. 3. Anastasia Davies 8.39. HT2. 1. Anastasia Davies 8.37. LJ. NJ. Mary

Adeniji. QB. 5. Mary Adeniji 5.39. TJ. 4. Mary Adeniji 11.73. QB. 1. Mary Adeniji 11.87. PV. QA. 5. Sophie Dowson 3.60. SP. 6. Holly Mills 12.53. QB. 3. Holly Mills 12.03.

15/2/20

Iowa State Classic, Ames IA, USA. 800. Race 5. 2. Katy Ann McDonald 2.04.59.

Parkruns. Bromley. 1 Alessio Tutt 16.04, 15 Franco Hillier 19.04, 22 Megan Slattery 19.44 (1st woman), 23 Steve Evenden 19.47, 66 Damian Hayes 21.33, 79 Morgan Squibb 21.59, 125 Charlotte Stickings 23.19, 126 Nigel Stickings 23.20, 236 Jamie Muir 25.35, 277 Iain Swatton 26.15, 299 Sally Smith 26.48, 312 Tom Leeson 27.01, 421 John Leeson 29.19, 478 David Beadle 30.56. **Bexley.** 114 Chris Pike 27.16. **Greenwich.** 32 Nick Barber 22.38. **Maidstone.** 265 Tom Phillips 31.58. **Beckenham Place park.** 24 Clayton Aves 20.15, 55 James Unwin 23.06, 139 William Slack 27.19, 182 Leszek Malynicz 30.29, 183 Zoe Kingsmill 30.32. **Riddlesdown.** 59 Anne Cilia 30.59. **Dulwich.** 41 Ted Marston 19.09, 223 Madeleine Marston 23.51, 226 Lydia Marston 23.54. **Burgess.** 257 James Morris 24.50. **Orpington.** 1 Joseph Georgiadis 20.05, 16 Cameron Kelly-Gordon 23.27 (1st woman), 23 Harry Keene 24.10, 117 Karen Desborough 36.12, 131 Mick Keene 44.24. **Peckham Rye.** 313 Maz Turner 32.14. **Dartford.** 44 John Turner 25.27. **Malling.** 21 Austin Adams 20:56. **Bedgebury Pinetum.** 50 Andy Tucker 24.18. **Mole Valley.** 26 Mike Simms 25.00. **Heartlands.** 35 Rod Harrington 23.38, 145 Adrian Perry 38.31. **Catford.** 49 Barry Wetherilt 24.08. **Foots Cray Meadows.** 7 Jason Meers 23.35, 6 Lily Meers 23.35 (1st woman), 9 George Collins 24.25. **Cyclopark** 49 Gareth Griffin 25.24. **Squerryes Winery.** 11 Ian Montgomery 29.41, 25 Jackie Montgomery 34.13.

15-16/2/20.

Surrey Indoor Championships, Carshalton. Senior Women. 60. 1. Jazz Crawford 7.72. **U15 Boys.** 60. 2. Issah Abdulkarim 7.32. SF2. 1. Issah Abdulkarim 7.43. HT2. 1. Issah Abdulkarim 7.52.

Sussex Indoor Championships, Carshalton. Senior Men. TJ. 1. Patrick Apantaku 12.30. SP. 1. Patrick Apantaku 10.82.

16/2/20

Barcelona Half Marathon. 42. Scott Overall 64.23 (64.22), 1111. Carlos Ohler 84.26 (83.27)

Hendy Tunbridge Wells Half Marathon. 105. Paul Kerekgyarto 1.33.43 (1.33.30), 567. John Turner 1.57.19 (1.56.08), 920. Dave Leal 2.23.37 (2.22.27).

Southern Counties Veterans AC Championships, Lee Valley. M70. 800. 2. Peter Hamilton 3.05.86. 3000. 2. Peter Hamilton 13.36.12.

19/2/20

BMC Open, Lee Valley. Women. 800. B. 2. Sabrina Mannes.

Lee Valley Open. 800. MX14. 8. Amber Cockburn 2.39.98. 1500. MX5. 8. Cameron Kelly Gordon 5.14.29.

Newham & Essex 60m Open Sprint Series. Men. R1.R1. 7. Korede Awe 7.02. 1.2. 2. Kyle Reynolds Warmington 6.96, 6. Camron Lyttle 7.20. 1.3. 5. Duayne Bovell 7.18. 1.4. 7. Theo Adesina 20.48. 2.1. 5. Kyle Reynolds Warmington 7.00. 2.2. 5. Korede Awe 7.03. 2.4. 2. Duayne Bovell 7.14, 3. Camron Lyttle 7.15. **Women.** R1.R1. 2. Jazz Crawford 7.78. 2.1. 2. Jazz Crawford 7.72.

22/2/20

National Cross Country Championships, Wollaton Park, Nottingham. Senior Men. 29. Charlie Davis 46.08, 39. Ross Braden 46.32, 120. James Habbergham 48.21, 262. Tom Desborough 51.10, 306. Alex Gibbins 51.52, 336. Dan Kennedy 52.16, 435.

Rob Donohue 53.48, 691. Fintan Parkinson 57.41, 711. Josh Dowling 58.02, 787. Greg Firth 59.12, 894. Jonathan Vintner 60.38, 1065. Chris Tuck 63.31, 1317. Richard Byford 68.09, 1455. Tim Ayres 72.03, 1495. Richard Hall 73.43. Team. 14. 1092.

Senior Women. 64. Jo Hickman Dunne 37.55, 174. Jess Keene 41.16. **Under 20 Men.** 113. Callum Myatt 43.32, 140. Theo Wood 44.53, 143. Matthew Francis 44.57. **Under 20 Women.** 23. Yasmin Austridge 28.14, 80. Amy Leach 31.28. **Under 17 Men.** 6. Oliver Bright 23.30, 101. Tom Brash 25.52, 134. Joel Rooney 26.26, 208. Jake Leng 28.07, 213. Will Andrews 28.16, 229. Frederick Georgiou 28.50, 233. Justin Stover 28.57, 240. Callum Horton 29.12, 260. Bailey Marks-Belaon 30.38, 274.

Harvey Blanden 32.01. Team. 11. 448. **Under 17 Women.** 14. Naomi Toft 22.52, 19. Ailbhe Barnes 23.00, 35. Ava White 23.38, 51. Anwen Thomas 23.59, 55. Isabelle Stoneham 24.04, 84. Zoe White 24.54, 92. Amy Miller 25.05, 105. Zakia Mossi 25.26, 151. Jessica Neal 26.37. Team. 2nd. 119. **Under 15 Boys.** 40. Alessio Tutt 17.59, 79. Matthew Smith 18.30, 139. Miles Brown 19.20, 211. Ted Marston 20.10, 286. George Shaw 21.26, 348. Nathaniel Brunner 23.48. Team 13th. 469. **Under 15 Girls.** 12. Lara Mannes 19.53, 31. Lily Meers 20.27, 51. Carys Firth 21.11, 62. Hannah Clark 21.19, 72. Gabriella Martin 21.31, 91. Kate Price 21.44, 146. Olivia Magee Brown 22.28, 208. Cara Gould 23.32, 287. Sophia Plum Maher 25.04, 300. Isabella Louth 25.17, 316. Amelie Willars 25.41, 343. Emily De Backer 26.43, 347. Amelia Middleton 26.48. Team. 3rd. 156. **Under 13 Boys.** 10. Alex Middleton 15.06, 19. Lucas Elmqvist 15.20, 149. Franco Hillier 16.56, 221. Harry Fage 17.36. Team 9. 399.

Under 13 Girls. 26. Megan Slattery 16.27, 51. Francesca Middleton 16.57, 54. Amie Gould 16.58, 80. India Blakey 17.19, 101. Megan Barlow 17.34, 104. Luciana Smith 17.36, 132. Emily Deveney 17.52, 185. Charlotte Bloodworth 18.39, 308. Yasmin Islam – Medeaux 20.49. Team. 6. 211.

Brunel Jumps and Throws Festival. HJ. MXA. 10. Isobel Reeves 1.45. PV. MxB. 8. Sophie Dowson 3.60. SP. B. 1. Holly Mills 12.99.

Murray Lambden Open Walks, N.S.C. Douglas. 3km. 6. Carla Forsyth 18.22. 5kw. 12. Abigail Smith 28.48.

Lee Valley Open Meeting. U15G. 60. R1.R1. 6. Nina Whitter 8.34. 1.2. 2. Adaeze Anele 8.26. 1.11. 1. Elena Duncombe 8.73. 2.2. 1. Adaeze Anele 8.16, 2. Nina Whitter 8.28. 2.5. 5. Elena Duncombe 8.85. 200. R3. 1. Nina Whitter 27.46. 300. R2. 4. Tallulah Ndikanwu 46.73. R4. 4. Emily Hayden de Carbonnieres 47.45. 800. 5. Daisy Snell 2.39.77. 60H. R1.R4. 1. Amber Cockburn 10.65. 2.3. 1. Amber Cockburn 10.40. LJ. A. 4. Emily Hayden de Carbonnieres 4.22, 5. Amber Cockburn 4.07, 11. Adaeze Anele 3.61. B. 2. Daisy Snell 4.96, 3. Emily Algeo 4.75.

Enfield League. 3 Mile Walk. 2. Peter Hannell 37.19 (1st M75). 5 Mile Walk. 17. David Hoben 59.01 (4th M65).

Texas A&M Invitational, College Station, TX, USA. 60. 2. Immanuela Aliu 7.45. Ht3. 1. Immanuela Aliu 7.49. 200. Race 5. 2. Immanuela Aliu 24.41.

Parkruns. Bushy. 234 Julie Reynolds 23.34. **Bromley.** 70 Adrian Perry 21.43, 86 Mark Williams 22.17, 93 Jason Meers 22.23, 124 Damian Hayes 22.51, 143 John Leeson 23.18, 166 Lydia Marston 23.43, 176 Elizabeth Regan 23.57, 184 Madeleine Marston 24.13, 185 Jamie Muir 24.15, 213 James Unwin 25.12, 301 Tom Leeson 26.59, 339 Sally Smith 27.46. **Bexley.** 25 Nick Barber 22.28. **Greenwich.** 19 Steve Pairman 21.45, 70 Charlotte Stickings 24.48, 176 Julia Pairman 30.10. **Maidstone.** 288 Tom Phillips 32.14. **Beckenham Place park.** 3 Clayton Aves 20.08, 12 David Beadle 21.22, 51 Rod Harrington 24.22, 96 Will Slack 27.23, 170 Zoe Kingsmill 33.44. **South Norwood.** 13 Steve Evenden 21.44. **Medina I.O.W.** 24 Darren Corneille 22.06. **Hoblingwell.** 4 Austin Adams 22.12. **Orpington.** 8 Cameron Kelly-Gordon 22.18 (1st woman), 80 Dave Leal 29.44, 123 Karen Desborough 35.42. **Rushcliffe.** 329 Mick Keene 33.22. **Southwark.** 213 James Morris 24.57. **Hazlehead, Aberdeen.** 62 Amanda Wallis 23.30. **Fulham Palace.** 72 Cristina Gilodi-Johnson 21.55. **Peckham Rye.** 140 Peter Rogers 26.15. **Dartford.** 37 John Turner 24.45. **parkrun de Montsouris.** 4 Georges Vacharopoulos 17.48. **Exmouth.** 103 Bob Minting 24.52. **Catford.** 47 Barry Wetherilt 23.58. **Feltham.** 14 Mike Simms 22.11. **Alvaston.** 66 Ian Montgomery 24.09. **Fulbourn Hospital.** 2 Robert Perry 18.10, 48 James Perry 29.00.

22-23/2/20

British Indoor Championships, Glasgow. Men. 400. 4. Dan Putnam 48.43. SF2. 3. Dan Putnam 48.47. HT2. 2. Dan Putnam 48.55. 800. HT1. 1. Alex Botterill 1.48.49. 1500. HT2. 6. Ricky Lutakome 4.02.55. 3000. 2. Phil Sesemann 8.08.86. 60H. 3. Ethan Akanni 7.92. HT3. Ethan Akanni 8.02, 4. Alex Nwenwu 8.69. TJ. 4. Jonathan Ilori 16.06. **Women.** 400. 3. Krystal Galley 54.83. HT1. 2. Krystal Galley 55.63. 800. HT2. 5. Caroline Ford 2.11.46. 60H. 3. Marcia Sey (U20W) 8.34 (CR), DNF Anastasia Davies. Ht1. 2. Marcia Sey 8.42, 3. Anastasia Davies 8.47. HJ. 6. Deborah Martin 1.80. LJ. 3. Sarah Abrams 6.40, 4. Jahisha Thomas 6.26, 6. Funminiyi Olajide 6.14. TJ. 5. Zara Asante 12.41.

England Athletics U20, U17 and U15 Indoor Championships, Sheffield. Under 20 Men. 60. 3. Jeriel Quainoo 6.79. SF2. 3. Jeriel Quainoo 6.82. HT6. 1. Jeriel Quainoo 6.94. 400. HT4. 5. Coleman Corry 53.04. 800. 6. Ben Gardiner 2.01.39. HT1. 2. Ben Gardiner 1.56.83. HT2. 4. Henry Fisher 1.57.55. 60H. HT2. 4. Rico Cottell 8.43. HJ. 1. Kelechi Aguocha 2.17. LJ. 1. Ben Sutton 7.10. **Under 20 Women.** 60. 8. Zsiria Thomas 7.81. SF2. 5. Zsiria Thomas 7.80. HT3. 3. Zsiria Thomas 7.84. 400. 2. Holly Mpassy 55.71. HT1. 1. Holly Mpassy 56.77. 800. 4. Amarisa Sibley (U17W) 2.15.97. PV. 7. Lois Warden 3.25. SP. 2. Nana Gyedu 13.38. **Under 17 Men.** 60. 3. Zac Nwogwugwu 7.01. SF1. 2. Zac Nwogwugwu 7.06. HT4. 1. Zac Nwogwugwu 7.14. 400. HT2. 4. Pablo Seema Roca 52.24. 800. 1. Sam Reardon 2.01.42. HT2. 2. Sam Reardon 1.59.29. 1500. 4. Sam Reardon 4.22.38. TJ. 6. Jacob Byfield 13.25. PV. 2=. Barnaby Corry 4.20. SP. 4. Dillon Claydon 13.68. **Under 17 Women.** 1500. 4. Imogen Hadley 4.56.00. 60H. SF2. 6. Shakanya Osahon 9.01. HT1. 2. Shakanya Osahon 8.92. Under 15 Boys. PV. 3. Oscar Witcombe 2.91. **Under 15 Girls.** 200. 2. Faith Akinbileje 25.02. HT1. 1. Faith Akinbileje 25.49. 300. HT1. 4. Faith Mpassy 43.81.

23/2/20

British Masters Pentathlon Championships inc South Of England Championships, Lee Valley. 200. Ht 10. 4. Clem Leon 29.73. HJ. A. 6. Clem Leon 1.29. M70. 3. Peter Hamilton 3.01.18. 3000. 1. Peter Hamilton 13.10.02.

Great Brighton Half Marathon. 347. Damian Hayes 92.09 (91.29).

Thames Ditton Half Marathon. 665. Nigel Bewsher 1.44.30 (1.41.44)

Run London Victoria Park 10km. 7. Ellie Osmond 40.36 (40.35)

28-29/2/20

BIG 12 International, Ames IA, USA. 400. 4. Ethan Brown 47.49. Ht4. 2. Ethan Brown 47.40.

SEC Championships, College Station, TX, USA. 60. Ht1. 5. Immanuela Aliu 7.58. 400. Race 2. 2. Amber Anning 52.25. Ht7. 1. Amber Anning 52.99. 800. 2. Katy Ann McDonald 2.05.19. Ht2. 1. Katy Ann McDonald 2.08.35.

29/2/20

Parkruns. Wimbledon Common. 71 Peter Hamilton 26.56, 122 Zoe Kingsmill 31.50, 123 George Collins 31.51. **Bromley.** 13 Clayton Aves 19.47, 28 Ted Marston 20.35, 36 George Shaw 21.08, 46 Molly-May Mooney-Clarke 21.24, 54 Damian Hayes

21.48, 57 Adrian Perry 21.57, 98 James Unwin 23.18, 103 Robert Whyte 23.36, 108 Madeleine Marston 23.49, 111 Andy Tucker 23.58, 162 Holly Kibblewhite 25.34, 463 Sally Smith 41.19. **Bexley.** 85 Chris Pike 27.25. **Maidstone.** 232 Tom Phillips 32.15. **Beckenham Place park.** 4 David Beadle 21.34, 45 William Slack 27.50. **Crystal Palace.** 56 Rod Harrington 23.26, 143 Bertie Harrington 26.58, 190 Steve Evenden 29.49. **South Norwood.** 7 Ifetobi Salako 20.37. **Dulwich.** 42 Lara Tunali-Flynn 20.46. **Orpington.** 7 Nick Barber 23.53, 85 Karen Desborough 36.27. **Shorne Woods.** 91 Mick Keene 33.13. **Fulham Palace.** 41 India Blakey 20.44, 66 Cristina Gilodi-Johnson 21.38. **Lullingstone.** 1 Ben Cockburn 20.52. **Exmouth.** 104 Bob Minting 24.51. **Clapham Common.** 9 Ross Braden 19.12. **Littlehampton Prom.** 17 Rob Brown 22.51. **Bethlem Royal Hospital.** 11 Ian Montgomery 25.30, 12 Iain Swatton 25.37, 31 Jackie Montgomery 33.01, 37 Mike Simms 39.14.

29/2-1/3/20

Ivy League Championship, Ithaca, NY, USA. 200. Ht2. 3. Isabella Hilditch 25.02. 60H. Ht1. 3. Isabella Hilditch 8.50.

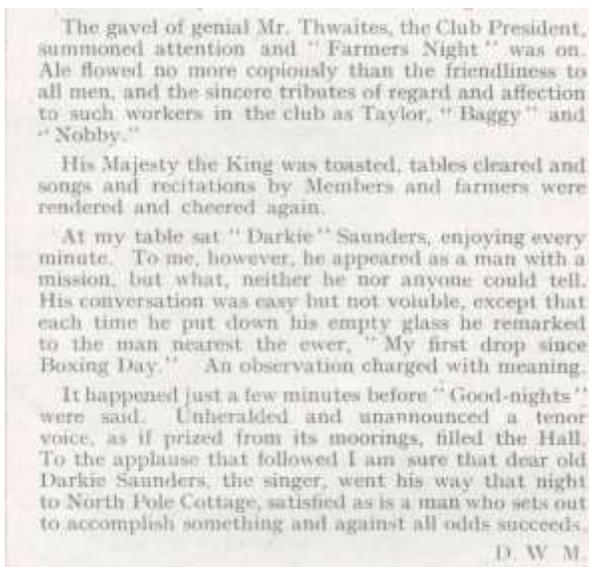
100 years ago in February 1920

The Southern Counties Cross Country Championships take place. " we have to record the fact that we have dropped from eighth position in 1914 to eleventh. In 1914 the SLH were sixth; this year seventh. The Ranelagh were twelfth; this year they have gone up to fifth place.... As our resident says, what does it matter? The team that started all did their best for the Club and, as usual, every man finished. Even Peachey has the consolation of knowing that he finished sufficiently high up as twelfth man to secure for us the "Camden Cup". A C Telfer, of course, ran grandly, finishing first for the Club and eighth in the field."

75 years ago in February 1945.

"The Mob Match this year resulted in the smallest field of the war. A total of 21 runners, which included 11 'Heathens, 6 Orion, 3 SLH, and 1 Ranelagh.... Smith got well away in the first 200 yards, and was never really challenged in the whole race. The result was very close as scoring 9 a side , BH were able to beat the three other clubs by 82 points to 91... After a short speech by the President, the handicap spoons were presented by Mrs Taylor."

"Especial interest attached to the Southern race on this occasion as, after the race, the best 12 to represent the South at an inter district race between the North, Midlands and the South promised to be the nearest approach to a "National" that we have had since the outbreak of war... Enfield fully justified all the confidence we have had in his running and finished 8th and was followed home by Smith at 9th... The team finished 7th out of 15... and not only did Enfield secure his place in the team but Smith was selected as a reserve as well."



50 years ago in February 1970

The Senior Men finish third in the Southern Cross Country Championships at Parliament Hill, the Club's highest placing since 1950. Bob Richardson is first home in 7th with Ian Wilson 25th, Peter Horwood 49th, Mike Willis 54th, Chris Haines 61st and Joe Clare 63rd. The other highlight of the day was the performance of Shaftesbury Harriers' David Bedford who won both the Senior Mens and the Junior Mens races.

Saturday, 31st January, 1970.

SOUTH-OF-THE-THAMES SENIOR CROSS-COUNTRY CHAMPIONSHIP, AT CRAWLEY

With the Southern Counties Championships due the following week the Club did not field its strongest team for this year's race over a muddy, two lap, 7½ mile course at Crawley. At the last minute Mike Woodcock, after some coercion, gallantly agreed to run and complete the Club twelve.

At the start Bob Hawtin rushed off with the large leading group; although Bob managed to get up to 30th place during the course of the race he faded towards the end to finish as our first man home in 42nd position. Meanwhile further back a little knot of 'Heathens', comprising Chris Haines, Tony Weeks-Pearson, Ian McIntyre, Ted Pepper and Nick Mandeville, was observed at around 100th position. This group remained together until approximately 1½ miles from the end when Chris Haines took off to gain some forty places before the finish. Ian McIntyre, still a junior, ran well to finish in 92nd just behind Tony Weeks-Pearson. With Nick Mandeville completing the scoring six, the Club gained 11th position in the team race, four places down on last year.

Mike Woodcock ran gamely to complete the Club team for the 12-a-side competition in which we gained 3rd place.

RESULT—1, P. Standing (Brighton), 39:01; 2, I. Macmillan (Invicta), 39:15; 3, R. Gevers (S.L.H.), 39:40; 22, J. Clare* (R.N.A.C.), 40:55; 42, R. Hawtin, 42:10; 60, C. Haines, 42:51; 89, A. Weeks-Pearson, 43:05; 92, I. McIntyre, 43:54; 95, E. Pepper, 44:00; 107, A. Mandeville, 44:27; 121, C. Woodcock, 44:53; 124, P. Sheppard, 45:00; 135, G. Martin, 45:19; 165, W. Hill, 46:46; 175, K. Rogers, 47:35; 241, M. Woodcock, 64:18.

TEAM RESULT—1, Cardiff A.A.C., 138; 2, Mitcham A.C., 158; 3, Brighton & Hove A.C., 162; 11, Blackheath H., 485.

(Scoring 12-a-side)—1, Cardiff A.A.C., 830; 2, Cambridge H., 1171; 3, Blackheath H., 1446.

*B.H. member.

Saturday, 7th February, 1970.

SOUTHERN COUNTIES CROSS-COUNTRY CHAMPIONSHIPS, AT PARLIAMENT HILL FIELDS

Conditions for the three Championships were, as to be expected, muddy, as Parliament Hill inevitably provides a very stiff course for Championships. The weather was over-cast and miserable and this must have had an effect on the Club supporters who were considerably fewer than we have come to expect.

In the first race of the day, the Youth Championship, our strength was split as St. Dunstons were fielding a team which included several of our members; Dunnett running for St. Dunstons gave a creditable performance but our Youth team started incomplete with three only. Although our runners were not up with the leaders the experience in a big field will probably be useful in the future.

For the Senior race, however, we started in an optimistic frame of mind, our Cross-Country Secretary having predicted that we would perform very well and he expected all our scoring members to be in the first 50 and that we would end up with a score between 160—180 points; his optimism was not entirely unfounded.

The race started extremely fast and Bob Richardson showed up at 2½ miles in 9th position, followed by Ian Wilson in 26th, Bob Hawtin in 37th and Mike Willis in 44th. At this stage the Club's total was 237 points. At

3½-miles the points position had improved to 222, although Bob Hawtin was dropping back. The points totals were taken at 5½ and 6½ miles which showed encouraging consistency, our first eight runners all being in the first 100.

It was interesting to note that our arch rivals Belgrave were closely tallying their positions compared to ours and much excitement existed as we were apparently leading, which is a rare occurrence in major Championships these days.

Our final position after nine miles was indeed in front of Belgrave as we had for the first time for 21 years managed to finish in the first three teams in the Southern. Our positions on this occasion were: Bob Richardson, 7th; Ian Wilson, 25th; Mike Willis, 49th; Peter Horwood, 54th; Chris Haines, 61st; Joe Clare, 63rd; with a total of 259 points, some 13 points behind Reading in 2nd place and in front of Belgrave.

The support of our non-scoring members should not be overlooked, Hawtin who had been with the earlier leaders finished 80th and Mandeville our new Captain running a consistent 94th. Johnny Baldwin who had entered the team as a reserve was our 9th man in 124th position, followed by Barker, Botley and Woodcock. Woodcock's run was a disappointment after his early season performances, but we are sure he will be back with our leading runners in the not too distant future.

Whilst we were concentrating on our Club's team performance we must not overlook the individual race which Bedford had dictated; his performance is even more astounding when it is appreciated that he turned out twenty minutes after this race in the Junior race which he again won comfortably. The team performance of Hercules & Wimbledon, who provided 3rd, 4th and 5th individuals, must receive the highest praise. Their score of 124 points was way in front of all their near rivals.

After the excitement of the Seniors, the Junior race inevitably was an anti-climax, although it must be said that our team performance was good, with our four finishing in the first 100. Ian McIntyre's performance at 28th should be particularly noted, together with the consistent performance of both Athawes and Rogers.

Sen.—1, D. Bedford (Shaftesbury), 45:50; 2, W. Mullett (Brighton), 46:45; 3, R. Holt (Her.-W.), 47:01; 7, R. Richardson, 47:51; 25, I. Wilson, 48:53; 49, P. Horwood, 49:59; 54, M. Willis, 50:17; 61, C. Haines, 50:30; 63, J. Clare, 50:38; 80, R. Hawtin, 51:03; 94, A. Mandeville, 51:29; 124, J. Baldwin, —; 150, R. Barker, —; 184, G. Botley, —; 253, C. Woodcock, —.

TEAM RESULT—1, Hercules-Wimbledon A.C., 124; 2, Reading A.C., 246; 3, Blackheath H., 259.

Jun.—1, D. Bedford (Shaftesbury), 32:12; 2, J. Lane (Feltham), 33:13; 3, J. Dennison (Walton), 33:23; 29, I. McIntyre, 35:46; 45, M. Athawes, 36:24; 70, K. Rogers, —; 89, R. Soames, —; —, R. Cliff, —; —, R. Jones, —.

TEAM RESULT—1, Hadleigh Olympiads, 120; 2, Aldershot, Farnham & District, 149; 3, Cambridge H., 154; 7, Blackheath H., 229.

Yths.—1, J. Goater (Shaftesbury), 22:43; 2, J. Davies (T.V.H.), 22:59; 3, B. Ford (Alder., F. & D.), 23:23; 15, A. Dunnett* (St. D.), 24:47; —, M. Goodwin, —; —, R. Bain, —; —, G. Phelps.

TEAM RESULT—1, Thames Valley H., 63; 2, Belgrave H., 81; 3, Shaftesbury H., 122.

*B.H. Member.

Tony Wadhams finishes second in the triple jumping representing Great Britain against East German at Cosford. He is chosen to compete in the European Indoor Championships in Vienna in March.

Graham Gower is third in the AAAs Indoor 80 metre hurdles.

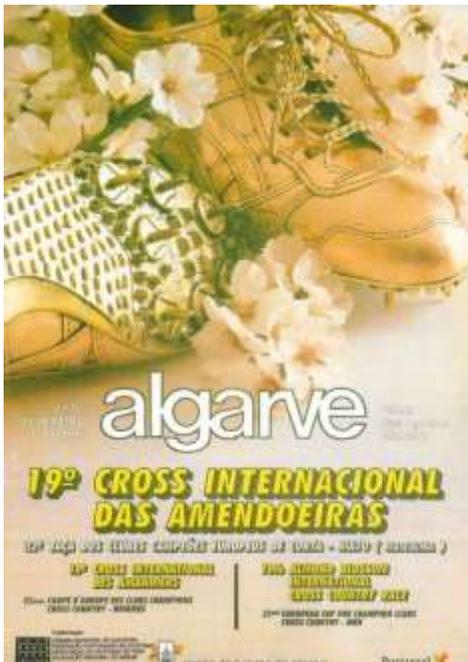
25 years ago in February 1995.

Lee Newman is the first Blackheath athlete to win a AAAs senior indoor title for eight years when he wins the shot at the Birmingham Indoor Arena. New member Rachel Kirby wins silver in the triple jump. For Bromley Ladies Debbi Marti is second in the high jump.

The trio represent Great Britain against France in an indoor international in Glasgow with Debbi second with 1.86 and both Rachel and Lee third, with distances of 13.13 and 16.85 respectively.

Tanya Blake is third in the British Students Cross Country Championships in Manchester.

Blackheath's senior men finish in 6th place representing England in the European Clubs Cross Country Championships in the Algarve, Portugal. The race is incorporated in the Almond Blossom IAAF World Cross Challenge and the Club field 11 runners, six in the Club Cup and five as part of the Challenge race. Spencer Newport leads the Club home followed by Tim Dickinson. The next two Dave Taylor and Alan Guilder are not in the six nominations for the European Club Cup, so the scoring four is completed by Darrell Smith and Simon Baines.



EURO CLUBS XC CHAMPIONSHIP

Algarve, Portugal 12th Feb 1995

I suppose that this represents the highest that our team has reached in its long history. By winning the National XC Champs last season we qualified as England's representatives in this Championship.

The Algarve, in southern Portugal, is definitely a place to avoid in the warmth of summertime when all those people that you spend time avoiding at home become the National embarrassment. But the prospect of a weekend away from the continual rain of the winter of 94-95 was to prove too much for me. So I chose to spend a few escudos on a four-day jaunt to the Gulf of Cadiz. Surprisingly only Pat Calnan and the organisers from Botley Inc. accompanied the squad to the Algarve, though Darrell Smith was accompanied by his partner Allison.

I suppose that even when the time spent savouring the delights of Heathrow is taken into account, the air travel still works out to be quicker than on the bus. But it doesn't seem that way as your life ticks by in the airport lounge. The delights of aeroplane food are not really worth recording either, but when we landed at Faro it was obvious why the race is often held in the Algarve. We left behind weather that at the most charitable could be described as heavy drizzle. We landed in 66 degree sunshine and the short drive from the airport to the accommodation was highlighted by the red earth and the sight of oranges growing on the trees, in winter remember.

A check-in and a check of the accommodation revealed that some had water of varying temperatures and some had none.



The Squad from the Algarve. L to R Back: Darrell Smith, Mark Stebble, Spencer Newport, Dave Taylor, Dave Lee, Simon Baines, Steve Dodd. Front: Philip Huggson, Paddy Brice, Alan Guilder, Tim Dickinson. Photo Pat Calnan

Some rectified this and some had the "mañana treatment" but in time all was rectified and the whole group went out to jog, walk, check out the local eateries or look at the vegetation. Later we all got together and ate and ginned about the beer.

The weather the next day was almost perfect and one can see why many people buy villas in this part of the world. The weather is "February". It was a sunny and bright 70 degrees and perfect weather for hanging around relaxing. A walk along the deserted beach was definitely in the plan and an hour or so hanging around outside cafes. Some took the bus into the nearest town and almost everyone went down to check out the course for the main business the following day.

A challenging course it turned out to be. A lap of 2km was to be run five times. It included a continental amount of turns and some grass and a sandy hill that no doubt made itself known on laps four and five. There was no mud. In fact mud hardly ever seems to occur in this part of the world as the course even had it's own built-in sprinkler system under the ground. Something that wasn't needed two weeks earlier at Parliament





Race day dawned and breakfast buzzed with continental teams in their sponsorship livery. Mark Watling revealed his selection, controversial maybe but who would like the job of selecting six from the possible eleven that we took to race. All eleven would get a chance to run in the included Almond Blossom Race but only six could be declared for the Championship.

It was a bit cooler for the race but for February it was absolutely ideal racing conditions. The Clubs were introduced to the crowd before the gun went and the British tax exiles gave us a supportive cheer as the team jogged past the main stand. A shame that some of those tax exiles couldn't sponsor us.

The initial charge round the first lap made it difficult to assess positions and even distinguish our runners but fortunately the continentals go in for garish colours and black stood out very well. Already the selection looked dodgy as Dave Taylor looked in very determined mood. Mostly the whole team were together in what appeared to be about the centre of the fast field. But Taylor was leading the Heathen charge.

There were 16 club teams represented here and the total field represented twenty countries. The speed that these runners went round this tight, fast course was definitely impressive. Taylor remained our leader for much of the early part of the race with Spencer Newport opting for the steady start method. Mark Steinle opted for the fast second lap option and on the second lap he went past Taylor to become our leading competitor. On the second lap, towards its completion, Spencer Newport became our leader and stayed there. Tim Dickinson chugged his way through the field to assume our second place and Darrell Smith also worked his way through. But no-one did this to better effect than Alan Guilder, who upset everyone's predictions by running through the field to eventually finish as our third home, though like Taylor he was not declared in the team. While we were finishing seven runners within 48 seconds



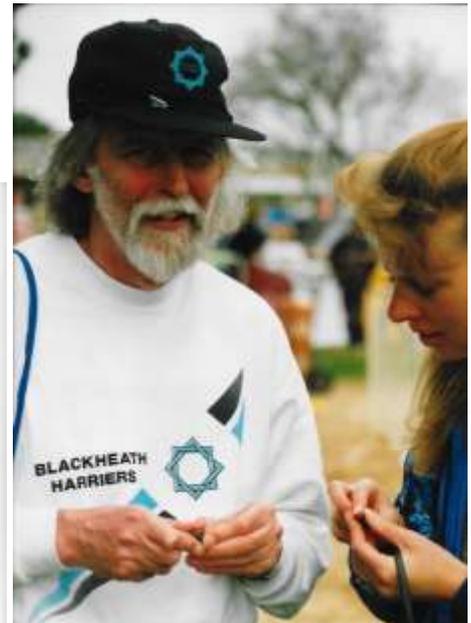
Sieve Dodd and Dave Lee were having the kind of race they would rather forget. Dodd finished with his feet in a mess and Lee decided to live to fight another day.

We were eventually to finish sixth team. With our leading four runners in the declared team it would still have been sixth. But exceptional performances by Taylor and Guilder caught the selector by surprise. Good to see Simon Baines back to respectability after his Southern experience. A great experience to be at this race and let's hope that we are here again after winning the National in 1995.

Halfway through the next afternoon the skies revealed the English weather that was to last until we left the next day.

MH

6 BH; (29.21)37 S Newport 31.09; 42 T Dickinson 31.22
 44 D Taylor 31.25; 52 A Guilder 31.38; 55 DI Smith 31.49
 58 S Baines 31.52; 62 M Steinle 31.57; 76 P Brice 32.33
 83 P Hogston 32.49; 120 S Dodd 35.47
 Open 6 M Watling; 9 P Calnan; 25W C Messent;



(Clockwise from top right. 1. Spencer Newport. 2. Alan Guilder. 3. Simon Baines and Mark Steinle. 4 Supporters Mick Hamlin and Allison. 5. Phil Hogston and Paddy Brice. 6. Tim Dickinson. 7. Darrell Smith).

The Club win six golds and claim 14 medals in total at the AAA's Under 20 Championships in Birmingham. Wayne Gray wins three titles in the under 15 boys age group, the high jump, 200 and 60 metres. Other golds come from Nizamul Hoque (U17M 400), Emeka Udechuku (U17M Shot) and Adrian Cluskey (U15B Shot).

Simon Baines wins the South Of The Thames Senior Cross Country title at Esher.

Tim Dickinson makes his full England cross country debut in the IAAF World Cross Challenge race in Diekirch, Luxembourg.

Rachel Kirby breaks the Blackheath triple jump record for the fourth successive weekend at the KP Invitational Games in Birmingham.

Peter Waterman wins the shot in the TSB Schools International Meeting.

Marvin Bramble is 5th in the triple jump for Great Britain in the Under 20 International match against Russia and Germany.

20 years ago in February 2000

Julian Golding becomes the first Blackheath Harrier to win a medal at a European Indoor Championship as he finishes in third place in the 200 at Ghent, Belgium.

Dave Heath finishes 6th in the World Cross Country short course trial at Wollaton Park, Nottingham. Bromley Ladies Ella Fisher is 10th in the Under 13 girls race.

Julian Golding finishes second in the 200 metres in the CGU/Ricoh Tour Final in Birmingham with a time of 20.70.

Gordon Hickey wins the over 65s shot at the Southern Counties Vets Championships. His distance of 13.29 is a new UK record. Jim Day wins the pole vault and high jump.

Emeka Udechuku is runner up in the shot at the Home Countries International in Cardiff. Mensah Elliott is third in the 60 metre hurdles.

Dave Taylor finishes in his highest ever position in the National Cross Country Championships at Stowe. He is fourth. For Bromley Ladies, Ella Fisher is fourth in the under 13 girls race.

Bill Foster wins the 3000 metres at the National Veteran Indoor Championships in Birmingham.

15 years ago in February 2005

Liz Hughes wins silver in the pole vault at the AAA's Championships and European Trials.

Helen Godsell sets a European Record of 8.25 for the over 50s 60 metre hurdles at an Open Meeting at Sutton Arena.

Serita Solomon wins the AAAs Under 17 indoor 60 metre hurdles title. Scott Huggins wins bronze in the pole vault setting a Scottish record. Alex Al Ameen takes silver in the 60 hurdles and in the under 15s Aston Stockdale is third in the 400.

At the British Masters Indoor Championships in Cardiff Allan Williams wins the over 50s with a British Record of 4.02. Other wins come from Jim Day in the over 70s pole vault and high jump; Gordon Hickey (M70s shot) and Peter Hamilton (M55 3000). Simon Tolson is second in the M35 pole vault while Bob Minting is third in the M50s 800.

Amy De Matos finishes 4th in the under 13 girls race at the National Cross Country Championships in Birmingham. Andrew Rayner is the first man home for the Club in the Senior Mens race in 26th.

At the AAAs Under 20 Indoor Championships Montell Douglas wins gold in the 60 metres and sets a Club Record in taking silver in the 200. There is silver too for Robert Bain in the 3000 walk.



Colin Poole's 152nd Marathon is the Hamburg Marathon a 48 lap course run on the underground roads in the city.

10 years ago in February 2010

Scott Overall is selected to represent Great Britain in the 3000 metres at the World Indoor Championships in Doha. He has twice dipped under the qualifying time. Earlier in the month he is third in the 1500 at the UK Championships. He also runs 13.47.09 for 5000 in the States.

Elaine Murty is first home for the Senior womens squad at Leeds. She is 37th and the team finish 15th. Andy Rayner is first home for the men in 61st.

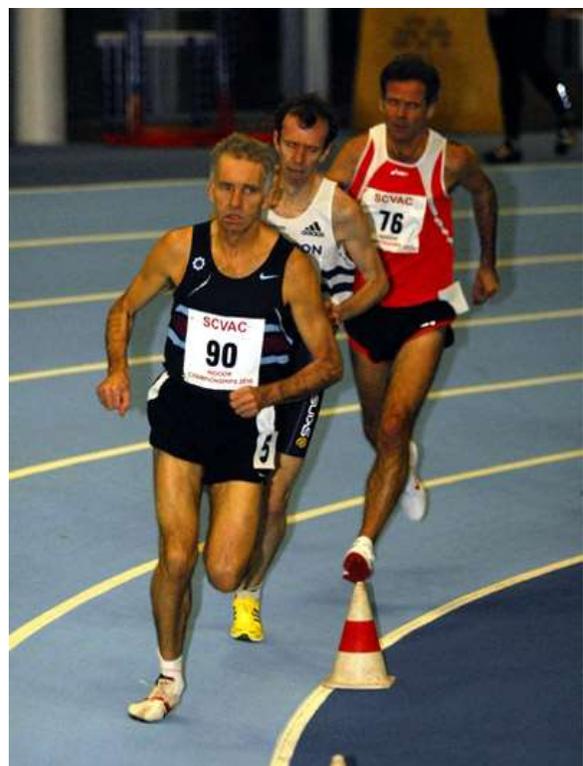
“The last time the National was held at Roundhay Park the Club’s under 17 men won the team title. Among those who did not make the scoring team that day were Andy Rayner, first Senior Man this year; Peter Tucker, a current International marathoner; and 1.51 800 metre runner Russell Bentley. So, while this years team did not win, this years solid 12th place was not only a good result, it also promises much for the future. First home was **Phil Sesemann** in 75th place ... and **Ross Braden 209th**... for the (under 13) boys **William Fuller** was 104th and **Thomas Desborough 303rd**.”



Jermaine Olason (long jump) and Sarah Abrams (triple jump) win bronze medals at the AAAs Under 20 Indoor Championships in Birmingham.

“The Club suffered a heavy defeat in the annual Mob Match with Ranelagh which took place at Richmond Park. Scoring 32 a side the Club picked up 1634 points compared to the hosts 692. With just two runners in the top 20, the first home for the Club was Roy Smith who runs with a metal hip... Sadly, with just one of the Club's runners under the age of 35, it looks as if the Club could struggle in these traditional fixtures for some time to come”

The Clubs athletes win ten gold medals at the Southern Counties Veterans Championships – Helen Godsell (W55 60m, 200m and 400m); Shirley Rowbotham (W40 60m); Ken Daniel (M55 1500m), Peter Hamilton (M60 1500m and 3000m), Bill Foster (M50 3000m), Peter Hannell (M65 3000 Walk) and Allan Williams (M55 Pole Vault).



Three Commonwealth Games 200 metre champions at the Clubhouse, Mike McFarlane, Julian Golding and Allan Wells. Mike and Allan deadheated in 1982. Julian was a class apart in 1998.

