



Blackheath & Bromley Courier

August 2020.

President 2020-21. Nic Corry

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We have a trickle of results in this issue of the Courier but it is unlikely to herald a flood. It is difficult to put on track and field meetings at the best of times, especially in Leagues where there is a full programme of events. In the midst of a global pandemic it becomes near impossible. We await news of the fate of the London Marathon in the first week of August, but Brighton is cancelled.

The Wednesday Nighters Lockdown Challenge continues each week and there are refreshments at the Clubhouse each Wednesday between 7 and 9 pm with the President's news at 8pm.

Results

4/7/20

Showdown in Otown, Montverde, FL. USA. 100. 1. Adam Gemili 10.39 (-0.1). Ht4. 4. Adam Gemili 10.51 (0.2).

11/7/20

Allianz Park Throws Festival, Hendon. Women. SP. B. 2. Chimdi Okpalauko 10.66. DT. A. 4. Zara Obamakinwa 47.14. HT. 1. Molly Walsh 52.99.

12/7/20

Nuneaton England Athletics Pilot Event, Nuneaton. 400. 3. Joe Rogers 48.87.

25/7/20

BMC Gold Standard Races, Stretford. 800. Men. Race E. 1. Joe Rogers 1.54.00. Women. Race D. 2. Amarisa Sibley 2.11.70

100 years ago in July 1920

"At the A.A.A. Championships held at Stamford Bridge... our solitary representative R. A. Lindsay, the old Scottish champion, had very bad luck in the 440 yds, although he won his heat splendidly in 52 2/5 secs. There was a scrimmage in the final at the first corner, and our man came a purler, putting him out of the race. Hard lines indeed, as he would probably have placed at least."

75 years ago in July 1945.

At the Army Championships at Aldershot, Sydney Wooderson sets an Army mile record of 4.14.8. Later in the month he wins an Invitation Mile race in Bristol in 4.19.6.

"D J Mobbs sends us our first letter from Berlin. He was among the first British to arrive and we gather things weren't too easy at first. However, he seems to be having quite an interesting time and sends greetings to all 'Heathens, especially our returned P.O.W.'s."

"Dennis Harrold, running for Bomber Command in the RAF Athletic Meeting at the White City ... won the 440 yards in the good time of 51.4 sec."

"Don Gillate has been appointed one of the announcers on the new British Forces Network, which sends out radio programmes for the British and Canadian Forces in Germany. The programme can be heard between 8am and midnight daily on 274 and 255 metres. A very pleasant and well-earned change after being cooped up in a tank"

50 years ago in July 1970

Tony Wadhams and Graham Hamlyn both represent England in the triple jump in the Commonwealth Games in Edinburgh. Hamlyn injures his hamstring in the qualifying round and is eliminated after only recording 13.70. Wadhams qualifies for the final with 15.80 but then he too suffers injury (heel) and can only record one legal jump of 13.70 for 13th place. Future Club President Margaret Baldwin is 7th in the 1500 metres running for Scotland.

Earlier in the month Tony Wadhams and John Watts represent Great Britain in a match against East Germany at the White City. Wadhams leaps 15.93 in the triple jump for second place and Watts is third in the discus with 53.10. The match is sponsored by Watneys. (The Campaign for the Revitalisation of Real Ale is formed in 1971). The Club's second National League match is Edinburgh where the Commonwealth Games will be hosted later in the month. With this in mind there are some guest events which see Kenyan legend Kip Keino win the 800.

Saturday, 4th July, 1970.

**NATIONAL LEAGUE, DIVISION 2,
AT EDINBURGH**

In the end we did manage to get a full team to the controversial National League fixture in Edinburgh—though not, alas, a fully representative one. The League organisers probably did not expect the clubs in the south to react so unfavourably to the arrangement for an English League match to be held in Scotland. The decision to hold it there seems not to have been very thoroughly considered and it certainly was not put across very well to the clubs whose members would have to foot the considerable expense to get their men to Edinburgh. However, the match was held; all the teams turned up in force and the episode may well prove to have played a part in establishing the League as a reality. The heavy financial cost and the clash with another important fixture certainly forced us as a club to face up to the real implications of participating in an organisation which we had previously supported without much fervour.

The decision to go to Edinburgh and support the League must surely be the right one. The League offers a hope of a revival of interest in athletics. If it gets properly established, as it does now show signs of doing, it has a better prospect of maintaining public interest by a system of matches than can be expected from our present system of disconnected trophy matches and occasional championships. Interest in the League seems to have been aroused in the competing clubs and athletes and after a few more years it should spread to the general public so that it will become financially as well as athletically viable.

Doubt persisted whether we should take part in the Edinburgh match until, at quite a late stage, Mike McFarnell and Chris Haines undertook to be responsible and proceeded to raise the necessary funds by various means which were quite painful for other members. These were successful and provided enough for transport to Edinburgh and back by coach. An overnight coach trip is not the best preparation for an athletic competition but the party of athletes accompanied by the President and some other supporters set off cheerfully enough from Hayes on the Friday evening and the journey went smoothly through the short night with the solace of some splendid views of the remote Northumbrian hills for those who could keep their bleary eyes open in the early morning.

The new Meadowbank track was reached by 8 a.m., leaving the morning for a little sightseeing and for reconnoitring the stadium which was empty except for workmen getting it ready for the Commonwealth Games. The stadium is a handsome building, more

compact and with better athletics facilities than the Crystal Palace and the track itself is more pleasingly laid out.

Unfortunately, although it was a bright fine day and there was the added attraction of special events for some of the prominent athletes who had arrived for the Games, public support was minimal and the emptiness of the stands was only emphasised by the handful of spectators scattered through them. The meeting was well run by the Scottish club and in particular the announcing of results and scores was good and prompt as is essential in a meeting of this sort where the scores are so important.

The performances of our team were as good as could be expected of the athletes who were there but we sadly missed the talents of those who were not. Our only winner of an "A" event was Peter Hudson in the Long Jump but we had some "B" string wins in the 400 metres by Nigel Bailey and the 3000 metres Steeplechase by Nick Mandeville. In these meetings every point that can be gained must be made and competitors who can be persuaded to take part in events apart from their normal ones are very valuable. As befits a de-cathlete, Trevor Walhen was exuberantly active in several events and achieved a creditable result in most of them. Other doubling (and trebling) was also done by Mike McFarnell, Peter Hudson and Barry Shapcott. Jerry Friend achieved a personal best time of 10.9 seconds in the 100 metres but got no better than 5th place in a tight finish. In general the team achieved the fairly modest ambitions of its managers which were to score points and avoid being outclassed. In so doing we managed for the first time to avoid being last in the club competition, but we may have been helped in this by the fact that the luckless Polytechnic team, having gone to the expense of travelling by air, encountered flight delays and missed the first two or three events of the meeting.

After the meeting there was time for a meal and then the party met again for a second night in the coach. This was not so uneventful as the journey up because the coach ran out of fuel in the middle of the night on a remote motorway in North Yorkshire. But the driver's trek to restore the situation was barely remarked by most of the party who were by then in a semi-conscious state. We still arrived back in Hayes by eight o'clock in the morning. That same afternoon some of the team competed again to try and retain the Sward Trophy at the Crystal Palace. By all accounts it was a splendid meeting with thousands of spectators present. All our own stars competed for us and we only just failed to retain the trophy; report has it because some of our people were too sleepy from the Edinburgh trip.

100m.—A.1, R. Frith (P), 10.6; 5, J. Friend, 10.9. B—1, D. Walker (E), 10.9; 5, M. Mahoney, 11.3. 200m.—A—1, D. Farrer (E), 22.0; 5, J. Friend, 22.9. B—1, R. Zentar (Sa), 22.3; 4, M. Mahoney, 22.7. 400m.—A—1, R. Adams (P), 49.8; 6, M. McFarnell, 55.3. B—1, N. Bailey, 51.3. 800m.—A—1, C. Douglas (E), 2:01.5; 2, G. Martin, 2:03.6. B—1, M. Rothwell (Sa.), 1:56.9; 3, P. Horwood, 1:58.1. 1500m.—A—1, C. Douglas (E), 3:51.6; 4, P. Horwood, 3:54.2. B—1, K. Ballantyne (E), 4:05.2; 3, M. Goodwin, 4:08.5. 5000m.—A—1, A. Weatherhead (P), 14:17.6; 4, I. Wilson, 15:09.8. B—1—F. Murray (E), 14:23.2; 2, R. Hawtin, 15:02.6. 3000m. SC.—A—1, G. Bryan-Jones (E), 8:59.3; 4, C. Haines, 9:38.4. B—1, A. Mandeville, 9:50.6. 110m. H.—A—1, A. Murray (E), 14.7; 5, T. Walhen, 16.8. B—1, R. Parker (Sou.), 15.3; 4, C. Clarke, 16.0. 400m. H.—A—1, R. Zentar (Sa.), 53.7; 4, M. McFarnell, 58.3. B—1, A. Murray (E), 56.7; 2, C. Clarke, 58.4. 4 x 100m.—1, E.S.H., 42.9; 5, B.H., 44.6. 4 x 400m.—1, E.S.H., 3:20.2; 6, B.H., 3:33.4. H.J.—A—1, C. Julien (P),

5' 9"; 6, C. Clarke, 5' 5½". B—1, P. Omale (P), 5' 9¼"; 4, P. Hudson, 5' 5¼". L.J.—A—1, P. Hudson, 23' 6¼". B—1, C. Woolgrove (Sou.), 21' 8¼", 5, J. Fenton, 19' 10¼". T.J.—A—1, P. Omale (P), 48' 4", 5, P. Hudson, 43' 0¼". B—1, C. Jones (W), 40' 7¼"; 4, M. McFarnell, 40' 0¼". P.V.—A—1, Parkinson (Sa.), 12' 8"; 3, T. Walhen, 11' 1". B—1, Chalcon (Sa), 11' 1"; 2, J. Faircloth, 10' 0¼". Wt.—A—1, S. Clark (W), 48' 3¼"; 4, T. Walhen, 42' 7¼"; B—1, Kennedy (Sou.), 46' 2¼"; 3, B. Shapcott, 40' 9". Dis.—A—1, A. Black (E), 139' 8¼" 3, T. Walhen, 132' 4". B—1, A. Sutherland (E), 134' 11¼"; 4, B. Shapcott, 115' 8". Jav.—A—1, C. Harrison (Sou.), 224' 9¼"; 4, J. Wright, 171' 11¼"; B—1, J. Day (Sou.), 158' 4¼"; 4, C. Brand, 149' 4". Ham.—A—1, P. Aston (W), 175' 0"; 4, T. Walhen, 120' 2¼". B—1, D. Lazarides (W), 144' 10¼"; 4, B. Shapcott, 113' 7".

RESULT—1, Edinburgh S.H., 272; 2 eq., Sale H. and Woodford Green, 206; 4, Southampton A.C., 199; 5, Blackheath H., 186; 6, Polytechnic H., 166.

Sunday, 5th July, 1970.

SWARD TROPHY, AT CRYSTAL PALACE

As the results show we only just failed to retain the trophy, with the result being undecided until the last event, the Javelin. Regrettably we had no competitor, whereas the winners, T.V.H., had John McSorley in 2nd place. It was in this event that a new Commonwealth and U.K. record was set by David Travis.

John Watts, making his first appearance for Blackheath this year, put up stirring performances in the Shot and Discus, beating the Sward record for both events. In the Triple Jump, Graham Hamlyn came in as last minute substitute for injured Tony Wadhams and won with 50' 7½". What a reserve! Because of two nights in the coach to Edinburgh for the National League fixture the previous day, Peter Hudson was understandably below form. This was the second year in which the Sward has been held at Crystal Palace and it was again a great success. The meeting does, and let us hope it will continue to do, a great service to British Athletics.

H.J.—1, M. Campbell (Hill), 6' 7"; 6, R. Humphrey, 5' 7". L.J.—1, R. Galliers (T.V.H.), 22' 10¼"; 4, P. Hudson, 21' 8¼". T.J.—1, G. Hamlyn, 50' 7½". P.V.—1, D. Lease (Card.), 13' 5¼"; 2, L. Jones, 12' 5¼". Wt.—1, J. Watts, 54' 9¼". Dis.—1, J. Watts, 177' 7". Jav.—1, D. Travis (Sur.), 269' 9" (Commonwealth & U.K. record). Ham.—1, H. Payne (Bir.), 215' 6"; 5, J. Day, 32' 9".

RESULT—1, Thames Valley H., 38; 2eq., Blackheath H. & Cardiff A.A.C., 36; 4, Hillingdon A.C., 34; 5, Polytechnic H., 24; 6, Surrey A.C., 20; 7, Achilles, 18; 8, Birchfield H., 12.

INVITATION EVENTS 3000m.—1, P. Ndoe (Kenya), 8:02.6. Team—1, Coventry Godiva; 3, Blackheath H. (P. Horwood, R. Hawtin, P. Sheppard, I. McIntyre). 110m. H.—1, A. Pascoe, 14.1; 4, G. Gower, 14.7.

Wednesday, 8th July, 1970.

MATCH v. CHISLEHURST & SIDCUP G.S., AT LADYWELL

100m.—1, M. Carroll, 12.4; 2, H. Morten, 12.5. 200m.—1, M. Carroll, 24.5; 2, R. Turney, 24.7. 400m.—1, R. Turney, 54.4; 3, G. Pinkney, 55.2. 800m.—1 (N/S), M. Goodwin, 2:00.1; 2, G. Pinkney, 2:0.3; 3 (N/S), H. Morten, 2:08.0; 5, I. McIntyre, 2:19.0. 1500m.—1, M. Goodwin, 4:30.6; 2, D. Kirk, 4:43.0. 4 x 100m.—1, C.&S., 49.0; 2, B.H., 52.4. H.J.—1, Waller (C.&S.), 4' 11"; 2, G. Pinkney, 4' 10"; 3, H. Morten, 4' 7". L.J.—1, Waller (C.&S.), 18' 8"; 2, M. Carroll, 16' 0¼"; 5, Stapenhurst, 12' 11". T.J.—1, Waller (C.&S.), 40' 11"; 2, M. Carroll, 33' 10"; 4, Stapenhurst, 24' 0". Wt.—1, Wallace (C.&S.), 35' 5¼"; 3, Stapenhurst,

After the delayed trip back from Edinburgh it is the "Ceylon Tea" Sward Meeting at Crystal Palace. Again there are additional track events with the Commonwealth Games two weeks away and Kip Keino is in action again, beating Brendan Foster in the 2 miles. There is a crowd of around 6,000 spectators. The Club just fail to retain the trophy they won in their Centenary Year.

Bob Richardson wins the Belgrave 20 by one second in 1.43.11 and the following week is victorious again in the Horsham 10 in a time of 48.50.

25 years ago in July 1995.

Julian Golding sets a new best of 20.69 for 200 metres at the BUPA Games in Gateshead. Rachel Kirby is eighth in the triple jump. Lisa Thompson wins the Development 800 and Emma Clapson is fourth in the 400.

Marvin Bramble wins the triple jump at the AAAs Under 20 Championships at Bedford. Emeka Udechuku is third in the discus and 4th in the shot while Mark Findlay is 4th in both the 100 and 200. Bianca Liston is 6th in the long jump.

Blackheath athletes win 3 gold, 4 silver, and 4 bronze medals at the English Schools Championships at Nottingham. Emeka Udechuku's 61.24 in the Intermediate Boys discus would have added three metres to the national record but it is not ratified because of a slight downhill gradient from the circle. Other golds come from John Skeete (Intermediate Boys 100), and Adrian Cluskey (Junior Boys Shot). Silvers go to Ruben Tabares (Inter Boys 400H), Wayne Gray (Junior Boys 100), Tendai Huntley (Senior Boys long jump) and Leon Connike (Junior Boys 400). Bronze medals are won by Mark Findlay (Senior Boys 100), Daniel Plummer (Junior Boys 200), Chris Moss (Intermediate Boys 1500) and Peter Waterman (Inter Boys shot). A record number of 39 athletes from the Club compete.

Gemma Viney sets a Club under 13 girls 1500 record of 4.54.9 to top the national rankings for the season.

Rachel Kirby wins silver in the AAAs Championships which incorporates the World Championship Trials in Birmingham with Kerensa Denham 6th. Lee Newman is 4th in the shot, Julian Golding 5th in the 200, Steve Harrison 6th in the javelin, Dave Lee 7th and Paddy Brice 8th in the steeplechase, Richard Holt 8th in the 400 hurdles. Highest placed in the 5000 is Spencer Newport in 9th followed by Dave Taylor, Bill Foster, Darrell Smith and Mark Steinle.

For Bromley Ladies, Debbi Marti is third in the high jump as is Joice Maduaka in the 200. Joice is also 7th in the 100. Myrtle Augee is 6th in the discus with Uju Efobi 13th and Uju is 7th in the shot.

Emeka Udechuku breaks the National Under 17 record with a throw of 62.22 in the heats at the European Youth Games in Bath. He wins the final with 59.96. He then competes at the AAAs in Birmingham before travelling back to London to compete in the final Young Athletes League match of the season.

20 years ago in July 2000.

Sian Brice is selected to represent Great Britain in the triathlon at the Olympic Games in Sydney.

Both Blackheath and Bromley achieve great success at the British Veterans Championships at Bedford. For Blackheath, in the over 50s, Bob Minting takes the 800 and 200 titles; claims silver in the 100 and 400 hurdles (both in Club Records) and gains bronze in the high jump. Jim Day wins the over 65s pole vault and high jump; Gordon Hickey is over 65s shot champion; and Peter Hannell wins the over 50s 3000 walk. Bob Minting's sister Helen Godsell wins the over 45s 100 and 200 titles and Beatrice Simpson is first in the hammer. To add to the family celebrations Helen's son Joe wins silver in the 800 at the AAAs Under 17 Champs.

Bob also wins silver in the 400 at the European Veteran Championships in Finland.

Mark Steinle breaks the Club record for 10,000 metres with a time of 28.04.48. Bob Richardson's record has stood since 1969. Mark's time is inside the Olympic qualifying time but he has already been selected for the marathon. He is pleased with his negative splits, the second 5km of 13.59 is only one second off his 5000 best.

Jonathan Barbour (100), Chris Moss (800) and Emeka Udechuku (discus) win their events for the Great Britain under 23 team in a match against France and Germany in Liverpool. The following day Emeka is in Rugby as part of the Blackheath team who win the Gold Cup semi final defeating holders Belgrave in the process. He wins the shot and discus and there are other victories for Mike Skinner (1500), Dave Heath (5000), Bill Foster (10,000), and the 4x100 team of Lash Lashore, Michael Champion, Darren Burley and Dave Gardiner).

A number of other athletes gain International selections. Julian Golding, Mensah Elliott and Emeka Udechuku compete for Great Britain against the USA in Glasgow. Julian Golding, Mensah Elliott and Debbi Marti represent England and Joe Mills Wales in a meeting in Budapest.

Dwayne Grant wins the Senior Boys 200 metres title at the English Schools Championships in Sheffield. Mark Awanah is second in the long jump with just one centimeter separating the top three places. Paul Archer wins silver in the shot. Among the other results, Bromley's Montell Douglas is 8th in the junior girls high jump with a clearance of 1.55.

Blackheath athletes win five gold medals at the AAAs Under 23 Championships in Bedford. Jonathan Barbour takes the 100 and 200; Chris Moss the 800; and Emeka Udechuku the shot and discus.

“Blackheath Harriers Bromley have received a resounding endorsement of its Club Development Policies with the signing of a new sponsorship deal with BG Electrical Associates Ltd and Sportsmatch worth £10,000 a year. BG Electrical Associates Ltd have agreed to support the Clubs youngsters with £5,000, and this has been equalled by Sportsmatch, a business sponsorship incentive scheme that is administered by the Institute of Sports Sponsorship on behalf of the Department for Culture, Media and Sport.

The new injection of money will be used to expand the Clubs links with local schools in the Borough allowing coaches to attend classes to provide specialist advice to youngsters.

Managing Director of BG Electrical, Ken Tonkin, was delighted that his firms support for the Club had qualified for Sportsmatch funding, as was the Clubs Schools Liaison Officer David Liston. “This is exciting news for the Club and allows us to greatly expand our activities in schools in the Borough. We are very grateful for the support from BG Electrical Associates and Sportsmatch and also to Tina Slater of the Bromley Sports Development Unit who gave advice on our Sportsmatch application”.

15 years ago in July 2005

London is awarded the right to host the 2012 Olympics.

Allan Williams wins the World Masters M50s pole vault title in Canada.

The UK Womens League team finish 2nd in their final Division Four match at Abingdon and are promoted to Division Three.

The mens British League team finish fourth in their Division Two match at Stoke to avoid relegation to Division Three.

The Club's mens and womens teams both qualify for the National Junior Athletic League final, and the Young Athletes team have also reached their National final, unbeaten in the Southern Premier Division.

The Joint Senior Men and Womens' team qualify for the Golden Jubilee Cup Final for the first time.

Scott Overall finishes 6th in the European Under 23 Championships in Erfurt, Germany. Earlier in the month he wins the 5000 metres at the AAA's Under 23 Championships in Bedford. Amir Williamson wins the Under 20s Hammer and Stuart Harvey the javelin. Christine Lawrence is third in the under 20 womens javelin and Shavaun Henry is third in the under 23 3000 steeplechase.

The Club has six athletes compete in the Home Countries Schools International in Tullamore, Ireland. Serita Solomon wins the 80 metres hurdles as does Shaunagh Brown in the discus and Danny Doyley in the 100. Richard AlAmeen is second in the hammer; and Rachel Arnheim (pole vault) and James Alaka (200) both finish third.

The Club's athletes win 14 gold, one silver and three bronze medals at the British Masters Championships in Birmingham.

The golds were Jon Thorpe (M35 1500), Simon Tolson (M35 pole vault), Bill Foster (M45 5000), Allan Williams (M50 pole vault), Helen Godsell (W50 100), Bob Minting (m55 400, 800 and 1500), Denis Wallington (M55 Long Jump), Colin Brand (M65 discus and javelin), Gordon Hickey (M70 Javelin), Jim Day (M70 pole vault and high jump).

Michael Skinner is third in the 5000 metres at the AAAs Championships which incorporates the trials for the World Championships and Commonwealth Games.

The Club's athletes win five gold, seven silver and three bronze medals at the English School Championships in Birmingham. The golds go to Rachel Blackie (SG Hammer), Stuart Harvey (SB Javelin), Serita Solomon (IG 80 hurdles), Shaunagh Brown (IG Discus), Danny Doyley (IB 100).

Alex AlAmeen (110 hurdles) and Ashley Harris (long jump) compete in the European Youth Olympics in Lignano, Italy.

Daniel Haque is selected to compete in the World Youth Games in Morocco.

10 years ago in July 2010

Second claim member Sophie Hitchon wins the hammer at the World Junior Championships in Moncton, Canada. Dan Putnam is part of the 4x400 team who win bronze. Lorraine Ugen goes out in the qualifying round of the long jump.

Ken Daniel wins silver as part of the Great Britain 4x400 team at the European Masters Championships in Hungary. The Club qualify for the National Junior League Final.

Tremayne Gilling wins the 100 metres at the England Athletics Championships in Gateshead. Shavaun Henry is third in the steeplechase. Scott Huggins wins the pole vault at the Scottish Championships. His sister Anna wins silver in the under 17s event.

The Clubs youngsters qualify for the Southern Area final of the National Young Athletes League. The Club has five individual winners at the English Schools Championships in Birmingham – Dan Putnam (SB 400), Andrew Jordon (SB Hammer), second claimer Ned Quiney (SB pole vault), Sabine Efiannayi (SG shot) and Dina Asher Smith (JG 200).

The men qualify for the Southern Masters Final as Kent League champions. It is thought the women also qualified but an error in the results is later discovered and they miss out.

Montell Douglas is selected for the 4x100 at the European Championships in Barcelona. Unfortunately GB does not progress beyond the heats.

The UK Womens League team finish bottom in their second Premier Division match in Manchester. Thrower Shaunagh Brown runs in the 4x100. The men are third in their Division One fixture at Sheffield with decathlete Alex Pope running the 3000 chase. Highlight of the day is pole vault where Scott Huggins and Ned Quiney both go over five metres.

In their final match of the season the women are bottom again at Eton while the men are fourth in their penultimate fixture at Norman Park. Highlight here is a new 4x400 club record of 3.11.59 from Bomene Barikor, Ed Harrison, Dan Putnam and Allow Wilson

At the British Masters Championships, Club members win seven golds – Barbara Terry (M60 javelin), Roger Michell (W60 3000 walk and 5000 walk), Gordon Hickey (M75 javelin), Bill Foster (M50 5000), Clem Leon (M50 triple jump) and Colin Brand (M70 discus).

Through the years – The English Schools Championships



English Schools Champions - Blackheath, Bromley, Wigmore and Blackheath & Bromley athletes. (* = 2nd claim).

1966. Blackburn. John Faircloth IB PV 3.43

1967. Peterborough. John Faircloth SB PV 3.96, Irene Powder* SG 80H 11.4

1972. Washington. Helen Key SH 100H 14.6

1975. Durham. Nick Brooks IB 800 1.56.4

1976. Cannock. Nick Brooks SB 800 1.50.8, Julian Spooner IB 800 2.00.6

1977. Hendon. Trevor Llewelyn IB HJ 2.02, Julian Spooner IB 800 1.55.9

1982. Birmingham. Paul Ashen SB 100 10.7

1986. Portsmouth. Richard Holt JB 400 52.2

1987. Birmingham. Jason Mulcahy JB SP 14.54, Jamie Quarry JB TJ 13.86

1988. Yeovil. Derek Baker IB LJ 6.59, Gerald Harrison IB JT 56.90

1989. Wigan. Donna Kelly SG 3000 9.41.7, Jason Mulcahy IB SP 17.30, Michael Nartey JB 200 22.8, Jamie Quarry IB 400H 54.7, Gillian Stacey IG 1500 4.28.1

1990. Derby. Jonathan Murray IB 800 1.54.6, Claire Robinson SG 800 2.09.8

1991. Stoke. Matthew Bundock JB DT 44.22, Noel Levy IB 400H 53.58, Michael Nartey IB 100 10.72, Jamie Quarry SB 110H 14.01, Adian Woodhouse JB TJ 13.08.



Derek Baker 1998 and Marvin Bramble 1992 and 1993

1992. Hull. Marvin Bramble IB TJ 14.30, Sudip Burman Roy JB SP 14.70, Uju Efobi SG SP 13.82, David Gilkes JB LJ 6.50

1993. Blackpool. Marvin Bramble IB TJ 15.11, Martin Stringer JB JT 51.62, Emeka Udechuku JB DT 50.76

1994. Telford. Sudip Burman Roy IB SP 15.39, Emeka Udechuku IB DT 54.90, Peter Waterman JB SP 15.69

1995. Nottingham. Adrian Cluskey JB SP 15.78, John Skeete IB 100 10.74, Emeka Udechuku IB DT 61.24

1996. Sheffield. Paul Archer JB SP 14.63, Darren Burley IB 200 21.50, Mark Findlay SB 200 21.17, Chris Moss SB 800 1.52.19, Emeka Udechuku SB DT 53.40

1997. Sheffield. Darren Burley SB 200 21.82, Jo Kompani JB HT 50.38, Ruben Tabares SB 400H 52.95, Emeka Udechuku SB DT 59.72

1998. Exeter. Aaron Evans IB 400 48.73, Katy Porter IG 300H 43.37, Ruben Tabares SB 400H 54.11, Nange Ursell IB 400H 53.26

1999. Bury St Edmonds. Mark Awanah IB LJ 6.97

2000. Sheffield. Dwayne Grant SB 200 21.20

2002. Nottingham. Sandra Alaneme IG TJ 11.87, Montell Douglas IG 100 11.82



(Sandra Alaneme 2002, Katy Porter 1998, Karim Chester 2003)

2003. Sheffield. Karim Chester SB HT 62.95

2004. Gateshead. James Alaka JB 100 11.14, Rachel Blackie IG HT 48.06, Shaunagh Brown JG DT 36.88, Joe Stockton JB HT 53.54, Amir Williamson SB HT 58.39

2005. Birmingham. Rachel Blackie SG HT 51.23, Shaunagh Brown IG DT 42.35, Danny Doyley IB 100 10.79, Stuart Harvey SB JT 63.47, Serita Solomon IG 80H 11.10

2006. Gateshead. Shaunagh Brown IG DT 42.70, Jade Dodd* SG JT 41.37, Amy Godsell SG 200 24.68, Andrew Jordon JB HT 64.16, Victoria Thomas SG HT 52.56

2007. Birmingham. Rachel Arnheim SG PV 3.35, Tom Bensted JB 400 51.07, Scott Huggins SB PV 4.58

2008. Gateshead. Stephen Cavey IB 1500 4.01.88, Andrew Jordon IB HT 65.28, Simon Merrill* SB 110H 14.11

2009. Sheffield. Kola Adedoyin SB TJ 15.63, Ben Hopkins IB 400H 54.32, Andrew Jordon SB HT 62.87, Samantha Milner* IG DT 40.06, Lorraine Ugen SG LJ 5.94

2010. Birmingham. Dina Asher Smith JG 200 24.50, Sabine Efiannayi SG SP 12.88, Andrew Jordon SB HT 66.77, Dan Putnam SB 400 48.04, Ned Quiney* SB PV 5.00

2011. Gateshead. Yimika Adewakun SG 400 55.60, Dina Asher Smith IG 200 24.38, Maya Bruney JG 200 24.74, Rachel Dickens IG 300 38.52, Mark Longhurst SB PV 4.80, Pippa Woolven* SG 1500 s/c 4.53.53

2012. Gateshead. Maya Bruney JG 100 12.10, Cheriece Hylton IG 300 39.02, Shannon Hylton IG 200 23.95, Robyn Pettit* IG HJ 1.71

2013. Birmingham. Stefan Amokwandoh IB TJ 14.33, Dina Asher Smith SG 200 23.63, Cheriece Hylton IG 300 37.93, Oliver Newport SB LJ 7.44

2014. Birmingham. Matt Blandford SB DT 52.60, Kerri Davidson SG TJ 12.40, Cheriece Hylton SG 400 54.53, Shannon Hylton SG 200 22.80, James Whiteaker IB JT 77.12

2015. Gateshead. Yasmin Austridge IG 1500 s/c 4.54.82, Kerri Davidson SG TJ 12.77, Will Fuller SB 3000 8.28.05, Jess Keene IG 3000 9.41.35, Divine Oladipo IG SP 14.52, Charmont Webster Tape* IG 100 11.84

2016. Gateshead. Niamh Bridson Hubbard SG 3000 9.43.10, Joe Fuggle* SB 400H 53.72, Divine Oladipo SG DT 43.77, Elliott Thorne* SB LJ 6.77, Jacob Veerapen* SB TJ 14.74

2017. Birmingham. Ethan Brown IB 400 48.22, Isabella Hilditch SG 100H 14.09, Ricky Lutakome* SB 800 1.53.27

2018. Birmingham. Immanuela Aliu SG 100 11.85, Yasmin Austridge SG 1500 s/c 4.48.61, Ethan Brown SB 400 47.92, Oscar Heaney Brufal IB 400H 54.73, Zakia Mossi JG 800 2.10.52, Amir Sultan Edwards JB 300 34.81

2019. Birmingham. Theo Adesina* SB LJ 7.02, Lauren Farley SG JT 45.66, Nana Gyudu IG SP 45.66, Alex O Callaghan Brown SB 400H 54.33

And finally

Last months Courier prompted a mail from Simon Parsons who says “Hi to everyone” and who couldn’t resist sending a couple of snaps of Ken Daniel. They go back to 1988 when the Blackheath third team had a Southern League Division Four match in Jersey. Two nights away for a tenner but the athletes did have to pay for their cream cakes...



Dave Hassall, Ken Daniel and Garry Spencer

DIVISION 4 MATCH 2

Jersey (St. Helier)

21st May, 1988

The second match of the season, hosted by Jersey Spartans, saw the Blackheath Harriers team take on a continental flavour with a visit to the Channel Islands. For a start the departure was a little unusual in that we were regaled with a champagne and brass-band send off from Southampton's Eastleigh Airport. It turned out to be because it was the airline's inaugural flight but it occurred to many that perhaps this alcoholic ploy was to distract you from the fact that the 'plane had to stop half way to take on wood! Either way, Mark Watling decided to avoid the flight by taking the slower overnight boat to have a longer rest.

There was extreme disappointment by the rest of the team members when they were not met personally off the 'plane by Bergerac. Jim Phelan was, however, approached by customs (as a possible Drugs Baron?) but eventually all the team managed to pass the dope test.

Teams had also arrived from Tonbridge H, Overton H and Brighton and Hove, so the Heathens sensibly took to carb-loading with plenty of cream cakes and a game of football in the soft sand. Team Captain, Garry Spencer, did his best, however, to ensure the pre-match evening was as near sober as possible and tuck the team in early-ish for the night.

The weather, although sunny, was to deteriorate through the afternoon as the wind strength slowly increased, but this didn't stop an afternoon of entertaining athletics.

The team had been boosted by the presence of Peter Brookes, a natural islander, much to the annoyance of the Spartans, who would perhaps have benefitted from his natural talents with three 1st in the 110mH, long jump and high jump. Notable performances were also seen from Simon Tolson in the 110mH and high jump, with Roger Ebbutt vaulting to 1st place in the B-string to John Wakeman's 2nd in the A.

In the sprints, Jeff Salmon and Fred Meads held their own, with Fred finally discarding a slinky little number he'd packed in favour of his vest, to drop below 23 secs in the 200m. Jeff on the other hand decided to share his previously digested dinner with the rest of us after his leg of the 100m relays. Sound performances were also given by twinkletoes Squires and Thor Fox. Doubling up in the 800m and chase, Scolpus only narrowly missed out on 1st place over the barriers; if only he hadn't spent the previous evening dismantling Les Roberts' bed!



Thor Fox 3rd team stalwart.

On the field, the events were dominated by the Spartans whose first claim member, also first claim member for the Met Police and Blackheath (a very confused athlete) took 19 out of a possible 20 points. This did not stop Andrew Elgy taking 2nd in both discus and shot.

However, undaunted, Blackheath finished second to a strong Spartans home team having won nine events, with 12 seconds and 13 thirds. There were also PBs for Jim Phelan in the 1500m (perhaps he was on drugs??) and Dave Hassall in the 5000m and two fine wins in the javelin by Colin Brand and Richard Coe.

There only remained the evening entertainment in St Helier sampling the delights of the Jersey hospitality with the quaffing of a few ales. An early return to the hotel was made by Richard Coe to quaff some more and by Scolpus in order to dismantle Les Roberts bed again and then throw the base onto the top of same!

Finally, the next morning saw an up-with-the-lark Garry Spencer, leading a mind blowing round the headland fartlek race to try and wear out John (I can't stop running) Beck before a hard days sunbathing. It's a hard life being an athlete in the third team these days.

	A String		B String	
100m	3. F. Meads	11.5	3. J. Salmon	11.8
200m	3. F. Meads	22.8	2. J. Salmon	23.3
400m	2. P. Squires	50.7	2. T. Fox	51.2
800m	3. M. Colpus	2.01.4	3. R. Coe	2.03.4
1500m	3. K. Danel	4.15.9	3. J. Phelan	4.16.5
5000m	3. L. Roberts	15.30.4	1. D. Hassall	15.30.5
110mH	1. P. Brookes	16.0	1. S. Tolson	18.4
400mH	3. R. Ebbutt	66.3	2. N. Freiter	62.2
3000m S/C	2. M. Colpus	9.55.3	2. J. Beck	10.10.2
HJ	1. S. Tolson	1.83	1. P. Brookes	1.74
LJ	1. P. Brookes	6.43	3. R. Coe	5.75
TJ	3. S. Tolson	11.63	3. N. Freiter	10.25
PV	2. J. Wakeman	3.20	1. R. Ebbutt	2.70
SP	2. A. Elgy	10.20	2. J. Wakeman	9.01
DT	2. A. Elgy	33.80	3. C. Brand	27.32
HT	4. C. Brand	23.80	3. J. Wakeman	21.50
JT	1. C. Brand	42.48	1. R. Coe	39.18
4 x 100m2	Meads, Fox, Brookes, Salmon			45.2
4 x 400m2	Fox, Freiter, Watling, Squires			3.31.7

Match Result: 1. Jersey Spartan 148; 2. Blackheath H. 135; 3. Tonbridge H. 100; 4. Overton H. 83; 5. Brighton and Hove 59.

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Why is there no one else on this beach? Any ideas?