

Blackheath & Bromley Courier

May 2021.

President 2021-22. Nic Corry.

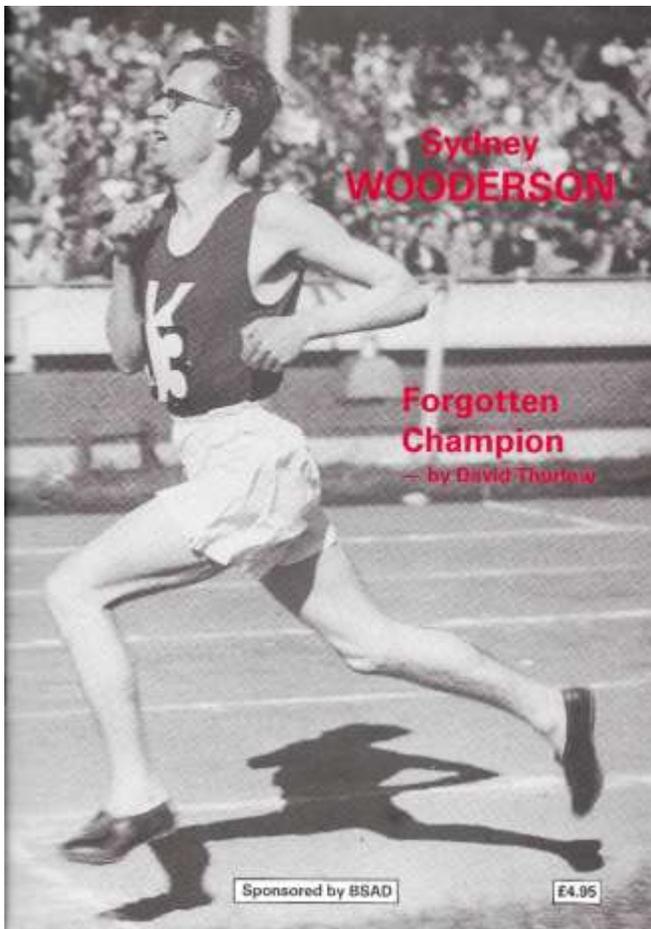
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After the frostiest April for over 60 years, it seems hard to believe that the Olympic Trials take place next month, “hot” on the heels of the South Of England and the National Under 23 and Under 20 Championships. Hopefully the vagaries of the Manchester climate won’t have any impact on selections. Before these, however, a small piece of History will be made with the first ever National Athletics League fixture at Norman Park on the 6th of June. The League, the first ever National joint scoring competition for senior men and women, should have started last year and this season matches are being kept local. So we will have four fixtures against three other teams, Thames Valley Harriers, Windsor Slough Eton & Hounslow, and Southampton. However, just because the matches have been regionalised doesn’t mean there won’t be some quality competition. For example, the top three women shot putters in the country are from these four clubs. So, covid permitting, come down and support the Club and watch some potential Olympians in action. Alternatively, if we get up to a 1000 subscribers we could live stream it on our YouTube channel.

News

David Thurlow author of “Sydney Wooderson - Forgotten Champion” passed away in January at the age of 88. His book did our Past President proud “If anyone doubts just how good he was, he was world record holder at 800 metres, the half mile, three quarters of a mile and the mile. For three laps he was the first man under three minutes. He was AAA mile champion from 1935 to 1939 and three mile champion in 1946 in his first race at that distance. He went on to win the European Championship at 5000 metres that year, also on his debut, to add to the 1500 metre title he won in 1938. He was never defeated in a head on international match for Britain and – in my view – there has never been a better British competitor”.



Social.

A bar service is now available at the Clubhouse, 7-9pm on a Wednesday.

Forthcoming Fixtures and events.

2/5/21. B&B Field Events, Norman Park.

3/5/21. Ted Pepper Memorial 10km, Norman Park.

8-9/5/21. Kent Championships, Ashford.

17/5/21. B&B Open Sprint Meeting, Norman Park. (Entries online at entry4sports.co.uk). Events are 75, 100 and long jump.

22/5/21. B&B London Hurdles and Middle Distance Open Meeting, Norman Park. (Entries online at entry4sports.co.uk). All hurdles distances from 70H to 400H including 200H plus 3000 walk, 800, 1500, 3000, 5000, long jump and pole vault.

22-23/5/21 Surrey Championships, Kingston.

23/5/21. Kent Young Athletes League, Dartford.

23/5/21. Loughborough International, Loughborough*.

23/5/21. Muller Grand Prix, Gateshead.

26/5/21. Club 3000 and 3000 walk Championships, Norman Park.

29-30/5/21. England Athletics Senior and Under 20 Combined Events Championships, Bedford*.

30/5/21. UK Youth Development League U20 and U17, Dartford.

31/5/21. BIGish Jumps and Throws Fest, Bedford.

5/6/21. Youth Development League. U15/U13, Sutcliffe Park.

5/6/21. Muller British Athletics 10,000m Championships and European 10,000 Cup, Birmingham.

6/6/21. National Athletics League, Norman Park. (The first ever joint scoring Senior Men and Womens National League match).

12-13/6/21. South Of England Senior/Under 20 Championships including U17 and U15 3000m Champs, Bedford. (Entries close 1/6/21)

19-20/6/21. England Athletics Under 20 and Under 23 Championships, Bedford.

20/6/21. Southern Athletics League, Sutcliffe Park

23/6/21. Kent 3000 metre and 10,000 Championships, Dartford.

25-27/6/21. Muller British Athletics Championships and Olympic Trials, Manchester.

27/6/21. Youth Development League. U20/U17, Sutcliffe Park.

*If Gov covid restrictions allow.

Results.

From Barrowford to Baton Rouge; from Lee Valley to Lisbon; from Kempton Park to Goodwood; from Harrow to Houston...

2/4/21

St Albans 10km. 58. Carole Coulon 37.20 37.20 (W45).

2-3/4/21

BLG North Florida Invitational, Jacksonville, FL, USA. SP. Divine Oladipo 17.03. DT. 4. Divine Oladipo 52.35.

3/4/21

RunThrough Racecourse series 10km, Kempton Park. 1. Scott Overall 29.59 (M35), 2. Ross Braden 30.52.

RunThrough Racecourse series marathon, Kempton Park. 11. Will Brindley 3.11.11 (M45).

Podium 5km, Barrowford. Race A. 2. Phil Sesemann* 13.40. Race D. 15. Jennifer Walsh* 16.11.

Trafford Open Meeting. 3000. B. 2. Mark Cage 9.17.42.

Battle On The Bayou, Baton Rouge, LA, USA. 100. Ht3. 1. Amber Anning* 11.78 (-0.2). 200. Ht2. 1. Amber Anning* 23.38 (2.8).

Virginia Invitational, Charlottesville, VA, USA. HJ. 2. Rebecca Hawkins* 1.71.

5/4/21

Chingford League 5km. 4. Lewis Harknett* 16.12.

8-10/4/21

Crimson Tide Invite, Tuscaloosa, AL, USA. 200. R1. 1. Amber Anning* 23.23 (3.3). 1500. R1. 9. Katy Ann McDonald 4.25.95.

9-10/4/21

Joe Walker Invitational, Oxford, MO, USA. 1500. R1. 9. Lewis Mills 3.57.68. R2. 6. Declan Neary* 3.51.94. 3000s/ch. 12. Lewis Mills 9.15.76.

10/4/21

Lee Valley Open. 200. Mx. R2. 2. Michael Uzozie 23.13 (2.4) (U20M). MX3. 4. Issah Abdulkarim 24.36 (2.6) (U17M). 400. MX1. 2. Jeriel Quainoo 48.85 (U20M). 1500. 1. Lewis Harknett* 4.09.92.

North Texas Classic, Denton, TX, USA. Women. 100. R1. 7. Funminiyi Olajide* 13.15 (5.0). LJ. 3=. Funminiyi Olajide* 5.67.

Trafford Open. 5000. 10. Mark Cage 16.21.36.

BMC 5KM Road Races, Thames Cycle Circuit. Senior Women. H. 4. Jennifer Walsh* 16.36.

11/4/21

B&B Spring Middle Distance Open Graded Meeting (including field), Norman Park. 300. MX. 1. Drew Burrridge 36.28 (U20M), 2. Nathan Firla 38.30 (U17M), 3. James Naylor 38.34 (U23M), 4. Tobias Seales 40.09 (U20M), 5. James Lawson 40.52 (U15B), 6. Alyssa Firla 44.90 (U15G). 600. Senior Men. 3. Alex O' Callaghan Brown 1.24.50 (U23M), 4. Coleman Corry 1.26.61 (U23M). Under 13 Boys. 4. Jamie Ellerton 2.03.84. Under 13 Girls. 1. Luciana Smith 1.48.53, 3. Rowan Pearson 2.02.26, 7. Freya Pearson 2.06.40 (U11G). 800. Men. Race 1. 5. Thomas Sugden 2.11.73 (U17M). R2. 2. Louis Woods 2.10.44 (U20M), 4. Ted Marston 2.16.95 (U17M), 5. Jasper Brooks 2.17.21 (U15B). R3. 3. Harry Fage 2.23.15 (U15B). Women. R1. 1. Lily Meers 2.20.83 (U17W), 2. Tallulah Ndikanwu 2.24.02 (U15G), 3. Gabriella Martin 2.25.24 (U17W), 5. Cameron Kelly – Gordon 2.28.35 (U17W). R2. 5. Cara Gould 2.40.80 (U17W), 6. Maltida Shilland 2.44.71 (U15G). R3. 2. Lydia Witcombe 2.31.47 (U15G), 6. Kyla Dervish 2.43.55 (U15G). R4. 2. Beth Regan 2.43.80 (U13G), 4. Isla Spink 2.55.80 (U15G), 5. Islay Pearson 2.58.20 (U15G). 1500. Men. R2. 7. Josh Healey 4.59.44 (U15B), 9. Jed Starvis 5.22.34 (U15B), 10. Jonathan Ellerton 5.26.16 (U17M). Women. R1. 3. Megan Slattery 4.57.92 (U15G), 4. Megan Barlow 4.58.17 (U15G). R2. 4. Olivia Magee – Brown 5.16.65 (U17W), 11. Maria Salamanca 5.42.30 (U15G). R3. 3. Liberty Whyte 5.19.90 (U17W), 4. Charlotte Bloodworth 5.24.58 (U13G), 8. Amie Gould 5.41.10 (U15G), 11. Lydia Marston 6.08.38 (U13G). 3000. MX1. 6. Hannah Clark 10.48.21 (U17W), 8. Amber Cockburn 11.10.60 (U15G). MX2. 6. Dan Kennedy 9.37.21, 8. Arthur Starvis 10.15.32 (U17M). MX3. 1. Martin Richardson 9.31.59 (M35), 6. Joshua Dowling 10.08.80. PV. 1. Barnaby Corry 3.60 (U20M), 4. Oscar Witcombe 3.20 (U17M), 5. Roger Platt 2.90 (M45), 7. Finn Kitteridge 2.70 (U15B), 8. Holly Platt 2.50 (U23W), 9. Charlie Platt 2.40 (U13B). JT. U17M. 700g. 2. Josh Buddle Smith 29.90, 3. Nathan Firla 27.34. 600g. 1. Lauren Farley 47.41 (U23W), 3. Max Kennedy 39.90 (U15B), 5. Ellis Ibrahim 32.46 (U15B).

Nuneaton Open Events, Season Opener. 100. MX. R11. 5. Kaliyah Young 12.86 (-2.8) (U20W). 200. MX. R10. 5. Kaliyah Young 25.62 (-2.3) (U20W).

16-17/4/21

Big Ten Indiana Invitational, Bloomington IN, USA. SP. 4. Divine Oladipo 16.69. DT. 2. Divine Oladipo 55.69.

Virginia Challenge, Charlottesville VA, USA. HJ. 2. Rebecca Hawkins* 1.73.

Rick Erdmann, Twilight, Richmond KY, USA. HT. 1. Joe Ellis 69.07.

17/4/21

Cambridge Harriers Open Graded 3000 walk, Sutcliffe Park. MX1. 1. Jonathan Ellerton 17.43.48 (U17M). MX2. 3. Abigail Smith 15.52.45 (U17W).

Kettering Town April Open. 100. MX12. 3. Adam Herring 11.74 (2.4). 300. MX. 3. Adam Herring 38.14.

LSU Boots Garland Invitational, Baton Rouge. 200. R1. 5. Amber Anning* 23.25 (2.6). 4x400. Amber Anning* 51.14L.

Loughborough Spring Throws. DT. 7. Zara Obamakinwa 44.69 (U20W). JT. 3. Bekah Walton 48.36. (U23W), 5. Hollie Arnold 38.76 (F46).

Mallory Park Spring 5km. R6. 10. Mark Cage 16.14.

Provas De Preparacao FPA, Lisbon, POR. 100. SW4. 1. Louise Evans 12.18 (-2.0). 200. SW2. 3. Louise Evans 24.18 (0.9).

18/4/21

Mallory Park Spring 10km Open, Kirkby Mallory. 10KM. R4. 2. Charlie Davis 30.13 (30.12).

The Opener, Worthing. 300. SM R3. 4. Drew Burrridge 36.57 (U20M). R4. 2. Michael Uzozie 37.64 (U20M). R5. 3. Nathan Firla 38.85 (U17M), 4. James Naylor 39.11 (U23M). SW R6. 4. Alyssa Firla 46.29 (U15G). 3000. MX2. 5. Miles Brown 9.33.29 (U17M).

21/4/21

BMC Gold Standard Races, Birmingham. 800. A. 2. Angus Harrington 1.50.20. 1500. A. 7. Alex Botterill* 3.49.43. 3000. A. 2. Phil Sesemann* 7.57.44. 2000sc. 3. Yasmin Austridge 6.45.81.

University of Birmingham Series 1. 1500. Mx. R1. 9. Matthew Francis 4.03.71. 3000. MX3. 9. Maddy Mastrolonardo 10.23.28.

Harrow AC Spring Open. 3000. MX8. 5. Niamh Bridson Hubbard 9.29.08.

23/4/21

Even Splits York 4km Series, York. 16. Jennifer Walsh* 16.21 (1st woman).

23-24/4/21

LSU Alumni Gold, Baton Rouge LA, USA. 200. SW2. 3. Immanuela Aliu 24.02 (2.2). 400. SW1. 4. Amber Anning* 51.97. 800. SW1. 2. Katy Ann McDonald 2.05.74. 1500. DNF. Katy Ann McDonald.

24/4/21

Brown and American Invitational, Smithfield RI USA. PV. 2. Lois Warden 3.55.

Tabor College Open, Hillsborough KS, USA. 400. R4. 5. Elizabeth Ibidunni 59.01.

J Fred Duchett Twilight, Houston, TX, USA. 800. SM4. 7. Declan Neary* 1.53.42. 1500. Sm3. 15. Lewis Mills 3.58.27.

25/4/21

Cheshire Elite Marathon, Pulford. 8. Ross Braden 2.21.11.

Be Fit Today Track Academy Open Series, Dagenham. 100. MX8. 6. Kaliyah Young 12.26 (4.6) (U20W). MX18. 3. Jeriel Quainoo 10.64 (3.3) (U20M). 200. SM6. 3. Jeriel Quainoo 21.55 (2.5) (U20M), 5. Korede Awe* 22.05 (U23M). SW6. 3. Kaliyah Young 25.35 (1.4) (U20W). 300. SM1. 1. Drew Burridge 36.77 (U20M). 800. MX1. 1. Charlotte Bloodworth 2.38.50 (U13G). MX2. 5. Kyla Dervish 2.39.73 (U15G). MX3. 3. Luciana Smith 2.26.32 (U13G). MX4. 2. Jasper Brooks 2.16.50 (U15B). MX5. 7. Morgan Squibb 2.20.52 (U20W). 1500. MX1. 15. Jed Starvis 5.37.52 (U15B). MX2. 17. Megan Slattery 5.03.00 (U15G).

Princeton Invitational, Princeton, NJ, USA. 200. 1. Isabella Hilditch 24.83 (-0.7). 100H. 1. Isabella Hilditch 14.00 (-0.2).

Lee Valley Track Open. 100. SM1. 5. Kyle Reynolds Warmington 10.82 (1.5) (U20M). SM2. 2. Brandon Murray 11.01 (2.5), 6. Rhys Francis 11.25. SM4. 3. Issah Abdulkarim 11.72 (0.4) (U17M). SW5. 7. Maya Al Faisal 16.10 (2.1) (U13B). 200. SM6. 3. Richard Holt 26.81 (2.3) (M45). 300. MX2. 5. Alyssa Firla 44.75 (U15G). 400. SM1. 4. Sam Reardon 48.44 (U20M), 5. Callum Parker 50.02. SM4. 3. Nathan Firla 54.17. 800. SW3. 5. Hissah Al Faisal 2.51.00 (U13G). 75H. U15G. 5. Alyssa Firla 13.36 (1.1). 80H. U17W. 3. Emily Algeo 12.80 (1.1). 110H. U20M. 2. Theo Adesina 15.54 (1.0). 400H. SM2. 2. Bailey Stickings 54.83.

Ashford Invitational Pole Vault. 6. Oscar Whitcombe 3.44 (U17M).

Lee Valley Field Open. LJ. MX B. 5. Emily Algeo 4.94. (U17W). SP. (6K). 2. Dillon Claydon 13.99 (U20M), 3. Theo Adesina 12.49 (U20M). SP. (4K). 1. Nana Gyedu 14.06 (U20W). SP. (3K). 1. Cleo Agyepong 13.24 (U17W). DT. (1.75). 1. Dillon Claydon 43.93 (U20M), 2. Theo Adesina 31.35 (U20M). JT. (700G). 1. Ben Platt 42.31 (U17M). JT. (600G). 8. Max Kennedy 35.14.

Loughborough April Track Open. 200. SM3. 2. Joshua Gbagbo 23.82 (-1.7). 1500. 4. Joe Rogers 4.05.61.

Running Grand Prix Marathon, Goodwood. 74. Tony Crowder 3.17.03.

28/4/21

Lee Valley Sprints. 100. MX4. 6. Theo Adesina 11.43 (3.1) (U20M). 200. MX4. 4. Theo Adesina 23.32 (2.2).

100 years ago in April 1921

A quiet month Athletics wise but a big one socially. The 52nd Annual Dinner is held at the Hotel Cecil, tickets 10/6 each. Among those attending are guests from SLH, Ranelagh and Orion, press men from Sportsman, Sporting Life and Kentish Mercury plus T W Saunders editor of Amateur Gardening (he was editor for 40 years).

This is followed a week later by The Bohemian Concert at the Midland Grand Hotel, St Pancras where, "although numbers fell a little short of what was anticipated, we should say there were upwards of 200 present.."

75 years ago in April 1946.

The first Bohemian Evening of the post-war era at the Bridge Hotel, London Bridge, has 226 in attendance. Sydney "Wooderson was at his first Bohemian...Without doubt a really grand evening and we hope that all will have been inspired to visit us again soon"

"Club ties. Members can obtain these now by writing or calling on Messrs R. J. Bryant Ltd, 59 High Street, West Wickham...ties 5/6 each (one coupon) Squares 18/- each (two coupons). Postage 3d."

"The first contest for the Johnson Bowl for 7 years was notable for the entry of our veteran member Trevor Davis. Eighty years of age on March 28, he completed the course in 87 min 42 secs and secured third place in the handicap. He walked strongly throughout: the majority of men half his age would find it difficult to equal – far from better – his feet. It was a wonderful performance by a wonderful old man. The scratch race was won by the holder H Rhodes. His style was polished and gave the impression of an ample reserve of speed." (Trevor Davis was first man home for the Club in the National Cross Country Championships in 1889 when he was 13th).

The Club finish second in the Cambridge Harriers 20 Miles Invitation Road Relay at Bexley. "This was quite an unusual fixture for the Club and if the going was hard underfoot for our cross country men, their performance more than justified our entry. We had a strong team in the shape of Wooderson (S.C), Choat, Dale, Poole, Smith and Reynolds. "

50 years ago in April 1971

At the SCAA 10,000 metre championships at Crystal Palace, Joe Clare is 17th in 30.12.0. Ian Wilson is 21st in 30.43.0. The race is won by Cambridge Harrier Maurice Benn in 28.53.8.

Bob Richardson finishes second in the Maidenhead 10 in 48.36.

"50x1 Mile Relay at Croydon :- After having won this race by some two and a half laps from Croydon Harriers in 4 hrs. 26 mins. 25 secs, the Club was disqualified on some technicalities."

Second claim member Margaret Beacham wins the Senior Womens race at the Feltham Road Races, two seconds ahead of Joyce Smith. The future Margaret Baldwin is 5th.

25 years ago in April 1996.

Bill Foster is Club marathon champion as he finishes 22nd, and is fourth Briton, in the London Marathon in 2.22.13.

Blackheath runners raise funds for ROC (Research Into Ovarian Cancer) and South Bromley Hospicecare.

At the Boston Marathon the previous day Roy Smith times 2.28.

Blackheath's youngsters enjoy an emphatic victory at the Parkinson Trophy Meeting at Haringey. Alloy Wilson makes his Club debut and wins the under 17 mens 400 in 52.3, and under 15 Dwayne Grant sets a new best of 6.14 in the long jump. In the under 20s new boy Nick Thomas sets a new best of 14.65 consigning GB number one Marvin Bramble to the B string! The first National Junior Athletics League Premier Division mens match of the season at Waltham Forest sees a win for Blackheath, 17 points ahead of Sale, with Birchfield 3rd, Old Gaytonians 4th, Peterborough 5th and Gateshead 6th. Athlete Of The Match is 18 year old team manager Andy Benn who wins the javelin and hammer.

Bromley Ladies win the Div One South match at Feltham. Individual victories include Lindsey Fleet in the 200 and high jump, Fran Green (800) and Bianca Liston (100 hurdles and long jump).

Beatrice Simpson of Bromley Ladies sets a UK record of 37.48 for the w40 hammer at the Kent Womens League at Norman Park. Her daughter Bianca Liston wins the 100, 200 and 100 hurdles, and Liz Gibbins the long and triple jumps.

Blackheath win the Kinnaird Trophy at Kingsmeadow. Individual wins come from Mensah Elliott (110 hurdles), Nigel Keogh (400 hurdles) and John Marks (2000 steeplechase). The Club finished second in the Sward Trophy for the field events.

After winning the title for the first time in 1995, Blackheath finish 6th in the National 12 Stage relay at Sutton Park. Best performances come from Mark Steinle, 6th on the first leg after injury, and Dave Taylor and Dave Heath who run the fastest times on legs 11 and 12. They are the first Southern team to finish.

Blackheath enjoy an emphatic victory in the first Kent Veterans League match of the season. Shaun Lightman, Peter Hannell and Nolan Simmons produce a clean sweep of victories in the walks with further wins for Dennis Wallington (long jump), Colin Brand (javelin and shot), and Chris Ellis (discus).

A Blackheath team of Spencer Newport, Pat Calnan and Pete Barlow finish second to Kenya in the PUMA Trinomic Grand Prix which incorporates the London 10km Championships at Crystal Palace.

20 years ago in April 2001.

Mark Steinle breaks the Club Marathon record as he times 2.10.46 to finish 6th in the London Marathon and secures automatic selection for the World Athletics Championships in Canada, and the AAA of England title. Five other Club members are under three hours. Natalie Brightwell is first woman in 3.57.20. In the Mini Marathon Blackheath's Chris Place wins the London Boroughs 11-12 year olds boys race with Bromley's Carl Hewson 5th. In the girls race in the same age group Rebecca Taylor and Aimee Boyle are 2nd and 5th respectively. Bromley's Ella Fisher is 7th in the 13-14 year old girls race with Holly Mumford 10th.

Club President Mike Peel continues his unbroken run of London marathon finishes. He has now completed all 21.

Blackheath finish in 5th place in the Wellington Relays in Ostend, Belgium, where the World Cross Country Championships were held the week before.

Blackheath finish a womens team in the Southern 6 stage relay for the first time. The team are Cath Castledine, Hazel Barker, Siobhan Budd, Gemma Viney, Karyn O Mahoney, Jennie Butler. Sadly the men could not finish a team in the 12

stage event, but they are given a discretionary place in the National event where they place 29th. The women finish 26th in the National 6 stage.

It's a good month for Bromley AC as they win the opening Kent Womens League match at Norman Park and the womens first match in the Medway Division of the National Junior Athletics League. Among the winners are Montell Douglas (200 and HJ), Fran Doran (400), Gemma Baker (3000), Katherine Dawson (100H) and Victoria Middleton (TJ).

15 years ago in April 2006

Rob Hall is the Club marathon champion as he finishes 223rd in London in 2.40.38. Four others dip under three hours. Annie McDonough takes the womens title in 3.19.24.

Past President Mike Peel continues his unbroken run of London Marathon finishes. He has completed all 26.

In the mini marathon, Katie Murray wins the 15-17 year old race for the second year in a row.

Scott Overall breaks the Club 5000 metres record with 13.38.19 surpassing James Harrison's 14 year old record by over five seconds.

Blackheath & Bromley win the National Young Athletes League match at Harrow and remain unbeaten in the League since it went joint scoring in 2004. Athlete Of The Match awards go to Dan Putnam, Vanessa Nakangu, Emily Godley and Andrew Jordon.



At the Southern League Division Three match at Deangate the 4X400 team is made up of the Daniel family with Ken joined by sons Chris, Mark and Richard. A busy day for Alex Pope in the Southern League at Kingston where he competes in 7 individual events and the short relay.

10 years ago in March 2011

Kev May is the Club marathon champion as he times 2.52.33 to finish 572nd in the London. One other Club member dips under 3 hours. First woman is Julie Reynolds in 3.24.45.

Past President Mike Peel continues his unbroken run of London marathon finishes. He has now completed all 31.

In the mini marathon, Kate Curran is 3rd in the 13-14 year olds race. Bailey Stickings is 3rd in the 11-12 year olds race.

Adam Gemili makes his Club debut at the Sward and Kinnaird Trophy Meeting at Kingston. The first year under 20 wins the 100 in 10.73 into a minus 1.9 metre per second headwind. He also wins the non scoring 200.

The Club win the Beta Trophy at Lee Valley and so are promoted back to the Alpha Trophy for 2012.