

Blackheath & Bromley Courier

March 2022.

President 2021-22. Nic Corry.

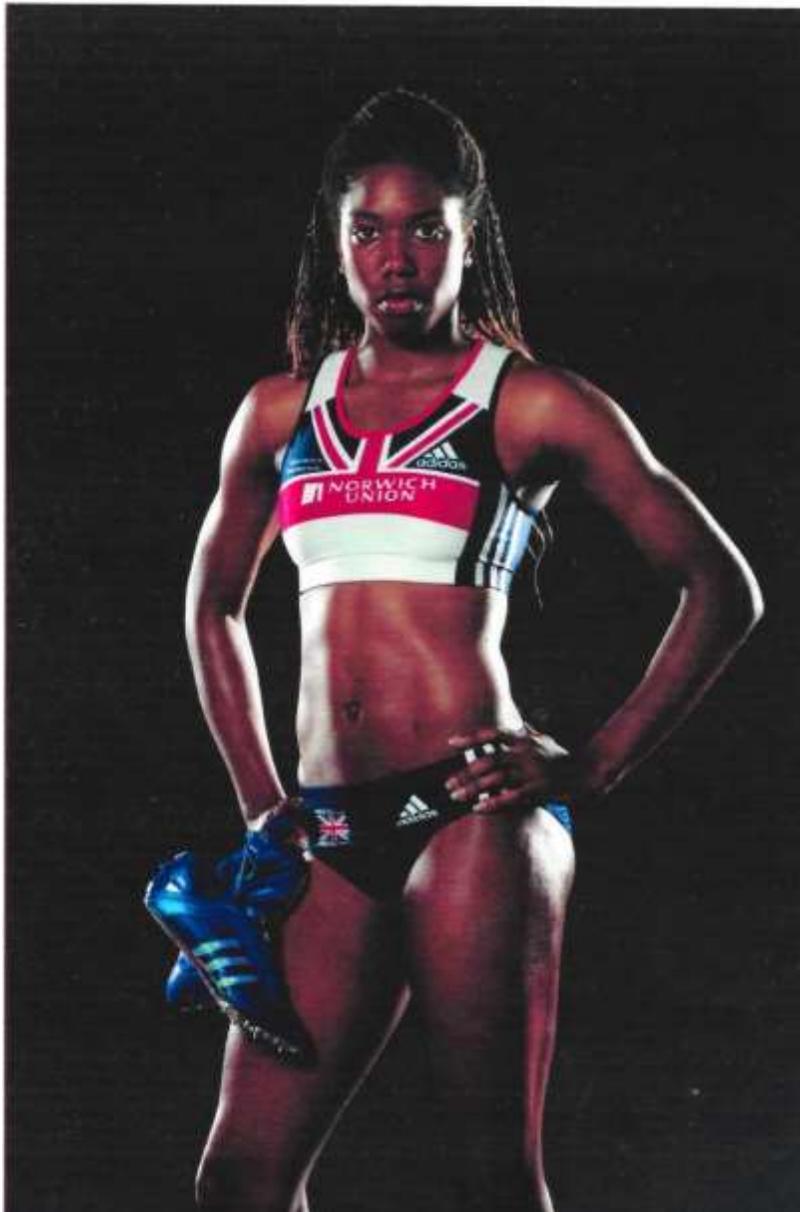
Editor. Pat Calnan (p.calnan@btinternet.com)



19 Consecutive Mob Match defeats. Next match Sunday 13th March v Ranelagh Harriers, Hayes.

Mystic Monty

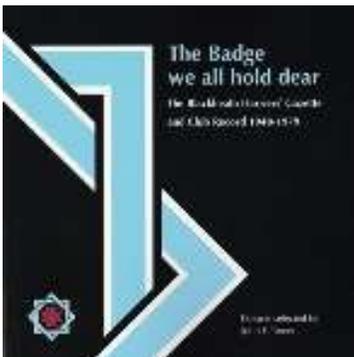
“I want to compete at the Olympics – not the next one, that’s too soon, but I know I’ll be there one day” (Montell Douglas in Athletics Weekly 24/7/02)



**But she didn’t predict she’d be the first British woman to compete at both a Summer and a Winter Olympics.
Congratulations again Montell.**



Fifth home for the Club in the under 13 boys National in 2015 when the scoring four won bronze medals. Seven years on he's in the GB team for the World Indoor Championships, selected for the 4x400 squad. Well done Sam Reardon!



John Turner has produced a follow up to his book “Hurrah for the Squares Entwined” a collection of extracts from the Club Gazette form 1898 to 1948. The second volume is “The Badge We All Hold Dear” and covers the years 1948 to 1979. Signed copies cost £10 with all profits to the Club.

But in 2022..... Is our badge correct?

It is now 20 years since merger negotiations began between Blackheath Harriers, Bromley and Bromley AC. It wasn't easy, but we got there, with agreement on a number of key items. I think we got a lot of things about right, the Club name and kit being important issues. Up until recently I thought we had done the right thing with the Club badge but now I'm not so sure.

For those not clear on the origins of Bromley AC. They had previously been called Bromley Ladies since 1981, shortly after the opening of Norman Park track when Wigmore Ladies agreed to change their name to recognise their connection with the Borough in which their Club home track was based. They began their existence, however, in the early 50s as the womens section of Wigmore Harriers, changing their name to Wigmore Ladies in 1966 when the men became Camden AC.

ATHLETIC CLUBS OF BRITAIN

By JAMES AUDSLEY



WIGMORE HARRIERS

THOUGH they have never claimed an outstanding record as a championship winning club, Wigmore Harriers do proudly claim to be unbeaten in one important athletic quality—club spirit. And, indeed, the spirit must be pretty good, for this club which to-day, in the words of one of its officials, "faces the future with high hopes of success," has been in existence for well over 50 years.

It was as long ago as 1885 that a group of employees of the London firm of Benham and Sons, of Wigmore Street, founded the club which immediately adopted the name it still bears to-day. Mr. Percy Benham became the first President; and headquarters were found at Broadhurst Gardens, Hampstead. Several moves have been made since then, but the Harriers have always remained in the same borough and within easy reach of historic Hampstead Heath.

An early highlight was achieved in the first South of the Thames race, for three Wigmore runners, J. Jones, C. Carter and

J. Grisewood, crossed the river to win the team race for their second claim club, Reindeer Harriers, Jones also winning the individual championship. This race took place on Clapham Common.

Club notables of the pre-world war 1 era included H. Brookes, who was an international, and H. Cook.

The club was disbanded during the first war, but was revived in 1920, with A. Lang, a consistent championship winner, as captain. New blood was discovered, those who made their mark including A. Smith, who won international honours as a steeple-chaser, G. Stratford, Middlesex 6 miles champion, and A. Mayhew, 4th in the A.A.A. Marathon.

The second war caused a second suspension, but, once more, revival was successfully achieved, this time in 1945, under secretary F. Carter. Membership now began to soar, and recent additions have included some promising juniors. On September 8th, 1950, a new venture was begun with the

Continued on Page 13

Athletics Weekly

seven

WIGMORE HARRIERS—contd.

formation of women's section. Still another interesting venture is the club bulletin, "Ere Wigs."

Situated in athletically-minded North London, where many clubs thrive almost on each other's doorsteps, Wigmore—perhaps because their origin may have given the impression that they were in a sense a business house club—have suffered at times by being regarded as a sort of nursery by larger clubs. Traditions and widely accepted beliefs die hard, so it is possible that some traces of this idea still exist to-day. If this is so, Wigmore Harriers would like to serve notice here and now that they are nobody's nursery, but an established—and a long established—club in their own right.

Wigmore's present headquarters are the "Freemason's Arms" on Downshire Hill, which borders Hampstead Heath. There the club has a dressing room with showers and a massage table, and the additional use, when required, of an adjoining enclosure. Members can also use a garage as a gym. Summer headquarters are at Parliament Hill.

Like the headquarters, but unlike the name, Wigmore's colours have undergone changes. Originally sky blue and chocolate hoops, they are now white with maroon and blue bands.

From Athletics Weekly 5/5/51

Wigmore Harriers were formed in 1885 and members were employees of a firm called Benham & Sons in Wigmore Street. They also had a sister Company called Benham & Froud, which had been formed in 1855 to purchase a Company called R and E Kepp. The Kepp company came to prominence in 1821 when they won the contract to replace the orb and cross at the top of St Paul's Cathedral. The Kepps then used the orb and cross as their Company logo. When Benham and Froud took over the Company they retained the logo. An example of the Wigmore badge is shown below. It's not just a cross.



Training Headquarters:
**Crystal Palace National Sports Centre,
& Norman Park, Bromley.**

Club colours: Sky blue & maroon.



It sits on a round object and it seems to me that this is a variation of the Benham logo of the orb and cross which stands on the top of St Paul's Cathedral. An example of the Bromley Ladies headed paper, above, from the late 1980s shows the same design. It was still being used in the 1990s as the Coaching Day picture from 1993 shows.



One of the great joys of our Club courses and local routes is the History attached to them. A long Sunday run could involve running along the footpath which runs around Biggin Hill Airport, such an important air base in the Battle Of Britain. Then there is a stop at Wilberforce Oak, where, in 1788, William Wilberforce resolved to introduce legislation to end the slave trade. Before both these, however, a left turn at the top of Boundary Wood is the place to stop and, on a clear day, view the London skyline with St Paul's Cathedral clearly visible, and appreciate the connection between our Club and this historic building.

The Benham & Froud name has now been resurrected by a Company called Bompas & Parr. The Company make jellies (sensational ones) and "revives the fortunes of the British company, founded in 1785, that once made the 'Rolls Royce of

jelly moulds', all stamped with a signature orb and cross". Perhaps they could be persuaded to produce a replica of the new development at Norman Park.

Bompas & Parr are based in Bermondsey in Grange Yard. Our first Club Secretary in 1869-70 was Frederick H Reed who lived round the corner in Grange Road. It's a small orb we live on.

The above Athletics Weekly cutting was only found after information received from Chris Holloway, archivist at Tipton Harriers, suggested that Wigmore Harriers had a ladies section earlier than 1952. Chris got in touch with us as he was looking for Gazette items on races which had involved Tipton athletes. One event was a Club fixture against Oxford University in 1958. The winner Geoff Eales was a member Tipton. We were able to supply him with a report of the race. Chris is still contact with Geoff who lives in Canada and he sent him a copy. He received the following reply.

"Thank you for the cutting. It brings back several memories.

First, the race itself. I guess I was the cause of the controversy. It was about a third of the way through the race. I was leading and suddenly came to a fork in the path through the woods. There was no person there to direct the runners and I saw no marker for the course and opted for the better-trodden path. As a consequence I lead the leading pack, all Oxford runners, off course. Fortuitously, due to my innate navigational skills, we joined the true course a little while later. I am not sure if the race was declared valid. The main complainer was a retired runner who had held the course record which I had "shattered". Despite all this we had a generally amicable end to the proceedings.

Secondly, several months later in February, I was invited, as captain of the Oxford team, to attend the 90th-year celebration of the founding of the Blackheath Harriers Club. Oxford was so honoured due to the long-standing annual cross-country competition between the two clubs (and despite the recent blemish). The guest speaker at the event was Harold MacMillan, the then Prime Minister, and whose constituency was Blackheath. The banquet was held in a large dining room in the House of Commons. To my surprise they seated me next to a very famous miler by the name of Sydney Wooderson. We had a most enjoyable evening and he graciously signed the menu. (see attached)"



Twenty Five years ago in February 1997, Part one.

It's hard to believe that it is now 25 years since Simon Lloyd suffered horrendous injuries crossing the "mad mile" on February 9th 1997. Just after he had started his run, he was hit by a car. His skull was split open and the front of his brain exposed; his left eye was partially detached; and he suffered multiple broken bones.

The London Air Ambulance landed in Sparrows Den and kept him alive. He was flown to Whitechapel's Royal London Hospital. However, he was not expected to live and remained in a coma for over a week. He endured six hours of brain surgery and numerous operations on various parts of his body. He survived, unlike any of the other patients admitted the same day, no doubt helped by the strength built up from 20 years of involvement in Athletics.

It was a long road to recovery. His fiancée Mari would push him in a wheelchair to West Wickham pool where he did his rehabilitation exercises. He had to learn how to read, speak and write again. Incredibly he made it round the Club 5 that October but there was a long way to go and he received specialist treatment at the medical rehab unit at Headley Court. Simon and Mari were married but sadly Mari died in 2003.

What is he up to now. "I am a UKA Coach L2 and I have been teaching the Athletics coaches who work providing an introduction to Athletics for the neuro diverse. I am also heading up part of the post Pandemic community regeneration programme for the borough aiming to pedestrianise 40% of Westminster roads in three years by providing safe alternative routes to walk and cycle.

In 2017 he was nominated for an award from the City of Westminster in recognition of his work. The award was at a Lords Dinner and was presented by the Cabinet Secretary of State for the Department of Culture Media and Sport who happened to be Matt Hancock before he was promoted by Johnson to the Health portfolio. "I never got that recognition working as an accountant". He was made a Club Vice President in 2004.



Forthcoming Social Events

19/3/22. Club AGM. 5pm. Beccahamian's Rugby Club (Sparrows Den). Who will be the new President?

Forthcoming Fixtures.

March

12/3/22 – CAU Inter Counties, Loughborough

12/3/22 – BMAF Cross Country Championships, Tonbridge.

13/3/22 – Mob Match v Ranelagh Harriers. (The Warren, Hayes)

19/3/22 – ESSA Cross Country Championships, Paddock Wood.

19/3/22 – Closing 5 Mile Cross Country. Beccahamian's Rugby Club (Sparrows Den). Start 2pm

19-20/3/22 – Kent Indoor Championships, Lee Valley. (Entries close 3/3/22).

27/3/22 – South Of England 12/6 stage road relays, Milton Keynes

27/3/22 – South Of England U17 & U15 5km road championships, Milton Keynes.

April

2/4/22 – B&B v Jersey v Guernsey, in Jersey

9/4/22 – ERRA 12 & 6 Stage Road Relays, Sutton Coldfield.

24/4/22 – Youth Development League, Under 20s and Under 17s, Eton.

30/4/22 – Kent Young Athletes League, Erith.

30/4-2/5/22 – BUCS Championships, Bedford.

National Cross Country Championships, Parliament Hill. 26/2/22

A few notes from the highlight of the Winter outdoor season. Well done to our Senior Women on their 10th place and to Mick Keene for all the work he has put in this year. This is the first time they have finished a team in ten years. There is promise for the future. Niamh Bridson Hubbard's 16th was the highest placing since Gillian Stacey won the event in 1993. The Senior Men were well supported with runners but didn't have anyone up the sharp end. They finished in 36th. Strangely since the merger in 2003 their three worst placings have been at Parliament Hill, 53rd in 2006, 44th in 2015 and 36th in 2022. However, their best was also at Parliament Hill, 7th in 2003 with 8^{ths} in 2008 and 2011 both times at Alton Towers. The Under 17 women have now won medals in four of the last six Nationals and have finished in the top ten in the last eight.

In the last decade the Under 15 girls have finished in the top ten every time. This include two wins and four third places. Highest ever individual and team performances

Senior Men. 1. Sydney Wooderson 1948. Team. 1. 1994 and 1995

Senior Women. 1. Gillian Stacey 1993. Team. 8. 2011.

Junior Men. 3. Dan Ayrton 2001. Team. 3. 1993

Junior Women. 6. Niamh Bridson Hubbard 2016. Team. 3. 2018

Under 17 Men. 1. Mark Steinle 1992. Team. 1. 1997 and 1998.

Under 17 Women. 1. Gillian Stacey 1990. Team. 1. 2017.

Under 15 Boys. 4. Phil Sesemann 2008 and Oliver Bright 2018. Team. 4. 2019.

Under 15 Girls. 5. Naomi Kingston 2014. Team. 1. 2014 and 2019.

Under 13 Boys. 2. Rowan Fuss 2016. Team. 3. 2015

Under 13 Girls. 2. Morgan Squibb 2016. Team. 1. 2016 and 2017.

Results.

Five National champions in a month! Congratulations Kelechi Aguocha, Sam Reardon, Megan Barlow, Qi-Chi Ukpai and Charlie Platt. This equals the number of Club members getting disqualified in the Senior Mens 60 metres at the South Of England Indoor Championships, what happened there?!

2/2/22

Newham & Essex Beagles Indoor 2x60 Series. 60. R1. R4. 2. Michael Damoah 6.96. R5. 2. Abdul Rahaman Jolaoso 7.00. R2. R2. 5. Michael Damoah 6.94. R3. 4. Abdul Rahaman Jolaoso 6.97.

London Schools Championships, Wormwood Scrubs. Senior Girls. 1. Lara Mannes 14.46, 7. Kate Price 15.56. **Intermediate Girls.** 1. Fleur Todd Warmoth 13.52, 2. Megan Slattery 15.02, 10. Lara Tunali-Flynn 16.13, 17. Emily Deveney 17.13, 22. Zoe Weiler 17.41, 59. India Amina Smith 21.19. **Junior Boys "B".** 9. Harry Collins Smith 8.31. **Junior Girls "A".** 14. Cristina Gilodi-Johnson 14.17, 20. Jessica Kelly 14.27, 31. Leah Kyriacou 14.56. **Junior Girls "B".** 4. Martha Warner 8.56, 57. Heidi Coulson 10.09.

4/2/22

JDL Camel City Invitational, Winston Salem NC, USA. Women. R2. 6. Sabrina Mannes 1.39.86.

4-5/2/22

New Mexico Collegiate Classic. 60. 6. Amber Anning* 7.45. Ht3. 3. Amber Anning* 7.49. 200. 3. Amber Anning* 23.64.

Charlie Thomas Invitational, College Station TX, USA. Men. 5000. 6. Lewis Mills 15.00.24. **Women.** 60. DQ. Funminiyi Olajide*. Mile. R3. 15. Ava White 5.23.20.

NEICAAA Championships, Boston MA, USA. Women. PV. 3. Lois Warden 3.65.

5/2/22

BUCS Cross Country Championships, Greenford. Men. 8km. 81. Lewis Harknett* 31.06, 108. Angus Harrington 31.45. **Women.** 8K. 11. Niamh Bridson Hubbard 31.46, 71. Zoe White 36.47. 6k. 53. Morgan Squibb 26.23, 71. Amy Leach 26.57.

England Athletics Winter 10,000 and 5000 Race Walk Championships, Leeds. 10000. 6. Abigail Smith 27.15.20.

Run, Jump, Throw Series, inc Masters Grand Prix, Sheffield. 200. Mx2. 4. Michael Damoah 22.46.

Bearcat Invitational, Maryville, MO, USA. Women. 60. R6. 1. Elizabeth Ibidunni 7.77. Ht4. 4. Elizabeth Ibidunni 7.87.

VT Doc Hale Elite Meet, Blacksburg VA, USA. Women. SP. 4. Divine Oladipo 16.16.

Parkruns. Woodhouse Moor. 257. Sally Smith 28.42. **Bromley.** 2. Micah Evans 16.25, 4. Ted Marston 17.58, 11. Tim Ayres 18.43, 28. Austin Adams 20.04, 30. Richard Byford 20.17, 37. Elizabeth Regan 20.35, 65. Jason Meers 21.13, 72. Robert Whyte 21.26, 122. Alex Pope 23.05, 142. Madeleine Marston 23.37, 198. Stuart Cullum 24.57, 203. Andy Tucker 25.00, 366. Jackie Montgomery 28.16, 398. Mick Keene 29.04. **Bexley.** 298. Zoe Kingsmell 34.32, 302. George Collins 34.35. **Greenwich.**

37. Steve Pairman 24.57, 98. Julia Pairman 29.54. **Brockwell park.** 48. James Morris 21.43. **Beckenham Place park.** 6. Clayton Aves 19.01, 14. Tim Nash 20.36, 33. Paul Kerekgyarto 22.32, 54. David Beadle 24.09, 105. Iain Swatton 26.52.

Crystal Palace. 65. Rod Harrington 21.22. **Orpington.** 14. Adrian Perry 23.35, 18. Kyla Dervish 23.50, 37. Gregory Firth 24.58, 40. Robert Perry 25.01, 109. Karen Desborough 34.10. **Homewood.** 26. Zoe Fazackerley 26.06. **Lanhydrock.** 6. Richard Daniels 23.42. **Peckham Rye.** 97. John Turner 24.43. **Dartford.** 1. Blair Wilson 18.44. **Penrose.** 36. James Perry 24.46.

Exmouth. 136. Bob Minting 27.05. **Clapham Common.** 132. Jessica Keene 21.55. **Millfield.** 45. Nick Swatton 26.05. **Sutcliffe park.** 12. Steve Evenden 19.02, 88. Barry Wetherilt 26.23. **Swanley.** 19. Mike Simms 24.26.

5-6/2/22

Southern Senior and Under 20 Indoor Championships, Lee Valley. Senior Men. 60. DQ. Kieran Daly. SF1. 2. Kieran Daly 6.81. SF2. DQ. Korede Awe*. SF4. DQ. Brandon Murray. Ht1. 3. Abdul Rahaman Jolaoso 7.04. Ht4. DQ. Chizute Ogbedeh. Ht5. 5. Matthew Knight 7.22. Ht6. DQ. Rhys Francis. Ht7. 1. Brandon Murray 6.81. Ht8. 1. Kieran Daly 6.92. Ht10. 2. Korede Awe* 6.92. 400. SF2. DQ. Bailey Stickings. Ht3. 2. Bailey Stickings 49.46. 60H. 1. Ethan Akanni* 7.94. Ht1. 1. Ethan Akanni* 7.97, 4. Rico Cottell 8.30. Ht3. 5. Theo Adesina 8.72. HJ. 2. Harrison Thorne 1.95, 3. Theo Adesina 1.95. **Senior Women.** 60. 5. Modupe Shokunbi 7.62. SF1. 3. Modupe Shokunbi 7.60. Ht3. 2. Modupe Shokunbi 7.68. 200. Ht2. 2. Chanelle Cole 26.31. 400. Ht3. 5. Chanelle Cole 61.80. 800. 2. Kelsi Cornish 2.20.38. 60H. R1. 1. Annie Davies 8.35. R2. 1. Annie Davies 8.36, 7. Zoe Austridge 9.13. HJ. 1=. Deborah Martin* 1.70. TJ. 4. Jade Oni 11.94. PV. 7. Sophie Dowson 3.60, 13. Holly Platt 2.70. **Under 20 Men.** 60. 1. Jeriel Quainoo 6.75. SF2. 2. Jeriel Quainoo 6.74, 4. Charles Nortey 6.91. Ht1. 1. Jeriel Quainoo 6.88. Ht4. 1. Charles Nortey 7.04. 400. 5. Michael Uzozie 52.03. Ht1. 2. Michael Uzozie 51.78. 800. 1. Sam Reardon 2.01.57, 6. Matthew Smith 3.15.01. Ht3. 1. Sam Reardon 1.53.16, 3. Matthew Smith 1.58.29. TJ. 2. Toby Dronfield 14.09. PV. 3=. Barnaby Corry 4.10. SP. 2. Dillon Claydon 15.42. **Under 20 Women.** 60. 7. Tyra Khambai-Annan 7.81. SF1. 6. Kaliyah Young 8.04. SF2. 4. Tyra Khambai-Annan 7.71. Ht2. 2. Tyra Khambai-Annan 7.74. Ht4. 4. Kaliyah Young 8.07. 400. 4. Zakia Mossi 58.27. Ht1. 5. Kelsey Pullin 63.20. Ht3. 1. Zakia Mossi 59.58. 800. 1. Amarisa Sibley 2.11.15. Ht1. 3. Lily Meers 2.20.07. Ht2. 1. Amarisa Sibley 2.12.39. LJ. 8. Rachel Ilori 4.10. TJ. 1. Amelia Gray* 12.11. SP. 2. Cleo Agyepong 12.91.

Loughborough Indoor Open. Men. 60. R1. R4. 1. Jak Mensah 7.02. R2. R2. 4. Jak Mensah 6.97. HJ. C. 1. Kelechi Aguocha 2.09. PV. A. MX. 11. Eleanor Barrett (U23W) 3.05. TJ. B. 5. Eniola Afolabi 12.29.

6/2/22

Great Bentley Half Marathon. 6. Roger Vilardell 74.02 (74.01), 445. Kate Garrett 2.01.04 (2.00.44).

7/2/22

South Carolina Invitational, Columbia, SC, USA. 400. R1. 2. Maya Bruney 54.91.

9/2/22

Lee Valley Middle Distance Open. 800. MX5. 6. Lily Meers (U20W) 2.19.02. MX7. 4. Tallulah Ndikanwu (U17W) 2.24.41. MX9. 1. Emily Deveney (U17W) 2.30.91. 1500. MX3. 2. Harry Fage (U17M) 4.43.40, 5. Hannah Clark (U20W) 4.53.20.

11/2/22

Tiger Paw Invitational, Clemson SC, USA. HJ. 7. Rebecca Hawkins* 1.77.

Howie Ryan Invitational, Houston TX, USA. Men. 800. R4. 5. Declan Neary* 1.54.73. Mile. R2. 1. Declan Neary* 4.11.14.

Women. 800. R2. 2. Ava White 2.22.40. R3. 2. Yasmin Austridge 2.10.78.

Darius Dixon Memorial Invitational, Lynchburg VA, USA. Women. 800. R6. 3. Sabrina Mannes 2.20.47.

11-12/2/22

Tyson Invitational, Fayetteville, USA. 200. R14. 1. Amber Anning* 23.27. 400. R1. 1. Amber Anning* 52.07.

Texas Tech Shootout, Lubbock TX, USA. 60. Q3. 3. Funminiyi Olajide* 7.76. LJ. 5. Funminiyi Olajide* 6.03.

Husky Classic, Seattle WA, USA. 800. R2. 3. Joe Rogers* 1.52.60.

David Hemery Valentine Invitational, Boston MA, USA. Women. 400. Race C. 3. Holly Mpassy 56.09.

12/2/22

Vaxjo International Throws, Sweden. Women. DT. 12. Zara Obamakinwa 42.01. JT. 1. Bekah Walton 49.46, 3. Lauren Farley 46.76.

Kent League, Norman Park. Senior Men. 14. Micah Evans 26.32, 18. Dan Kennedy 26.59, 20. Alex Gibbins 27.00, 25. Rob Donohue 27.35, 31. Fintan Parkinson 27.50, 36. Luca Ercolani 28.17, 51. Darren Corneille 29.17, 56. Blair Wilson 29.45, 59. Gregory Firth 29.54, 69. Simon Harris 30.32, 83. Pierre Guillaume 31.21, 95. Ian Scott 31.43, 99. Steve Hough 31.59, 103. Chris Tuck 32.11, 145. Paul Sharpe 34.36, 148. Richard Byford 35.04, 164. Steve Pairman 36.14, 169. William Brindley 36.46, 171. Michael Neal 36.56. **Teams. 4 to score.** 3. B&B 77. Overall. 3. B&B 65 league points, (4 matches) (338 match points). **12 to score.** 3. B&B 557. Overall. 4. B&B 22 (4) 2510. **Senior Women.** 2. Andrea Clement 29.56, 6. Morgan Squibb 30.50, 7. Carole Coulon 30.54, 16. Ashley Pearson 32.49, 19. Jennie Butler 33.08, 43. Sarah Belaon 35.38, 93. Kate Garrett 44.40. **Teams. 3 to score.** 1. B&B 15. Overall. 12. B&B 42 (3) (106). **6 to score.** 2. B&B 93. Overall. 11. B&B 7 (1) (93).

Music City Challenge, Nashville TN, USA. Women. 800. R1. 3. Katy Ann McDonald 2.03.73. SP. 5. Divine Oladipo 16.91.

Parkruns. Black Park. 29. James Perry 21.30. **Bromley.** 3. George Shaw 16.50, 7. Ted Marston 17.08, 14. Clayton Aves 18.16, 21. Tim Ayres 19.25, 56. Paul Kerekgyarto 21.17, 59. Robert Whyte 21.21, 61. Lydia Marston 21.27, 116. Madeleine Marston 23.35, 148. Ian Montgomery 24.29, 152. Stuart Cullum 24.37, 153. Damian Hayes 24.38, 242. Graham Coates 27.23, 245. Mick Keene 27.29, 251. Jackie Montgomery 27.37, 263. Sally Smith 28.05. **Beckenham Place park.** 75. Nigel Wood 25.08, 109. Iain Swatton 26.32. **Nonsuch.** 456. Zoe Kingsmill 31.39. **Crystal Palace.** 21. James Morris 21.46. **Colchester Castle.** 8. Steve Cooper 19.27. **Cannon Hill, Birmingham.** 11. Ross Braden 17.23. **Lymington Woodside.** 26. David Beadle 23.22. **South Norwood.** 7. Arthur Starvis 18.21. **Eden Project.** 19. Rod Harrington 21.07. **Hoblingwell.** 2 Austin Adams 21.05, 59. David Appleton 34.19. **Orpington.** 5. Cameron Kelly-Gordon 20.48 (1st woman), 14. Harry Keene 22.44, 19. Kyla Dervish 23.11, 54. Dave Leal 26.51. **Homewood.** 37. Zoe Fazackerley 25.38. **Dartford.** 28. John Turner 25.12, 113. Maz Turner 33.32. **Penrose.** 1. Robert Perry 17:29, 143. Adrian Perry 39.27. **Exmouth.** 70. Bob Minting 24.14. **Bethlem Royal Hospital.** 5. Nick Barber 23.43, 7. James Unwin 24.30, 13. Mike Simms 26.02. **Sutcliffe park.** 64. Barry Wetherilt 24.45. **Charlton.** 48. Peter Hamilton 24.00.

Enfield League. 5 Mile Walk. 17. David Hoben* 60.07.

12-13/2/22

England Athletics Under 20, Under 17 and Under 15 Championships, Sheffield. Under 20 Men. 60. 4. Jeriel Quainoo 6.82. SF3. 2. Jeriel Quainoo 6.84. Ht2. 1. Jeriel Quainoo 6.91. Ht8. 4. Clayton Jacinto 7.13. 400. 1. Sam Reardon 47.74, 5. Pablo Seema Roca 49.39. SF1. 1. Sam Reardon 48.57, 3. Pablo Seema Roca 49.50. Ht1. 1. Sam Reardon 48.63. Ht2. 1. Pablo Seema Roca 49.65. TJ. 4. Toby Dronfield 14.40. PV. 9. Barnaby Corry 4.00. SP. 4. Dillon Claydon 15.78. **Under 20 Women.** Ht1. 3. Amarisa Sibley 2.14.44. SP. 2. Cleo Agyepong 12.86. **Under 17 Men.** 60. SF2. 7. Issah Abdulkarim 7.45. Ht1. 3. Issah Abdulkarim 7.28. 400. Ht1. 5. Nathan Firla 53.15. PV. 4. Oscar Witcombe 3.85. **Under 17 Women.** 60. 2. Faith Akinbileje 7.52. SF2. 1. Faith Akinbileje 7.56. Ht2. 1. Faith Akinbileje 7.64. 200. 2. Faith Akinbileje 23.96. Ht1. 1. Faith Akibileje 24.62. **Under 15 Boys.** PV. 1. Charlie Platt 3.35. **Under 15 Girls.** 300. 5. Alyssa Firla 43.15. Ht1. 2. Alyssa Firla 42.76. 800. 1. Megan Barlow 2.15.22. 60H. SF1. 5. Alyssa Firla 9.56. Ht4 3. Alyssa Firla 9.54. HJ. 1. Qi-Chi Ukpai 1.64. LJ. 5. Qi-Chi Ukpai 4.94.

13/2/22

Sutcliffe Indoor 60s. Men. R1. R2. 1. Brandon Murray 6.83, 4. Kieran Daly 6.88. R3. 4. Abdul Rahaman Jolaoso 6.99. R4. 3. Rhys Francis 7.15. R5. 5. LJ Wright 7.30. R10. 2. Marley Byfield (U17M) 7.65. R14. 1. Daniel Jenkins (U17M) 8.14. R2. R2. 2. Brandon Murray 6.81, 6. Kieran Daly 6.89. R3. 5. Adbul Rahaman Jolaoso 6.96. R4. 2. Rhys Francis 7.03. R9. 1. Marley Byfield 7.61. R12. 1. Daniel Jenkins 8.13. **Women.** R1. R1. 3. Annie Davies 7.67. R2. 2. Tianna Haynes (U20W) 7.77. R3. 3. Emily Kerr (U20W) 8.07, 5. Nina Whitter (U17W) 8.12. R6. 2. Louisa Vallins (W40) 8.53. R9. 1. Chizam Boniface (U15W) 8.24. R2. R1. 4. Annie Davies 7.65, 6. Tianna Haynes 7.83. R3. 2. Nina Whitter 8.03, 4. Emily Kerr 8.07. R4. 5. Chizam Boniface 8.27.

Ashford & District 10km. 255. David Hoben* 75.00.

Essex and Eastern Championships, Lee Valley. 1500. 1. Lewis Harknett* 4.09.47.

16/2/22

BMC Indoor Races, Lee Valley. Men. 800. A. 1. Sam Reardon 1.48.81. **Women.** 800. A. 4. Zakia Mossi 2.10.47. C. 1. Cameron Kelly Gordon 2.17.66, 3. Kelsi Cornish 2.18.83.

Newham & Essex Beagles Indoor 2x60. 60. R1. R3. 1. Jodie Self* 8.03. R12. 2. Luke Dorrell* 6.78. R14. 2. Abdul Rahaman Jolaoso 6.89. R2. R7. 4. Luke Dorrell* 6.78. R8. DQ. Abdul Rahaman Jolaoso.

18-20/2/22

BUCS Indoors, Sheffield. Men. 60. Korede Awe* 6.73. SF3. 1. Korede Awe* 6.76. SF4. 4. Michael Damoah 7.02. Ht2. 1. Korede Awe* 6.81. Ht8. 4. Chizute Ogbedeh 7.19. Ht12. 3. Michael Damoah 7.00. 200. SF3. 3. Michael Damoah 22.24. Ht3. 4. Chizute Ogbedeh 23.08. Ht11. 1. Michael Damoah 22.34. 400. SF3. 3. Coleman Corry 51.43. SF5. 2. Henry Fisher 48.88. Ht7. 3. Coleman Corry 51.82. Ht10. 1. Henry Fisher 50.12. 800. SF3. 4. Angus Harrington 1.54.38. Ht7. 1. Angus Harrington 1.56.69. 60H. 5. Rico Cottell 8.25. HT1. 5. Theo Adesina 8.78. HT3. 2. Rico Cottell 8.21. HJ. 1. Kelechi Aguocha 2.17. Q1. 1=. Kelechi Aguocha 1.93. LJ. Q1. 7. Theo Adesina 6.52. **Women.** 800. Ht4. 6. Kelsi Cornish 2.24.24. HJ. 9. Danielle Hopkins 1.63. Q2. 5=. Danielle Hopkins* 1.63. TJ. 7. Karina Harris 11.76. Q2. 3. Karina Harris 11.55. PV. P2. 5= Holly Platt 2.80. SP. Q1. 7. Danielle Hopkins* 11.05.

18-19/2/22

WAC Indoor Champs, Albuquerque, NM, USA. Men. Mile. 4. Declan Neary* 4.15.36, 5. Lewis Mills 4.15.48. Ht1. 3. Declan Neary* 4.16.50. Ht2. 2. Lewis Mills 4.19.46. 3000. R2. 14. Lewis Mills 9.07.88. **Women.** Mile. 7. Yasmin Austridge 5.03.90. Ht1. 2. Yasmin Austridge 5.01.72. 3000. 19. Yasmin Austridge 10.55.38.

Heart Of America Championships, Maryville, MO, USA. 60. 3. Elizabeth Ibidunni 7.76. Ht1. 1. Elizabeth Ibidunni 7.76. 200. R5. 2. Elizabeth Ibidunni 25.31. 400. R4. 1. Elizabeth Ibidunni 58.44.

19/2/22

Virginia Tech Challenge, Blacksburg VA, USA. Women. 200. R3. 1. Holly Mpassy 25.04. HJ. 1. Rebecca Hawkins* 1.71.

Margaret Bradley Invitational, Chicago, IL, USA. 60. 1. Myles Xavier 6.99. Ht1. 1. Myles Xavier 7.06.

JDL/DMR Invitational, Winston-Salem NC, USA. 800. R2. 2. Sabrina Mannes 2.21.37.

Parkruns. Bromley. 3. Daniel Kennedy 16.10, 5. Rob Donohue 16.46, 6. Joseph Scanes 16.47, 8. Cristian Clement 17.29, 9. Morgan Squibb 17.36 (1st woman), 10. Niamh Bridson Hubbard 17.36, 12. Hannah Clark 17.49, 15. Roger Beswick 18.33, 18. Liberty Whyte 19.00, 28. Cameron Kelly Gordon 19.41, 30. Tim Nash 19.43, 35. William Spurle 20.11, 38. Robert Perry 20.20, 42. Tuan Tran 20.35, 48. Amelie Willars 20.57, 55. Ashley Pearson 21.12, 57. Rowan Pearson 21.14, 59. Robert Whyte 21.18, 63. Sophie Tran 21.30, 77. Caitlin Hough 22.00, 99. Ryan Tran 22.41, 102. Damian Hayes 22.46, 109. Graeme Lugar 23.02, 138. Freya Pearson 23.57, 294. Graham Coates 28.08, 469. Adrian Perry 35.43. **Bexley.** 61. Chris Pike 25.37. **Greenwich.** 20. Steven Pairman 22.55, 110. Julia Pairman 30.04. **Beckenham Place park.** 3. Clayton Aves 19.07, 11. Isla Spink 20.34, 28. Rod Harrington 21.44, 73. Nigel Wood 25.16, 109. David Beadle 27.29, 144. Zoe Kingsmill 29.14, 197. David Appleton 34.03. **South Norwood.** 9. Alfie Fletcher 20.48. **Riddlesdown.** 22. Mark Ellison 24.52, 55. Anne Cilia 29.31. **Hilly Fields.** 79. James Morris 23.27. **Orpington.** 21. Kyla Dervish 24.23, 30. Carys Firth 25.05, 106. Karen Desborough 35.37. **Dartford.** 42. John Turner 25.23, 132. Maz Turner 33.57. **Northallerton.** 25. Nick Swatton 26.14. **Lullingstone.** 5. Austin Adams 23.06. **Exmouth.** 48. Bob Minting 24.00. **Foots Cray Meadows.** 28. George Collins 28.29. **Bethlem Royal Hospital.** 20. James Unwin 24.27, 30. Mike Simms 26.35. **Hunstanton Promenade.** 82. Mick Keene 36.07. **Sutcliffe.** 4. Darren Corneille 18.01, 7. David Adams 18.30, 77. Barry Wetherilt 24.59, 114. Sally Smith 27.29. **Mile End.** 359. David Hoben* 34.38.

20/2/22

Zurich Maraton de Sevilla. 65. Ross Braden* 2.16.50 (2.16.48), 113. Rose Harvey* 2.27.20 (2.17.17), 240. Steph Davis* 2.37.41 (2.37.38).

Deal Half Marathon. 5. Blair Wilson 83.06 (83.05), 187. Dave Leal 2.02.49 (2.02.38), 189. John Turner 2.03.34 (2.03.22).

City Of Birmingham Games. 60. R1. 3. Luke Dorrell* 6.88. 200. R1. 2. Luke Dorrell* 21.40.

NEC Championships, Staten Island, NY, USA. PV. 1. Lois Warden 3.70.

Conference USA Indoor Championships, Birmingham, AL, USA. Mile. Ht1. 7. Ava White 5.09.40. 3000. Ht1. 13. Ava White 10.41.42.

22/2/22

World Athletics Indoor Tour Gold, Torun, POL. 60H. Ht1. 5. Ethan Akanni* 7.98.

23/2/22

RunThrough Battersea Park Chase The Moon 5k. 15. Darren Corneille 18.04 (18.01).

25/2/22

ACC Indoor Champs, Blacksburg, VA, USA. Women. HJ. 2. Rebecca Hawkins* 1.78.

AAC Indoor Champs, Birmingham, AL, USA. Women. 60. Ht3. 5. Funminiyi Olajide* 7.82. LJ. B. 2. Funminiyi Olajide* 6.11.
Last Friday Of The Month 5k, Hyde Park. 141. David Hoben* 31.46.

25-26/2/22.

SEC Indoor Championships, College Station, TX, USA. 300. 3. Amber Anning* 37.16. 400. R1. 4. Amber Anning* 51.87. Ht4. 1. Amber Anning* 52.54. 800. 2. Katy Ann McDonald 2.02.85. Ht1. 1. Katy Ann McDonald 2.04.02. SP. B. 2. Divine Oladipo 17.63.

26/2/22

ECCA Saucony English Cross Country Championships, Parliament Hill Fields. Senior Men. 55. Graham Rush* 45.14, 267. Lewis Harknett* 49.07, 310. Dan Kennedy 49.42, 330. Alex Gibbins 50.10, 337. Tom Desborough 50.16, 475. Luca Ercolani 52.21, 553. Rob Donohue 53.21, 627. Fintan Parkinson 54.11, 723. Gregory Firth 55.39, 756. Darren Corneille 56.02, 1001. Roger Beswick 59.29, 1081. Martin Parkinson 60.35, 1301. Steve Hough 63.45, 1333. Chris Tuck 64.10, 1673. Rod Harrington 70.20, 1745. Tim Ayres 71.37, 1750. Richard Byford 71.41. Teams. 36. B&B 2632. **Senior Women.** 8. Jennifer Walsh* 30.09, 16. Niamh Bridson Hubbard 30.56, 40. Andrea Clement 32.23, 130. Amy Leach 35.16, 152. Carole Coulon 35.34, 567. Amber Reed 44.03. Teams. 10. B&B 338. **Under 20 Men.** 118. Tom Brash 38.54, 183, Callum Horton 43.35. **Under 20 Women.** 43. Naomi Toft 28.05, 51. Zoe White 28.26, 55. Ailbhe Barnes 28.35. **Under 17 Men.** 93. Miles Brown 24.28, 129. George Shaw 25.10, 159. Ted Marston 25.34, 161. Thomas Sugden 25.36. Teams. 14. B&B 542. **Under 17 Women.** 34. Lara Mannes 21.29, 44. Liberty Whyte 21.45, 57. Carys Firth 22.03, 61. Hannah Clark 22.12, 101. Kate Price 22.58, 124. Olivia Magee Brown 23.29, 149. Lily Meers 24.17, 199. Amelie Willars 25.58. Teams. 3. B&B 196. **Under 15 Boys.** 45. Jasper Brooks 15.52, 71. Alexander Middleton 16.17, 123. Franco Hillier 16.49, 189. Mark Constable 17.28, 190. Harry Fage 17.28, 315. Tane Chambers 18.46, 404. Ryan Tran 21.56. Teams. 14. B&B 429. **Under 15 Girls.** 32. Megan Barlow 18.05, 64. Megan Slattery 18.43, 102. Cristina Gilodi-Johnson 19.17, 109. Isla Spink 19.21, 112. Lara Tunali-Flynn 19.23, 173. Jessica Kelly 20.17, 187. Amie Gould 20.34, 249. Eva Chambers 21.24 259. Kyla Dervish 21.43, 262. Emily Deveney 21.48, 284. Islay Pearson 22.14, 295. Molly Shaw 22.28. Teams. 8. B&B 307. **Under 13 Boys.** 12. Joseph Scanes 12.16, 69. Joseph Hill 13.09, 95. James Shaw 13.23, 114. Alfie Whitelock 13.35, 254. Ben O'Grady 14.44, 256. Oliver Ward 14.45, 272. Sam Barlow 14.59, 279. Jacob D'Cruze Howarth 15.03, 347. Oscar Pickering 16.06, 356. Isaac Evans 16.21. Teams. 8. B&B 290. **Under 13 Girls.** 43. Isabel Pauling 13.40, 46. Niamh Stanley 13.44, 68. Niamah Mossi 13.54, 75. Sophie Fleming 13.58, 88. Charlotte Bloodworth 14.14, 114. Lily Bridgeman 14.32, 163. Beth Regan 15.01, 165. Leah Kyriacou 15.02, 168. Kara Bryan 15.04, 171. Sophie Tran 15.06, 172. Angelina Mernaka 15.07, 178. Hissa Al Faisal 15.10, 222. Rowan Pearson 15.35, 236. Lydia Marston 15.42, 325. Ariana Jenner-Heard 16.43, 352. Abbie Lee 17.31, 360. Mariana Caceres 18.00. Teams. 5. B&B 232.

Mountain West Champs, Albuquerque, NM, USA. 8. Joe Rogers* 1.53.27. Ht2. 3. Joe Rogers* 1.52.35.

Parkruns. Bromley. 1. Robert Perry 16.03, 4. Arthur Starvis 17.14, 17. Micah Evans 18.36, 65. Steve Evenden 21.21, 76. Sarah Belaon 21.42, 85. Damian Hayes 21.59, 139. Stuart Cullum 23.58, 183. Andy Tucker 24.58, 263. Jackie Montgomery 27.11, 372. Adrian Perry 30.20. **Bexley.** 52. Chris Pike 24.41. **Kingsway, Gloucester.** 74. Zoe Kingsmill 28.05. **Frimley Lodge.** 71. Bob Minting 24.36. **Town Moor.** 134. Peter Hamilton 24.10. **Beckenham Place park.** 5. Clayton Aves 18.56, 9. David Adams 19.49, 29. David Beadle 21.32, 125. Iain Swatton 27.35, 169. Bernard Wilson 30.38. **Cannon Hill, Birmingham.** 24. Millie Smith 19.15. **Riddlesdown.** 21. Mark Ellison 24.37, 53. Anne Cilia 29.05. **Hoblingwell.** 2. Austin Adams 21.17. **Orpington.** 18. Harry Keene 23.23, 110. Karen Desborough 34.30. **Southwark.** 67. James Morris 22.18. Clapham Common. 149. Jessica Keene 23.12. **Foots Cray Meadows.** 19. George Collins 26.54. **Sizewell.** 1. Blair Wilson 19.02. **Bethlem Royal Hospital.** 9. James Unwin 25.23, 22. Sally Smith 30.15. **Alton Water.** 1. Steve Cooper 19.51.

26-27/2/22

UK Indoor Championships, Birmingham. Senior Men. 60. SF1. 7. Kieran Daly 6.91. SF2. 5. Korede Awe* 6.78. Ht1. 4. Brandon Murray 6.90. Ht5. 3. Kieran Daly 6.89. Ht7. 2. Korede Awe* 6.80. 400. 3. Sam Reardon 47.01. SF2. 2. Sam Reardon 46.72. Ht5. 1. Sam Reardon 48.14. 60H. Ht2. 4. Rico Cottell 8.45. HJ. 1=. Kelechi Aguocha 2.13. Heptathlon. 6. Theo Adesina 4828. (60 – 7.27, 1000 – 2.56.23, 60H – 8.61, HJ – 1.87, PV – 3.75, LJ – 6.70, SP – 10.63). **Senior Women.** 60. Ht6. 4. Modupe Shokunb 7.74. 60H. 7. Annie Davies 8.39. Ht2. 3. Mallory Cluley 8.59. Ht4. 2. Annie Davies 8.31. 3000 Walk. 8. Abigail Smith 16.13.72. LJ. 2. Jahisha Thomas 6.45. PV. 13. Sophie Dowson 3.60.

27/2/22

UK Winter Long Throws Championships, Loughborough. Women. DT. 5. Zara Obamakinwa 49.45. JT. 1. Bekah Walton 55.68, 7. Hollie Arnold 40.26.

100 years ago in February 1922

The Gazette records the Valentine's Dance. "From every point of view the dance, held in aid of Club funds, at St Peter's Hall, Brockley, on Feb 14, was a colossal success....there was a record attendance of 185, of which at least 60 were actual members, the remainder being their ladies and friends...the immediate words of an older member who said to us that "there has never been anything in the history of the Club to surpass the splendour and gaiety of this evening" seemed to us to fairly meet the case...Already the idea is mooted of having a similar affair, but on an even larger scale, at Blackheath Concert Hall.."

The Club finish 10th at the Southern Counties Cross Country Championships at Uxbridge. SLH are 3rd, Orion 5th and Ranelagh 8th. "About 50 hungry souls afterwards invaded "The Chequers", an old world inn."

"The twenty-third annual race for the Rowland Challenge Cup was held in brilliant sunshine...Owing to a miscalculation, what should have been a ten miles course was found to be not much over eight and a half, and... something of a sensation was caused by the unexpectedly early arrival of the first man A. C. Telfer". "After the race the Cup and prizes were presented by Original Member and Vice-President W Rowland... After "grub" had been satisfactorily disposed of, J. P. Amis was installed at the piano"

75 years ago in February 1947.

The Rowland 10 Mile race takes place in appalling conditions. "Be it noted that there were a few who quite inexcusably lost the trail... There has been a lot too much of this trail-losing recently. Members should learn to keep their eyes open. An experienced runners should practically never suffer in this way." The race is won by Gordon Monshall. In the evening it's Farmers Night.

The Annual Club Dinner takes place at the Bridge House Hotel with around 150 in attendance. Among the guests is Lord Burghley who toasts the Club. "He emphasised that the greatness of our Athletics was due to the Clubs, and went on to give us some information about the preparations which were being made for the Olympic Games....and finally wished to couple with the toast the name of our President and his modesty. Sydney had shown us not only how to win races but also how to behave as a great sportsman." Also in attendance is former Olympic champion and BBC commentator Harold Abrahams. As well as speaking he "had brought along records of the sound -track of his commentary on Wooderson's 5000 metres run at Oslo. It was a fine commentary. Even those who heard the original got quite worked up while those who had not heard it before nearly got heart failure. Sydney, be it noted, appeared quite unmoved throughout"

The Southern Cross Country Championships take place at Ascot in freezing conditions. Sydney Wooderson is first home for the Club in 5th place and as for the team race... "the occasion was historic. For the third time in its history and the first time since 1891, the Club was placed in the Southern". The team win bronze medals, one point clear of fourth placed Reading.

50 years ago in February 1972

For the second time in three years the Senior Men finish in third place in the Southern Counties Cross Country Championships. On a wet and muddy Parliament Hill, Ian Wilson leads the team home in 11th place with Joe Clare 18th, Bob Richardson 27th, John Baldwin 30th, Peter Horwood 66th and Chris Haines 73rd. There is good news in the Youths race as well where Richard Coles, who is a year young, finishes in 4th place.

Blackheath win team silver medals in the over 50s race at the Veterans National Cross Country Championships at Stoke On Trent. First home is Gordon Monshall in 20th, with Albert Keepax 25th and Bill Lake 30th. Albert Keepax is the second over 60 to finish. "It is worth noting that Roger Smith, whose sixtieth birthday was the very next day, was our fourth man home. Had he been a day older he would have been third in the over 60s race."

The power crisis causes the cancellation of suppers for three weeks in February.

It is reported that Past President Cyril Starnes, who joined in 1906, is pleased with his membership of the 200 Club. He wins the top prize of £25 at the February draw. His number has now come up three times!

March 11th 1972 Vol. 26 No. 11

athletics

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

**Special "National"
Results Issue**



10p

Leaders early in
Women's National:
from left—Margaret
Beacham, Rita Hadley
(1st), Betty Price,
Margaret Coomber
(2nd), Christine
Haskett (3rd)

Bukta

STYLED FOR ACTION!

SHORTS, VESTS AND TRACK SUITS

As supplied to the Commonwealth and Olympic Games

All popular colour combinations, a wide range of fabrics. Get your free copy of the Games and Athletics brochure in full colour from your local outlet or from Bukta, Brinkway, Stockport, enclosing 25p stamp to cover postage.

Battle of the Margarets

The womens National Cross Country Championships takes place at High Wycombe and this cover from Athletics Weekly shows two athletes with a Club connection. On the left is Margaret Beacham (78) who in 1971 set a World Indoor Best in the 1500 metres. Margaret joined Wigmore Harriers in the 1960s. She switched to Barnet in 1967 but remained Wigmore second claim. To the right is Past President Margaret Baldwin in action for Cambridge Harriers. She finished second in the

race leading Cambridge to team gold, and in the Summer represented Great Britain at the Olympic Games. Margaret Beacham slipped back to 35th by the finish but helped Barnet to bronze medals in the team race.

25 years ago in February 1997, part two

Debbie Marti breaks the UK womens indoor high jump record at the BUPA Indoor Grand Prix in Birmingham with clearance of 1.95. The record has stood since 1982 though Debbie did equal this in 1991.

Pete Barlow wins the Club 10 (the Rowland Cup) in 58.42.

Spencer Newport is 24th in the IAAF Cross Country Meeting at Tourcoing, while Chris Moss is 5th in the Junior Mens race. Blackheath finish in 9th place in the National Cross Country Relays at Mansfield with a team of Dave Heath, Mark Steinle, Spencer Newport and Liam Bulson. Spencer Newport's 15.05 is one second off the quickest time of the day. The Under 15 girls team of Katie Lucht, Zoe Morrell and Gemma Viney finish 8th.

Michael Skinner wins the Under 17 Mens race at the Kent Young Athletes League at Paddock Wood with Lee Cooper second and Matt Lucht third. The Under 13 Boys team win the League for the fourth year running. Blackheath are overall winners. At the World Indoor Trials, Julian Golding is second in the 200 in 20.90.

At the AAAs Under 20, Under 17 and Under 15 Championships in Birmingham there are golds for Daniel Plummer (U17M 60m), Adrian Cluskey (U17M Shot), silvers for Chris Moss (U20M 800), Nick Thomas (U20M Triple Jump), Emeka Udechuku (U20M Shot), Daniel Plummer (U17 200); and bronzes for Mark Findlay (U20M 60m), Peter Francis (U20M Triple Jump), Aaron Evans (U17M 400), Steve Holmes (U17M 1500), Paul Archer (U17M shot).

More medals at the British Veterans Indoor Championships in Glasgow. In the over 45s Bob Minting wins the 400 and high jump and also collects silvers in the 200 and 800. Denis Wallington is second in the long jump and third in the 60 metres. In the over 60s Jim Day wins the 60 Hurdles, high jump and pole vault.



Summer's coming! British League Division One, Portsmouth 9/5/87 Chris McGeorge (5), Seb Coe (7), John Gladwin (1).