



Blackheath & Bromley Courier

May 2022.

President 2022-23. David Appleton.

Editor. Pat Calnan (p.calnan@btinternet.com)



70 years ago

HIS MOST GRACIOUS MAJESTY KING GEORGE VI

The whole world has paid its tribute to George VI, by the grace of God—and surely it was by the grace of God—King of England and servant of his people. The multitudes mourned not only a great Monarch but still more a man whom they deeply loved and revered, a man who had been their friend and their shield.

No Sovereign of his dynasty ever witnessed so much public adversity, either during his reign or in his lifetime. The virtues with which we shall always associate King George's name were those that most become a man in time of trial : patience, calm, faith, courage, devotion to duty, unfailing dignity, endurance. Few men in supreme place have had more need to show these noble virtues or have done so with such unbroken consistency.

At a meeting of the General Committee of the Blackheath Harriers held on Saturday, February 9th 1952, it was unanimously resolved

“That the President, Past Presidents, Vice Presidents and General Committee of the Blackheath Harriers, on behalf of themselves and members of the Club, desire humbly and respectfully to convey to Her Majesty the Queen, Her Majesty's mother Queen Elizabeth, Her Majesty Queen Mary and the other members of the Royal Family, their profound grief and sympathy in the irreparable loss which they and the nation have sustained by the death of His Most Gracious Majesty King George VI. They desire also to assure Her Majesty of their loyal devotion to her person and throne and pray that Her Majesty may be long spared to rule in peace and happiness over her loyal and devoted people.”

The following telegram, addressed to the President of the Blackheath Harriers, was received from Buckingham Palace :

I AM COMMANDED TO CONVEY HER MAJESTY'S SINCERE
APPRECIATION OF YOUR MESSAGE OF SYMPATHY.

Private Secretary

All Around The World



Above is Joe Ellis celebrating a new personal best and Club Record in the Senior Mens Hammer with his coach Colin. Joe is based in the States but will be over shortly as he targets selection for the Commonwealth Games.

Sadly two long standing members have passed away recently and both lived abroad.

Lyn Atterbury had been a member since 1963. He had been living in Poland for some years but he was always one for moving around. The Gazette for Sept 1971 to January 1972 records "Lyn Atterbury writes from Saskatoon to say that he is currently embarking on a programme of indoor walking races throughout Western Canada. Although very much a novelty with the crowds, walking is gaining popularity and more events are being organised. He hopes to figure prominently in walking events in Western Canada, and mentions a recent meeting held on an indoor unbanked 220 yard tartan track!" He was back in the UK in 1975 and on the 5th of April it was the Johnson Bowl 7 ¼ miles (with match with Surrey Walking Club). "It was good to see Alan Pickering out for the first time, while the absence of Dave Berry (wedding preparation) and Roger Michell left the way open for Lyn Atterbury to add another name to the distinguished list on the Bowl, deservedly winning, and also outwitting the Handicapper! Welcoming him back after his years of college studies in Canada, the President handed over not only the trophy, medal and "pot", but also the very last spoon which had been waiting for him behind the bar for many years."

Fast forward six years and he was the 5th Club member to finish in the first London Marathon in 1981 recording a time of 2.32.19 "They told me it was a race walk, I'm sure I could have gone faster"

In 1985 he was one of a small group of Blackheath Harriers who competed at the Marseilles – Cassis Half Marathon. He was first home for the Club in 29th place in 76.10 and, with our lads being elevated by the organisers to the official International team, helped England to finish third in the International team race behind Italy and Algeria.

At this time he was running a bike shop in London Bridge but would be on the move again. In 1989 he made the National press as the "show a leg postman." While living in Ilkeston, he angered his post office bosses by wearing shorts while doing his round. He was told to cover up as a postman carried Her Majesty's mail and must be dignified at all times. However, Lyn began a campaign writing to the Post Office magazine "Courier" (good title) on the virtues of wearing shorts. Perhaps his

comment that he could do his round quicker in shorts made officials begin to consider uniform shorts for posties. His campaign worked. Lyn was also a founder member of the Ilkeston Green Party for whom he stood as a candidate at the County Council elections.

By the late 1990s he had moved to Poland and he was in touch with the Club again "Road running in Poland is a serious sport. The standard is generally very high with excellent organisation, TV coverage, supporting races for children, lots of sponsorship (free food, free beer, free entry). Roads are closed by the police, who even provide the lead car."

Then again in 2003, "I was returning from holiday in the UK, and crossed the German/ Polish border by train at Kostrzyn where a change is necessary to Pila. Nothing unusual in that except that Kostrzyn is a very quiet border crossing mostly used by local people going between Germany and Poland. Leaning out of the window of the near-empty train while waiting for it to depart, the distinct sound of native English conversation caught my ears. I was rather surprised to see two "middle-aged" English men who, checking that they had found the correct train, got on. Intriguing! What on earth were they doing in this remote spot? They were in the next carriage, and, curiosity getting the better of me, I wandered down for some conversation. Who should it be, I subsequently discovered, but Ken Pike and colleague from Kent A.C (& ex Blackheath H) on their way to the European U23 Championships in Bydgoszcz! Small world. He kindly gave me a Championship programme and I arranged to go for the final day. Unfortunately that train was cut from the timetable so I never met up with Ken again".

Sadly, Peter Davies has also passed away. He was a 400 metre runner who actually moved to Australia in 1960 but never lost his enthusiasm for the Club as this letter from the time of his 50 years membership in 2001 shows.

Dear Brian,

Thanks very much for your letter re: my 50 year membership of the Blackheath Harriers, it really is a great thrill to be honoured for completing a half century. Moving to Australia in 1960 was for a job which I was prepared to give a go for a couple of years. After 11 months I got the sack! At the time I thought I couldn't go home to West Wickham having got the boot from the job I was offered in London. I joined the AMP, met my wife and found I really liked the joint. But, there has always been one regret, and that was there is no other club like the "Heath"! Over the 41 years I've been in Australia seeing Bob Taylor, Brian Stone, Terry Sullivan and Colin Brand on a visit in 1999 was as it always is when you meet mates. Things haven't changed. We had, as always, a fantastic time. I have missed a few parties, dinners and fellowship but the years hadn't changed anyone! Facially a little, hair a lot, bodies the same – taught and terrific!, humour better, even partners had for one or two but just fantastic to share stories with the most fantastic blokes in one of the worlds greatest clubs. From the latest Blackheath Harriers gazette it is amazing how the club has grown. The logistics of running all those teams is hair-raising.

The 23rd June would be just fantastic to be at, unfortunately it has been left out of our planning this year! Perhaps I could make up at next years 'Summer Supper'? Marlene keeps saying 'why don't I go', then tells me what's arranged at that time! Bronwyn, our daughter, has her birthday on the 23rd, etc, etc.

Please pass on my apologies to President Mike. It was marvellous to hear from you Brian. I really appreciate your letter and the news and look forward to meeting you both in the not too distant future.

Yours 'heatherly',



Peter Davis

PS: Best wishes to Kipper also

While this Courier was being compiled, we learned of the death of Rob Brown. More on Rob next month.

Forthcoming Fixtures.

May

30/4-2/5/22 – BUCS Championships, Chelmsford.
2/5/22 – Ted Pepper 10km, Norman Park
2/5/22 – Vitality London 10km.
7/5/22 – National Athletics League, Manchester
8/5/22 – UK Youth Development League, U15s and U13s, Tonbridge
9/5/22 – Kent Masters League, Sutcliffe Park
14/5/22 – Night Of The 10,000 pbs, incorporating UK Athletics 10,000 Championships Parliament Hill.
14-15/5/22 – Kent Championships, Gillingham. Entries close 25/4/22.
21/5/22 – UK Youth Development League, U15s and U13s, Bracknell.
21/5/22 – Muller Grand Prix, Birmingham
22/5/22 – Southern Athletics League, Gillingham.
22/5/22 – Loughborough International.
25/5/22 – Parris Handicap
28/5/22 – UK Youth Development League, U20s and U17s, Stone X Stadium.

June

4/6/22 – National Athletics League, Kingsmeadow
5/6/22 – Kent Young Athletes League, Tonbridge
10-12/6/22 – BMAF Track and Field Championships, Derby.
11/6/22 – Kent Schools, Gillingham
12/6/22 – Southern Athletics League, Gillingham
17/6/22 – Kent Masters League, Erith
17/6/22 – EA 10,000 Championships, Waltham Forest
18-19/6/22 – SEAA Senior and U20 Championships, Chelmsford.
18-19/6/22 – EA U17/U15 Combined Events Championships, Bedford.
19/6/22 – SEAA U15/U17 3000 Championships, Chelmsford.
24-26/6/22 – UK Athletics Championships, Manchester
25/6/22 – Kent Young Athletes League, Erith
26/6/22 – UK Youth Development League, U20s and U17s, Woking.
29/6/22 – Parris Handicap, West Wickham.
29/6/22 – Kent 3000 and 10,000 Championships, Dartford.

Officials

As can be seen above, the Club has a very full fixture card. In our League matches points are scored by each club for supplying a requisite number of officials and also for their gradings. Some of the points scores in these matches can be very close and supplying the correct number of officials can make the difference between the Club's teams winning a match or finishing runners up.

If you feel you can help the Club in any way John Hubbard would love to hear from you. Please contact him as soon as possible at bbharriersac.officials@gmail.com

Results.

Fleur Todd Warmoth produced the stand out performance of the month when she broke the Club 3000 metre record for Under 17, Under 20, Under 23 and Senior Women. It's not as if the senior record was a soft one either as it was held by International Tanya Blake.

31/3-2/4/22

Florida Relays, Gainesville, TN, USA. SP. 1. Divine Oladipo 17.43. DT. 6. Divine Oladipo 51.26.

1-2/4/22

Standford Invitational, Palo Alto, CA, USA. 800. R1. 5. Harry Cox* 1.52.05. R5. 2. Angus Harrington 1.50.40.

Friends University Spring Open. Women. 100. Ht 7. 1. Elizabeth Ibidunni 12.25 (0.5). Final. DNS. Elizabeth Ibidunni.

Black & Gold Invitational, Smithfield RI, USA. Women. PV. 1. Lois Warden 3.55.

Oregon Hayward Premiere, Eugene, OR, USA. Women. SP. 4. Nana Gyedu 15.16.

Vertklasse Meeting, High Point, NC, USA. Women. 800. R1. 5. Sabrina Mannes 2.14.77.

Spartan Invitational, East Lansing, MI, USA. Men. HT. 1. Joe Ellis 69.51.

2/4/22

Jersey and Guernsey V Blackheath & Bromley, Jersey. Senior Men. 100. 2. Joshua Gbagbo 11.03 (3.8), 4. Adam Islam Medeaux 11.31. 200. 2. Adam Islam Medeaux 22.74 (2.6), 3. Joshua Gbagbo 22.75. 400. 2. Nathan Firla 51.65, 3. Drew Burridge 53.26. 800. 1. Thomas Sugden 2.04.65. 400H. 2. Coleman Corry 59.88. SP. 1. Brydon Duncan 11.74, 2. Alex Pope 11.50. DT. 1. Alex Pope 39.36, 3. Brydon Duncan 33.65. JT. 1. James Whiteaker 69.54, 2. Ben Platt 42.23. HT. 1. Alex Pope 39.22, 4. Brydon Duncan 17.83. 4X100. 1. B&B 45.11. 4X400. 2. B&B 3.52.43. **Senior Women.** 100. 1. Tyra Khambai Annan 12.40 (4.1), 2. Tianna Haynes 12.41, 3. Mallory Cluley 12.52, 5. Achieng Oneko 13.30. 200. 1. Tianna Haynes 25.46 (5.2), 4. Rianne Rennie 26.66. 400. 1. Morgan Squibb 60.23. 800. 1. Morgan Squibb 2.17.01. 100H. 1. Malory Cluley 14.25 (4.5), 2. Holly Platt 19.63. 400H. 1. Kelsey Pullin 69.36. TJ. 1. Holly Platt 8.34. SP. 1. Rianne Rennie 11.06. DT. 1. Gypsy Nash 28.59. JT. 1. Rianne Rennie 29.92. HT. 1. Gypsy Nash 43.24. 4X100. 1. B&B 50.47. **MX Men and women.** 1500. 1. Thomas Sugden 4.28.67, 3. Liberty Whyte 4.55.50, 5. Ian Firla 5.02.24, 6. Lily Meers 5.28.08. 3000. 3. Hannah Clark 10.52.70, 5. Ifetobi Salako 11.53.20. HJ. 1. Barnaby Corry 1.68, 3. Tallulah Ndikanwu 1.43, 5. Oscar Witcombe 1.35. LJ. 2. Joshua Gbagbo 5.98, 4. Rianne Rennie 4.44. PV. 1. Barnaby Corry 3.80, 2. Ben Platt 3.80, 3. Oscar Witcombe 3.50. NH. Holly Platt. **Under 17 Men.** 100. 3. Marley Byfield 12.13 (2.9). 200. 3. Marley Byfield 24.16 (6.8). SP. 2. Nathan Firla 9.05. 4X300. 1. B&B 2.51.73. **Under 17 Women.** 100. R1. 1. Nina Whitter 12.61 (5.5). R2. 3. Adaeze Anele 13.43 (4.2), 4. Alexia Moren Rosado 13.89. 200. 2. Nina Whitter 26.30 (4.8). 300. 1. Tallulah Ndikanwu 44.00. 80H. 1. Jodie Self 11.82 (4.6). **MX U17 Men and Women.** 4x100. 1. B&B U17M. 50.99, 2. B&B U17W 52.35.

Southern Counties Vets AC Championships, Lee Valley. M35. 60. R2. 5. Ashley Reid 7.78. 200. R1. 4. Ashley Reid 25.27. M60. PV. 2. Alan Hardy 2.13. M70. 800. 1. Peter Hamilton 3.09.40. 3000. 2. Peter Hamilton 13.58.61. W65. 60. 1. Helen Godsell 9.07. 200. 1. Helen Godsell 30.76.

Windsor Slough Eton & Hounslow Open. 200. MX1. 2. Joshua Parry 22.49 (-0.9). 300. MX1. 4. Joshua Parry 37.32. 400. MX2. DQ. Alex Hill. Under 17 Women. SP. 2. Erin Simpson (U15G) 8.85. JT. 3. Erin Simpson 24.11.

Battle On The Bayou, Baton Rouge, CA, USA. 200. R1. 4. Amber Anning* 23.31 (0.6). 400. R1. 1. Amber Anning* 52.08. 1500. R1. 2. Katy Ann McDonald 4.17.66.

Podium 5k, Barrowford. A. 1. Phil Sesemann* 14.09. B. 29. Jennifer Walsh* 16.24.

Parkruns. Bromley. 2. Clayton Aves 17.36, 5. Lewis Brook 17.50, 8. Paul Sharpe 18.38, 10. Steve Evenden 18.46, 15. Carys Firth 19.02 (1st woman), 16. Gregory Firth 19.03, 34. Tuan Tran 20.06, 46. William Spurle 21.03, 48. Stuart Cullum 21.14, 51. Damian Hayes 21.19, 53. Amelie Willars 21.23, 58. Gareth Evans 21.36, 63. Ryan Tran 21.46, 65. Sophie Tran 21.54, 219. Graham Coates 27.06, 265. Sally Smith 28.28, 387. Andre Verster 34.31. **Bexley.** 51. Chris Pike 24.47. **Greenwich.** 11. Steven Pairman 22.03, 76. Julia Pairman 29.13. **Beckenham Place park.** 1. Robert Donohue 17.51, 127. Iain Swatton 28.01, 155. Rod Harrington 29.02. **South Norwood.** 55. Zoe Kingsmill 29.28. **Hoblingwell.** 6. Austin Adams 23.33. **Dulwich.** 18. Simon Harris 18.30. **Orpington.** 1. Alessio Tutt 17.48, 14. Cameron Kelly-Gordon 21.18 (1st woman). **Dartford Heath.** 10. Nick Barber 23.25. **Jersey.** 30. Tim Soutar 22.42, 190. David Appleton 34.45. **Malling.** 4. Steve Hough 19.38. **Bethlem Royal Hospital.** 20. James Unwin 24.44, 24. Mike Simms 26.20. **Sutcliffe park.** 3. Darren Corneille 17.45, 20. Barry Wetherilt 22.07.

3/4/22

Crawley Graded Early Spring Open. 75. MX1. 5. Chizam Boniface (U15G) 10.14. MX6. 1. Isabella Campbell – Andou (U13G) 10.58. 150. MX4. 2. Daniel Jenkins (U17M) 19.31. 300. MX2. 2. Harry Fage (U17M) 40.92, 3. Daisy Snell (U17W) 41.38. MX4. 5. Charlotte Hosp (U17W) 48.37. 600. MX3. 2. Hendri Verster (U15B) 1.33.64. MX5. 1. Emily Deveney (U17W) 1.46.36. 1500. Mx2. 3. Harry Fage (U17M) 4.43.83. MX3. 5. Leah Kyriacou (U15G) 5.21.79. LJ. MXA. 9. Chizam Boniface 4.29. JT. U17M. A. 1. Max Kennedy 40.83. B. 1. Felix McArdle Hodge 57.69. U17W. 3. Daisy Snell 21.24.

Manchester Marathon. 3161. Matt Bullen 3.26.31.

Reading Half Marathon. 44. Fintan Parkinson. 75.28 (75.31)

Generali Berline Halbmarathon. 53. Carole Coulon 80.55 (80.42).

5/4/22

Veterans AC 5k Walk, Battersea. 6. David Hoben 38.03, 9. Peter Hannell 40.11.

6/4/22

Watford Open Graded Meeting. 100. MX4. 1. Kyle Reynolds Warmington 10.77 (2.1).

7-9/4/22

Duke Invitational, Durham, NC, USA. 800. R5. 9. Sabrina Mannes 2.17.25. HJ. B. 2. Rebecca Hawkins* 1.74. HT. B. 5. Tom Parker 66.15.

Carl Knight Invitational, Nacogdoches, TX, USA. Men. 3000s/ch. 1. Lewis Mills 8.58.65 (**CLUB U23 RECORD**).

Tennessee Relays, Knoxville, TN, USA. Women. 100. Ht3. 2. Marcia Sey 12.04 (-4.5). 100H. R1. 7. Marcia Sey 14.06 (1.4).

8-9/4/22

Joe Walker Invitational, Oxford, MS, USA. Men. R6. 1. Declan Neary 3.54.62. 3000 s/ch. 7. Declan Neary 9.13.90. **Women.** 3000 s/ch. 1. Yasmin Austridge 10.14.93. SP. B. 1. Divine Oladipo 17.25. DT. B. 6. Divine Oladipo 51.93.

CU Invitational, Boulder, CO, USA. Men. 800. R4. 2. Joe Rogers 1.51.44.

9/4/22

National 12 Stage Road Relay, Sutton Park. Leeds City. Leg 11. Graham Rush* 26.15.

Haverling Spring Open, Hornchurch. 300. U17MX. 5. Emily Deveney 46.10. 1500. U13MX. 5. Evie De Bruyn 5.34.64, 9. Amelie Ramdeen 5.58.91.

Joe May Invitational, Baton Rouge, CA, USA. 200. R2. 1. Amber Anning* 23.43 (1.2). 400. R1. 1. Amber Anning* 52.13.

Gorilla Classic, Pittsburg, KS, USA. 200. R8. 3. Elizabeth Ibidunni 25.17 (2.2)

Ocean State Invitational, Providence, RI, USA. Women. PV. 2. Lois Warden 3.65.

Surrey County Champs/Kingston & Polytechnic Open Throws and Disability Meeting. SP. 5K. 4. Max Kennedy (U17M) 10.92. JT. 700g. 1. Max Kennedy 42.73.

Parkruns. Bromley. 1. Angus Harrington 15.43, 5. Lewis Brook 18.05, 6. Roger Beswick 18.06, 8. Steve Hough 18.32, 14. Steve Evenden 18.56, 29. Carys Firth 19.53, 34. William Spurle 20.27, 42. Rod Harrington 20.50, 46. Tuan Tran 21.04, 62. Stuart Cullum 21.56, 64. Gareth Evans 22.02, 77. Robert Whyte 22.43, 112. Ryan Tran 23.52, 192. Alex Pope 25.51, 209. Jobey Mitchell 26.19. **Beckenham Place park.** 1. Robert Donohue 17.35, 15. Jon Pairman 21.10, 25. Steven Pairman 22.15, 97. Nick Swatton 26.52, 107. Iain Swatton 27.31, 143. Julia Pairman 30.03, 150. Zoe Kingsmill 31.05. **Colchester Castle.** 56. Steve Cooper 24.45. **Lloyd park.** 25. Sarah Belaon 23.33 (1st woman). **Dulwich.** 2. David Adams 16.40. **Burgess park.** 304. George Collins 31.44. **Darlington South Park.** 6. Arthur Starvis 17.58. **Orpington.** 1. Alessio Tutt 18.51, 95. Karen Desborough 33.47. **Lanhydrock.** 5. Richard Daniels 22.06, 108. David Appleton 36.33. **Penrose.** 1. Robert Perry 17.24, 21. Adrian Perry 22.28. **Hove Promenade.** 32. Ellie Osmond 20.12. **Exmouth.** 68. Bob Minting 23.55. **Clapham Common.** 219. James Cunningham 24.46. **Bethlem Royal Hospital.** 10. James Unwin 25.47. **Rothay Park.** 72. Mick Keene 28.49. **Sutcliffe park.** 1. Caroline Ford* 17.04, 5. Darren Corneille 18.05, 63. Barry Wetherilt 25.07. **Charlton.** 36. Peter Hamilton 23.47

10/4/22

BMC Races, Gillingham. Women. 800. 3. Morgan Squibb 2.13.57.

Medway & Maidstone Open, Gillingham. 100. MX3. 6. Daisy Snell (U17W) 12.78 (2.6). MX4. 3. Chizam Boniface (U15G) 13.06 (2.1). MX9. 1. Nkwazi Ndila (U20M) 11.64 (1.5), 2. Warren Lewis (U23M) 11.90. 200. R2. 2. Warren Lewis 23.74 (2.1), 5. Ryan Rennie 24.69 (2.1). R3. 2. Nkwazi Ndila 23.41 (1.9), 6. Marley Byfield 24.13, 7. Ralph Unwin 25.11. R4. 7. Chanelle Cole 25.52 (1.5). 300. R1. 1. Dan Putnam 33.88. R2. 1. Michael Uzozie (U20M) 35.35, 2. Adam Islam Medeaux (U20M) 35.93, 4. Samuel Mowa (U17M) 36.19, 5. Nathan Firla (U17M) 36.37. R3. 5. Alyssa Firla (U15G) 42.16. 400. R1. 2. Christopher Barrett (U17M) 54.75, 7. Ian Firla (M50) 59.34. 800. R2. 2. Beth Regan (U15G) 2.39.40. 1500. R1. 3. Darren Corneille (M40) 4.41.03, 4. Harry Fage (U17M) 4.48.44. R2. 3. Leah Kyriacou 5.23.39. 3000. 2. Liberty Whyte 10.25.43, 3. Isla Spink 11.39.26. 75H. U15G. 2. Alyssa Firla 15.36 (1.8). 80H. U17W. 1. Daisy Snell 11.93. 400H. U17M. 1. Harry Fage 65.64. SP. U17M. 3. Max

Kennedy 9.02. SP. U15B. 3. Noah Fage 6.10. SP. U17W. 1. Daisy Snell 9.99. DT. 1.5K. U17M. 4. Max Kennedy 22.96. DT. 1.25. U15B. 2. Noah Fage 16.50. JT. 800g. 1. James Whiteaker 68.93. JT. 700g. 1. Max Kennedy 43.52. JT. U15B. 3. Noah Fage 20.75.

Lee Valley Open. Men. 100. R3. 3. Chizute Ogbedeh (U23M) 11.46 (-1.0). 800. R2. 5. Hendri Verster (U15B) 2.10.85. 110H. 1. Rico Cottell 14.81. HJ. 2. Harrison Thorne 1.90. **Women.** 100. R4. 5. Zara Okoroafor (U17W) 13.64 (-4.8). R5. 5. Eniola Ayeni (U17W) 13.74 (-2.3). R6. 4. Louisa Vallins (W40) 13.78 (-3.5). R10. 3. Isabella Campbell – Andou (U13G) 14.35 (-1.3). 200. R2. 6. Sienna Kidd (U17W) 27.15 (-2.9). R4. 4. Eniola Ayeni 29.14 (-2.9). R6. 1. Zara Okoroafor 28.36 (-2.6), 2. Kara Bryan (U13G) 29.01. 400. 1. Dina Asher Smith 54.76, 6. Lily Meers (U20W) 64.19. 800. R2. 1. Kara Bryan (U13G) 2.28.32, 7. Emily Deveney (U17W) 2.39.45. 100H. 1. Annie Davies 14.05 (-0.9) U17 Women. 80H. 1. Sienna Kidd 12.22 (-0.9). SP. 3K. 4. Erin Simpson (U15G) 9.47. JT. 500g. 5. Erin Simpson 25.19.

Brighton Marathon. 46. Graeme Lugar 2.47.39, 335. Simon Harris 3.07.17, 1409. Chloe Kibblewhite 3.39.12, 1652. Paul Kerekgyarto 3.43.48, 2181. Cheryl Battersby 3.51.52, 2343. Sophie Gordon 3.54.03.

Brighton 10km. 17. Martin Richardson 33.51.

Kew The Run Half Marathon. 1. Scott Overall 69.24.

13-15/4/22

Bryan Clay Invitational, Azusa, CA, USA. Men. 800. R10. 3. Joe Rogers 1.50.51. 1500. R12. 1. Joe Rogers 3.52.86. **Women.** R1. 1. Katy Ann McDonald 2.00.98. R19. 1. Katy McDonald 4.13.07. LJ. F. 5. Funminiyi Olajide 6.07. SP. D. 6. Nana Gyedu 13.92.

13-16/4/22

Mt SAC Relays, World Athletics Continental Tour Gold, Walnut, CA. SP. A. Nana Gyedu 14.25.

14/4/22

Harrow Open. DT. 1Kg. 5. Erin Simpson (U15G) 26.30.

Pacific Coast Intercollegiate, Long Beach, CA, USA. Women. PV. 2. Lois Warden 3.75.

15/4/22

Comeback 5000 #2, Battersea Park. 5000. R2. 10. Blair Wilson 17.28.88. R3. 4. Rob Donohue 16.00.96.

Athletics Norfolk Friday Evening Series, Norwich. HT. 1. Gemma Vickery* 48.23.

Earl Milner Invitational, Nacogdoches, TX, USA. 1500. 3. Lewis Mills 3.50.69.

RunThrough Victoria Park, Half Marathon. 25. Tony Crowder 88.23 (88.25).

Folkestone 10. 197. Austin Adams 80.39 (80.12), 232. Mark Ellison 84.13 (83.55).

15-16/4/22

Tom Jones Memorial, Gainesville, FL, USA. Men. 400 relay leg. Ethan Brown 45.2. **Women.** 100. R3. 5. Immanuela Aliu 11.70 (-0.4). 200. R3. 4. Immanuela Aliu 23.81 (1.0). 400. R1. 6. Amber Anning* 52.38.

Beach Invitational, Long Beach, CA, USA. Women. PV. B. 8. Lois Warden 3.61.

Tiffin Track Carnival, Tiffin, OK, USA. Men. HT. 1. Joe Ellis 73.50.

16/4/22

London Inter Club Challenge, Lee Valley. 100. R8. 1. Clayton Jacinto (U20M) 11.26 (-2.6), 4. Theo Adesina (U23M) 11.61. R13. 8. Tianna Lewis (U20W) 13.87 (-0.9). 200. R7. 4. Clayton Jacinto 23.16 (-1.3). R10. 1. Harrison Vallins (U15B) 25.16 (-0.3). R12. 1. Louisa Vallins (W40) 26.85 (1.0). R13. 2. Thomas Vallins (U13B) 28.58 (0.0). 300. 1. Dina Asher Smith 36.41 (**CLUB SENIOR WOMENS RECORD**). 800. R4. 6. Cameron Kelly Gordon 2.18.96. 100H. 1. Annie Davies 13.81 (-0.1). PV. 8. Theo Adesina 3.60, 21. Alan Hardy (M60) 2.10. SP. 2. Theo Adesina 11.95. SP. 3kg. 1. Cleo Agyepong (U20W) 14.59. DT. 1.75kg. 1. Brydon Duncan 43.76. HT. 4kg. 2. Abbie Stewart (U23W) 46.12. JT. 700g. Felix McArdle Hodge 57.44.

Meet Of Champions, High Point, NC, USA. Women. 800. R2. 10. Sabrina Mannes 2.19.24.

Gamecock Invitational, Columbia SC, USA. Women. R1. 6. Marcia Sey 12.27 (1.7). 100H. 6. Marcia Sey 14.00 (-0.7). Ht2. 2. Marcia Sey 14.04 (1.9).

Parkruns. Bromley. 1. Ben Gardiner 16.28, 2. Micah Evans 16.31, 3. Henry Fisher 16.34, 7. Clayton Aves 17.42, 10. Carole Coulon 17.51 (1st woman), 11. Paul Sharpe 17.56, 13. Roger Beswick 17.59, 17. Franco Hillier 18.27, 22. Steve Evenden 18.48, 38. Sophie Fleming 20.07, 45. Tuan Tran 20.38, 53. Angelina Mernaka 21.02, 55. William Spurlle 21.07, 57. Damian Hayes 21.11, 60. Sophie Tran 21.21, 71. Ryan Tran 22.06, 75. Stuart Cullum 22.17, 80. Caitlin Hough 22.28, 85. Molly Shaw 22.48, 148. James Naylor 22.48, 153. Jobey Mitchell 24.57, 354. Paul Kerekgyarto 31.53, **Old Deer Park.** 24. Robert Perry 23.22. **Town Moor.** 150. Peter Hamilton 25.16. **Forest of Dean.** 2. Daniel Kennedy 17.32. **Trelissick.** 22. Adrian Perry 22.56. **Beckenham Place park.** 19. Chris Tuck 20.32, 27. Tim Ayres 21.23, 30. Rod Harrington 21.25, 34. Charlie Hay 21.38, 42.

Richard Byford 22.11, 92. David Beadle 25.12, 143. Iain Swatton 27.54, 163. Bernard Wilson 29.18. **Crystal Palace.** 109. Andy Tucker 26.55. **Lloyd park.** 147. David Appleton 34.55. **South Norwood.** 56. Jed Starvis 24.48. **Poole.** 116. Luciana Smith 20.55, 165. Robert Whyte 21.46. **Hoblingwell.** 11. Jason Meers 23.53. **Orpington.** 48. Carys Firth 25.08, 64. Dave Leal 26.19, 122. Zoe Kingsmell 29.49, 123. George Collins 29.53, 146. Karen Desborough 32.52, 163. Andrew Kingsmell 35.39. **Lanhydrock.** 14. Richard Daniels 21.40. **Thurrock.** 63. Sally Smith 29.51, 76. Joshua Smith 33.09. **Malling.** 4. Steve Hough 19.03, 15. Paul Ross-Davies 21.35. **Tooting Common.** 25. Jessica Keene 21.17, 152. Mick Keene 27.17. **Exmouth.** 264. Bob Minting 31.24. **Felixstowe.** 37. Steve Cooper 22.16. **Foots Cray Meadows.** 11. Austin Adams 23.20. **Bethlem Royal Hospital.** 32. James Unwin 26.18. **Oriam.** 15. Steven Pairman 22.38, 82. Julia Pairman 30.19. **Sutcliffe park.** 30. Barry Wetherilt 22.51
18/4/22

Boston Marathon. 1759. David Adams 2.55.09 (2.52.43), 6692. Will Brindley 3.16.17 (3.16.08).

Crawley Open Graded Easter Open. 75. R1. 1. Emilia Adese (U13G) 10.49 (-0.1), 5. Alessia Scala (U13G) 11.52. 100. R2. 7. Sienna Kidd (U17W) 12.93 (-0.5). 150. 1. Piers Spencer Simms (U13B) 19.76 (0.2), 2. Jonathan Ekpo (U13B) 21.13, 6. Alessia Scala (U13G) 23.39. 200. R2. 2. Jadon Ekpo (U17M) 24.04 (-0.7). R3. 4. Sienna Kidd (U17W) 27.20 (-0.4). 300. R2. 7. Charlotte Hosp (U17W) 48.57. LJ. B. 1. Emilia Adese (U13G) 4.22, 4. Alessia Scala (U13G) 3.77. JT. 500g. 2. Sienna Kidd 24.39.

Tonbridge Easter Open Meeting. 150. Mx1. 1. Nicholas Marquez (U13B) 21.66 (-0.1), 3. Freya Pearson (U13G) 23.39. Mx7. 1. Daniel Jenkins (U17M) 19.18 (-1.2). Mx8. 1. Tristan Thomas (U15B) 20.99 (-1.5). Mx14. 1. Bailey Stickings 16.64 (-0.4). 300. Mx4. 2. Alyssa Firla (U15G) 42.57, 3. Kelsi Cornish (U23W) 43.29, 4. Gabriella Martin (U17W) 44.01, 6. Lily Meers (U20W) 44.18. Mx5. 3. Daisy Snell (U17W) 41.38. Mx6. 1. Bailey Stickings 34.38, 5. Nathan Firla (U17M) 36.17. 400. R2. 2. Ian Firla (M50) 60.10, 6. Kelsey Pullin (U20W) 62.59. R4. 3. Harry Fage (U17M) 57.55, 4. Cameron Kelly Gordon (U20W) 58.76, 6. Stephanie Fisher 59.20. R5. 1. Thomas Sugden (U20M) 52.30, 3. Christopher Barrett (U17M) 53.80. R6. 1. Pablo Seema Roca (U20W) 49.51, 3. James Naylor (U23M) 52.23. 600. R4. 4. Rowan Pearson (U13G) 1.59.18, 5. Freya Pearson (U13G) 2.01.16, 8. Saskia Pinn (U13G) 2.16.07. R5. 5. Francesca Middleton (U17W) 1.54.73. R6. 1. Gabriella Martin (U17W) 1.38.91, 5. Benjamin O'Grady (U15B) 1.47.25, 7. Kyla Dervish (U15G) 1.55.21. R7. 2. Kara Bryan (U13G) 1.41.59, 7. Amelia Middleton (U20W) 1.53.28. R8. 3. Kelsi Cornish (U20M) 1.39.20, 5. Lily Meers (U20W) 1.40.25. R10. 4. Matthew Smith (U20M) 1.24.54. 1500. Mx2. 5. Angelina Mernaka (U15G) 5.47.21, 6. Islay Pearson (U17W) 5.48.59. Mx3. 2. Carys Firth (U17W) 5.12.11, 5. Eva Chambers (U15G) 5.28.05, 8. Samuel Barlow (U15) 5.33.58, 11. Jack Barlow (U13B) 5.45.11. Mx4. 6. Beth Regan (U15G) 5.16.64, 7. Jake Martin (U13B) 5.18.95. Mx5. 3. Isabel Pauling (U15G) 5.10.06. R6. 3. Hendri Verster (U15B) 4.46.93, 4. Liberty Whyte (U17W) 4.52.73. Mx7. 4. Hannah Clark (U20W) 4.53.41, 6. Ailbhe Barnes (U20W) 4.54.84, 10. Lydia Witcombe (U15G) 5.02.57. Mx8. 5. Morgan Squibb (U20W) 4.42.74, 8. Megan Barlow (U15G) 4.50.13, 10. Megan Slattery (U17W) 4.53.97. Mx9. 4. Joseph Scanes (U15B) 4.23.80, 10. James Barnes (U17M) 4.33.33. 3000. 3. Harry Fage (U17M) 10.21.56, 6. Ashley Pearson (W45) 11.28.16, 9. Olivia Magee-Brown (U17W) 12.25.13. 5000. 8. Steve Hough (M45) 18.30.81. 3000 Walk. 7. Jonathan Ellerton (U17M) 16.43.32, 11. Christopher Stone (U15B) 20.33.92. HJ. B. 3. Islay Pearson (U17W) 1.35. PV. A. 2. Roger Platt (M50) 3.10. B. 2. Barnaby Corry (U20M) 4.10, 3. Ben Platt (U20M) 4.00, 5. Oscar Witcombe (U17M) 3.90, 6. Ethan Kitteridge (U20M) 3.80, 9. Charlie Platt (U15) 3.30, 10. Finn Kitteridge (U17M) 3.00. LJ. U13s. 8. Rowan Pearson (U13G) 3.04. B. 4. Julia Newman (U17W) 4.66. DT. 1.75kg. 1. Brydon Duncan (U20M) 43.41. JT. 800g. 1. Ben Platt (U20M) 45.48. 700g. 1. Max Kennedy (U17M) 43.80. 600g. 1. Ellis Ibrahim (U15B) 45.98, 2. Charlie Platt (U15B) 23.50.

20/4/22

Charnwood Open. DT. 3. Hannah MacAulay 42.34.

Highgate Open. 1500. R4. 4. Dan Kennedy 4.21.41, 10. Pierre Guillaume 4.37.20.

Watford Open. 800. R11. 1. Darren Corneille (M40) 2.13.69. R12. 6. Morgan Squibb (U20W) 2.13.79. HJ. 1. Harrison Thorne (U23M) 1.85.

Boston Marathon. 1759. David Adams 2.55.09 (2.52.43), 6692. Will Brindley 3.16.17 (3.16.08)

21-23/4/22

Virginia Challenge, Charlottesville, VA, USA. HJ. 5. Rebecca Hawkins* 1.76.

Michael Johnson Invitational. Men. 100. R4. 5. Korede Awe 10.44 (1.6). 200. R5. 1. Ethan Brown 21.61 (1.7). **Women.** 100. R6. DNF. Immanuela Aliu. R9. 5. Immanuela Aliu 24.44 (1.3).

22/4/22

Even Splits York 5k Series, York. 6. Jennifer Walsh* 16.36.

UW –WSU Dual Meet, Pullman, WA, USA. Women. SP. 2. Nana Gyedu 15.00.

22-23/4/22

GVSU Al Owens Classic, Allendale, MI, USA. Men. HT. 1. Joe Ellis 74.19 (SENIOR MENS CLUB RECORD)

Georgia Tech Invitational, Atlanta, GA, USA. Women. SP. C. 1. Divine Oladipo 17.53. DT. C. 2. Divine Oladipo 51.62.
Jesse Owens Classic, Columbus, OH, USA. Women. 100. Ht2. 6. Marcia Sey 12.15 (2.2). 100H. 4. Marcia Sey 13.55 (2.5). Ht3.
2. Marcia Sey 13.77 (3.8).

23/4/22

British Masters Open Road Relay, Sutton Coldfield. M35. 5. B&B (Fintan Parkinson 17.26, Roger Vilardell 17.18, Micah Evans 17.08, Alex Gibbins 17.52, Blair Wilson 18.04, Scott Overall 15.29) 1.43.17. Fastest of the Day. Scott Overall 15.29.

Loughborough Open inc BUCS 10,000. 100. R1. 3. Jak Mensah 11.40 (-3.0). HJ. MX. 3. Qi-Chi Ukpai 1.65. HT. 4. Abbie Stewart 44.21. JT. 1. Bekah Walton 54.39, 5. Hollie Arnold 35.48.

Essex Multi Events Championships, Lee Valley. Pentathlon. M35. 1. Alex Pope 2049 (200 – 26.80, 1500 – 6.32.85, LJ – 4.96, DT – 34.52, JT – 38.63).

LSU Alumni Gold, Baton Rouge, CA, USA. 100. R3. 5. Amber Anning* 11.69 (3.5).

J Fred Duckett Twilight, Houston, TX, USA. 3000s/ch. 4. Lewis Mills 9.08.52.

George Davis Invitational, Lowell MA, USA. Women. PV. 1. Lois Warden 3.65.

Iowa Musoo Twilight, Iowa City, IA, USA. Women. TJ. 2. Jahisha Thomas 13.59.

Lenoir Rhyne Open, Hickory, NC, USA. Men. HT. 1. Tom Parker 64.90.

Parkruns. Bromley. 4. Joshua Dowling 16.58, 9. Clayton Aves 17.51, 12. Paul Sharpe 18.20, 23. Tim Ayres 19.39, 24. Matthew Maddocks 19.40, 26. Steve Evenden 19.54, 32. Tuan Tran 20.35, 33. William Spurle 20.38, 37. Robert Perry 20.47, 39. Steve Pairman 20.54, 41. Luca Vignoli 20.58, 42. Jason Meers 20.59, 49. Robert Whyte 21.15, 54. Adrian Perry 21.27, 55. Damian Hayes 21.28, 59. Rowan Pearson 21.41, 63. Ryan Tran 21.47, 64. Sophie Tran 21.48, 74. Sarah Belaon 22.12, 113. Stuart Cullum 24.12, 119. Islay Pearson 24.16, 225. Julia Pairman 27.37. **Bexley.** 68. Chris Pike 25.35. **Beckenham Place park.** 59. Luigi Arcuri 24.34, 77. David Beadle 25.35, 113. Iain Swatton 27.32, 153. Zoe Kingsmell 29.10, 163. Bernard Wilson 29.32, 198. David Appleton 32.54, 226. Andrew Kingsmell 36.33, 228. Anthony Pontifex 36.43. **Canterbury.** 63. Sally Smith 30.50. **Crystal Palace.** 29. Rod Harrington 21.09. **Bournemouth.** 100. Peter Hamilton 25.08. **Cannon Hill, Birmingham.** 14. Millie Smith 19.07 (1st woman). **Dulwich.** 57. Alfie Fletcher 19.49. **Orpington.** 52. Dave Leal 26.07, 109. Karen Desborough 33.14. **Tonbridge.** 79. Mark Ellison 23.07. **Bognor Regis.** 12. Charlie Hay 20.29. Lullingstone. 1. Steve Hough 19.39. parkrun de Rouen. 7. George Collins 24.40. Exmouth. 74. Bob Minting 24.11. Catford. 39. Barry Wetherilt 22.56. Foots Cray Meadows. 16. John Turner 25.55, 40. Maz Turner 36.20. East Brighton. 35. Mick Keene 28.24. Swanley. 9. Austin Adams 23.31.

23-24/4/22

Coventry Spring Meeting. 400. R1. 3. Prince Reid 53.58. R2. 3. Prince Reid 68.56.

UAA Championships, St Louis, MO, USA. Men. 100. Ht1. 5. Myles Xavier 11.19 (-0.3)

24/4/22

Youth Development League, Upper, South Premier, Windsor. Match. 1. B&B 719, 2. WSEH 629, 3. Reading 604, 4. Shaftesbury Barnet 599, 5. Basildon Beagles 315, 6. Camberley/Woking 264. **Under 20 Men.** 100. A. 2. Charles Nortey 11.11 (-2.2). B. 3. Nkwazi Ndila 12.13 (-2.7). 200. A. 2. Charles Nortey 22.25 (-2.8). B. 3. Michael Uzozie 22.89 (-1.6). 400. A. 5. Adam Islam Medeaux 55.27. B. 3. Samuel McShane 53.10. 800. A. 3. Matthew Smith 1.59.41. B. 2. Thomas Sugden 2.03.73. 1500. A. 3. Alessio Tutt 4.36.76. B. -. 3000. A. -. B. -. 110H. A. 3. Regan Lawrence 15.76. B. -. 400H. A. 1. Luke Dronfield 56.80. B. 1. George Shaw 65.80. 2000s/ch. A. -. B. -. HJ. A. 2. Barnaby Corry 1.70. B. 1. Andrew Nikoro 1.70. LJ. A. 3. Barnaby Corry 6.15. TJ. A. 1. Toby Dronfield 14.60. PV. A. 1. Barnaby Corry 4.20. B. 1. Ben Platt 3.95. SP. A. 4. Brydon Duncan 11.88. B. 2. Max Kennedy 7.93. DT. A. 2. Brydon Duncan 42.45. JT. A. 4. Ben Platt 45.43. HT. A. 1. Brydon Duncan 30.44. 4x100. -. 4x400. 1. B&B (Nathan Firla, Matthew Smith, Samuel Mowa, Michael Uzozie) 3.29.57. **Under 20 Women.** 100. A. 3. Tyra Khambai – Annan 12.98 (-4.7). B. 1. Faith Akinbileje 12.15 (-1.7). 200. A. 2. Tianna Haynes 26.07 (-1.9). B. 1. Tyra Khambai – Annan 26.71 (-1.9). 400. A. 2. Gabriella Martin 62.01. B. 1. Lily Meers 62.81. 800. A. 2. Zakia Mossi 2.16.36. B. 1. Cameron Kelly Gordon 2.19.40. 1500. A. 2. Naomi Toft 4.51.15. B. 1. Kate Price 4.57.36. 3000. A. 1. Hannah Clark 10.53.70. B. -. 100H. A. 3. Kelsey Pullin 17.54. B. 2. Shakanya Osahon 19.35. 400H. A. 3. Kelsey Pullin 68.53. B. -. 1500 S/CH. A. 1. Morgan Squibb 4.59.53. B. 1. Ailbhe Barnes 5.17.96. HJ. A. 3. Daisy Snell 1.50. LJ. A. 2. Daisy Snell 5.63. TJ. A. 5. Rachel Ilori 10.04. PV. A. -. SP. A. 1. Cleo Agyepong 12.56. B. 1. Rianna Rennie 10.93. DT. A. 1. Zara Obamakinwa 48.42. B. 2. Gypsy Nash 29.30. JT. A. 3. Rianna Rennie 34.13. HT. A. 2. Gypsy Nash 46.50. B. 3. Cleo Agyepong 28.67. 4x100. 1. B&B (Tyra Khambai – Annan, Tianna Haynes, Shakanya Osahon, Faith Akinbileje) 47.11. 4X400. 1. B&B (Cameron Kelly Gordon, Zakia Mossi, Morgan Squibb, Amarisa Sibley) 4.06.42. **Under 17 Men.** 100. A. 6. Marley Byfield 12.38. B. 4. Rayhan Mourtada 12.60. 200. A. 5. Marley Byfield 24.41. B. 4. Rayhan Mourtada 24.31. 400. A. 3. Samuel Mowa 50.96. B. 1. Nathan Firla 51.65. 800. A. 5. Mark

Constable 2.15.47. B. 1. Franco Hillier 2.16.63. 1500. A. 4. Arthur Starvis 4.23.52. B. 2. Jaspar Brooks 4.25.31. 3000. A. 2. James Barnes 9.46.31. B. 3. Lewis Brook 10.29.02. 100H. A. 2. Rayhan Mourtada 14.16 (-1.4). B. 1. Andrew Nikoro 15.49. 400H. A. 3. Harry Fage 68.10. B. 2. Jonathan Ellerton 67.54. 1500 s/ch. A. -. B. -. HJ. A. 4. Maxwell Stober 1.55. LJ. A. 3. Dylan Carroll 5.70. B. 2. Andrew Nikoro 5.20. TJ. A. 3. Lawrence Goslin 10.45. PV. A. 2. Oscar Witcombe 3.65. SP. A. 4. Maxwell Stober 6.64. DT. A. 4. Max Kennedy 26.23. B. 1. Lewis Brook 11.25. JT. A. 1. Felix McArdle Hodge 56.12. B. 1. Max Kennedy 40.06. HT. A. 3. Oscar Witcombe 20.11. 4x100. 1. B&B (Marley Byfield, Nathan Firla, Samuel Mowa, Rayhan Mourtada) 44.22. 4x400. 4. B&B (Marley Byfield, Mark Constable, Franco Hillier, Harry Fage) 3.58.55. **Under 17 Women.** 100. A. 2. Nina Whitter 12.98 (-0.6). B. 2. Indiana Marshall 13.19 (-2.7). 200. A. 1. Faith Akinbileje 24.55 (-0.3). B. 1. Nina Whitter 26.82 (-1.7). 300. A. 5. Liberty Whyte 45.56. B. DNF Julia Newman. 800. A. 4. Emily Deveney 2.32.45. B. 2. Amber Cockburn 2.32.47. 1500. A. 3. Liberty Whyte 4.52.48. B. 2. Francesca Middleton 5.48.66. 3000. A. 2. Megan Slattery 11.07.10. B. 1. Olivia Magee Brown 11.48.67. 80H. A. 1. Jodie Self 11.67. B. 1. Sienna Kidd 12.22. 300H. A. 2. Tallulah Ndikanwu 49.32. B. -. 1500 s/ch. A. -. B. -. HJ. A. 3. Tallulah Ndikanwu 1.40. B. 2. Islay Pearson 1.30. LJ. A. 2. Jodie Self 4.91. B. 2. Tallulah Ndikanwu 4.52. TJ. A. 2. Charlotte Hosp 9.11. PV. A. -. SP. A. 2. Sienna Kidd 10.48. DT. A. 3. Islay Pearson 15.81. JT. A. 3. Amber Cockburn 22.19. HT. A. 2. Sapphire Houston – Ball 39.20. 4x100. 1. B&B (Jodie Self, Indiana Marshall, Nina Whitter, Sienna Kidd) 48.91. 4X300. 1. B&B (Tallulah Ndikanwu, Daisy Snell, Emily Deveney, Gabriella Martin) 2.59.06. **Non scoring. Men.** 200. Bailey Marks Belaon 24.43 (-1.6). 400. Maurizio Corrodus 56.85, Bailey Marks Belaon 54.25. **Women.** 200. Shakanya Osahon 27.31 (-1.9). 800. Lily Meers 2.32.82. LJ. Rachel Ilori 3.39.

Midwest Classic Emporia, KS, USA. Women. R6. 3. Elizabeth Ibidunni 12.27 (0.6). 200. R6. 1. Elizabeth Ibidunni 24.80 (0.4). **Worthing Half Marathon.** 75. Steve Evenden 89.37.

27/4/22

BMC Races, Wormwood Scrubs. 800. C. Zakia Mossi (U20W) 2.17.33. 3000. B. 1. Fleur Todd Warmoth U17W 9.16.35 (**CLUB UNDER 17, UNDER 20, UNDER 23 AND SENIOR WOMENS RECORD**).

TVH Open, Wormwood Scrubs. 1500. R1. 6. Naimah Mossi (U15G) 5.11.69. R2. 12. Naomi Toft (U20W) 4.48.95, 13. Kate Price (U20W) 4.51.89, 14. Harry Collins Smith (U13B) 5.02.96..

Chelmsford Open. 400H. 1. Alex Hill 62.38.

RunThrough Battersea Park Chase The Sun 5k. 2. Stephanie Davis* 15.59.

Parris Handicap, West Wickham. 1. Barry Wetherilt 30.15 (21.45 actual time), 2. Darren Corneille 30.16 (17.16), 3. Steve Evenden 30.53 (19.23), 4. Callum Horton 30.57 (17.57), 5. John Turner 31.01 (24.01), 6. Lewis Brook 31.55 (18.55), 7. Sheridan Morris 32.00 (22.30), 8. Chris Pike 32.02 (23.47), 9. Zoe Kingsmell 32.45 (26.30), 10. Ian Swatton 32.56 (24.11), 11. Fay Scott 33.34 (24.49), 12. Maz Turner 33.48 (33.48).

27-30/4/22

Drake Relays. World Athletics Continental Tour Silver, Des Moines, IA, USA. Women. LJ. 6. Jahisha Thomas 6.46.

28/4/22

Harrow Open. 600. Mx2. 1. Gabriel Cheeseman 1.49.61. 800. Mx6. 2. Pierre Guillaume 2.07.48.

Gravesend Floodlit 5k. 1. Blair Wilson 17.11.

28-30/4/22

Penn Relays, Philadelphia, PA, USA. 100H. Ht4. 4. Marcia Sey 13.73 (0.6). HJ. 3=. Rebecca Hawkins 1.71.

29/4/22

Friday Night 5km Under The Lights, Battersea Park. 6. Ross Braden* 14.21, 115. Rob Donohue 15.44, 172. Andrea Clement 17.17.

29-30/4/22

UNF Invitational, Jacksonville, FL, USA. Men. 100. R1. 5. Adam Gemili 10.28 (2.1).

Fresno State Invitational, Clovis CA, USA. Men. 800. 1. Joe Rogers* 1.50.40. **Women.** SP. B. 5. Nana Gyedu 15.34.

Music City Challenge, Nashville, TN, USA. Women. SP. B. 2. Divine Oladipo 17.12. DT. 2. Divine Oladipo 55.18.

30/4/22

LSU Invitational, Baton Rouge, LA, USA. 400. 5. Amber Anning* 52.50. 800. 1. Katy Ann McDonald 2.02.87.

Alumni Muster, College Station, TX, USA. Men. 400. R6. 6. Ethan Brown 47.30. 800. R2. 6. Declan Neary* 1.55.76. 1500. R2.

8. Declan Neary* 3.55.70. 3000 s/ch. 3. Lewis Mills 9.14.05. **Women.** 100. R4. 9. Immanuela Aliu 12.04 (1.4). 800. R2. 8.

Yasmin Austridge 2.15.52. 1500. 1. Yasmin Austridge 4.27.59. LJ. B. Funminiye Olajide* 6.26.

Kent Young Athletes League, Erith. Overall. 1. B&B 657.5, 2. Tonbridge 548, 3. Bexley 437, 4. Dartford 410.5, 5. Medway & Maidstone 386.5, 6. Cambridge Harriers 378.5, 7. Central Park Athletics 284.5, 8. Thanet 211. **Under 15 Boys.** 100. A. 1. Reo

McCausland 12.0. B. 1. Alexander Morrell 12.4. N/S. 1. Jason Yamoah 12.8. 300. A. 1. Ryan Rennie 38.1. B. 1. Harrison Vallins 41.6. 1500. A. 4. Hendri Verster 4.36.3. B. 3. Joseph Hill 4.45.5. N/S. 4. Samuel Barlow 5.37.8. 80H. A. 2. Joshua Dako 12.7. B. -. HJ. A. 2. Joshua Dko 1.58. B. 1. Ryan Rennie 1.45. LJ. A. 1. Joshua Dako 5.10. B. 1. Hendri Verster 4.30. PV. A. 1. Charlie Platt 3.20. B. -. SP. A. 2. Ellis Ibrahim 8.52. B. 2. Charlie Platt 8.27. DT. A. -. B. -. JT. A. 1. Ellis Ibrahim 45.51. B. 1. Charlie Platt 29.94. 4x100. 1. B&B (Reo McCausland, Alexander Morrell, Jason Yamoah, Charlie Platt) 48.8. 4x300. 1. B&B (Hendri Verster, Harrison Vallins, Alexander Morrell, Ryan Rennie) 2.44.8. **Teams.** 1. B&B 169, 2. Dartford Harriers 141, 3. Ton 112, 4. Cambridge Harriers 108.5, 5. Central Park Athletics 106.5, 6. M&M 103.5, 7. Bexley 98, 8. Thanet 9. **Under 15 Girls.** 100. A. 2. Chizam Boniface 12.8. B. 8. Lottie Palmer 14.3. N/S. 3. Deianira Gyampa – Boamah 15.1. 300. A. 1. Megan Barlow 43.4. B. 3. Abigail Williams 48.4. 1500. A. Isabel Pauling 5.04.2. B. 2. Eva Chambers 5.26.7. 75H. A. 1. Alyssa Firla 12.1. B. 2. Beth Regan 13.6. N/S. 1. Lottie Palmer 15.3. HJ. A. 1. Qi – Chi Ukpai 1.65. B. 1. Megan Barlow 1.55. N/S. NH. Elsie Heath – Pampin. LJ. A. 1. Qi – Chi Ukpai 5.01. B. 1. Chizam Boniface 4.76. PV. A. 1. Lydia Witcombe 2.30. B. -. SP. A. 1. Erin Simpson 9.18. B. 3. Charlotte Bloodworth 6.09. DT. A. 1. Erin Simpson 27.23. B. 1. Charlotte Bloodworth 21.68. JT. A. 1. Erin Simpson 22.46. B. 1. Charlotte Bloodworth 13.78. 4X100. DQ. B&B (Alyssa Firla, Qi – Chi Ukpai, Lottie Palmer, Chizam Boniface). 4x300. 1. B&B (Megan Barlow, Lydia Witcombe, Abigail Williams, Alyssa Firla) 3.02.6. **Teams.** 1. B&B 179, 2. Cambridge Harriers 145.5, 3. Ton 139.5, 4. M&M 95, 5. Bexley 93.5, 6. Thanet 83.5, 7. Dartford Harriers 66.5, 8. Central Park Athletics 48.5. **Under 13 Boys.** 100. A. 3. Nicholas Marquez 13.5. B. 2. Oscar Sadowski 14.8. N/S. 1. Troy Ogedengbe 13.5. 200. A. 4. Trejan Checkeku Boamah 30.4. B. 3. Oscar Sadowski 30.6. 1500. A. 1. James Shaw 5.04.6. B. 2. Jake Martin 5.25.6. 75H. A. 4. James Shaw 16.7. B. 4. Matthew Tootall 17.5. HJ. A. 3. Oscar Pickering 1.20. B. 3. Nicholas Marquez 1.10. LJ. A. 1. Oscar Sadowski 3.90. B. 1. Trejan Checkeku Boamah 3.74. N/S. 2. Nicholas Marquez 3.51. SP. A. 3. Rory Witcombe 6.75. B. 2. Liam Hough 4.83. DT. A. 3. Rory Witcombe 13.03. B. 2. Liam Hough 9.84. JT. A. 2. Rory Witcombe 22.14. B. Liam Hough 14.08. 4x100. 3. B&B (Oscar Sadowski, Trejan Checkeku Boamah, Liam Hough, Nicholas Marquez) 58.2. **Teams.** 1. B&B 145.5, 2. Ton 140.5, 3. Bex 120.5, 4. M&M 107.5, 5. Dartford H 87, 6. Central Park Athletics 47, 7. Thanet 42.5, 8. Cambridge Harriers 24. **Under 13 Girls.** 75. A. 5. Isabel Rose 11.4. B. 4. Alessia Scala 11.6. N/S. 2. Nielle Springer 11.9. 150. A. 3. Sophie Tran 22.0. B. 1. Mariana Caceres 23.0. 1200. A. 4. Ariana Jenner – Heard 4.29.0. B. 3. Amelie Ramdeen 4.31.9. 70H. A. 3. Rowan Pearson 15.1. B. 1. Heidi Coulson 13.0. N/S. 1. Freya Pearson 16.0. HJ. A. 3. Isabel Rae 1.20. B. 2. Alessia Scala 1.10. LJ. A. 2. Isabella Campbell – Andou 4.31. B. 1. Heidi Coulson 3.72. N/S. 1. Alessia Scala 3.61. SP. A. 1. Emilia Adese 9.86. B. 3. Freya Pearson 4.65. DT. A. 4. Rowan Pearson 10.92. B. -. JT. A. 5. Rowan Pearson 9.95. B. 2. Freya Pearson 8.46. 4x100. 1. B&B (Heidi Coulson, Emilia Adese, Alessia Scala, Isabella Campbell – Andou). 56.0. **Teams.** 1. Ton 141, 2. B&B 139, 3. Dartford H 101, 4. Bexley 100, 5. Cambridge H 90.5, 6. Central Park Athletics 57.5, 7. M&M 55.5, 8. Thanet 51.

SLAN Early Season Outdoor Open, Coulsdon. Men. 400H. 1. Bailey Stickings 52.44, 3. Luke Dronfield (U20M) 54.96, 5. Richard Morris 58.39. **Women.** 100. Ht11. 5. Indiana Marshall (U17W) 13.24. 400H. 4. Alex Hill 61.88. LJ. 2. Indiana Marshall (U17W) 5.12.

Parkruns. Bromley. 1. Blair Wilson 16.33, 2. Thomas Sugden 16.40, 4. David Adams 16.49, 6. Darren Corneille 17.09, 9. Clayton Aves 17.25, 10. Roger Beswick 17.31, 13. Paul Sharpe 17.38, 26. Steve Evenden 19.24, 35. Tuan Tran 19.55, 46. Micah Evans 20.49, 48. Robert Whyte 20.49, 52. Damian Hayes 21.07, 71. Emily Deveney 21.59, 75. Sarah Belaon 22.04, 81. Heath Griffin 22.14, 84. Ryan Tran 22.17, 91. Stuart Cullum 22.34, 96. Molly Shaw 22.39, 110. Islay Pearson 23.07, 266. Graham Coates 28.01, 274. Bernard Wilson 28.07, 348. David Appleton 30.40. **Greenwich.** 17. Steve Pairman 21.21. **St Albans.** 161. John Wilkinson 25.39. **Beckenham Place park.** 26. Rod Harrington 21.04, 96. David Beadle 24.51, 146. Iain Swatton 27.23. **Royal Tunbridge Wells.** 156. Sally Smith 30.44. **Orpington.** 12. Gregory Firth 21.06, 13. Carys Firth 21.07 (1st woman). **Margate.** 68. Mick Keene 28.05. **Burnham and Highbridge.** 53. Peter Hamilton 23.25. **Exmouth.** 60. Bob Minting 22.44. **Foots Cray Meadows.** 1. Jake Leng 18.47, 24. John Turner 25.23, 57. Maz Turner 34.56. **Uckfield.** 49. Zoe Kingsmill 28.44. 50. George Collins 28.45. **Bethlem Royal Hospital.** 18. James Unwin 23.17. **Sutcliffe park.** 92. Barry Wetherilt 26.07.

125 years ago in April 1897.

The Blackheath Harriers Annual Dinner takes place at the Hotel Cecil. The toast list comprised “The Queen”, “The Club”, “Past and Present Champions of Blackheath Harriers”, “The Visitors”, “The Press”.

The Club’s annual athletic and cycling event takes place on Easter Bank Holiday Monday at Catford. “Fortunately the meteorological conditions proved favourable to outdoor sport, and the attendance was numerous.” There are around 7,000 spectators. Athletic events are 100 yards, 200 yards, mile, Half mile steeplechase and 150 (for Under 15 boys). Cycling events are half mile, one mile and five mile scratch race. A special attraction is a tandem pursuit race, “not until the 11th mile was the contest at an end”

100 years ago in April 1922

The Blackheath Harriers Annual Dinner takes place at the Hotel Cecil with “upwards of 110 members and friends present”. President W W Davis in proposing the “Club” said “We were all proud of the fact that we had in the person of Vice President Walter Rowland, one of our original members with us that evening, and his example, together with the remembrance that we had won many championships in the Club’s career, should be a sufficient incentive to present active members to do all they could for the future advancement of the Blackheath Harriers... F. L. Gilbert in reply, stated that ... considering the fact that effort and energy had been somewhat diverted this year owing to the necessary change of headquarters after 40 years in the old place, the actual results of our fixtures were more satisfactory than might appear.”

Club member H.B.S. Rhodes wins the London to Brighton race walk for the third successive occasion in 9h. 13m. 55s.

A message from the track captain “The Club’s name depends chiefly upon its prominence on field and track, and it is up to all Blackheath Harriers to make an effort. Membership of the Club is not sufficient. To wear the Club’s neck-tie is good, but to don its costume is better. Yours ‘Heathenly, R. A. Lindsay”.

75 years ago in April 1947.

Blackheath Harriers finish in second place in the London to Brighton relay for Southern and Midland clubs. The race starts at Mitcham Common and is a distance of 45.5 mile over ten stages. “After the start supporters of the competing clubs crowded into 30 motor coaches to follow their progress.” Sydney Wooderson runs the last stage for the Club and, taking over in third, he moves up to second place. In doing so, he runs the fastest ever time on this stage of the race by one second, despite the distance on this leg being increased by two tenths of a mile. Team. A. J. Brent, W. F. Spencer, R.R. Choat, J. Furniss, W. Lake, A. C. John Poole, C. Pagdin, D. E. Reynolds, S. C. Wooderson, and one other. Times. 1. Belgrave 4. 3. 19s, 2. Blackheath Harriers 4. 5. 33s. 3. Godiva Harriers.

Blackheath Harriers win the Cambridge Harriers 20 miles Open Relay at Bexley. “ The appearance of Sydney Wooderson attracted a large crowd.” 1. Blackheath Harriers 1.45.39, 2. Thames Valley Harriers 1.46.24, 3. Aylesford Paper Mills 1.47.2. “Track training for the Summer season has commenced at Ladywell recreation ground on Tuesdays and Thursday. A panel of experts consisting of S. C. Wooderson, C Wiard, and E Page will be in attendance with Sgt D Grigg taking field events”

50 years ago in April 1972

Blackheath finish in 7th place at the Southern 12 Stage road relay at Wimbledon Common. Up the front Hercules Wimbledon beat Reading by one second after 50 miles of racing.

Saturday, 8th April

SOUTHERN COUNTIES 12-STAGE ROAD RELAY, AT WIMBLEDON

There has surely never been quite such a close and exciting finish to a long-distance road relay as this one. After more than 50 miles and 4 hours of racing the championship was only decided in a desperate sprint to the finishing line, with Hercules/Wimbledon emerging victorious by the margin of one second! Furthermore, Hercules did not show in front of the race at any time prior to the last 100 yards, having to recover from a disastrous start.

The Club performance all-round was a very sound one, and we were put well among the leaders from the start in the person of Bob Richardson. His was a very good run and finish 2nd, but to everyone’s astonishment 39-year-old Ken Harland of Cambridge H. ran in first — ten seconds clear and a personal best!

Throughout the race strong, blustery winds and sudden rain showers made conditions difficult.

Nevertheless all our 12 put up creditable performances and collectively recorded our highest placing for several years — 7th. In a race where the leaders changed places regularly the final positions were constantly in doubt and at the end only four minutes covered the first eight teams — remarkably close.

RESULT—1. Hercules/Wimbledon A.C. 4.04.25; 2. Reading A.C. 4.04.26; 3. Belgrave H. 4.06.05; 4. Thames Valley H. 4.06.23; 5. Aldershot, Farnham & D. 4.06.25; 6. Portsmouth A.C. 4.06.57; 7. Blackheath H. 4.08.16; 8. Cambridge H. 4.08.31.

Team Performances (position in brackets): R. Richardson (2) 24.10; M. Athawes (6) 16.40; C. Fourie (7) 25.15; P. Horwood (6) 15.55; I. Wilson (7) 25.05; C. Woodcock (6) 16.11; J. Clare (9) 25.19; M. Hamlin (8) 16.34; J. Baldwin (6) 24.34; G. Botley (6) 16.24; C. Haines (8) 25.37; R. Hawtin (7) 16.32.

This qualified the Club for the National 12 stage at Sutton Coldfield where they finished in 13th place (5th Southern club).

A.A.A. NATIONAL 12-STAGE ROAD RELAY, AT SUTTON COLDFIELD

In a sport where both performances and ambitions are rising as fast as house-prices, satisfaction is currently thought of as the sole property of the winners, and it seems that even a lot of winners don't get much of it these days. Nevertheless our 13th place in this race seemed to satisfy most of the team, particularly those who played the 'Prophecy game' in the coach travelling to the race. Nearly all placed us between 10th and 15th.

On the day we were 5th Southern Club home, compared with our 7th place in the Southern event, and with the non-appearance of Bolton United H. the North could find only one team to beat us — Sale Harriers. The Midlands provided three teams to take all the medals.

Stage 1. Ian Wilson stayed with a large group for two miles before losing some ground. He made up some of the deficit in the later stages to finish 17th in 27.56.

Stage 2 was entrusted to Peter Horwood, who ran our fastest short stage to recover three places, coming in 14th in 15.24.

Stage 3 — John Baldwin followed up with our fastest long stage, after a very intriguing tussle with Roy Fowler throughout his 5½-mile stint. This effort hauled us up to 8th, which was to prove our highest placing, and John's excellent time of 26.59 brought us to within 1 min. 18 secs. of the leaders at that time, Westbury H.

Stage 4 — and Bob Hawtin maintained 8th spot with 15.41, coming in just in time to escape a shower of torrential proportions, such as we are coming to associate with Sutton Coldfield.

Stage 5 — so it was Bob Richardson who got caught in the downpour, as well as taking something of a hiding from Peter Stewart. He set off about ten yards behind Bob and shot away to take

Birchfield up from 9th to 2nd. Bob splashed his way round in 27.31 and came home 10th.

Stage 6 — in spite of an inspired run by Chris Woodcock (15.26) we slipped back one more place to 11th. At the half-distance we were timed at 2.08.57, with Birchfield now in the lead in 2.07.05, a very tight situation and the race still wide open between the leading six clubs.

Stage 7 — Colin Fourie made his usual dependable contribution, and his 28.04 brought him back in 12th place.

Stage 8 saw Gary Botley maintain this position with 15.57, handing over after 2.52.58, now nearly four minutes down on the leaders who at this point were Coventry.

Stage 9 — in the person of Joe Clare we moved back up to 11th. Joe's time was 27.59, and already the last team, Kettering, had been lapped by the leaders.

Stage 10 — with Mick Hamlin in charge we were passed by two clubs, one of them being Sale H., the leading Northern club. Mick ran his lap in 16.18 to bring the aggregate time to 3.37.15.

Stage 11 — the last long leg, taken by Chris Haines who held 13th place with 28.43, teams being now so spread out that positions were unlikely to change much — except at the front where a fascinating situation was being set up between Birchfield (the defending champions) and their pursuers Tipton.

Stage 12 — anchor man was Peter Shephard, bringing us home safely in 13th position with a time of 16.26, giving a team time of 4.22.24, about 9 minutes behind the winners, a jubilant Tipton. They had never been in the lead until the very last mile of a race lasting well over four hours!

Blackheath win the Croydon Harriers 50 x 1 mile track relay.

CROYDON HARRIERS 50 x 1 MILE TRACK RELAY

Last year we 'won' this race and were disqualified. To avoid any repetition of those circumstances plans were laid in plenty of time and well over 50 runners were organised to appear and retain our unbeaten record in long-distance relays. And when we arrived at Croydon arena on the appointed day all seemed set fair for just that result.

All four clubs started very strongly, and our lead-off man, Richard Coles, finished the first mile in 4.34 and was only third. But of course in races of this kind strength in depth is the key; steadily our mixture of good, average and fair runners overhauled Croydon and Ranelagh and by the 19th mile we had taken the lead, in the person of Mike Mahoney. Everything looked good — in the lead, with a good number of runners in attendance and more awaited. But in spite of all the planning, it became clear that estimates had been a little conservative — with 35 miles gone and a good lead, we were going to run out of a team at about 45 miles!

From that realisation followed a magnificent exercise in brinkmanship. Many frantic telephone calls brought Max Kay away from his Sunday lunch and the Swoffer family away from theirs, the President operated a taxi service to get Peter Allen to the track and one way and another the situation was saved and the stage set by the 45th mile for a stirring climax. At this point our lead was in excess of six minutes, but Croydon had two of their fastest men still to come. At 49 miles the lead was less than two minutes and our President set off rather unexpectedly on his 'glory leg', in the knowledge that Mike Fleet of Croydon would soon be chasing. Amid great excitement and cheering Peter Baigent held off the challenge and *sprinted* home, hurling the baton skywards in triumph!

Peter Horwood ran 4.23 for the fastest time of the day, and while it is not fair to single out any one for special mention, an exception must be made for our youngest competitor — James McFarnell, only 9 years old, ran 6.21 with remarkable ease.

RESULT: 1, Blackheath H. 4.25.19; 2, Croydon H. 4.25.45; 3, Ranelagh H. 4.30.30; 4, Epsom & Ewell H. 4.42.22.

Team Performances:

Lap	Name	Time	Race Pos'n.
1.	R. Coles	4.34	3
2.	W. Hill	5.10	3
3.	C. Batch	5.07	3
4.	D. Hopgood	5.47	3
5.	C. Woodcock	4.34	3
6.	R. Hill	5.59	3
7.	J. Baldwin	4.32	3
8.	M. Goodwin	4.39	3
9.	R. Pirie	5.44	3
10.	T. Walhen	5.39	3
11.	M. Baldock	5.31	3
12.	S. Darling	5.21	3
13.	C. Clarke	4.59	3
14.	M. Hampton	4.57	3
15.	M. McDonnell	5.11	3
16.	K. Parker	6.29	3
17.	P. Horwood	4.23	3
18.	C. Marshall	5.05	3
19.	M. Mahoney	5.12	3
20.	C. Haines	4.46	3
21.	F. Rogers	5.09	3
22.	B. O'Gorman	5.09	3
23.	S. Cluney	5.03	3
24.	R. Ebbutt	5.15	3
25.	P. Shephard	4.51	3
26.	K. Tonkin	5.17	3
27.	M. McFarnell	5.01	3
28.	S. Beveridge	5.39	3
29.	R. Green	5.39	3
30.	K. Brown	5.31	3
31.	R. Michell	5.26	3
32.	R. Hawtin	4.36	3
33.	S. Knowles	5.17	3
34.	J. Elliott	5.16	3
35.	J. Fenton	5.33	3
36.	P. Foley	4.59	3
37.	J. Nash	4.48	3
38.	B. Reynolds	5.03	3
39.	C. Brennan	5.22	3
40.	W. Wade	4.46	3
41.	K. Swoffer	5.55	3
42.	C. Huggett	5.13	3
43.	I. Ross	5.59	3
44.	G. Botley	4.41	3
45.	M. Kay	5.15	3
46.	C. Harding	5.39	3
47.	P. Allen	5.13	3
48.	J. McFarnell	6.21	3
49.	S. Swoffer	7.08	3
50.	P. Baigent	6.36	3

Bob Richardson is third in the Feltham 5 in 23.49.

25 years ago in April 1997

After winning the Southern 12 Stage Road Relays for the previous two years, a depleted Blackheath team have to settle for 12th place, which qualifies them for the National event. At the National the Club finish in 20th place.

Blackheath under 17 mens team of John Baker, Michael Skinner, David Farnham and Stephen Holmes finish second in the Young Athletes road relays at Sutton Park.

The Blackheath team of Colin Monks, Bob Minting, Ken Daniel, Hugh Morten, Richard Coe and Denis Wallington win the veterans race at the Wellington Relays in Ostend.

Blackheath win the opening Southern Premier match of the National Junior Athletic League at Bristol. There are also wins for the Young Athletes team at Southampton, and the Masters in the Kent Veterans League.

Bill Foster is Blackheath's first finisher at the London Marathon. He is 34th in 2.18.44, with Roy Smith 88th in 2.28.30 and Richard Parrott 242nd in 2.37.27. In the mini marathon Chris Moss wins the boys 16-17 year olds race with Steve Holmes third, Michael Skinner 4th and John Baker 10th. Zoe Morrell in second in the Girls 14-15 year olds race.

Bromley Ladies win the first Kent Womens League match of the season at Deangate. They score 385 to Blackheath's 376 with Dartford third on 338.

Lyn Atterbury times 9.40 for 3000 metres at the Derby track and field open meeting. He is also the first M50 in the City of Lincoln 10km in 35.03.

20 years ago in April 2002

Mark Steinle runs 2.09.17 to finish 8th in the London Marathon. It ranks him 8th on the British all time list. (Photos not 2002)

