



Blackheath & Bromley Courier

November 2022.

President 2022-23. David Appleton.

Editor. Pat Calnan (p.calnan@btinternet.com)



A girl from Peckham from a Club from Peckham



Kent Under 13 Championships, Norman Park 2002. Shaunagh Brown sets Club records in the shot and discus and a Championship record in the shot. Twenty years later Vice President Shaunagh Brown is competing for England in the Womens rugby World Cup Final. Back in 1869, on the 23rd of October, a small group of blokes met for a run at the Kings Arms, Peckham Rye...the rest is History.

Dipping into the Club History, it reveals that the proposer of the adoption of the entwined squares insignia in 1878 was a John Metcalf. His wife Charlotte was an honorary member of Peckham AAC and they would be great supporters of the Club and its activities until they passed away after the Second World War. They received a telegram from the King when they celebrated their Diamond Wedding Anniversary in 1936. It could have all been so different. In the 1880s they were passengers on the SS Cheerful which was involved in a collision with HMS Hecia. The Cheerful was split in two and Mrs Metcalfe was the only female survivor. One report says that she was saved because she wrapped her fur coat around her when she got into the water and it spread out and kept her afloat. John Metcalf died in 1946 at the age of 94 and he put his longevity down to his active interest in Athletics. He was still walking five miles a day in his 80s and was still doing the shopping until shortly before his passing. The winner of the Senior Mens 1500 metres at the Kent Championships receives the J Metcalf Cup, a trophy that was presented to the County Association by Blackheath Harriers at the time of its formation.

Perhaps his genes also helped him live such a long life as he was a descendent of “Blind” John Metcalf, the road engineer of the eighteenth century, an extraordinary character, who also died in his 90s. Key his name into a search engine of your choice and read about his exploits, surely ideal material for a television period drama.

Blind at the age of six after smallpox, he learnt the fiddle as a way of making money but also managed to ride and hunt. He also acted as a tour guide and had a 10 guinea bet with a Colonel Liddell that he could walk from London to Harrogate quicker than Liddell could travel by coach. Metcalf finished each stage of the journey before Liddell, the Colonel’s coach struggling with the terrain. Metcalf would go on to build many roads in the North of England. The A658 Harrogate Southern Bypass is known as the John Metcalf Way.

Results.

1/10/22

TCS London Mini Marathon. Under 17 Men. 8. Alex Middleton 7.53, 9. Arthur Starvis 7.54, 31. Franco Hillier 8.31, 35. Mark Constable 8.33, 46. Harry Fage 8.38. **Under 17 Women.** 2. Fleur Todd Warmoth 8.33, 6. Liberty Whyte 9.12, 9. Carys Firth 9.16, 14. Megan Slattery 9.29, 44. Isla Spink 10.18, 48. Olivia Magee Brown 10.22, 52. Lara Tunali – Flynn 10.26, 56. Zoe Weiler 10.33, 68. Cara Gould 10.51. **Under 15 Boys.** 4. Joseph Scanes 8.01, 16. Joseph Hill 8.37, 32. Hendri Verster 8.56, 33. Jed Starvis 8.57. **Under 15 Girls.** 8. Megan Barlow 9.19, 13. Naimah Mossi 9.27, 14. Luciana Smith 9.31, 19. Cristina Gilodi Johnson 9.41, 39. Niamh Stanley 9.59, 40. Lydia Witcombe 10.03, 57. Isabel Pauling 10.21, 63. Leah Kyriacou 10.30. **Under 13 Boys.** 5. Daniel Horgan 8.59, 43. Kian Farrell 9.48, 63. Nathan Crossan 10.05, 66. James Bunn 10.06, 74. Liam Hough 10.17, 101. Aaron Crossan 10.39. **Under 13 Girls.** 9. Kara Bryan 9.46, 18. Evie De Bruyn 10.04, 24. Sofia Mossi 10.16, 29. Sophie Tran 10.20, 35. Martha Warner 10.28, 45. Freya Pearson 10.37, 50. Alba Homans – Yau 10.41, 63. Poppy Traynier 11.02.

Veterans AC Track Race, Coulsdon. 1 mile walk. 1. Trejan Checkeku-Boamah (U13B) 11.18.9. 10000 walk. 6. Matthew Ellerton (M45) 68.55.5 (**CLUB M45 RECORD**).

Parkruns. Bromley. 4. Roger Beswick 18.23, 32. Jason Meers 20.53, 55. Harry Keene 22.06, 65. Stuart Cullum 22.44, 109. Damian Hayes 24.20, 172. Mick Keene 25.46, 180. James Unwin 25.56, 266. Graham Coates 28.24, 413. Adrian Perry 36.11. **Bexley.** 66. George Collins 25.37. **Beckenham Place park.** 22. Rod Harrington 22.09, 69. David Beadle 24.58, 126. Trudi Carmichael 27.39, 169. Iain Swatton 29.51. **Bournemouth.** 186. Peter Hamilton 26.46. **Orpington.** 3. Alessio Tutt 29.00, 19. Kyla Dervish 23.12, 113. Karen Desborough 33.44. **Exmouth.** 51. Bob Minting 22:40. **Victoria Dock.** 147. John Isaacs 25.40. **Catford.** 34. Adrian Stocks 22.54. **Henstridge Airfield.** 2. Thomas Sugden 19.47, 8. Katy Sugden 23:08 (1st woman). **Bethlem Royal Hospital.** 11. Elizabeth Regan 23.19, 24. Mike Simms 25.44. **Maaraue.** 12. Zoe Kingsmell 25.44, 15. Andrew Kingsmell 26.36. **Swanley.** 3. Steven Pairman 22.06, 18. Gareth Griffin 28.39, 21. Julia Pairman 30.19. **Allerpark.** 19. Amber Reed 34.57. **University Parks.** 237. Zoe Martial 29.38.

2/10/22

London Marathon. 10. Phil Sesemann* 2.12.10, 12. Ross Braden* 2.14.32, Rose Harvey* 2.27.59, 341. Micah Evans 2.40.32, 374. Blair Wilson 2.41.28, 710. David Lilley 2.48.07, 977. Graeme Lugar 2.51.51, 990. Luca Ercolani 2.51.59, 1066. Fadi Shamoon 2.53.02, 1164. Alex Gibbins 2.54.24, 1170. David Adams 2.54.28, 2004. Robert Perry 3.01.21, 2978. Paul Sharpe 3.11.19, 4346. Tony Crowder 3.22.11, 5666. Matthew Maddocks 3.29.39, 8432. Steve Evenden 3.43.33, 13011. Damian Hayes 4.00.36, 16472. Richard Hall 4.15.33, 26204. Gerry Alger 4.55.01, 31726. Anita Evenden 5.23.40.

8/10/22

ERRA Autumn Road Relays, Sutton Park. Senior Men. 2. Leeds City (inc Phil Sesemann* 16.53, Graham Rush 17.17), 13. Birmingham Running Athletics & Triathlon Club (inc Charlie Davis* 17.33), 26. City Of York (inc Alex Botterill* 18.29), 27. Coventry Godiva (inc Will Fuller* 18.47). **Senior Women.** 5. Leeds City (inc Jennifer Walsh 14.17), 12. B&B "A" (Niamh Bridson Hubbard 14.21, Hannah Clark 15.43, Chloe Sharp 15.29, Millie Smith 16.09) 61.42, Inc. B&B "B" (Ailbhe Barnes 16.34, Amy Leach 16.39). **Under 17 Women.** 16. B&B "A" (Liberty Whyte 14.26, Carys Firth 14.28, Millie May Collins Smith 15.17) 44.11, 42. B&B "B" (Emily Deveney 16.43, Olivia Magee Brown 15.54, Molly Shaw 17.28) 50.05. **Under 15 Boys.** 9. B&B "A" (Lucas Elmqvist 12.59, Joseph Hill 13.36, Joseph Scanes 12.57) 39.32, 59. B&B "B" (Jed Starvis 14.07, Tane Chambers 14.24, Samuel Barlow 16.45) 45.16. Inc. B&B "C" (Ben O Grady 15.28). **Under 15 Girls.** 13. B&B "A" (Naimah Mossi 14.40, Luciana Smith 14.58, Megan Barlow 15.03) 44.41, 39. B&B "B" (Cristina Gilodi Johnson 15.00, Isabel Pauling 16.05, Jessica Kelly 16.49) 47.54, 51. B&B "C" (Kyla Dervish 16.35, Beth Regan 16.33, Angelina Mernaka 17.01) 50.09. **Under 13 Boys.** 19 B&B (James Shaw 16.14, Kian Farrell 14.35, Harry Collins Smith 14.09) 44.58. **Under 13 Girls.** 19. B&B "A" (Evie De Bruyn 15.45, Sofia Mossi 15.46, Amelie Ramdeen 16.58) 48.29. Inc. B&B "B" (Abbie Lee 19.30)

Parkruns. Banstead Woods. 87. John Isaacs 28.36. **Bromley.** 4. Clayton Aves 18.47, 5. Nathan Crossan 19.28, 9. Steve Evenden 19.45, 22. Aaron Crossan 20.53, 24. Sara Elmqvist 21.14 (1st woman), 27. Tuan Tran 21.19, 28. Sophie Tran 21.26, 33. Harry Schmidt 21.42, 37. Adrian Stocks 21.51, 46. Micah Evans 22.22, 55. Tim Ayres 22.36, 61. Damian Hayes 22.53, 97. Ryan Tran 24.16, 207. Graham Coates 27.49. 285. Andre Verster 29:54. **Bexley.** 70. Chris Pike 25.51. **Eastbourne.** 258. Bernard Wilson 28.54, 474. Trevor Delahoy 49.23. **Greenwich.** 63. Peter Hamilton 24.51. **Beckenham Place park.** 77. David Beadle 24.46, 109. Zoe Kingsmell 26.30, 149. Iain Swatton 28.20, 251. Andrew Kingsmell 40.26. **Lymington Woodside.** 27. James Cunningham 22.54. **Hoblingwell.** 1. Andrea Clement 18.44, 30. Gareth Griffin 28.40. **Dulwich.** 61. Rod Harrington 20.56. **Orpington.** 2. Alessio Tutt 18.23, 4. Cameron Kelly-Gordon 20.34 (1st woman), 122. Karen Desborough 33.56. **Tonbridge.** 35. Mark Ellison 22.48. **Penrose.** 15. Robert Perry 20.31. **Lullingstone.** 3. Steve Hough 20.16. **Exmouth.** 63. Bob Minting 22.28. **Victoria Dock.** 49. George Collins 23.44. **Fort William.** 21. Adrian Perry 41.30. **Sutton Park.** 103. Mick Keene 27.53. **Bethlem Royal Hospital.** 9. Katy Sugden 22.00 (1st woman). **Sutcliffe park.** 57. Barry Wetherilt 24.45. **Swanley.** 11. Austin Adams 24.14. **Mote Park.** 179. Tom Phillips 49.59. **Holyrood.** 64. Steven Pairman 23.00.

9/10/22

Bank Of America Chicago Marathon. 2306. Francois Berrier 3.02.30, 3485. William Brindley 3.11.37.

Petts Wood 10km. 2. David Adams 36.37, 3. Graeme Lugar 37.09, 14. Darren Corneille 39.38, 138. Robert Whyte 47.58, 180. Chris Fishlock 49.15, 187. Mike Simms 49.40, 222. Austin Adams 50.53.

Worthing 10km. 75. Simon Harris 38.47 (38.40).

East Grinstead Andy Ripley 10km (MT). 1. Rob Donohue 37.40 (34.45).

14/10/22

Nuttycombe Invitational, Madison WI, USA. Women. 88. Katy Ann McDonald 20.50.

15/10/22

Cardiff Cross Challenge. Men. 5. Dan Kennedy 32.25. **Women.** 8. Niamh Bridson Hubbard 21.10. **Under 20/17 Women.** 29. Lara Mannes 16.18.

Colorado State University Homecoming 5km. 5. Joe Rogers 15.45.

Kent League, Swanley Park. Senior Men. 5. Angus Harrington 25.19, 14. Micah Evans 26.06, 18. Miles Brown 26.26, 32. Blair Wilson 27.35, 38. David Adams 27.52, 44. Alessio Tutt 28.10, 45. Fintan Parkinson 28.11, 47. Roger Vilardell 28.23, 50. Graeme Lugar 28.28, 77. Steve Hough 30.15, 82. Simon Harris 30.19, 84. Roger Beswick 30.20, 87. Bertie Harrington 30.22, 88. Paul Sharpe 30.31, 91. Ian Scott 30.37, 109. Joshua Dowling 31.23, 137. Steve Evenden 32.31, 155. Matthew Maddocks 33.19, 156. Jason Meers 33.19, 179. Steve Pairman 34.44, 196. Rod Harrington 35.53, 200. Harry Schmidt 36.03, 201. Adrian Stocks 36.04, 213. Michael Neal 36.43, 225. Mark Ellison 37.39. Teams. 6 to score. 4. B&B 69. 12 to score. 3. B&B 536.

Senior Women. 2. Andrea Clement 27.50, 4. Chloe Sharp 29.51, 14. Amy Leach 31.43, 15. Jessica Keene 32.10, 18. Ashley Pearson 32.31, 32. Katy Sugden 34.48, 34. Sarah Belaon 35.07, 43. Sara Elmqvist 35.33, 60. Jenny Leng 37.17. Teams. 3 to score. 3. B&B 20. 6 to score. 1. B&B 85. **Under 20 Men.** 6. Thomas Sugden 18.39, 9. Ted Marston 19.25. **Under 20 Women.** 1. Hannah Clark 19.35, 2. Morgan Squibb 19.47, 4. Ailbhe Barnes 20.29, 7. Cameron Kelly Gordon 21.08, 12. Lily Meers 23.00. Teams. 1. B&B 7. **Under 17 Men.** 4. James Barnes 17.56, 8. Harry Fage 18.10, 12. Jasper Brooks 18.50, 13. Joshua Healey 18.53, 17. Mark Constable 19.16. Teams. 3. B&B 24. **Under 17 Women.** 2. Carys Firth 19.04, 4. Megan Slattery 20.04, 8. Liberty Whyte 21.03, 17. Cara Gould 22.37, 18. Isla Spink 22.38, 23. Lola Bischoff 23.41, 24. Molly Shaw 24.00, 26. Amie Gould 24.12. Teams. 1. B&B 14. **Under 15 Boys.** 1. Joseph Scanes 13.28, 4. Joseph Hill 13.52, 10. Jed Starvis 14.21, 19.

Hendri Verster 14.55, 22. Tane Chambers 14.59, 27. Nathan Clark 15.18, 39. Connor Wray 15.51, 46. Benjamin O'Grady

16.09, 53. Alex Martin 16.30, 55. Eliot Botten – Vanacore 16.45, 62. Oliver Ward 17.37. Teams. 1. B&B 15. **Under 15 Girls.** 10. Niamh Stanley 16.20, 11. Isobel Pauling 16.24, 13. Beth Regan 16.39, 19. Jessica Kelly 17.02, 22. Leah Kyriacou 17.35, 23. Kyla Dervish 17.37, 25. Lily Bridgeman 17.41, 27. Angelina Mernaka 17.44, 35. Matilda Shilland 19.21, 36. Eva Denbow 20.00. Teams. 4. B&B 34. **Under 13 Boys.** 4. Kian Farrell 10.25, 6. James Shaw 10.40, 7. Daniel Horgan 10.52, 23. James Bunn 11.35, 24. Finn Gotkine 11.40, 26. Aaron Sebuwufu 11.44, 36. Benjamin Evans 12.11, 46. Oscar Pickering 12.24, 57. Matthew Tootell 12.53. Teams. 1. B&B 17. **Under 13 Girls.** 4. Aoife McDonough 11.21, 5. Alba Homans – Yau 11.30, 6. Kara Bryan 11.33, 7. Sophie Tran 11.53, 8. Evie De Bruyn 11.56, 13. Rowan Pearson 12.24, 20. Freya Pearson 12.38, 21. Elizabeth McGillivray 12.44, 23. Amelie Remdeen 13.03, 24. Ariana Jenner – Heard 13.04, 25. Chloe Morez 13.06, 36. Mariana Caceres 13.33, 44. Francesca Newman 14.04. Teams. 1. B&B 15.

Chiltern League, Oxford. 2. Pippa Woolven* 20.55.

Arturo Barrios Invitational, College Station, TX, USA. Men. 28. Lewis Mills 24.25. **Women.** 49. Yasmin Austridge 21.45. DNF. Ava White.

Autumn Dawn 10km Battersea Park. 3. Rob Donohue 33.39.

Norman Easlea One Hour Walk, Lee Valley. 16. David Hoben* 7723m.

Parkruns. Bushy. 165. Stuart Cullum 22.57. **Bromley.** 5. Nathan Crossan 19.37, 12. William Spurle 20.17, 16. Aaron Crossan 20.39, 26. Tim Ayres 21.31, 38. Harry Schmidt 22.13, 148. James Unwin 26.24, 173. Mick Keene 27.23, 237. Andre Verster 29.54. **Bexley.** 81. Chris Pike 26.36. **Hackney Marshes.** 151. Zoe Kingsmell 26.12, 170. Andrew Kingsmell 27.05. **Hampstead Heath.** 257. Renee Toft 34.00. **Beckenham Place Park.** 61. David Beadle 25.16, 114. Iain Swatton 28.15, 135. Bernard Wilson 30.07. **Cannon Hill, Birmingham.** 17. Millie Smith 19.11. **Hoblingwell.** 15. Austin Adams 25.47. **Beckton.** 3. Clayton Aves 19.28. **Orpington.** 51. Dave Leal 25.29, 109. Karen Desborough 33.30. **Cheadle Hulme.** 24. John Isaacs 31.27. **Exmouth.** 58. Bob Minting 23.05. **Brooklands.** 2. Robert Perry 18.02, 201. Adrian Perry 35.05. **Cyclopark.** 16. Mike Simms 22.57. **Sutcliffe.** 44. Barry Wetherilt 23.47, 98. Julia Pairman 27.53. **University Parks.** 194. Zoe Martial 27.52. **Mote Park.** 34. George Collins 26.18, 119. Tom Phillips 50.02.

16/10/22

TCS Amsterdam Marathon. 950. Greg Firth 3.01.26 (3.01.21).

Lullingstone 10km. 3. Steve Hough 44.33 (44.31), 41. Austin Adams 61.27 (61.06), 42. Chris Pike 61.40 (61.27).

Capel 5. 4. Steve Cooper 29.58 (29.57)

22/10/22

Parkruns. Bromley. 2. Thomas Sugden 17.08, 6. Hannah Clark 18.14 (1st woman), 24. William Spurle 20.45, 30. Katy Sugden 21.05, 33. Tuan Tran 21.25, 34. Sophie Tran 21.26, 52. Tim Ayres 22.11, 55. Harry Schmidt 22.:20, 73. Andy Tucker 23.00, 90. Austin Adams 23.37, 149. John Leeson 25.33, 185. Ryan Tran 26.38, 244. Mick Keene 28.50, 264. Andre Verster 29.57, 376. Adrian Perry 35.36. **Bexley.** 121. Chris Pike 27.41. **Beckenham Place park.** 18. Isla Spink 21.08, 69. David Beadle 25.06, 124. John Isaacs 27.47, 205. David Appleton 34.41. **Bournemouth.** 173. Peter Hamilton 26.24. **Brueton.** 77. Mike Simms 23.47. **Lloyd park.** 26. Rod Harrington 23.26. **Worcester Pitchcroft.** 4. Ross Braden* 17.40. **Burgess park.** 86. Robert Perry 22.54. **Darlington South Park.** 2. Arthur Starvis 16.39, 14. Jed Starvis 18.46. **Orpington.** 1. Graeme Lugar 19.05, 6. Carys Firth 20.39, 126. Karen Desborough 34.30. **Tonbridge.** 166. Zoe Kingsmell 26.41, 190. Andrew Kingsmell 27.30. **Lullingstone.** 1. Steve Hough 20.31, 2. Megan Slattery 21.14(1st woman). **Clapham Common.** 40. Jessica Keene 19.40. **Foots Cray Meadows.** 40. Maz Turner 36.46, 44. John Turner 39.31. **Bethlem Royal Hospital.** 26. Iain Swatton 24.40. **Cyclopark.** 9. Steven Pairman 21.32, 51. Julia Pairman 28.38. **Sutcliffe.** 6. Darren Corneille 18.14, 54. Barry Wetherilt 23.40. **The Cinder Track, Whitby.** 16. James Bunn 20.44. **University Parks.** 241. Zoe Martial 27.55. **Mote Park.** 146. Tom Phillips 47.57.

23/10/22

Club 5, West Wickham. 1. Martin Richardson 27.36, 2. Darren Corneille 28.29, 3. David Adams 28.31, 4. Alex Middleton 28.35, 5. Fintan Parkinson 30.17, 6. Steve Hough 30.29, 7. Marco Arcuri 30.39, 8. Ian Scott 30.41, 9. Morgan Squibb 31.08, 10. Ted Marston 31.41, 11. Simon Harris 32.01, 12. Jess Keene 32.26, 13. Gareth Evans 33.10, 14. Tim Nash 34.18, 15. Steve Pairman 35.01, 16. Adrian Stocks 36.01, 17. Harry Schimide 36.20, 18. Barry Wetherilt 37.45, 19. Jenny Leng 37.46, 20. Luigi Arcuri 37.49, 21. Iain Swatton 39.37, 22. Nick Barber 40.25, 23. John Leeson 41.44, 24. Chris Pike 42.16. **Handicap.** 1. Alex Middleton 25.25, 2. David Adams 26.31, 3. Ian Scott 26.31. **Bennett Cup standings after 2 races.** 1. Adrian Stocks 54, 2. Steve Hough 43, 3. Luigi Arcuri 42, 4. Steve Pairman 37, 5=. Alex Middleton and David Lilley 30, 7=. David Adams and Cara Gould, 9. Ian Scott 28, 10=. Jenny Leng and Angus Harrington 27.

Stroud Half Marathon. 9. Dan Kennedy 32.25.

Croydon 10km. 69. Ife Salako 46.48 (46.47).

Leeds Abbey Dash 10km. 4. Graham Rush* 29.31.

28/10/22

Southland Conference Championships, Thibodaux LA, USA. 4. Yasmin Austridge 21.00.

29/10/22

Kent League, Somerhill School. Senior Men, 5. Ross Braden 27.11, 16. Miles Brown 28.19, 33. Alessio Tutt 30.09, 35. Kevin Fini 30.19, 41. Micah Evans 31.00, 43. Graeme Lugar 31.06, 48. George Shaw 31.25, 53. Darren Corneille 31.34, 58. Gregory Firth 31.50, 72. Roger Beswick 32.31, 76. Simon Harris 32.41, 86. Paul Sharpe 33.06, 99. David Lilley 33.28, 159. Francois Bernier 36.21, 166. Steve Evenden 36.41, 172. Matthew Maddocks 37.09, 185. Jason Meers 37.33, 188. Steve Pairman 37.45, 211. Harry Schmidt 39.47, 233. Luigi Arcuri 42.15. **Teams.** 4 score. 4. B&B 89. 12 to score. 3. B&B 566. **Senior Women.** 1. Andrea Clement 29.43, 3. Chloe Sharp 32.13, 5. Amy Leach 33.19, 7. Jessica Keene 33.39, 20. Ashley Pearson 36.29, 27. Jennie Butler 37.08, 45. Sarah Belaon 39.10, 50. Katy Sugden 39.33. **Teams.** 3 to score. 1. B&B 9. 6 to score. 1. B&B 63. **M70.** 1. Paul Ross Davies 25.23. **Under 20 Men.** 7. Thomas Sugden 18.45, 12. Ted Marston 19.49. **Under 20 Women.** 1. Lara Mannes 20.21, 2. Zoe White 20.52, 3. Hannah Clark 20.54, 6. Cameron Kelly Gordon 22.18, 12. Lily Meers 23.49. **Under 17 Men.** 6. Arthur Starvis 18.30, 11. Alex Middleton 18.59, 13. Franco Hillier 19.20, 14. Harry Fage 19.30, 15. Mark Constable 19.40, 16. Joshua Healey 19.54, 21. Jasper Brooks 20.43. **Teams.** 3. B&B 30. **Under 17 Women.** 2. Carys Firth 20.19, 3. Megan Slattery 20.32, 4. Liberty Whyte 21.41, 13. Isla Spink 23.08, 18. Amber Cockburn 24.58, 21. Molly Shaw 25.23, 23. Cara Gould 25.35, 26. Islay Pearson 26.32, 28. Emily Deveney 26.55. **Teams.** 1. B&B 9. **Under 15 Boys.** 1. Joseph Scanes 13.49, 3. Joseph Hill 14.07, 8. Lucas Elmqvist 14.32, 10 Jed Starvis 14.41, 19. Hendri Verster 15.07, 21. Nathan Clark 15.13, 22. Tane Chambers 15.15, 36. Kyle Firth 16.25, 47. Benjamin O'Grady 17.08, 49. Alex Martin 17.27, 53. Samuel Barlow 18.00. **Teams.** 1. B&B 12. **Under 15 Girls.** 1. Megan Barlow 15.26, 3. Naimah Mossi 15.47, 15. Luciana Smith 16.59, 17. Isabel Pauling 17.10, 19. Jessica Kelly 17.18, 23. Kyla Dervish 17.35, 24. Beth Ryan 17.41, 25. Leah Kyriacou 17.56, 27. Anglina Mernaka 18.16, 29. Lily Bridgeman 18.23, 31. Lydia Marston 18.38, 38. Caitlin Hough 19.26, 39. Matilda Shilland 19.31, 43. Eva Denbow 21.16. **Under 13 Boys.** 3. Daniel Horgan 10.40, 4. James Shaw 10.46, 5. Kian Farrell 10.50, 28. James Bunn 11.48, 31. Aaron Sebuwufu 12.01, 38. Finn Gotkine 12.16, 51. Johnny Lee 12.59, 55. Jack Barlow 13.10, 60. Oscar Pickering 13.20. **Teams.** 1. B&B 12. **Under 13 Girls.** 2. Aoife McDonough 11.09, 4. Kara Bryan 11.37, 7. Sofia Mossi 12.04, 8. Alba Hornans – Yau 12.10, 13. Rowan Pearson 12.48, 15. Amelie Ramdeen 12.59, 16. Sophie Tran 13.01, 17. Ariana Jenner – Heard 13.06, 22. Freya Pearson 13.20, 26. Elizabeth McGillivray 14.20, 30. Mariana Caceres 14.41. **Teams.** 1. B&B 13. **Big East Championships, Attleboro, MA, USA.** 5. Katy Ann McDonald 20.18. **Conference USA Championships, Denton, TX, USA.** 35. Ava White 23.12. **CUH&H Mega Cross Inter Club Invitational, Coldhams Common.** 8. Angus Harrington 31.02. **Parkruns. Bromley.** 2. Robert Perry 17.47, 18. William Spurle 20.42, 36. Harry Schmidt 21.40, 71. Stuart Cullum 23.03, 88. Tracey Ashenden 23.44, 91. Paul Kerekgyarto 23.46, 92. Austin Adams 23.48, 236. James Unwin 28.17, 272. Adrian Perry 29.49. **Bexley.** 53. Chris Pike 25.35, 246. George Collins 39.27. **Beckenham Place park.** 17. Tim Nash 21.29, 147. Bernard Wilson 29.35. **Riddlesdown.** 31. Iain Swatton 25.12, 34. David Beadle 25.40. **Dulwich.** 33. Tony Crowder 18.14. **Orpington.** 92. Mick Keene 28.04, 161. Dave Leal 35.04, 162. Karen Desborough 35.38. **Weymouth.** 3. David Adams 18.28. **Peckham Rye.** 208. Peter Rogers 29.53, 250. Maz Turner 33.55. **Malling.** 81. John Isaacs 26.56. **Exmouth.** 61. Bob Minting 22.57. **Clapham Common.** 192. James Cunningham 23.22. **Felixstowe.** 6. Steve Cooper 18.14. **Salento.** 4. Rod Harrington 22.27. **Dunstable Downs.** 31. Andrew Kingsmell 28.13, 34. Zoe Kingsmell 28.16. **Bethlem Royal Hospital.** 26. Mike Simms 27.51. Sutcliffe. 24. Barry Wetherilt 22.43, 75. Gareth Griffin 28.03, 77. Julia Pairman 28.12, 78. Steven Pairman 28.12. **Charlton.** 78. Peter Hamilton 26.32. **Swanley.** 14. Nick Barber 25.07. **Mote Park.** 135. Tom Phillips 46.35.

30/10/22

Cambridge University AC Winter Cuppers. JT. 2. Angus Harrington 41.56.

150 years ago in October 1872,

The opening run takes place from the Rye House Inn, Peckham Rye starting at 4pm. Duration of run 1 hour 20 minutes.

125 years ago in October 1897,

An ordinary run takes place from the Green Man, Blackheath. This is followed by high tea and a smoking concert. There is a water polo match against Coggnus Swimming Club at St Saviour's Baths, Southwark Bridge.

The seven and a half mile walking handicap from Chislehurst (Imperial Arms) to Blackheath (Green Man) in ordinary walking costume. It is won by H. D. Thomas.

100 years ago in October 1922,

The AGM takes place on the 21st at the Railway Hotel.

On Monday 30th there is a Bohemian Concert at the Hotel Victoria, Northumberland Avenue

Blackheath Harriers.

Grand Bohemian Concert

AT
THE HOTEL VICTORIA
(KING EDWARD VII. ROOMS),
: NORTHUMBERLAND AVENUE :
On Monday, 30th October, 1922

ARTISTES :

DORA SQUIRES (Contralto) **MIMI COTTET** (Soubrette)
VIOLET PURRY (Elocutioniste)
STANLEY THOMSON (Tenor) **RAMSAY MOIR** (Baritone)
A. W. CLAY THOMAS (Baritone)
ERNEST HILL (Entertainer) **ROGER HODGE** (Songs at the Piano)
FRED GOODYER (Humorist)
HERBERT DAVIES (Violinist) **CYRIL WARREN** (Pianist and Entertainer)

TICKETS 3/- EACH (including Tax)
Can be obtained from the following—J. P. Amis, F. L. Gilbert, T. K. Grant, H. G. Hammond, B. H. Lymbery, W. R. Moir, J. F. Ponsford, A. R. Pearson, R. W. Pattison, T. W. B. Purchase, C. A. Peachey, and H. W. E. Sercombe; or from the Joint Social Hon. Secretaries.
W. S. A. WINTER, 13, Chalsey Road, Brockley, S.E. 4.
A. T. G. TRUMBLE, 56, Claverton Street, S.W. 1.

FUTURE SOCIAL EVENTS
Dance at Caxton Hall, Westminster, 23rd November, 1922.
Fancy Dress Dance at Blackheath Concert Hall, 7th February, 1923.

WILKINSON BROS., LTD., 37-43, Green Lanes, London, N. 16. 6930.

A NOSTALGIC HANDBILL

75 years ago in October 1947.

The Club 5 is incorporated in match against Surrey AC. Seventy Club members take part as well as 18 from Surrey AC. Winner is H N Nunns.

At the AGM Sydney Wooderson introduces his successor G H Wilkinson.

50 years ago in October 1972

Bob Richardson wins the Club 5 from Chris Haines with Peter Horwood third. Douglas Tingey wins the handicap. Blackheath beat London University in a Mob Match at Parliament Hill with scoring 28 a side. First home is Bob Richardson. Wigmore Ladies officials confirmed at the GM are President – George Stratford, Secretary and Treasurer – Daphne Reed, Captain – Miss Nicola Klarkowski.

25 years ago in October 1997

It is a memorable month for Dave Taylor. He is the first Briton home at the World Half Marathon Championships at Kosice, Slovakia. He times 63.24. He goes through 5km in 14.35, 10k in 29.26 and 15k in 44.30 before starting to tire. Mark Steinle does not run as he had hoped finishing in 87th place in 65.36. Dave follows this performance by breaking the Club Marathon record at Frankfurt at the end of the month. His time of 2.13.27 takes over two minutes off the previous record of Bill Foster (2.15.49) set in 1995. Also on the roads Darrell Smith wins the Tonbridge 10 in 50.03 and Gareth Griffin becomes the youngest ever person to complete the London to Brighton race. At the age of 18 he times 8.38.15 but that is just part of the story...

London to Brighton,

Sunday 5th October 1997

Sunday, 5th October was another special day in the history of the Club. The first London to Brighton took place in 1951 and this was the 47th running of the event. It starts at 7am on Westminster Bridge and yet at 6.45 you wouldn't believe that anything was about to happen; you wonder if you're in the right place. The field of 120 then appear from nowhere and on the first stroke of 7 from Big Ben, they're off.

Our team is numbered 1 to 6; it includes John E Turner who does it every year, Colin Poole who is starting for the third time and Alan Jones for the 2nd. Trevor Wood, Gareth Griffin and Brian Smith are all virgins. JET has always wanted to be part of a Blackheath team. Will this be the year? During 1997 the age range for our Southern League Division 7 team was 16 to 65. For the London to Brighton it was 18 to 60? Who said there is a generation gap?

It was Blackheath at it's best. The number of supporters was superb. You kept on being surprised at the frequency of bumping into people you didn't expect to see. The support was tremendous and it made you proud to be a Blackheath Harrier.

Four finished with Trevor Wood leading us home in 8 hours 26 mins. Gareth came in 12 minutes later just two minutes ahead of JET. Over an hour later Brian Smith came home in 9 hours 44 mins. With 4 to score, we finished a team for the first time for many years. They were rewarded with SEAA Championship medals as the event had hosted the 1997 SEAA Ultra Distance Championship.

It was a remarkable achievement. Trevor always had a smile when you greeted him, but you could see it hurt when he didn't think anyone was around. JET always finishes and always seemed to be enjoying himself. Brian Smith was apparently very underprepared but was totally

laid-back and relaxed throughout the whole journey.

Sally Gunnell was at the finish to welcome the first three and present them with their awards, but she really missed the main story which was reported in Athletics Weekly. The previous week we had celebrated the success of our juniors in the European Juniors Club Cup. This week we celebrated another remarkable achievement by a junior member of the Club.

18 months previously Gareth Griffin had cancer and was undergoing treatment, including Radiotherapy at St Thomas' Hospital, so you can imagine his thoughts as he passed that Hospital immediately after the start of the race. The treatment was successful, the results showing that he has fully recovered his health. He ran to prove how well he was, he ran in an attempt to beat his Dad's best time of 8 hours 42 mins and he ran to raise money for the Macmillan Cancer Appeal. How brilliantly he performed. At the top of Ditchling Beacon he had 57 minutes to do the last 6 miles and his Dad said "Its all down to pride now". He made it with 4 minutes to spare.

I was there and it was a privilege to share such a moment.

At the main presentation Gareth was presented with a cut-glass tankard, a gift from St Thomas' Hospital. On it is inscribed 'Gareth Griffin, what an Inspiration'. After his story was told he was given a standing ovation with not many dry eyes in the house. He had rightly worn Number 1 in the race. He was duly acclaimed the following Wednesday at the Club where he deservedly received his second standing ovation.

Our Club History and our Gazettes tell us that we won the individual and team awards in the first two London to Brighton races. Lew Piper and Derek Reynolds may have run faster over the old shorter and flatter course but they would certainly be very proud of their 1997 successors as should we all.

M. M.

Where does he get it from....

The Lobotomy Run (a night out with the lads)

My husband travels abroad fairly frequently and being a kind, thoughtful and generous man, he often brings me back lovely gifts or arranges a surprise treat for me instead. This usually takes the form of a no-expense-spared meal at the local Harvester (get there at 5 o'clock and get a third off) but this offer, one balmy evening in the summer nearly took my breath away.

"Darling", he whispered in my ear, "Let me take you away for the weekend. I've got just the place in mind. It's only open to a very select number, we can spend the night under the stars, watching the ever-changing panorama as the first fingers of dawn kiss the early morning dew. There will be exotic foods, stimulating drinks and, last but not least, me, half-naked and giving everything to my performance!" "How can I refuse?" I replied all a-quiver. "Leave everything to me beloved, I'll make it a weekend to remember". He is so masterful at times.

The weekend extravaganza was planned for the 11th and 12th of October and as the date approached I turned a deaf ear to furtive 'phone calls and ignored the mad dash to reach the mail each morning. On Friday evening, full of eager anticipation, I carefully packed my overnight case with a slinky, satin nightie and a large bottle of Obsession (what more does a girl need?) and then my hero came up

to me and said, "I think you might need these!" I looked in astonishment at the pile of jumpers, leggings, socks, boots, hats and waterproofs that he dumped at my feet but just then I caught a glimpse of his favourite New Balance shoes peeking cheekily out of his bag and a terrible suspicion leapt into my mind. "You wouldn't by any chance be thinking of going for a run some time this weekend would you?"

I must admit, Richard did have the grace to look sheepish as he nodded and mumbled, "Not just for a bit of it, I'm afraid, all of it - it's the Sri Chinmoy 24 Hour Race at Tooting Bec. All the food is ready and I've hooked the trailer tent up to the car. There's loads of bananas and Isostar for you to make up and best of all we've got smelly eggy sandwiches!" He looked so pleased with himself that all I could do was smile sweetly and seethe inwardly.

We arrived at the track at 10 am Saturday and were really lucky to get a prime position, just next to a "doggy-do" bin, beneath a floodlight and in direct line of fire from the pigeons roosting overhead. Richard laid out his kit of 2 pairs of gloves, 4 hats, 8 T-shirts, 4 vests, 3 pairs of shorts, 2 tracksters and a waterproof jacket to which he attached the number 26!

I was shown where I could get hot drinks and where the hot food would be served - slimy pasta -yuk! More importantly I found the one warm place in the whole of the arena - the loos!

The tension was mounting as the time came for the 45 runners to make their way to the start line and then suddenly they were off - tearing around the track at the break-neck speed of 3 mph. The rain fell, the thunder rolled and still those athletes ran on and on and on .

The growing crowd of spectators (at least 10 by now) were almost whipped to a frenzy in anticipation of the next highlight; after 4 hours the runners changed direction. The excitement was intense, would they all manage it or would it prove just too much for these poor, tortured souls? Hurrah! They all came through safely without loss of life or injury to limb and some even had the strength to wave.

So the pattern continued until 2 am, the heavens poured down freezing, driving rain, the wind increased to gale-force and just to cap it all, the zip on the tent door broke, allowing all the aforementioned elements to come in and join me.

By now, Richard's brain was completely anaesthetised by the cold and it was a simple job to coax him into the tent with the promise of a steaming cup of Bovril and once there, to pounce on him, bundle him into a sleeping bag and thaw him out in the arms of Morpheus for a couple of hours.

A friendly race marshall called him at 4.30am and, looking awful but smelling even worse, Richard stumbled his way back on to the track. Around 9 am the weather changed for the better - even the sun managed to come out and peer in disbelief at the spectacle unfolding beneath its warming rays.

At long last, the hooter sounded at noon to mark the end of the gruelling run and Richard staggered back to the tent, after completing 72 miles.

He sat shaking with his Bacofol blanket wrapped around his exhausted frame and as I peeled off his soaking wet socks and lovingly tended his blisters, I had to ask, "Why do you do it?" A true runner, he replied, "For fun of course! !"

S.G.

Mark Watling travels down from Scotland to win the Club 5 with Richard Daniels second and Grant Holbrook third. First year under 17 Peter Tucker is 5th and 14 year old Gemma Steinle wins the womens race with Anne Cilia second and Cath Messent third. Simon Lloyd competes in his first race since a near fatal accident in February.

The British Athletics Federation (BAF) go into administration. The Club is a creditor owed £2350 for an agreed contribution to expenses for the European Champion Clubs Cup for Juniors in Zagreb. The Courier comments "While one may not envy the task taken on by David Moorcroft, the ordinary club runner who pays all his own race entry fees, his travel and accomodation, buys his own kit and pays the Physio, is unlikely to waste much sympathy over the past policies which have landed the BAF in it".