



# Blackheath & Bromley Courier

December 2022.

President 2022-23. David Appleton.

Editor. Pat Calnan ([p.calnan@btinternet.com](mailto:p.calnan@btinternet.com))



## London Regional Volunteer Awards.

The Club had two winners at this years London Regional Awards and one runner up.

### Winner of Coach Of The Year – Jay Galley



Congratulations to Jay. Of course he contributes far more than just being a coach, as he organises the Bromley Boroughs London Youth Games teams and the Mini Marathons and has supplied a wealth of photographs from fixtures over the years.

### Winner of Newcomer To Volunteering – Alex Pope



Again congratulations to Alex. “Newcomer” to volunteering? It seems like he has been volunteering to do things for the Club for years given the number of extra points he has scored for our track and field teams. He is the Club’s highest ever points scorer in the British Athletics League. He has now started to pass on his knowledge and experience to our youngsters.

### Runner Up of Club Leader Of The Year – Paul Byfield





It's a shame Paul only got the runner up award but it's still great recognition for someone who has done so much for the Club in so many ways. (above, Paul in his younger days before things took off)

## Gazette

The latest edition of the Gazette appeared. It takes us up until the March 2021 AGM. Editor Wilf Orton is looking to stand down as editor but until a replacement is found he will soldier on. Send him your copy!

### Club Dinner November 2022

Guest speaker at the Club Dinner was Matt Lawton, Chief Sports Correspondent from The Times, and a former Senior and Young Athlete at the Club. It's a shame we don't have more Club Socials. Matt reminisced about his days with the Club and shared some of his experiences in the media. How many people can say they have been out for a run with Seb Coe and Boris Johnson or how many can say they have been out for a run with Matt Lawton and Seb Coe or how many can say they have run with Boris Johnson and Matt Lawton? There is no pictorial evidence of this event but instead here are some studies of the author as a young man.



Kent Champs, Mote Park, 14th December 1991. Left to right. Tim Nash, Mark Colpus, Matt Lawton, Alan Guilder, Richard Coles and Spencer Newport. The eagle eyed may also see Alan Camp disguised in a Dartford vest. Results were... 2 S Newport 38.15; 8 D Taylor 39.00; 9 A Guilder 39.06; 15 A Hollens 40.00; 21 M Colpus 40.27; 23 T Nash 40.34; 24 M Lawton 40.44; 27 M Watling 40.51; 30 Roy Smith 41.15; 35 R Coles 41.38; 43 J Jefferies 42.11; 59 K Daniel 43.46; 70 C Griffin 44.32; 77 J Phelan 44.45; 119 J R Turner 47.35; 125 I Wilson 47.50; 128 C Knowles 48.05; 144 P Shepherd 49.08; 184 S Parsons 51.41; 209 D Dhammaloka 54.56; 217 A Foreman 56.23; 236 S Fagg 59.31; Teams(Scoring 6 ) 1 BH'A' 78; 10 BH'B' 584. Mark Colpus was wearing a black armband in tribute to the great Gordon Pirie who passed away on the 7th December. Mark was receiving coaching advice from Pirie. Mark can be seen periodically in the Star And Garter in Bromley or The Red Lion, and sends his regards to all at the Club who know him, and all those who don't.





Above, the Herne Hill Harriers Centenary Cross Country. Left to right. Tim Nash, Garry Spencer, Richard Coles, Nick May, Nick Kinsey, Dave Hassall, Rob Farish, Pat Calnan, Matt Lawton, Mark Colpus, Pet Barlow



## Results.

**5/11/22**

**ECCA National Cross Country Relays, Mansfield. Senior Men.** Inc. B&B (Henry Fisher 17.28.70, Micah Evans 18.22.55) **Senior Women.** 7. B&B "A" (Chloe Sharp 10.20.50, Niamh Bridson Hubbard 9.59.00, Millie Smith 10.56.40) 31.15.90, 34. B&B "B" (Naomi Kingston 10.46.60, Leah Everson 11.39.75, Amy Leach 11.32.55) 33.58.90. **Under 20 Men.** 38. B&B (Miles Brown 9.23.05, Thomas Sugden 9.59.70, George Shaw 10.18.95) 29.41.70. Inc. B&B "B" (Ted Marston 10.30.85). **Under 20 Women.** 9. B&B "A" (Morgan Squibb 9.09.45, Hannah Clark 9.23.75, Lara Mannes 9.27.90) 28.01.10, Inc. B&B "B" (Kate Price 10.14.25, Lily Meers 10.25.80). **Under 17 Men.** 26. B&B (Arthur Starvis 9.34.50, Harry Fage 10.21.80, Alexander Middleton 9.57.40) 29.53.60. **Under 17 Women.** 24. B&B "A" (Liberty Whyte 9.22.05, Millie May Collins Smith 10.21.75, Olivia Magee Brown 10.51.15) 30.34.95, 42. B&B "B" (Molly Shaw 10.48.70, Emily Deveney 11.19.95, Lola Bischoff 11.25.70) 33.34.35. **Under 15 Boys.** 7. B&B "A" (Joseph Hill 6.42.25, Jed Starvis 7.00.70, Joseph Scanes 6.40.50) 20.23.50, 40. B&B "B" (Hendri Verster 6.50.15, Tane Chambers 7.32.80, Ben O'Grady 7.47.80) 22.10.75, 73. B&B "C" (Alex Martin 8.01.20, Oliver Ward 8.42.40, Samuel Barlow 8.23.90) 25.07.50. **Under 15 Girls.** 2. B&B (Megan Barlow 7.12.30, Naimah Mossi 7.40.70, Luciana Smith 7.30.00) 22.23, 43. B&B "B" (Niamh Stanley 7.58.10, Isabel Pauling 8.15.30, Beth Regan 8.21.10) 24.34.40, 56. B&B "C" (Jessica Kelly 8.01.90, Leah Kyriacou 8.53.30, Kyla Dervish 8.30.00) 25.25.10. **Under 13 Boys.** 12. B&B "A" (Harry Collins Smith 7.37.35, Daniel Horgan 7.28.55, James Shaw 7.24.60) 22.30.50, 33. B&B "B" (Kian Farrell 7.03.30, Benjamin Evans 8.41.80, Aaran Sebuwufu 8.20.95) 24.06.05. **Under 13 Girls.** 22. B&B (Hissa Al Faisal 8.38.55, Sofia Mossi 8.18.30, Devora Yohannes 8.03.80) 25.00.65. **Parkruns. Greenwich.** 78. Chris Pike 25.15. **Hampstead Heath.** 10. Marco Arcuri 20.03, 84. Luigi Arcuri 24.45, 175. Zoe Kingsmill 28.44, 219. Andrew Kingsmill 30.58. **Beckenham Place park.** 8. Clayton Aves 19.59, 21. Isla Spink 21.19 (1st woman), 44. Adrian Stocks 22.58, 97. David Beadle 25.51, 133. Iain Swatton 27.37. **Mansfield.** 35. Mick Keene 27.03. **Lloyd park, Croydon.** 25. Harry Schmidt 24.02. **Mile End.** 249. George Collins 29.58. **Hilly Fields.** 29. Sophie Tran 22.07, 40. Tuan Tran 22.35, 114. Ryan Tran 26.10. **Orpington.** 1. Graeme Lugar 18.42, 3. Aoife McDonagh 19.47 (1st woman), 16. Ashley Pearson 21.58, 40. Rowan Pearson 23.49, 56. Islay Pearson 25.21, 57. Dave Leal 25.23, 106. Carys Firth 28.25, 139. Karen Desborough 33.41, 144. Freya Pearson 34.32. **Weymouth.** 181. Adrian Perry 35.42. **Tonbridge.** 65. Mark Ellison 23.07, 209. Anne Cilia 28.17. **Tooting Common.** 197. Ian Montgomery 24.53. **Sittingbourne.** 37. Gareth Griffin 26.14, 48. John Isaacs 26.53, 113. David Appleton 32.48, 122. Bob Thomas 34.51. **Exmouth.** 75. Bob Minting 23.43. **Clapham Common.** 108. James Cunningham 22.21. **Foots Cray Meadows.** 21. John Turner 27.00, 43. Maz Turner 36.26. **Woolacombe Dunes.** 12. Barry Wetherilt 27.51. **Bethlem Royal Hospital.** 31. Tim Ayres 24.22, 37. Stuart Cullum 25.15, 41. Mike Simms 25.59. **Sutcliffe.** 7. Darren Corneille 17.56. Mote Park. 290. Tom Phillips 38.46.

**6/11/22**

**Park Wood junior parkrun.** 1. Nathan Crossan 08.26, 2. Aaron Crossan 08.37.

**11/11/22**

**NCAA D1. South Central Region Champs, College Station, Texas, USA. Men.** 36. Lewis Mills. **Women.** 29. Yasmin Austridge 21.19, 109. Ava White 23.07.

**12/11/22**

**Kent League, Danson League. Senior Women.** 1. Andrea Clement 30.46, 2. Chloe Sharp 32.01, 13. Jessica Keene 34.47, 16. Leah Everson 35.38, 21. Ashley Pearson 36.14, 35. Katy Sugden 37.27, 48. Sara Elmqvist 39.00. Teams. 3 to score. 1. B&B 16. 6 to score. 1. B&B 88. **M70.** 1. Paul Ross Davies 25.42. **Under 20 Men.** 2. Miles Brown 17.51, 4. Thomas Sugden 18.51, 5. Alessio Tutt 18.52, 9. Ted Marston 19.30. Teams. 1. B&B 11. **Under 20 Women.** 1. Morgan Squibb 20.28, 2. Hannah Clark 20.53, 6. Ailbhe Barnes 22.26, 13. Lily Meers 24.04. Teams. 1. B&B 9. **Under 17 Men.** 3. Arthur Starvis 18.23, 6. Alexander Middleton 18.45, 7. Harry Fage 18.57, 8. Franco Hillier 19.00, 12. Jasper Brooks 19.28, 15. Joshua Healey 19.46. Teams. 1. B&B 16. **Under 17 Women.** 5. Liberty Whyte 21.59, 10. Isla Spink 23.13, 12. Molly Shaw 24.17, 14. Amber Cockburn 24.51, 16. Emily Deveney 25.31, 17. Islay Pearson 25.35, 21. Lola Bischoff 26.29. Teams. 2. B&B 27. **Under 15 Boys.** 1. Joseph Scanes 14.38, 3. Joseph Hill 15.06, 6. Jed Starvis 15.21, 7. Lucas Elmqvist 15.27, 15. Tane Chambers 16.17, 19. Benjamin O'Grady 16.41, 23. Hendri Verster 17.04, 39. Alex Martin 18.07, 41. Samuel Barlow 18.24, 43. Eliot Botten Vanacore 18.34, 44. Oliver Ward 19.57. Teams. 1. B&B 10. **Under 15 Girls.** 1. Megan Barlow 16.32, 6. Naimah Mossi 16.45, 13. Luciana Smith 17.59, 15. Jessica Kelly 18.07, 16. Beth Regan 18.21, 18. Lydia Marston 18.32, 19. Kyla Dervish 18.38, 23. Angelina Mernaka 19.39, 24. Lily Bridgeman 19.42, 26. Leah Kyriacou 20.00, 29. Matilda Shilland 20.50, 36. Eva Denbow 22.18. Teams. 2. B&B 20. **Under 13 Boys.** 2. James Shaw 11.30, 3. Kian Farrell 11.35, 10. Alex Smith 12.19, 16. James Bunn 12.32, 17. Aaron

Sebuwufu 12.38, 21. Finn Gotkine 12.48, 36. Benjamin Evans 13.33, 39. Jack Barlow 13.40, 43. Oscar Pickering 13.55, 44. Johnny Lee 13.55. Teams. 1. B&B 15. **Under 13 Girls.** 1. Aoife McDonagh 11.49, 4. Alba Homans Yau 12.32, 5. Evie De Bruyn 12.34, 6. Sofia Mossi 12.50, 10. Ariana Jenner Heard 13.02, 13. Amelie Ramdeen 13.14, 14. Sophie Tran 13.19, 16. Rowan Pearson 13.38, 33. Abbie Lee 15.57. Teams. 1. B&B 10.

**Chiltern League including British Challenge, Milton Keynes. Senior Men.** 174. Darren Corneille 36.07. **Senior Women.** 9. Jennifer Walsh\* 24.51. **Under 20 Women.** 44. Lara Mannes 19.39.

**Enfield Open 7.** 6 mile walk. 1. David Hoben\* 74.25.

**Birmingham League, Crewe. Men.** 5. Charlie Davis\* 29.21, 23. Will Fuller\* 31.05.

**Parkruns. Bromley.** 1. Daniel Kennedy 16.46, 10. Paul Sharpe 18.05, 12. Clayton Aves 18.22, 16. Steve Evenden 19.08, 34. Steven Pairman 20.15, 37. Matthew Maddocks 20.30, 52. Harry Schmidt 21.07, 80. Robert Whyte 22.31, 94. Austin Adams 22.51, 248. Mick Keene 27.04, 383. Matthew Ellerton 32.08. **Trelissick.** 1. Robert Perry 18.23, 158. Adrian Perry 38.33.

**Beckenham Place park.** 21. Rod Harrington 21.23, 102. Zoe Kingsmell 26.47, 131. Andrew Kingsmell 28.15, 177. Andy Tucker 31.32. **Bournemouth.** 123. Peter Hamilton 25.43. **Orpington.** 11. Jason Meers 22.17, 47. Dave Leal 25.38. **Southwark.** 182. Claire Springett 26.30. **Kesgrave.** 4. Steve Cooper 18.54. **Exmouth.** 99. Bob Minting 26.17. **Foots Cray Meadows.** 14. John Turner 26.31, 22. John Isaacs 28.13, 34. David Appleton 33.22, 37. Maz Turner 36.10. **Kingdom.** 36. George Collins 27.35. **Uckfield.** 23. Ian Montgomery 26.06. **Bethlem Royal Hospital.** 20. James Unwin 27.00. **Sutcliffe.** 4. David Adams 17.31. **Mote Park.** 217. Tom Phillips 38.09. **Holyrood.** 169. Niamh Milmo 26.11.

**13/11/22**

**Kent Fitness League, Swanley.** 15. David Adams 31.14, 122. Jennie Butler 36.57, 308. John Leeson 43.38.

**Bromley junior parkrun.** 1. Benjamin Evans 07.53, 2. Nathan Crossan 07.57. Eltham junior park. 2. Aaron Crossan 08,35 **19/11/22**

**London Championships, Parliament Hill. Senior Men.** 31. Rob Donohue 37.45, 51. Alex Gibbins 38.45, 55. Martin Richardson 38.57, 56. Micah Evans 39.01, 91. Graeme Lugar 40.23, 94. David Adams 40.35, 103. Blair Wilson 40.52, 141. Gregory Firth 42.16, 197. Steve Hough 43.50, 206. Ian Scott 44.22, 262. Steve Evenden 46.48, 328. Matthew Maddocks 50.15, 379. Luigi Arcuri 53.46. Teams. 7. B&B 193. **Senior Women.** 10. Naomi Kingston 22.42, 32. Jessica Keene 24.18, 69. Jennie Butler 25.52, 71. Ashley Pearson 26.06. Teams. 10. B&B 182.

**London Youth Games (Borough Championships), Parliament Hill. Under 17 Men.** 9. Alex Middleton 17.26, 10. Arthur Starvis 17.29, 18. Harry Fage 17.48, 19. Mark Constable 17.50, 23. Franco Hillier 17.58, 30. Jasper Brooks 18.11, 36. Joshua Healey 18.21. Teams. 2. Bromley 37. **Under 17 Women.** 2. Liberty Whyte 11.53, 4. Megan Slattery 11.57, 20. Isla Spink 12.54, 25. Tallulah Ndikanwu 13.05, 30. Olivia Magee Brown 13.14, 41. Cara Gould 13.41, 53. Molly Shaw 14.08, 54. Islay Pearson 14.13, 61. Assia El Mourtabite 14.36, 74. Lola Bischoff 15.43. Teams. 1. Bromley 20. **Under 15 Boys.** 3. Joseph Scanes 10.28, 7. Joseph Hill 10.40, 13. Lucas Elmqvist 10.55, 39. Jed Starvis 11.20, 45. Ryan Alfred Smith 11.28, 58. Tane Chambers 11.38, 63. Nathan Clark 11.41, 90. Benjamin O'Grady 12.09, 118. Alex Martin 12.32, 136. Samuel Barlow 12.54. Teams. 2. Bromley 23. **Under 15 Girls.** 1. Megan Barlow 7.33, 12. Luciana Smith 8.07, 23. Naimah Mossi 8.24, 26. Lydia Witcombe 8.26, 31. Jessica Kelly 8.31, 34. Isabel Pauling 8.33, 38. Beth Regan 8.37, 42. Lily Bridgeman 8.42, 51. Caitlin Hough 8.52, 53. Leah Kyriacou 8.52, 57. Lydia Marston 8.55, 60. Angelina Mernaka 8.57, 86. Eva Chambers 9.13. Teams. 3. Bromley 36. **Under 13 Boys.** 6. Kian Farrell 7.38, 10. James Shaw 7.43, 17. Matias Caceres 7.55, 20. Daniel Horgan 7.56, 71. Nathan Crossan 8.34, 79. James Bunn 8.38, 82. Liam Hough 8.39, 112. Benjamin Evans 8.52, 125. Aaron Crossan 8.58, 130. Jack Barlow 8.59, 197. Archie Bates 9.44, 205. Johnny Lee 9.55. Teams. 3. Bromley 33. **Under 13 Girls.** 5. Aoife McDonough 8.09, 7. Alba Homans –Yu 8.19, 10. Kara Bryan 8.24, 17. Martha Warner 8.31, 18. Ariana Jenner Heard 8.36, 24. Sophie Tran 8.47, 39. Amelie Ramdeen 8.57, 44. Rowan Pearson 9.00, 47. Elizabeth McGillivray 9.02, 48. Freya Pearson 9.02, 53. Evie De Bruyn 9.05, 64. Chloe Morez 9.10. Teams. 1. Bromley 22.

**Golden Leaf 10km, Battersea Park.** 18. Fintan Parkinson 34.49, 74. Simon Harris 37.55.

**RunThrough Battersea Park, Half Marathon.** 321. Nigel Bewsher 1.49.10 (1.48.22)

**NCAA D1 Champs, Stillwater, OK, USA. Women.** 26. Katy Ann McDonald 21.33.

**Parkruns. Amager Fælled.** 7. Bertie Harrington 20.09. **Bromley.** 1. Thomas Sugden 16.35, 6. Roger Beswick 18.16, 7. Paul Sharpe 18.27, 9. Clayton Aves 18.32, 40. Katy Sugden 20.36, 43. Harry Schmidt 20.53, 46. Tim Ayres 21.10, 55. Stuart Cullum 21.42, 68. Paul Kerekgyarto 22.10, 130. Austin Adams 23.59, 136. Ian Montgomery 24.10, 187. James Unwin 25.26, 224. Mick Keene 26.27, 302. Jackie Montgomery 28.33, 303. Bernard Wilson 28.34. **Bexley.** 57. Chris Pike 25.26. **Beckenham Place park.** 22. Rod Harrington 21.29, 114. Nigel Wood 26.40, 172. Iain Swatton 28.58. **Nonsuch.** 144. George Collins 25.05. **Hoblingwell.** 15. Nick Barber 24.46, 30. John Isaacs 28.12, 41. David Appleton 33.39, 46. Anthony Pontifex 36.24. **Dulwich.**

496. Adrian Perry 35.04. **Orpington**. 7. Cameron Kelly-Gordon 20.59 (1st woman), 134. Karen Desborough 33.43. **Exeter Riverside**. 90. Cameron Swatton 25.41. **Dartford**. 63. Gareth Griffin 27.53. **Harlow**. 83. Zoe Kingsmill 26.52, 96. Andrew Kingsmill 27.56. **Tooting Common**. 91. James Cunningham 22.37. **Stratford-upon-Avon**. 4. Robert Perry 17.14. **Exmouth**. 117. Bob Minting 25.44. **Sutcliffe**. 24. Steve Pairman 20.47, 61. Barry Wetherilt 24.01, 121. Julia Pairman 28.36. **Mote Park**. 157. Tom Phillips 34.51.

## **20/11/22**

**Tadcaster**. 10. 1. Graham Rush 50.04.

**Brampton To Carlisle 10**. 1. Phil Sesemann 48.48 (48.47).

**Kent Fitness League, Oxleas Wood**. 10. David Adams 37.39.

**Midland Area Winter League Series, New College Cycle Circuit**. 5kw. 7. Roger Michell 32.35.

**London Universities and Colleges Championships, Lee Valley. Men**. 60. Ht1. 4. Harry North 7.45. 200. Ht2. 1. Harry North 23.8. 400. Ht1. 2. Harry North 51.9.

**Junior parkruns. Bromley**. 3. Nathan Crossan 7.58, 4. Benjamin Evans 8.16. **Eltham**. 2. Aaron Crossan 8.46.

## **26/11/22**

**British Athletics Cross Challenge (including European Trials), Sefton Park. Senior Men**. 59. Charlie Davis\* 31.53. **Short Course**. 11. Alex Botterill\* 4.42. **Senior Women**. 16. Jennifer Walsh\* 28.26, 18. Niamh Bridson Hubbard 28.28.

**Kent League, Foots Cray. Senior Men**. 12. Rob Donohue 28.59, 15. Dominic Smith 29.10, 21. Martin Richardson 29.35, 22. Micah Evans 29.37, 36. Dylan Mitchard 30.43, 37. Blair Wilson 30.44, 41. Fintan Parkinson 30.58, 42. Graeme Lugar 31.00, 47. Darren Corneille 31.26, 48. David Adams 31.33, 75. Steve Hough 33.12, 79. Simon Harris 33.19, 86. Roger Beswick 33.42, 87. Ian Scott 33.42, 120. Steve Evenden 35.29, 144. Jason Meers 36.35, 167. Rod Harrington 38.09, 181. Glenn Dyckhoff 39.19, 188. Harry Schmidt 39.44, 198. Michael Neal 40.40, 201. Luigi Arcuri 41.04. Teams. 4 to score. 3. B&B 70. 12 to score. 3. B&B 475. **M70**. 2. Paul Ross Davies 23.56. **Under 20 Men**. 2. Thomas Sugden 16.26, 5. Ted Marston 17.10. Teams. Overall. 3. B&B **Under 20 Women**. 1. Hannah Clark 18.18, 3. Cameron Jelly Gordon 19.14, 5. Lily Meers 20.02. Teams. 1. B&B 9. Overall. 1. B&B 17. **Under 17 Men**. 7. Mark Constable 16.35, 8. Harry Fage 16.45, 9. Jasper Brooks 17.02, 12. Joshua Healy 17.14. Teams. 2. B&B 24. Overall. 3. B&B 14. **Under 17 Women**. 1. Megan Slattery 18.26, 3. Liberty Whyte 19.10, 10. Isla Spink 20.12, 16. Molly Shaw 22.01, 19. Islay Pearson 22.17, 21. Lola Bischoff 22.41. Teams. 2. B&B 14. Overall 2. B&B 12. **Under 15 Boys**. 3. Joseph Scanes 13.12, 4. Joseph Hill 13.12, 5. Jed Starvis 13.22, 8. Lucas Elmqvist 13.31, 16. Hendri Verster 14.11, 19. Tane Chambers 14.14, 20. Nathan Clark 14.18, 29. Benjamin O'Grady 15.04, 34. Alex Martin 15.15, 36. Connor Wray 15.25, 43. Samuel Barlow 16.06, 46. Oliver Ward 17.43. Teams. 1. B&B 12. Overall. 1. B&B 38. **Under 15 Girls**. 1. Megan Barlow 14.28, 7. Naimah Mossi 15.06, 10. Isabel Pauling 15.37, 14. Jessica Kelly 15.52, 18. Kyla Dervish 16.18, 21. Beth Regan 16.29, 22. Lydia Marston 16.32, 23. Lily Bridgeman 16.42, 24. Caitlin Hough 16.51, 25. Angelina Mernaka 16.59, 26. Leah Kyriacou 17.08, 33. Matilda Shilland 18.01, 35. Eva Denbow 19.05. Teams. 1. B&B 18. Overall. 2. B&B 16. **Under 13 Boys**. 1. James Shaw 11.15, 5. Kian Farrell 11.47, 8. Daniel Horgan 11.58, 17. James Bunn 12.23, 19. Nathan Crossan 12.31, 20. Aaron Sebuwufu 12.34, 30. Finn Gotkine 12.56, 34. Aaron Crossan 13.00, 35. Jake Martin 13.03, 40. Jack Barlow 13.20, 47. Johnny Lee 13.44, 51. Oscar Pickering 14.10. Teams. 1. B&B 14. Overall. 1. B&B 34. **Under 13 Girls**. 1. Aoife McDonagh 11.58, 5. Alba Homas – Yau 12.37, 6. Kara Bryan 12.41, 10. Sofia Mossi 13.05, 11. Sophie Tran 13.17, 12. Ariana Jenner Heard 13.19, 13. Amelie Ramdeen 13.31, 14. Freya Pearson 13.36, 17. Rowan Pearson 13.48, 29. Abbie Lee 16.05. Teams. 1. B&B 12. Overall. 1. B&B 28. **Final Top Three Individual Standings**. M70. 1. Paul Ross Davies 5. U20M. 2. Thomas Sugden 19, 3. Ted Marston 35. U20W. 1. Hannah Clark 7. U17M. 3. Harry Fage 37. U17W. 2. Liberty Whyte 20. U15B. 1. Joe Scanes 6, 2. Joseph Hill 14, 3. Jed Starvis 31. U13B. 1. James Shaw 13, 2. Kian Farrell 17. U13G. 2. Aoife McDonagh 8. Overall Club Award (Male: U/20; U/17; U/15 & U/13). Doris Lucas Memorial Trophy. Winning Club : Blackheath and Bromley H AC; Match points : 88. Overall Club Award (Female: U/20; U/17; U/15 & U/13). Royal Bank of Scotland Silver Salver. Winning Club : Blackheath and Bromley H AC; Match points : 73.

**Parkruns. Bromley**. 3. Clayton Aves 18.05, 6. Paul Sharpe 18.30, 28. Harry Schmidt 20.39, 29. Katy Sugden 20.39, 39. Paul Kerekgyarto 21.15, 42. Stuart Cullum 21.32, 78. Andy Tucker 22.59, 113. Ian Montgomery 24.08, 124. Roger Vilardell 24.25, 248. Bernard Wilson 27.52, 314. Glen Read 29.46. **Beckenham Place park**. 55. David Beadle 24.54, 77. Nigel Wood 26.15, 122. Iain Swatton 29.15. **South Norwood**. 64. John Isaacs 27.31, 99. David Appleton 33.43. **Hilly Fields**. 116. Gareth Griffin 28.47. **Orpington**. 1. Gregory Firth 19.25, 101. Karen Desborough 34.14. **Swansea Bay**. 55. Cameron Swatton 22.23. **Exmouth**. 63. Bob Minting 24.16. **Clapham Common**. 139. James Cunningham 23.22. **Foots Cray Meadows**. 13. Zoe Kingsmill 28.13. **Kingdom**. 11. Robert Perry 23.35, 90. Adrian Perry 39.06. **Rothay Park**. 8. Nick Barber 24.21. **Sutcliffe**. 61.



Steve Pairman 24.33, 69. Barry Wetherilt 24.59, 112. Julia Pairman 27.58. **Charlton.** 137. Bob Thomas 44.46. **University Parks.** 238. Mick Keene 28.11. **Mote Park.** 119. Tom Phillips 33.42.

**27/11/22**

**Wilmslow Festive 10KM.** 1. Phil Sesemann\* 29.21, 2. Graham Rush\* 29.30 (29.29).

**BMAF 10 Mile Championships, Gravesend.** 17. Darren Corneille 61.19 (61.17).

**Junior Park Runs. Eltham.** 2. Aaron Crossan 8.34.

**30/11/22**

**Cardiff Met & Birmingham University Varsity. Men.** 600. R1. 6. James Naylor 1.27.45. **Women.** 60. R1. 3. Zoe Austridge 7.99. 200. R2. 2. Zoe Austridge 26.60. 600. R2. 2. Stephanie Fisher 1.41.43.

**RunThrough Battersea Park, Chase The Moon 5km/10km.** 10km. 11. Darren Corneille 35.18.

**125 years ago in October 1897,**

Blackheath are beaten in a cross country match against hosts Cambridge University. They do, however, beat Oxford University providing the first six home.

**100 years ago in October 1922,**

Blackheath lose to Cambridge University in a match at Hayes. The Cambridge winner is H B Stallard who will go on to win the bronze medal in the 1500 metres at the 1924 Olympics.

The Club also lose a match against Oxford University and a mob match against South London Harriers.

**75 years ago in October 1947.**

Blackheath beat South London Harriers in the Mob Match at Hayes.

They also win a match against Cambridge University with Jack Braughton, Sydney Wooderson and Gordon Monshall the first three home. Fourth is Chris Brasher of Cambridge.

**50 years ago in October 1972**

Scoring 49 a side Blackheath beat hosts South London Harriers in the Mob Match at Coulsdon.

Richard Coles wins the Youths race which takes place in conjunction with the Priory Relays at Reigate. In the relays the Club are 6<sup>th</sup> with a team of Bob Hawtin, Graham Botley, Chris Woodcock, Mick Hamlin, Ian Wilson and Bob Richardson.

Pauline Wilson wins the £25 Monthly prize in the 200 Club draw.

#### CENTENARY HISTORY

Members will be delighted to know that the Centenary History is now available. The waiting is over, and the splendid volume is evidence enough that it was worth waiting for. The first 100 copies were delivered just before Christmas and have all been sold. Jointly written by D. K. Saunders and A. J. Weeks-Pearson, the book has been received with great enthusiasm and has generated enormous interest in members both young and old who have so far had a chance to read it.

Magnificently bound and with a smart dust cover, the book contains a wealth of information on the personalities and events that have made up the first hundred years of Blackheath Harriers, and it is all presented in eminently readable form.

The text is complemented by numerous illustrations, tables and appendices, and its 248 pages will undoubtedly be used as a model by other Clubs seeking to record their past. The Centenary History of Blackheath Harriers is well worth a place on your bookshelf.

#### SOCIAL NOTES

Congratulations to Mike Mahoney on his recent engagement to Janet Eynon, Croydon Harrier and Welsh sprint representative at the Edinburgh Commonwealth Games. We look forward to seeing whether this event causes him to run any faster next summer. Also to be congratulated are Chris and Maggie Haines, having recently acquired a second son, Robert (named after Robert the Bruce, Scottish king, not after Robert Richardson, English ex-king).

We extend our best wishes for a good trip and a happy landing to Rod Barker and Alan Reynolds, shortly to depart these shores for a new life in New Zealand. We hope Alan will send us a postal contribution to future Punch Bowl Nights, where he has established something of a reputation.

#### PRESS COVERAGE

Members living in the Bromley area and further into Kent may have noticed the much improved, regular reporting of Blackheath affairs. Frank Rogers submits results to Athletics Weekly, while Mick Hamlin contributes very readable reports to the Kentish Times and Brian Mitchell now has his own column in the Kent Messenger. The increased interest in Blackheath fortunes has been widely noticed, both within and outside the Club, and the Club is grateful to all three for the coverage obtained through their efforts.



## 25 years ago in October 1997

Mark Steinle is 5th in the Belgian Cross Cup in Roeselare, Belgium.

The Kent Young Athletes League is incorporated into the SEAA International in Margate and there are wins for Steve Holmes in the Under 17 Mens race and Matt Hill in the under 15s.

There is plenty of success on the roads with wins for Liam Bulson (Deal 5), Heather Walker (Sri Chimnoy 10km, Battersea) and Darrell Smith (Crowborough 10km). Also Jim Bennett is first M75 in SCVAC Half Marathon which is incorporated in the Marlow Half Marathon.

Hugh Morten represents Wales in the M45 age group at the Home Countries International.

Despite providing the first three home in Roy Smith, John Morland and Mark Watling, Blackheath lose the Orion Mob Match at Chingford by 60 points.

At the South Of The Thames Junior, Richard Parrott is first home in 4th with Michael Skinner 11th.

Steve Holmes finishes 4th in the Under 17 Mens race at the London Youth Games with John Baker 5th, Abdi Madar 7th and Andy Rayner 11th. In the under 15 Mens race, Matt Hill is second with Will Bolton 9th while in the under 13s Chris Daniel is 4th with Dan Ryan 5th. Bromley's Gemma Schleup is 4th in the under 17 womens race.

Despite the problems with the British Athletics Federation going into Administration, Dave Moorcroft is the special guest at the Blackheath Harriers Club Dinner.

