



# Blackheath & Bromley Courier

March 2023.

President 2022-23. David Appleton.

Editor. Pat Calnan ([p.calnan@btinternet.com](mailto:p.calnan@btinternet.com))



**Club AGM – Saturday 25<sup>th</sup> March 6pm at our new Club facility at Norman Park** - Who will be the new President? David Appleton will introduce his successor. Congratulations on a most successful year.



Our traditional Wednesday Nights are now at the new building at Norman Park and we are very grateful to Beccehamian RFC for allowing us to use their facilities while the development was completed. Two formal events have been scheduled to open the complex. Firstly on the 18<sup>th</sup> of March an official opening ceremony, then on the 15<sup>th</sup> of April, the Club will host the first fixture at the new venue, a special match, the Norman Park International Challenge. The March date was by invitation

but the April match is an opportunity for everyone at the Club to come down and see the new building and watch some Athletics. We take on the Channel Islands, Ratoath AC from Ireland, plus our friends from Tonbridge AC and Medway & Maidstone. See you all there!



# **Norman Park International Challenge SAT 15th APRIL 2023**

**Five teams of U17/U20/Senior Athletes  
competing to celebrate the opening of  
Norman Park Community Sports Centre**

**BLACKHEATH & BROMLEY**

**RATOATH AC**

**GUERNSEY/**

**JERSEY SPARTAN AC**

**TONBRIDGE AC**

**MEDWAY & MAIDSTONE**

**Look out for information from your club  
about how to register your interest.**

## Results.

Another month, another National Record. Dina does it again and this time on home soil in Birmingham. She times 7.03 for 60 metres. Lots of other top class performances as well such as Niamh Bridson Hubbard finishing third in the Senior Womens race at the National Cross Country Championships and B&B winning the trophy for the best womens club all the age groups. Then we have champions at Area, National and University level, Club records and stacks of personal bests from the Club that never sleeps. So from Melbourne to Manchester, from Spokane to Sheffield, from Birmingham to Birmingham, from Peckham to Bromley, from....

**14/1/23**

**Enfield League.** 3 mile walk. Trejan Checheku – Boamah (U15B) 33.02. 5 Mile. 5. Matthew Ellerton 51.50.

**1/2/23**

**Indoors Inter Varsity, Lee Valley. Men.** 60. B. 4. Jak Mensah 7.24. 800. 6. James Naylor 2.07.62. 60H. B. 3. Franciszek Chudak 8.86. SP. 2. Dillon Claydon 14.95. **Women.** 60. N/S. 1. Zoe Austridge 7.93. 200. 4. Zoe Austridge 26.07. TJ. 2. Karina Harris 11.35. PV. 1. Eleanor Barrett 3.40.

**Newham & Essex Beagles Indoor Sprint Series, Newham. Men.** A. R1. 2. Kieran Gowan Wade 6.88. R4. 5. Duayne Bovell 7.21. R9. 3. Ashley Reid (M40) 7.79. B. R1. Kieran Gowan Wade 6.84. R3. 6. Duayne Bovell 7.21. R8. 4. Ashley Reid 7.83. **Women.** A. R1. 5. Modupe Shokunbi 7.74. R2. 2. Louise Evans 7.57. R3. 3. Maya Bruney 7.76. B. R1. 4. Louise Evans 7.56. R2. 3. Modupe Shokunbi 7.70, 5. Maya Bruney 7.73.

**London Schools Championships, Wormwood Scrubs. Senior Girls.** 1. Lara Mannes 15.15, 5. Kate Price 15.59, 7. Zoe Weiler 16.18. **Intermediate Girls.** 5. Megan Slattery 14.48, 9. Eva Maignan 15.28, 25. Jessica Kelly 16.44, 50. Ella Smith 19.43. **Junior Boys.** A. 17. Daniel Horgan 14.51. B. 11. Nathan Crossan 8.27, 32. Aaron Crossan 9.17. **Junior Girls.** A. 12. Ines Maignan 13.55, 25. Martha Warner 14.27, 32. Leah Kyriacou 14.44, 51. Hissal Al Faisal 15.34, 60. Maya Al Faisal 15.46, 79. Heidi Coulson 16.38. B. 10. Ellie Laslop 9.20.

**2/2/23**

**World Athletics Indoor Tour Challenge – Gothenburg Games.** LJ. 5. Jahisha Thomas 6.05.

**2-3/2/23**

**NEICAAA Indoor Track and Field Championships, Boston, MA.** 10. Lois Warden 3.50.

**3-4/2/23**

**Meyo Invitational, South Bend IN, USA.** 60H. SF1. 4. Isabella Hilditch 8.70. Ht4. 1. Isabella Hilditch 8.64.

**4/2/23**

**BUCS Cross Country Championships, Pembrey Country Park. Men. Long Course.** 152. Justin Stover 38.40. **Short Course.** 50. Angus Harrington 28.24, 292. Jake Leng 32.46. **Women. Long Course.** 4. Niamh Bridson Hubbard 29.13, 26. Chloe Sharp 31.37, 78. Zoe White 35.02. **Short Course.** 33. Millie Smith 23.32, 42. Morgan Squibb 23.50, 116. Amy Leach 25.37.

**South East Schools Inter Counties, Ardingley. Senior Boys.** 25. Arthur Starvis 25.26. **Intermediate Boys.** 29. Jed Starvis 21.52, 51. Mark Constable 22.45, 66. Harry Fage 23.00. **Intermediate Girls.** 57. Isla Spink 17.09, 82. Kyla Dervish 18.14. **Junior Boys.** 2. Joseph Hill 14.05, 12. Lucas Elmqvist 14.29, 23. Nathan Clark 14.45, 78. Kian Farrell 15.38. **Junior Girls.** 2. Aoife McDonagh 11.18, 29. Niamh Stanley 11.59, 63. Ariana Jenner Heard 12.33, 74. Beth Regan 12.43, 75. Sophie Tran 12.46.

**4J Studios Scottish Athletics National Indoor Senior/U17 Championships, Emirates Arena. Senior Men.** SP. 8. Patrick Apantaku 10.71.

**Loughborough Indoor Open.** 60H. A. R2. 2. Franciszek Chudak 8.74. B. R2. 3. Franciszek Chudak 8.80.

**Run, Jump, Throw and Masters Grand Prix, Sheffield.** 400. R7. 1. Pablo Seema Roca 48.68.

**Vault Manchester.** PV. SW. B. 4. Eleanor Barrett 3.36.

**World Athletics Indoor Tour Bronze – IFAM Gent Indoor. Men.** 60. R1. 4. Jeriel Quainoo 6.88. Ht2. 7. Jeriel Quainoo 6.88. Ht3. 8. Michael Damoah 7.00. P1. 3. Michael Damoah 6.94. 800. Ht2. 1. Sam Reardon 1.48.42. 60H. R1. 5. Rico Cottell 8.73. Ht2. 3. Rico Cottell 8.13. **Women.** R1. 2. Annie Davies 8.55. Ht2. 3. Annie Davies 8.45.

**World Athletics Indoor Tour Silver, Meeting de l'Eure, Val de Reuil, FRA.** 60. Ht2. 3. Adam Gemili 6.78.

**World Athletics Indoor Tour Silver, Hustopece, CZE.** HJ. 7=. Kelechi Aguocha 2.07.

**Windy City Rumble, Chicago, IL, USA.** 60. 2. Myles Xavier 6.98. Ht2. 1. Myles Xavier 7.06.

**Sykes and Saback Challenge, University Park, PA.** 500. 1. Holly Mpassy 75.43.

**WSU Open and Multis, Spokane, WA, USA.** SP. D. 3. Nana Gyedu 15.30.



**Tufts Cupid Challenge, Medford, MA, USA.** 60. Ht3. 4. Zac Nwogwugwu 7.15. 200. R2. 1. Zac Nwogwugwu 23.17.  
**Parkruns. Bromley.** 1. Joe Scanes 16.14, 3. Micah Evans 16.39, 5. Daniel Kennedy 17.05, 10. Luciana Smith 18.06 (1st woman), 11. Carys Firth 18.12, 14. Thomas Sugden 19.03, 16. Steve Evenden 19.06, 39. Oliver Ward 20.09, 40. Roger Vilardell 20.24, 41. Fintan Parkinson 20.24, 43. Katy Sugden 20.25, 45. Harry Schmidt 20.28, 52. Lydia Marston 20.40, 55. Stuart Cullum 20.52, 65. Tim Ayres 21.16, 77. Graham Hollingdale 21.42, 84. Rowan Pearson 21.50, 102. Islay Pearson 22.18, 108. Damian Hayes 22.23, 125. Andy Tucker 22.57, 133. Ashley Pearson 23.07, 134. Colin Pearson 23.07, 229. James Unwin 25.12, 327. Jackie Montgomery 27.33, 423. Andre Verster 29.23, 441. Gregory Firth 29.51, 663. Bob Thomas 55.25, 665. John Isaacs 55.30. **Bexley.** 82. Chris Pike 25.30. **Maidstone.** 112. Gareth Griffin 27.24. **Beckenham Place park.** 1. Luca Ercolani 18.38, 3. Paul Sharpe 18.54, 10. Clayton Aves 20.04, 25. Rod Harrington 21.23, 42. Jason Meers 22.31, 103. Nigel Wood 26.16, 187. Bernard Wilson 30.40. **Orpington.** 4. Jessica Keene 20.08 (1st woman), 83. Mick Keene 29.21, 124. Karen Desborough 33.39. **Harrow Lodge.** 10. Robert Perry 22.09, 127. Adrian Perry 40.13. **Fulham Palace.** 20. Cristina Gilodi-Johnson 19.27 (1st woman). **Blickling.** 68. Zoe Kingsmell 26.25, 130. Andrew Kingsmell 31.17. **Peckham Rye.** 122. John Turner 24.49, 278. Maz Turner 35.38. **Chichester.** 167. George Collins 57.30. **Malling.** 4. Steve Hough 19.12. **Exmouth.** 73. Bob Minting 23.57. **Clapham Common.** 166. James Cunningham 22.48. **Great Dunmow.** 19. David Beadle 26.39. **Sutcliffe.** 4. Darren Corneille 17.16, 22. Steven Pairman 20.27, 99. Andrew Lawes 26.25, 100. Barry Wetherilt 26.26, 125. Julia Pairman 28.33. **University Parks.** 420. Zoe Martial 30.05. **Mote Park.** 102. Tom Phillips 33.10.

#### 4-5/2/23

**South of England Senior/Under 20 Championships, Lee Valley. Men.** 60. SF1. DNS. Luke Dorrell. SF3. 7. Chizute Ogbedeh 7.11. Ht1. 1. Luke Dorrell 6.80. Ht4. 3. Chizute Ogbedeh 7.08. 200. SF2. 6. Joshua Gbagbo 23.36. Ht3. 2. Joshua Gbagbo 23.29. 400. SF2. DNF. Bailey Stickings. Ht2. 1. Bailey Stickings 48.58. LJ. 2. Ben Sutton 7.11. TJ. NM. Emmanuel Doodoo. **Women.** 60. 8. Darcey Kuypers 7.66. SF1. 3. Darcey Kuypers 7.55. Ht3. 2. Darcey Kuypers 7.56. 200. 6. Chanelle Cole 26.83. SF2. 3. Chanelle Cole 26.72, DNF. Louise Evans. Ht3. 1. Louise Evans 25.63, 2. Chanelle Cole 26.66. 60H. 4. Mallory Cluley 8.57. Ht2. 2. Mallory Cluley 8.57. LJ. 1. Jahisha Thomas 6.13. PV. 4. Sophie Dowson 3.80. SP. 5. Chimdi Okpalauko 11.49. **Under 20 Men.** 400. SF1. 5. Adam Islam Medeaux 53.22, 6. Samuel Mowa 55.14. Ht2. 2. Adam Islam Medeaux 51.45. Ht3. 3. Samuel Mowa 51.68. Ht4. 4. Christopher Barrett 54.65. 800. Ht2. 4. Luke Dronfield 2.00.61. PV. 5. Oscar Witcombe 4.10. **Under 20 Women.** 400. 5. Cameron Kelly Gordon 58.76. Ht1. 2. Cameron Kelly Gordon 58.65. 800. 5. Hannah Clark 2.18.71. Ht1. 2. Hannah Clark 2.18.17. Ht3. 4. Lily Meers 2.25.40. 60H. 3. Jodie Self 8.64. Ht2. 1. Jodie Self 8.65. PV. N/M. Lily Meers. SP. 1. Cleo Agyepong 14.11.

#### 5/2/23

**World Athletics Indoor Tour Challenger, RIG Games, Reykjavik, ISL.** 400. 1. Dan Putnam 47.46.  
**Open 10km inc Veterans Champs and Mob Matches v Beckenham Running Club and Croydon Striders.** 1. Darren Corneille 40.00 (40.00 h/cap), 2. Luca Ercolani 42.13 (39.33), 5. Ian Scott 43.33 (42.33), 6. Roger Beswick 44.34 (37.34), 7. Gareth Evans 44.42 (40.52), 18. Tim Nash 47.49 (42.19), 20. Jason Meers 48.07 (36.57), 21. Katy Sugden 48.15 (41.15), 22. Steve Pairman 48.54 (41.24), 30. Chris Martin 50.43 (45.43), 38. Luigi Arcuri 54.27 (42.07), 43. John Leeson 56.57 (40.27), 54. John Turner 60.45 (38.05), 59. Faye Scott 61.56 (40.46), 60. William Brindley 62.01 (51.11). **Handicap.** 1. Jason Meers 36.57, 2. Roger Beswick 37.34, 3. John Turner 38.05. **Bennett Cup after 5 events.** 1. Steve Pairman 104, 2. Ian Scott 92, 3. Luigi Arcuri 80, 4. Darren Corneille and John Turner 73, 6. Jason Meers 65, 7. Gareth Evans and Steve Hough 63, 9. Simon Harris 56, 10. Adrian Stocks 54. **Mob Match results.** V Croydon Striders. 1. B&B 121, 2. Croydon Striders 185. V Beckenham Running Club. 1. Beckenham Running Club 148, 2. 2. B&B 170. **Veterans Champs. M40.** 1. Darren Corneille, 2. Ian Scott, 3. Gareth Evans. **M50.** 1. Luca Ercolani, 2. Tim Nash, 3. Jason Meers. **M60.** 1. Roger Beswick, 2. Steve Pairman, 3. Luigi Arcuri. **M70.** 1. John Turner. **W45.** 1. Katy Sugden, 2. Faye Scott.

**Kent Fitness League, Blean Woods.** 102. Jennie Butler 37.23.

**Great Bentley Half Marathon.** 15. David Adams 76.07 (76.00), 61. Roger Vilardell 83.54 (83.51).

**Chichester 10km.** 344. George Collins 49.35 (49.06).

**European Champions Clubs Cup, Oropesa del Mar, ESP.** 28. Graham Rush\* 25.39.

**Dewsbury 10km.** 21. Mark Bolland Cage\* 32.33

**Junior Parkruns. Bromley.** 2. Benjamin Evans 07.49. **Hoblingwell.** 1. James Bunn 7.59.

#### 8/2/23

**Ayo Falola Dream Mile, Lee Valley.** 800. U15G. R1. 2. Devora Yohannes 2.25.78. R2. 4. Luciana Smith 2.22.88. Under 13 Girls. 3. Sofia Mossi 2.34.17, 7. Ellie Laslop 2.47.67. Mile. R8. 3. Chloe Sharp 4.51.64, 5. Megan Barlow 5.15.24.

**Steel Cup, Sheffield. Men.** 60. R5. 2. Rico Cottell 7.12. 800. R1. 2. Ben Gardiner 1.55.34. **Women** 60. R3. 3. Shakanya Osahon 8.27. R5. 1. Zoe Austridge 8.03. 60H. R2. 2. Shakanya Osahon 9.38. R3. 1. Zoe Austridge 8.90. LJ. 9. Eva Stephanou 4.10.

**World Athletics Indoor Tour Silver. Mondeville Meeting, FRA.** 800. 7. Sam Reardon 1.52.14.

**9/2/23**

**Armagh International Road Races.** 12. Phil Sesemann\* 13.50.

**10/2/23**

**GVSU Big Meet, Allendale, MI, USA.** 200. R3. 1. Isabella Hilditch 24.78. 60H. 5. Isabella Hilditch 8.64. Ht3. 1. Isabella Hilditch 8.57.

**10-11/2/23**

**Tyson Invitational, Fayetteville, AR. Men.** Mile. R2. 10. Lewis Mills 4.13.58. 3000. R1. 3. Lewis Mills 8.28.38. **Women.** 200. R10. 2. Amber Anning 23.38. 400. R11. 1. Amber Anning 51.88.

**Don Kirby Invitational, Albuquerque, NM.** LJ. F. 3. Funminiyi Olajide 7.19.

**BU David Hemery Valentine Invitational.** 800. R1. 7. Katy Ann McDonald 2.04.73. 1000. R3. 8. Naomi Toft 2.55.89.

**Music City Challenge, Nashville, TN. Men.** WT. 2. Joe Ellis 24.07. **Women.** Mile R2. 7. Yasmin Austridge 4.44.50. SP. 1. 6. Divine Oladipo 16.49.

**Whitworth Invitational, Spokane, WA.** SP. C. 1. Nana Gyedu 14.41.

**Howie Ryan Invitational, Houston, TX, USA.** Mile. R2. 4. Ava White 5.03.49.

**11/2/23**

**Kent League, Norman Park. Men.** 11. Rob Donohue 26.38, 13. Micah Evans 26.54, 14. Miles Brown 26.55, 22. Blair Wilson 27.33, 30. Dylan Mitchard 28.03, 31. Graeme Lugar 28.08, 32. Roger Vilardell 28.16, 40. Christian Clement 28.40, 43. Fintan Parkinson 28.48, 50. Joshua Dowling 29.10, 54. Richard Webb 29.21, 59. Darren Corneille 29.31, 61. Luca Ercolani 29.33, 64. Ted Marston 29.36, 72. Gregory Firth 29.54, 79. Roger Beswick 30.30, 80. Paul Sharp 30.33, 81. Ian Scott 30.38, 117. Steve Evenden 32.49, 125. Jason Meers 33.10, 138. Francois Bernier 34.05, 148. Ifetobi Salako 34.31, 151. Chris Martin 35.10, 156. Steve Pairman 35.20, 165. Luigi Arcuri 36.03, 171. Mark Ellison 30.29, 172. Andrew Tutt 36.35, 185. Glenn Dyckhoff 37.41. **Teams.** 4 to score. 3. B&B 60. Overall. 3. B&B 66. 12 to score. 3. B&B 399. Overall. 3. B&B 22. **Women.** 1. Andrea Clement 28.05, 2. Chloe Sharp 29.14, 3. Morgan Squbb 30.16, 5. Jessica Keene 30.57, 9. Ashley Pearson 31.45, 18. Aurelia Osborne\* 33.30, 23. Maxine McNulty 33.54, 30. Sarah Belaon 34.59, 42. Emily McKane 35.59, 43. Kelsi Cornish 36.01, 50. Sara Elmquist 36.54, 61. Lily Beaton 38.18. **Teams.** 3 to score. 1. B&B 6. Overall. 1. B&B 60. 6 to score. 1. B&B 43. Overall 1. B&B 32. Overall. **Women.** 1. Andrea Clement, 2. Chloe Sharp, 4. Jessica Keene, 7. Ashley Pearson, 9. Aurelia Osborne\*. W35. 1. Andrea Clement. W45. 1. Ashley Pearson, 2. Aurelia Osborne\*. **Men.** 6. Micah Evans. M40. 1. Micah Evans. M60. 1. Roger Beswick.

**Oxford University v Cambridge University Varsity Field Events and Relays, Lee Valley. Men.** 60. 1. Chizute Ogbedeh 7.04.

**Women.** SP. 1. Chimdi Okpalauko 10.68. DT. 1. Chimdi Okpalauko 37.49. HT. 5. Chimdi Okpalauko 24.54.

**Manchester Indoor Open.** 60. B. R2. 1. Chima Ndukwu 7.36. 200. R4. 2. Chima Ndukwu 24.75.

**Birmingham League, Div One, Northampton.** 2. Charlie Davis 38.18, 159. Jean Sammut 43.09.

**NCC Heenan Invitational, Naperville, IL, USA.** 200. R15. 1. Myles Xavier 22.91. LJ. C. 5. Myles Xavier 6.77.

**Parkruns. Silksworth.** 81. Mick Keene 27.44. **Bexley.** 55. Chris Pike 25.11, 251. George Collins 35.59. **Beckenham Place park.** 8. Clayton Aves 20.28, 15. Rod Harrington 21.38, 49. David Beadle 23.54, 106. Nigel Wood 26.15. **South Norwood.** 1. Jed Starvis 18.33, 45. Zoe Kingsmell 25.58, 90. Andrew Kingsmell 29.57. **Hoblingwell.** 5. James Bunn 20.52, 6. David Adams 21.49, 9. Austin Adams 23.15. **Dulwich.** 7. Robert Perry 16.50, 69. Graham Hollingdale 20.23, 93. Harry Schmidt 20.56. **Hilly Fields.** 26. Tuan Tran 21.26, 27. Sophie Tran 21:34, 103. Ryan Tran 27.01. **Orpington.** 2. Aoife McDonagh 19.35, 34. Islay Pearson 24.21, 129. Karen Desborough 33.40, 145. Anthony Pontifex 37.34, 146. John Isaacs 37.35, 153. Dave Leal 42.54.

**Preston Park, Brighton.** 21. Bertie Harrington 20.10. **Exmouth.** 93. Bob Minting 24.15. **Clapham Common.** 190. James Cunningham 23.12. **Bethlem Royal Hospital.** 4. Nathan Crossan 19.34, 6. William Spurle 20.05, 11. Aaron Crossan 20.54, 19. Jennie Butler 22.45 (1st lady), 73. Mike Simms 28:07, 74. Adrian Perry 28.08. **University Parks.** 264. Zoe Martial 28.48. **Mote Park.** 163. Bob Thomas 38.19.

**11-12/2/23**

**England Athletics U20/U17/U15 Championships, Sheffield. Under 20 Men.** 60. Ht11. DQ. Clayton Jacinto. 400. Ht2. 4. Samuel Mowa 51.73. **Under 20 Women.** 400. 5. Cameron Kelly Gordon 58.23. Ht2. 3. Cameron Kelly Gordon 58.42. 60H. 7. Jodie Self 8.86. Ht2. 3. Jodie Self 8.72. SP. 1. Cleo Agyepong 14.10. **Under 17 Men.** 60. SF1. 3. James Beecroft 6.99. Ht1. 4. Marley Byfield 7.25. Ht4. 2. James Beecroft 7.12. 200. SF2. 5. Marley Byfield 23.26. Ht1. 3. Marley Byfield 23.10. **Under 17**

**Women.** 200. SF1. 4. Nina Whitter 26.03. Ht2. 2. Nina Whitter 25.87. 300. 5. Alyssa Firla 41.39. SF1. 4. Alyssa Firla 41.58. Ht3. 3 Alyssa Firla 42.06. HJ. 2. Qi'-Chi Ukpai 1.68. TJ. 1. Qi'-Chi Ukpai 11.79. **Under 15 Boys.** PV. 1. Charlie Platt 3.80. **Under 15 Girls.** 800. 5. Luciana Smith 2.20.18.

**12/2/23**

**Southern Counties Veterans AA Championships, Lee Valley. Men.** 60. R3. 2. Ashley Reid (M40) 7.74. R9. 2. Tom Phillips (M65) 8.99 (**CLUB M65 RECORD**). 200. R4. 2. Ashley Reid 25.42. R9. 4. Tom Phillips 31.49. 400. R4. 1. Ian Firla (M50) 59.69. 3000 walk. 3. Matt Ellerton (M45) 18.16.32. LJ. 4. Ashley Reid 5.10. SP. M50. 1. Ian Firla 8.16. 60H. M50. 4. Ian Firla 11.72.

**Women.** 60. R5. 1. Helen Godsell (W65) 9.24. 200. R3. 2. Helen Godsell 31.29.

**Sutcliffe Indoor 60s. Men.** A. R1. 3. Brandon Murray 6.91, 6. Kyle Reynolds Warmington 6.98. R3. 1. Duayne Bovell (M35) 7.13. R4. 3. Nkwazi Ndila (U20M) 7.32. R9. 2. Piers Spencer Simms (U13B) 7.78. R11. 3. David Jenkins (U17M) 8.02. R12. 5. Jericho Senior (U13B) 9.20. R13. 6. TJ Owen (U13B) 9.09. R14. 1. Oscar Sadowski (U15B) 8.81. R17. 3. Makai Sabido Rodney (U17M) 7.78. B. R1. 2. Abdul Rahaman Jolaoso 6.91, 5. Kyle Reynolds Warmington 7.00, 6. Brandon Murray 7.04. R2. 6. Duayne Bovell 7.16. R4. 3. Nkwazi Ndila 7.30. R9. 4. Makai Sabido Rodney 7.75, 6. Piers Spencer Simms 7.88. R14. 1. Oscar Sadowski 8.73, 4. TJ Owen 9.16. R15. 1. Jericho Senior 9.34. **Women.** A. R4. 1. Sienna Nelson – Longaigne (U17W) 8.30. R6. 5. Nielle Springer (U13G) 9.16. R10. 1. Isabella Campbell Andou (U15G) 8.68. B. R3. 2. Sienna Nelson Longaigne 8.14. R5. 3. Isabella Campbell Andou 8.56. R8. 5. Nielle Springer 9.43.

**World Athletics Indoor Tour Bronze – Spatkassen Indoor Meeting, Dortmund.** 60. 6. Adam Gemili 6.69. Ht1. 4. Adam Gemili 6.76. 400. R1. 4. Dan Putnam 47.81.

**Kent Fitness League, Allhallows.** 80. Jennie Butler 43.32.

**Junior Parkruns. Bedford.** 1. Nathan Crossan 07.12, 2. Aaron Crossan 7.34. **Page Park.** 2. James Bunn 7.18. **Brockwell.** 1. Joe Scanes 6.01.

**15/2/23**

**Lee Valley Middle Distance Open.** 800. B. R4. 6. Matilda Shilland (U17W) 2.40.16. MX3. 1. Benjamin O'Grady (U15B) 2.21.22, 4. Leah Kyriacou (U15G) 2.31.46. MX5. 4. Kara Bryan (U13G) 2.23.65. MX16. 7. Matthew Smith (U20M) 2.01.62. 1500. MX3. 7. Lily Meers (U20W) 5.22.55. MX4. 3. Joshua Dowling 4.38.99. MX5. 6. Morgan Squibb 4.33.64. MX6. 2. Harry Fage (U17M) 4.26.72.

**Newham & Essex Beagles Indoor Sprint Meeting. Men.** 60. A. R1. 4. Brandon Murray 6.94. R7. 3. Duayne Bovell (M35) 7.23. R12. 3. Alexander Morrell 7.53. B. R1. 5. Brandon Murray 6.89. R10. 4. Alexander Morrell 7.64. **Women.** A. R4. 7. Rachael Ilori 9.02. B. R5. 3. Rachael Ilori 9.02.

**World Athletics Indoor Tour Silver – Belgrade Open Meeting, SRB.** 60. 1. Dina Asher Smith 7.13. Ht1. 1. Dina Asher Smith 7.12.

**17/2/23**

**Friday Night 5km Under The Lights, Battersea Park.** Race 3. 14. Andrea Clement 16.52 (16.51). R4. 22. Charlie Davis\* 14.32. R5. 27. Will Fuller\* 15.00.

**Arkansas Qualifier, Little Rock, AR, USA.** 60H. 3. Marcia Sey 8.26. Ht1. 1. Marcia Sey 8.41. SP. Nana Gyedu 14.96.

**18/2/23**

**Margaret Bradley Invitational, Chicago, IL, USA.** 60. DQ. Myles Xavier. LJ. B. 1. Myles Xavier 6.86.

**America East Indoor Championships, Boston, MA, USA.** PV. 2. Lois Warden 3.76.

**Parkruns. Bromley.** 7. Roger Beswick 18.12, 17. Steve Evenden 19.17, 21. Nathan Crossan 19.34, 23. James Bunn 19.40, 33. Steve Pairman 20.11, 41. Aaron Crossan 20.38, 42. Harry Schmidt 20.39, 49. Tuan Tran 20.59, 52. Sophie Tran 21.10, 63. Micah Evans 21.39, 75. Damian Hayes 22.11, 79. Sarah Belaon 22.19, 99. Austin Adams 22.58, 122. Jason Meers 23.29, 141. Ian Montgomery 24.00, 161. Tim Ayres 24.33, 233. Ryan Tran 25.59, 288. Julia Pairman 27.35, 309. Jackie Montgomery 28.09, 330. Benjamin Evans 28.42, 357. Andre Verster 29.32, 368. Bernard Wilson 29.51, 476. Kate Garrett 34.50, 480. Roger Virdell 34.59, 553. Denis Lawrie 46.13. **York.** 352. Mick Keene 28.48. **Beckenham Place park.** 6. Luca Ercolani 18.54, 7. Paul Sharpe 19.17, 12. Clayton Aves 20.42. **Colchester Castle.** 2. Steve Cooper 18.29. **Hoblingwell.** 4. Alexander Martin 21.03, 6. Chris Martin 22.20, 14. Robert Perry 24.04. **Orpington.** 4. Carys Firth 20.13 (1st woman), 14. Ashley Pearson 22.40, 25. Rowan Pearson 23.22, 31. Freya Pearson 23.36. 37. Colin Pearson 24.21, 57. Dave Leal 26.21. **Pegwell Bay.** 11. Paul Ross-Davies 20.14. **Dartford.** 8. Luciana Smith 21.19 (1st woman), 59. John Turner 26.06, 147. Maz Turner 33.34. **Exmouth.** 82. David Beadle 23.20, 85. Bob Minting 23.32. **Clapham Common.** 43. Jessica Keene 19.19, 606. John Isaacs 29.35, 851. Bob Thomas 39.59. **Foots Cray Meadows.** 50. David Appleton 34.01, 54. Anthony Pontifex 35.41. **Bethlem Royal Hospital.** 1. Ian

Scott 20.12, 12. Mike Simms 24.58, 15. James Unwin 25.48. **Charlton**. 88. Gareth Griffin 28.07. **Swanley**. 1. Joe Scanes 18.34. **Mote Park**. 154. Tom Phillips 33.06. **South Norwood**. 141. David Hoben\* 36.14.

### **18-19/2/23**

**UK Athletics Indoor Championships, Birmingham. Men**. 60. SF3. 7. Kieran Gowan Wade 6.92. Ht3. 6. Abdul Rahaman Jolaoso 6.96. Ht5. 4. Kieran Gowan Wade 6.85. 400. 1. Sam Reardon 46.96. SF1. 3. Sam Reardon 46.83, 6. Pablo Seema Roca 49.18. SF2. 3. Bailey Stickings 48.41. SF3. 2. Dan Putnam 47.40. Ht1. 2. Bailey Stickings 48.21. Ht2. 4. Pablo Seema Roca 48.72. Ht4. 1. Sam Reardon 47.43. Ht5. 1. Dan Putnam 48.02. 800. 5. Angus Harrington 1.50.53. Ht1. 4. Angus Harrington 1.49.76. Ht2. 5. Henry Fisher 1.56.24. 60H. Ht4. 3. Rico Cottell 8.14. HJ. 7. Kelechi Aguocha 2.04. **Women**. 60. SF1. 7. Darcey Kuypers 7.59. Ht2. 4. Darcey Kuypers 7.61. Ht3. 5. Louise Evans 7.67. Ht5. 5. Modupe Shokunbi 7.82. 200. SF1. 4. Louise Evans 24.28. Ht1. 2. Louise Evans 24.64. 1500. Ht1. 9. Chloe Sharp 4.30.59. 60H. 5. Mallory Cluley 8.45. Ht1. 5. Jodie Self 8.75. Ht2. 3. Annie Davies 8.54. Ht3. 3. Mallory Cluley 8.44. PV. 4. Sophie Dowson 4.05. SP. 7. Cleo Agyepong 14.05.

**British Masters Championships, Sheffield. M35**. 60. 1. Duayne Bovell 7.15. **M40**. 60. 5. Ashley Reid 7.77. Ht2. 3. Ashley Reid 7.76. 200. R1. 1. Ashley Reid 24.80. LJ. 2. Ashley Reid 5.38. **M45**. 3000 walk. 1. Matt Ellerton 20.36.21. **M50**. 400. R1. 2. Ian Firla 59.02. 60H. R1. 1. Ian Firla 11.79. **M50**. HJ. 2. Ian Firla 1.25. **M65**. 60. 5. Clem Leon 9.10. 200. 1. Clem Leon 29.80. HJ. 1. Clem Leon 1.30. LJ. 2. Clem Leon 4.27 (**CLUB M65 RECORD**) . TJ. 1. Clem Leon 9.64.

**Conference USA Indoor Championships, Birmingham, AL**. Mile. 8. Ava White 5.02.98. Ht1. 3. Ava White 5.03.65.

### **19/2/23**

**Club 10 Mile Championships, West Wickham**. 1. Micah Evans 57.29 (57.29 h/cap), 2. Steve Cooper 57.47 (52.37). 3. Luca Ercolani 58.01 (53.11), 4. Ted Marston 62.33 (52.43), 5. Darren Corneille 64.28 (63.18), 6. Elaine Rayner 64.52 (49.12), 7. Ian Scott 65.01 (59.41), 8. Steve Pairman 72.25 (56.35), 9. Luigi Arcuri 79.09 (52.59), 10. Chris Pike 84.21 (49.01), 11. George Collins 86.44 (57.04), 12. John Turner 87.25 (54.45), 13. Francois Berrier 97.29 (87.29). **Handicap**. 1. Chris Pike 49.01, 2. Elaine Rayner 49.12, 3. Steve Cooper 52.37. **Bennett Cup after 6 events**. 1. Steve Pairman 127, 2. Ian Scott 112, 3. Luigi Arcuri 106, 4. Darren Corneille 92, 5. John Turner 87, 6. Chris Pike 73, 7. Jason Meers 65, 8. Gareth Evans and Steve Hough 63, 10. Micah Evans 61.

**Tunbridge Wells Half Marathon**. 100. Paul Kerekgyarto 89.14 (89.10).

**Run London Victoria Park Half Marathon**. 77. Nigel Bewsher 1.44.54 (1.44.47).

**Halowe Mistrzostwa Polski**. 60H. Ht1. 5. Franciszek Chudak 8.65.

**UK Winter Long Throws Challenge, Loughborough. Men**. DT. 4. Dillon Claydon 48.04. HT. 4. Ben Hawkes 66.00. **Women**. 4. Zara Obamakinwa 50.91.

**Junior parkruns. Bromley**. 1. Daniel Horgan 7.35, 2. Benjamin Evans 7.53. **Tooting Common**. 1. Joe Scanes 6.15.

### **20/2/23**

**Sun Belt Indian Track and Field Championships, Birmingham, AL**. 400. R1. 3. Holly Mpassy 55.51. Ht2 1. Holly Mpassy 55.48.

### **22/2/23**

**RunThrough Battersea Park Chase The Moon 5km/10km. 10km**. 11. Robert Perry 34.58 (34.56).

### **23/2/23**

**World Athletics Continental Tour Gold – Maurie Plant Meet, Melbourne, AUS**. JT. 4. Bekah Walton 53.56.

### **23-24/2/23**

**SEC Indoor Championships, Fayetteville, AR**. 400. R2. 2. Amber Anning 50.68. Ht2. 1. Amber Anning 51.84. 400 relay leg. Amber Anning 50.92.

### **24/2/23**

**The American Indoor Championships, Birmingham, AL**. 60. Ht1. 6. Funminiyi Olajide\* 7.70. LJ. C. 1. Funminiyi Olajide\* 6.38

### **24-25/2/23**

**WAC Indoor Championships, Spokane, WA, USA**. Mile. 6. Lewis Mills 4.11.79. Ht2. 5. Lewis Mills 4.12.37. 3000. R1. 11. Lewis Mills 8.46.52.

**Big East Championships, Chicago, IL, USA**. 200. R1. 2. Isabella Hilditch 24.30. Ht7. 2. Isabella Hilditch 24.55. 60H. 4. Isabella Hilditch 8.52, Ht1. 2. Isabella Hilditch 8.56.

**Ken Shannon Last Chance Invitational, Seattle, WA**. SP. A. 1. Nana Gyedu 14.78.

**BIG 10 Championships, Geneva, OH**. 60. Ht3. 3. Marcia Sey 7.44. 60H. 3. Marcia Sey 8.10 (**CLUB UNDER 23 RECORD**). Ht2. 1. Marcia Sey 8.19.

**DIII New England Championships, Boston, MA**. 60. Ht1. 5. Zac Nwogwugwu 7.18. 200. R2. Zac Nwogwugwu 23.23.

## 24-26/2/23

**BUCS Championships, Sheffield. Men.** 60. 4. Korede Awe\* 6.78. SF4. 2. Korede Awe\* 6.86, 6. Charles Nortey 7.11. DNS. Chizute Ogbedeh. Ht3. 1. Korede Awe\* 7.02. Ht11. 1. Charles Nortey 7.18. Ht12. 3. Chizute Ogbedeh 7.04. 200. SF2. 4. Charles Nortey 22.64. Ht5. 5. Maurizio Corrodo 23.81. Ht14. 2. Charles Nortey 22.74. 400. 5. Pablo Seema Roca 48.72. SF1. 3. Alex O'Callaghan Brown 49.15. SF4. 2. Pablo Seema Roca 48.44, 4. Ben Gardiner 50.32. Ht3. 4. Coleman Corry 53.08. Ht5. 1. Pablo Seema Roca 49.41. Ht6. 2. Ben Gardiner 51.30. Ht10. 2. Alex O'Callaghan Brown 50.19, 3. Maurizio Corrodo 53.08. Ht11. Bailey Marks Belaon 52.79. 800. 1. Henry Fisher 1.56.42, 4. Angus Harrington 1.56.80. SF1. 1. Angus Harrington 1.50.53, 2. Henry Fisher 1.50.56. Ht2. 1. Angus Harrington 1.55.47. Ht3. 7. James Naylor 2.13.22. Ht4. 1. Henry Fisher 1.57.14. 1500. Ht2. 6. Justin Stover 4.13.67. Ht4. 6. Jake Leng 4.19.05. 60H. 7. Rico Cottell 8.35. Ht2. 3. Rico Cottell 8.22. HJ. 1. Kelechi Aguocha 2.13. QA. 1. Kelechi Aguocha 1.91. LJ. 10. Ben Sutton 6.47. QA. 3. Ben Sutton 6.91. TJ. 2. Toby Dronfield 14.80. QA. 1. Toby Dronfield 14.91. SP. QB. 11. Coleman Corry 8.40. **Women.** 60. SF2. 4. Louise Evans 7.54. Ht8. 3. Zoe Austridge 7.96. Ht9. 2. Louise Evans 7.62. 200. 2. Louise Evans 23.92. SF1. 1. Louise Evans 24.15. Ht2. 1. Louise Evans 25.50. 800. SF2. 4. Morgan Squibb 2.13.21. Ht4. 2. Morgan Squibb 2.19.64. 1500. 4. Chloe Sharp 4.27.92. SF2. 3. Chloe Sharp 4.31.54. Ht2. 1. Chloe Sharp 4.47.16. 60H. Ht5. 5. Shakanya Osahon 9.16. PV. P1. 6. Sophie Dowson 3.73. P2. 7. Holly Platt 2.73. SP. QA. 8. Chimdi Okpalauko 10.73.

## 25/2/23

**Birmingham World Indoor Tour Final 2023. Men** 60. A. 2. Adam Gemili 6.68. 400. 6. Sam Reardon 47.02. **Women.** 60. 1. Dina Asher Smith 7.05. Ht2. 1. Dina Asher Smith 7.03 (**NATIONAL RECORD AND CLUB RECORD**).

**ECCA Saucony English National Cross Country Championships, Bolesworth Castle. Senior Men.** 12. Graham Rush\* 36.58, 18. Phil Sesemann\* 37.16, 139. Will Fuller\* 40.14, 267. Dan Kennedy 41.59, 310. Micah Evans 42.44, 335. Tom Desborough 43.03, 353. Alex Gibbins 43.23, 392. Blair Wilson 44.01, 417. Fintan Parkinson 44.16, 610. Christian Clement 46.46, 692. Steve Hough 47.50, 764. Joshua Dowling 48.51, 853. Martin Parkinson 50.18, 870. Gregory Firth 50.33, 1237. Chris Martin 57.21, 1264. Rod Harrington 58.07, 1320. Glenn Dyckhoff 60.30, 1321. Ifetobi Salako 60.30, 1335. Richard Hall 60.58. Teams. 6 to score 32. B&B 2074. 9 to score 21. B&B 4140. **Senior Women.** 3. Niamh Bridson Hubbard 29.43, 28. Andrea Clement 31.40, 79. Naomi Kingston 33.46, 96. Jessica Keene 34.06, 182. Ashley Pearson 36.22, 396. Sara Elmquist 41.23, 452. Amber Reed 43.01. Teams. 7. B&B 206. **Junior Men.** 98. Miles Brown 37.22, 139. George Shaw 40.22, 149. Ted Marston 41.11. **Junior Women.** 25. Hannah Clark 25.13, 30. Lara Mannes 25.26, 60. Ailbhe Barnes 26.57, 77. Zoe White 27.51, 92. Lily Meers 28.43, 99. Emily De Backer 29.00, 120. Lily Beaton 33.31. Teams. 3. B&B 115. **Under 17 Men.** 39. Arthur Starvis 22.29, 82. Harry Fage 23.24, 140. Mark Constable 24.30, 150. Franco Hillier 24.43. Teams. 18. B&B 411. **Under 17 Women.** 19. Carys Firth 19.23, 37. Megan Slattery 20.13, 51. Eva Maignan 20.27, 160. Molly Shaw 23.55, 162. Olivia Magee Brown 24.07, 165. Islay Pearson 24.13, 186. Lola Bischoff 26.04. Teams. 6. B&B 267. **Under 15 Boys.** 9. Joseph Scanes 15.04, 62. Jed Starvis 16.01, 63. Joseph Hill 16.02, 156. Lucas Elmquist 17.05, 177. Alfie Whitelock 17.16, 222. Alex Martin 17.51, 230. Oliver Ward 18.03, 260. Ben O'Grady 18.35, 266. Connor Wray 18.47, 285. Samuel Barlow 19.46. Teams. 7. B&B 290. **Under 15 Girls.** 41. Megan Barlow 17.49, 67. Luciana Smith 18.13, 76. Niamh Stanley 18.23, 117. Naimah Mossi 19.00, 150. Isabel Pauling 19.28, 162. Jessica Kelly 19.42, 166. Lydia Marston 19.44, 184. Kyla Dervish 19.56, 198. Beth Regan 20.15, 210. Caitlin Hough 20.27, 211. Leah Kyriacou 20.29, 226. Lily Bridgeman 20.48, 230. Charlotte Bloodworth 20.49, 237. Matilda Shilland 21.05. Teams. 10. B&B 301. **Under 13 Boys.** 32. Daniel Horgan 11.04, 64. Kian Farrell 11.22, 97. James Shaw 11.41, 117. Aaron Sebuwufu 11.50, 124. Jake Martin 11.53, 171. James Bunn 12.14, 184. Nathan Crossan 12.20, 217. Jack Barlow 12.39, 219. Liam Hough 12.41, 221. Benjamin Evans 12.42, 256. Aaron Crossan 13.21. Teams. 7. B&B 310. **Under 13 Girls.** 10. Aoife McDonagh 11.31, 28. Devora Yohannes 11.52, 62. Evie De Bruyn 12.23, 66. Ines Maignan 12.28, 77. Sofia Mossi 12.32, 104. Alba Homans – Yau 12.52, 124. Rowan Pearson 13.01, 138. Freya Pearson 13.09, 148. Amelie Ramdeen 13.13, 201. Hissa Al Faisal 13.58. Teams. 5. B&B 166. **Nelson Neal Trophy.** (lowest aggregate score of clubs who finished teams in every womens' age group). 1. Blackheath & Bromley Harriers AC.

**England Masters AA Inter Area Challenge, Lee Valley. W60.** 200. 1. Helen Godsell 31.37. 400. 4. Helen Godsell 75.15.

**UAA Indoor Track and Field Championships, Waltham, MA, USA.** 60. R2. 2. Myles Xavier 6.98. Ht2. 1. Myles Xavier 7.02. **Parkruns. Richmond.** 34. Robert Perry 22.19. **Bromley.** 10. Paul Sharpe 17.55, 16. Clayton Aves 18.35, 17. Steve Evenden 18.40, 19. David Adams 18.50, 45. Tuan Tran 20.23, 47. Thomas Sugden 20.35, 53. Katy Sugden 20.40, 62. Tim Ayres 21.09, 68. Sophie Tran 21.26, 105. Andy Tucker 22.51, 141. Roger Vilardell 23.51, 234. Ryan Tran 26.10, 351. Andre Verster 28.30, 391. Adrian Perry 29.45, 425. Paul Byfield 31.02, 589. Denis Lawrie 44.34. **Bexley.** 1. Darren Corneille 18.43, 68. Chris Pike 25.34. **Old Deer Park.** 96. John Isaacs 29.23, 143. Bob Thomas 36.56. **Beckenham Place park.** 18. Steve Pairman 21.54, 28. Austin Adams 22.45, 71. David Beadle 24.56, 75. Luigi Arcuri 25.12, 79. Ian Montgomery 25.16, 88. Damian Hayes 25.33,



146. Stuart Cullum 28.16, 151. Iain Swatton 28.30, 171. Julia Pairman 29.43, 186. Bernard Wilson 30.12. **Lymington Woodside**. 20. James Cunningham 23.34. **Orpington**. 99. Karen Desborough 33.08. **Exmouth**. 95. Bob Minting 24.09. **Catford**. 218. Andrew Lawes 49.57. **Foots Cray Meadows**. 60. George Collins 51.28. **Bethlem Royal Hospital**. 13. Jason Meers 21.57, 19. Jennie Butler 22.46, 36. Mike Simms 25.08, 59. Madeleine Marston 29.40. **Trentham Gardens**. 165. Mick Keene 28.44, 166. Jessica Keene 28.46. **Goole**. 1. Mark Bolland – Cage\* 16.11.

**25-26/2/23**

**Ivy League Heptagonal Championships, Hanover, NH, USA**. 1000. Ht3. 6. Naomi Toft 2.57.30.

**26/2/23**

**Brighton Half Marathon**. 374. Matthew Maddocks 88.40 (88.19), 947. Damien Hayes 98.01 (97.15).

**26-27/2/23**

**Southland Conference Indoor Championships, Birmingham, AL**. 800. 1. Yasmin Austridge 2.10.96. Ht1. 1. Yasmin Austridge 2.15.67. 3000. R2. 2. Yasmin Austridge 9.56.79.

### **125 years ago in February 1898.**

Sydney T Pyrke wins the Rowland Challenge Cup. Holder W G Suffield retires injured. Rowland is one of the judges. There are 2000 spectators at the Southern Cross Country Championships at Wembley Park. Blackheath Harriers finish in 10<sup>th</sup> place out ten teams. A junior race, by standard is won by Tee To Tum AC. It's not such a good day for Sydney Pyrke "Will the gentleman who in mistake took the wrong pair of running shoes from the Ambulance Room at Wembley Park on Saturday kindly communicate with S. T. Pyrke, High Street, Bromley".

### **100 years ago in February 1923.**

Blackheath finish 12<sup>th</sup> in the Southern Cross Country Championships with A. C Telfer first home in 22<sup>nd</sup>. "After the race a capital function was held in conjunction with our Ranelagh friends at the Old Ship Hotel where 35 Ranelagh members and 30 Heathens sat down to dinner....An inpromptu concert followed... One of the principal events of the evening was the boxing up of the SLH Hon Sec E J Holt in a cupboard which had been laid on the floor. We hope he got out all right eventually... The festivities were adjourned about nine o'clock, when a select band marched behind the Daily Mail Stentophone van with music playing; this resulted in a final war dance round the van, to the delight and surprise of the natives.

A C Telfer wins the Rowland Challenge Cup which has a field of 22 runners. It is the first race for the trophy since the death of Rowland in 1922. Below some words on Rowland from the Club History.

One hears much of the Smiths and the Reeds in the Peckham era. We must not forget that there were all the time a good number of other participants in this venture. Of these none is more worth our notice than the same Walter Rowland, one of the earliest to combine with the original trio, and a constantly interested member down to his death in 1922. Characteristically he first appears as "umpire" of an early morning mile race in July, 1870, and in his record of continuous service to the Club he typifies those hundreds of often unrecognized members whose contribution is sometimes intangible but no less vital for that. It was said of him in 1918 that he never missed an annual general meeting and rarely any Club dance or other social function, while he inaugurated the "Bohemian Concerts" that were popular for so long. When others failed to turn up in the early days he was usually there beside Reed. Then or later when delicate or unpleasant matters had to be handled he was often asked to chair the meeting. Indeed, he himself was twice to be embarrassed in the first ten years of the next century by having a rival candidate for the Presidency proposed against him, only the generous and dignified way in which he conducted himself on these occasions retrieving the situation. From his youth he could hardly have been of ideal athletic build and in the competitions he was often left behind, though his persistence sometimes won him unexpected success. He was certainly a "sticker" and twenty miles was not too much for him. Once when a visiting runner, Child, came down "a regular lump on his side" in trying to scale a high fence on a hare and hounds run, it was Rowland, together with another Peckham official, Felix Pridmore, who helped him home. And when the Committee decided in 1874 that it was time that a Club of their stature possessed a bath for the convenience of members and visitors, the cost not to exceed ten shillings and sixpence, it was Rowland who subsequently lent them one. It is difficult to demonstrate in words the importance of a key but unobtrusive member like Rowland – it must suffice to say that for nearly half of this history he must be thought of as present, supporting and guiding through all the crucial years. Perhaps the best memorial to the man is the Cup he presented



The Club's biggest ever social event takes place at Blackheath Concert Halls and is a roaring success.

## HIGH CARNIVAL.

### GAY SCENES AT BLACKHEATH.

#### BLACKHEATH HARRIERS' REVELS.

Rarely can the Blackheath Concert Hall have held a more joyous crowd than that which assembled on Wednesday, when the Blackheath Harriers held a carnival dance. There was an attendance of more than 400, and fancy dresses were the rule. The multi-coloured garb of the dancers, coupled with the streamers and the huge clusters of balloons which hung from the roof, made a bright and charming scene. As to the characters: it would almost be easier to give a list of those not represented than to enumerate those which were seen. From Mephistopheles to the Good Fairy; from snow maidens to belles of the South Seas; from the gaily attired beau of centuries ago to the ultra-modern flapper; all were there. When the grand parade took place the effect of the long procession of bizarre, graceful, and intriguing costumes was little short of bewildering, and the task of the judges was not one that would incline anyone to envy. Among those carrying out that onerous duty were Mrs. T. K. Grant, Mrs. H. J. Dyball, Mrs. Trumble and Mrs. Pattison.

Amongst the "stunts" of the evening was the unwrapping of "Tut-ankh-Amen" (supposed to be the original mummy—the "originality" can certainly be vouched for). As a matter of fact, when the wrappings had been removed there was exposed a very vigorous "beaver," with a face-fringe of the most fiery red.

The proceedings were thoroughly enjoyable, and testified eloquently to the thoroughness with which the entertainments section had organised the carnival.

Club thanks are due to the lady judges mentioned in the above report; theirs was an extremely difficult task, for there were so many charming and original costumes that a whole store of prizes might have easily been disposed of. The ladies' prizes were awarded to Miss Hilda Pattison, Mrs. Pritchard ("Romance"); whilst Mr. A. G. King ("Pharaoh"), and Mr. Pritchard ("Romance's partner") were the successful gentlemen. The President, Trevor Davis, looked "top-hole" in his Dutch costume, with Mrs. Davis in a very charming Victorian dress. W. D. Whiter, who has acted in the capacity of M.C. for numbers of past Club dances in an admirably efficient manner, was again to the fore; while the "stunts" were arranged and carried out by the fertile brain of Brian Lymbery. In this connection, Mrs. Lymbery should also come in for her share of the praise; for, besides being responsible for the pianoforte accompaniments when she kept the 'Heathen octette ("Ex-service men's band") in order, she and Mrs. Cook also gave great and very welcome assistance in the hall arrangements during the afternoon. So far as the Vice-Presidents and other Club officials are concerned, there is no need for us to mention them individually, for it was apparent to all those present that these gentlemen did their duty and did it well. But a word of congratulation to J. F. Ponsford (Chairman of the Entertainments Committee), will not be out of place; and the social side of the Club will continue to be a strong and highly important asset and aid to general activities while we have men like the Ponsfords, Grant, Smith, Davis and the others at our back.

To sum up, however, we must pay great tribute to the unfailing energy and zealous work done by the Hon. Entertainments Secretary, W. S. A. Winter, in whom we have a member whose marked acumen and

ability are an invaluable acquisition to the Club. It will readily be realised that nothing but the most careful and painstaking attention to every detail in the arrangements could have resulted in such a delightfully satisfactory evening; and we will therefore make no further comment than to record Heathen thanks and appreciation to Winter for all that he has done for us. Really a Night o' Nights; and we feel sure that all who were present will look forward to the next. We insert Brian's original words of the "Chorus of Thanks" sung by the 'Heathen Sextette (Gooding, Hammond, Lymbery, Moir, Pearson and Winter):

Ladies! Gentlemen! Hear us, pray,  
There's something we would like to say.  
Important! Urgent! Pressing! Needful!  
Don't let us delay!  
We are the Dance Committee, and we think it is a pity  
To let the dance go on without our thanks.  
All of you to-night we greet with great delight,  
And hope that you will join us in our pranks.  
You've supported us right truly, and we mean to make things go,  
So kindly be as festive as you can,  
And trip the light fantastic with a step *a la* elastic,  
And do not care a "sanna fairy an."  
A few more hours and the dance is done,  
Make sure that you enjoy yourselves, have lots of fun.  
Come then, choose your partners, now's your chance;  
We hope that you'll remember well the Blackheath Harriers' Dance.

### **75 years ago in February 1948.**

Sydney Wooderson wins the Southern Cross Country title at Aylesford. Blackheath are second in the team race with Wooderson 1<sup>st</sup>, Choat 11<sup>th</sup>, Braughton 14<sup>th</sup>, Monshall 25<sup>th</sup>, Brent 29<sup>th</sup> and Spencer 33<sup>rd</sup>. They also win the Camden Cup for the first Kent team to finish all 12 runners.

Sydney Wooderson wins the Rowland Cup... "And so a great name is added to lend increased value to the most coveted of all Blackheath Cups. It was a fine field, a fine race and a worthy winner." Jack Braughton, who later in the year would represent Britain in the 5000 metres at the Olympics is 4<sup>th</sup>, one place behind Gordon Monshall, 5<sup>th</sup> scorer for England in the Cross Country International in 1947. Future London To Brighton winners Derek Reynolds and Lew Piper are 9<sup>th</sup> and 23<sup>rd</sup> respectively.

The 75<sup>th</sup> Annual Club Dinner takes place at the Bridge House Hotel..."Quite soon, the President had given us "H M The King," clouds of tobacco were rising, and each with the beverage of his taste to hand, waited for the toast, "The Club." E J Holt (Secretary of the Amateur Athletic Association) proposing spoke of his respect for the traditions of Blackheath Harriers". (There appears to be no mention of the cupboard incident 25 years earlier)..." When Mr Rye got a show of hands of those who could go back to the days when Blackheath ran from the Green Man at Blackheath we counted about fifteen...During the intervals between speeches we were entertained by Clay Thomas, Miss Eynes-Hill and Wilfred Hubbard, the latter a man with whom no one in his right mind would play cards" (often billed as "Wilfred Hubbard and his 52 Assistants").

### **50 years ago in February 1973**

After winning the Rowland Challenge Cup in January, Bob Richardson is 6<sup>th</sup> in the Southern Cross Country Championships with the Club 6<sup>th</sup> out of 45 teams. Richard Coles is 9<sup>th</sup> in the Youths race.

At the National Veterans Championships at Perry Barr, Blackheath win the over 60s race with A Keepax (4<sup>th</sup>), R Smith (9<sup>th</sup>) and L Piper (18<sup>th</sup>). They are also runners up in the over 50s with F Dyter 13<sup>th</sup>, G Monshall 17<sup>th</sup> and W Lake 29<sup>th</sup>.

### **25 years ago in February 1998**

Blackheath win three golds at the AAAs Indoor Championships in Birmingham. Julian Golding takes the 200 metres in a time of 20.46, the fastest in the World so far this year and breaks the stadium record of Olympic silver medallist Frankie Fredericks. Joe Mills wins the 1500 metres and Dave Taylor is equal first in the 3000 metres. For Bromley Ladies, Debbie Marti is second in the high jump and Liz Gibbens third in the triple jump.

Julian also wins the 200 at the BUPA Indoor Grand Prix in Birmingham defeating the favourite, American Jon Drummond. Julian finishes 4<sup>th</sup> in the 200 at the European Indoor Championships in Valencia, Spain. Debbie Marti is 9<sup>th</sup> in the high jump. Bromley Ladies' Julie Stacey is part of a GB team which competes in the Ekiden Relay which takes place at Yokohama, Japan. Blackheath also have three winners at the AAAs Indoor Under 20 Championships. Alloy Wilson takes the 400 in 47.84, Nick Thomas the triple jump in 15.20, and Emeka Udechuku the shot in 17.02. Darren Watson wins the U15 Boys 60 metres in 7.50. As a result of their victories Wilson, Thomas and Udechuku represent Great Britain in an under 20 International against France and Germany in Birmingham.

Blackheath's Under 17 Men's team of John Baker, David Baker, Daniel Moore and Dan Ayrton finish runners up in the National Cross Country Relays. (The Baker twins both run 8.19, something the race computer can't cope with).

Bill Foster wins the Sleaford Half Marathon in 67.30.

Mark Watling is first in the Club 10 to win the Rowland Challenge Cup from Roy Smith with Steve Cooper third. (25 years on in 2023 Steve is runner up. Steve Pairman also improves from 16<sup>th</sup> to 8<sup>th</sup> and Chris Pike from 19<sup>th</sup> to 10<sup>th</sup>.)

It is a very sad month for Blackheath with the passing of Roy Parris. Roy had joined the Club eight years earlier to raise monies for cancer charities by running marathons following the death of his son from the illness. Cruelly he too succumbed to the condition. He is remembered to this day with the annual Parris Handicap.