

### Blackheath & Bromley Courier

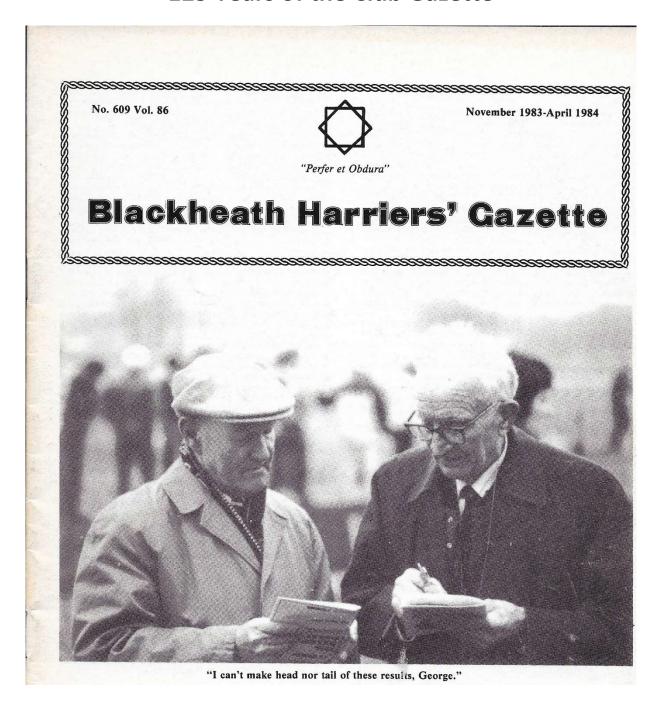
October 2023.

President 2023-24. John Hubbard.

Editor. Pat Calnan (p.calnan@btinternet.com)



### 125 Years of the Club Gazette



Peter Brooks' great grandfather, Nick Brooks grandfather, Gordon Brooks dad, George (right) with then President "Johnnie" Walker

For the past 125 years, the Gazette has been faithfully recording the results and activities of the Club for the benefit of current and future members. A look through past volumes is an education, "the longer you can look back, the farther you can look forward". As the Gazette began it's 100th year, the item below summed up it's value very well.

# 100 NOT OUT

This Autumn's issue is the 628th since the Harrier's Committee first decided "to record the many things being done continually by members of the Club in the various branches of sport so that in years to come, members may look back with pleasure upon their efforts and successes in the field of sport".

More significantly, however, and the reason for the novel and celebratory presentation of this issue, is that it opens the 100th year of Gazette production. It was in September 1898 that one H.R. Hopper of 48 Catford Hill, London, took up the editorship and introduced the first issue with the words:

"There is a new foot on the floor, my friend.

And a new face at the door, my friend.

A new face at the door."

Thus began a century of chronicled athletic activity of which we should all be duly proud. It also heralded the beginning of what, for successive editors, has been the tooth drawing-like ordeal of having to prise regular copy out of Club members.

In those earlier days a pattern was established which saw news coverage and results extend across a wide spectrum of sports and games. Swimming, cycling, rowing, cricket, cribbage, whist, walking, billiards, water polo, bowls, motorboat racing (yes indeed!) as well as athletics were all regularly featured, whilst on the social side, bohemian concerts were "de rigueur" and well reported. Keeping abreast of what 'Heathens are up to (more or less) has remained an objective of the Gazette throughout.

Largely, one assumes, because of the state of the art at that time, the earliest issues relied exclusively on the written word, although graphics in the form of a seasonal sprig of holly and mistletoe did appear in December of that first year. The following year, a portrait of the Club Hon. Sec., E.F. Nicholls, graced the front cover of the June issue, but over the next ten years or so any form of illustration remained a rarity.

Following the first world war, during which time a Roll of Honour of members on active service was maintained and updated monthly, the Gazette entered a period which reflected the social climate of the country as a whole during the roaring 20s. The introduction of photographs of active athletics enriched the contents and the cartooning skills of John M. Scott injected visual comment and humour. The 30s saw a return to the more formal format, relying almost entirely on script again, and in 1939, as a result of the effects on fixtures of the outbreak of war, production moved from monthly to bi-monthly.

Photographs remained scarce until the end of the 70s, but just prior to that, in the 1977 issue which celebrated 50 years at Hayes, colour was first introduced. It took the form of a simple blue background to the title heading. In 1979, under the editorship of Geoff Crowder, photographs again became a common feature. This was reinforced during John Powell's stint in the editor's chair and further developed by the next incumbent, Steve Cluney.

Frequency of publication had by then started to fluctuate considerably. Club activities were increasing and the editors were becoming more and more reliant on the reliability of a wider range of members to submit essential material. In 1983 Les Roberts took over the helm and rationalised publication to guarantee two issues a year. Adverts were also introduced to help fund what was by now the not inconsiderable cost of production.

In 1984, "Running Magazine" voted the Gazette (No. 609, Vol 86) the second best club magazine in the land. It was only its infrequency that lost it top spot, but it won the accolade for being the most entertaining and the funniest. Since then, the most major change has been the recent introduction of colour plates under the editorship of Alan Hardy. New technology has also had a considerable part to play in reducing costs.

As to the future, it would be nice the think we

could increase issue frequency, but, given the pressures already on the key officers who hold most of the relevant information for producing copy, it is hard to see how they could reasonably be asked to add to their workload. The ideal solution would be to find a member or two with the enthusiasm and journalistic skills to go out weekly and get the stories and results, then load them directly onto a desk top publishing facility and produce a monthly Gazette. One day, one day... In the meantime editors will, I am sure, continue to do the best they can and will keep the matter well to the fore on their wish lists.

As this historic issue of the Gazette goes to press, we are looking forward to reporting in the next issue the long list of fantastic individual and team performances achieved over the summer, most recently our victory in the European Junior Clubs Cup in Zagreb. We have identified certain major sources of track and field reports but gaps remain, particularly on the women's side. Would regular contributors please keep the information coming and would those involved in the areas which have so far remained largely unreported, please help us rectify that position so that the Gazette can truly fulfil the objectives set those 100 years ago.

When Roger Bannister broke the four minute mile, the Gazette found an expert to comment...

# Blackbeath Barriers' Gazette



Record.

No. 517. Vol. LVI.

Hon, Editor: H. J. BISHOP, 27, WIVERTON ROAD, SYDENHAM, S.E. 26
Hon. Assistant Editor: R. H. THOMPSON

MAR. - MAY, 1954

Registered at Stationers' Hall

For private circulation among Members of the Club Published by the Hon. Sec. of the Blackheath Harriers, J. Sims, 44, Northampton Road, E. Croydon, Surrey

## A LANDMARK IN ATHLETICS

THE FOUR MINUTE MILE

By Sydney Wooderson

All followers of Athletics were

All followers of Athletics were deeply stirred on hearing that at six o'clock in the afternoon of Thursday, May 6, 1954, at Iffley Road, Oxford, the long sought after four minute mile had been achieved by Roger Bannister and with it, of course, the Would will a record returned.

the World mile record returned to Great Britain.
We know that our readers will be greatly interested to read

the comments of the previous British holder of the World mile record—our own Past-President Sydney Wooderson.

THE four minute mile has always held more fascination to athletes and spectators alike, than similar attempts to accomplish a peak in any other event. 15 ft. in the pole vault, 14 min. in the 5,000 metres and, likewise, 60 ft. in putting the weight, all now achieved, were milestones in their respective events, but somehow, one does not feel they had quite the thrill of attainment as the four minute mile! One reason, perhaps, mile is looked upon (especially in this country) as the race of the meeting, for from the spectators' point of view it is not too short, as are the sprints and quarter mile. These races are over before you can settle down and get to know the competitors. On the other hand, the mile is not too long, as a 3 or 6 miles race may become when the field is strung out and with the winner a certainty when, say, a Zatopek or a Pirie is running. The mile, however, is just right to keep the excitement up to fever point all the way, and for the runner too it is ideal, combining as it does both stamina and speed, with no chance of being bored with endless laps as in 6 miles, and no chance of being left behind with no time to retrieve lost ground after a bad start as in the 100 or 220 yds. The time of 4 minutes seemed so real, and yet so unattainable as trying to catch a falling star! It has so long been the dream of all milers—"the four minute mile"—that now it has been achieved one feels a little sorry, for even if a mile is some day run in 3 min. 55 sec. it would not have that magical quality as had the first mile under four minutes.

Although a number of athletes tried last year, the four minute mile was not accomplished. Therefore, it became clear that 1954 would almost certainly see it done. I think most people in Britain, and I certainly did, thought Roger Bannister was the man most likely to achieve it. As early as the end of the last track season, Bannister had already planned to attempt

the four minute mile at the Oxford against the A.A.A. match, a meeting which is always held at Oxford in early May. Last winter he had trained throughout with that one idea in view. Having already done the mile in 4 min. 2 sec. it seemed he must succeed, there being only two obstacles in his way. First, he might be pipped by Landy of Australia, or Santee of America, who had both already come very close to success. Second, of course, was the weather, which nearly stopped him making an attempt, for he was still undecided as little as five minutes before the race was due to minute mile red by Roger minute mile red by Roger hit, of course, second returned printing in from getting too keyed up. There is no need for me to comment on the race, but to congratulate Bannister on the wonderful feat, and also on his recapturing the World Record for Great Britain.

The greatness of Bannister's performance can be seen by the fact that his time on the Continental scoring table rates 1,361 points, which is higher than any other recorded track world record, and is equivalent to world Record has come down through the years. In 1865 R. E. Webster of England held the record at 4 min. 44,3 sec. while in 1884 W. G. George

World Record has come down through record at 4 min. 44.3 sec. while in 1884 W. G. George (a Blackheath Harrier) became the holder with a time of 4 min. 18.4 sec. In 1923 the great Paavo Nurmi did 4 min. 10.4 sec. Then by stages it came down to 4 min. 1.4 sec. which was, of course, Haegg's record. What of the future? Now that the four minute mile has been accomplished, one may well ask, has the limit been reached! I feel that, unlike the conquest of Everest where one can go no higher, the achievement of the four minute mile opens up new vistas, as did the breaking of the sound barrier. I do not see why, in years to come, the record should not reach 3 min. 50 sec. But that we must leave to the future. So ends the legend of the "four minute mile."

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# Blackbeath Barriers' Gazette

Club



Record.

"Perfer et Obdura"

Joint Editors :

No. 434. - Vol. XLI.

G. H. WILKINSON AND H. A. WILKINSON, SWAYLANDS, UPPERTON ROAD, SIDCUP, KENT. Assistant Editor: E. J. J. REED.

SEPTEMBER, 1939.

Registered at Stationers' Hall.

For private circulation amongst Members of the Club.

Published by the Hon. Sec. of the Blackheath Harriers, G. F. McIvor, Larmer Tree, 30, The Avenue, Cheam, Surrey.

#### CROSS COUNTRY

(71st Season, 1939-40).

Saturdays: The Club Headquarters, 56, Bourne Way, Hayes, Bromley, Kent.

#### Notices.

#### THE OPENING RUN.

It is doubtful if this issue of the GAZETTE will reach members in time to announce the opening of head-quarters for running on Oct. 7. We wish, however, to make it widely known that for the present runs will take place every Saturday throughout the winter season; perhaps even a few small matches will be arranged. The only known factor to prevent this will be destruction by enemy aircraft of local house property, when our premises will be used as a temporary home for homeless.

After the run tea will be provided so long as that may be possible, but owing to the black-out it is not proposed to have any suppers. All who possibly can are urged to support the Club at these weekly meetings.

#### WAR EMERGENCY ANNOUNCEMENTS.

AT a Committee meeting held on Oct. 2, the following matters were decided:

- 1. Owing to the outbreak of war, an Emergency Committee has been set up to conduct the affairs of the Club for duration of hostilities. The Committee is composed of the following members: President, A. D. Thwaites; Hon. Secretary, G. F. McIvor (on active service); Hon. Treasurer, E. G. Lymbery; Past-Presidents H. F. Pash, H. W. E. Sercombe, H. J. Staines; Vice-Presidents W. R. J. Clarke, S. D. Taylor, J. M. Scott, G. A. Mullins, H. A, Wilkinson; Messrs. J. C. McPhail, V. W. W. Beardon. R. A. Wearn R. A. Wearn.
- 2. While the Hon. Secretary is on active service, members are asked to address all communications normally for him to R. A. Wearn, 3, Church Avenue, Sidcup, Kent, or to the Hon. Treasurer, E. G. Lymbery, 20, Half Moon Lane, Herne Hill, S.E. 24.
- 3. Headquarters at Hayes will be open on Oct. 7, and will be open each Saturday while such a course is possible. Training runs will be arranged and serving members and their friends will be especially welcome. It is hoped that members of S.L.H., Orion, Ranelagh

and Thames, who may find it more convenient to get to Hayes, will make use of our facilities.

4. The Gazette will continue to be published, but at less frequent intervals. Serving members are asked to advise the Editor or other officials of their rank and unit, so that a complete record may be published in the next and subsequent issues.

#### SPECIAL MESSAGE TO SERVING MEMBERS.

To our many members serving in the three fighting services our heartfelt thanks are due that they are prepared. To them we extend our best wishes for their health and vigour, and we trust that they will have a safe and speedy return.

#### SUMMER CAPTAIN'S MESSAGE.

WITH the conclusion of the summer season I want to express my appreciation of the support given to the Club by those consistent runners and field events men. Towards the end of the summer the international situation became blacker and this had its effect on athletics. Support for the Imber Court meeting was poor, whilst it was early realised that it would be impossible to hold the open meeting on Aug. 26.

Reviewing the season's results discloses a high proportion of matches won against schools, banks and clubs. In the star contests we were not, however, able to keep the spotlight on us. There is no need to be pessimistic because of this; a monotonous succession of Blackheath successes would be against the interests of the sport. Furthermore, it must be realised that the difference between first and last in many of these contests is small; our representatives have usually been well up but not quite good enough for premier honours.

The evening meetings at Catford Bridge were not as well supported as they should be-the second meeting, however, was a great improvement on the first. Maybe it is diffidence, maybe it is the consistently bad weather, maybe the dates are unsuitable, maybe our athletes have more interest in displaying the Club colours away from home; it is nevertheless a matter of sorrow to the non-runners that the good, bad and medium do not crowd the ground.

After this grumble let me say-Thank you all for the support you have given me and I look forward to the next summer season under peaceful skies.

V. BEARDON.

No. 560. Vol. LXVII.

Oct. 1964—Feb. 1965.
Registered at Stationers' Hall

THE

# Blackheath Harriers' Gazette

AND

Club



Record

"Perfer et Obdura"

## **TOKYO, 1964**

by J. B. HERRING

Secretly every athlete must have the desire to compete in the Olympic Games, and yet so few have this opportunity. Although I had harboured this ambition for several years, the final achievement came as a shock, and it took several days before I began to appreciate what was to be in store for me during the weeks ahead. I never, however, lost sight of the fact that having been selected myself there were many who had given as much effort, but had not fulfilled their ambition.

One begins to sense the growing tensions surrounding the Games when the team assembles in London prior to departure. This is the first real opportunity of getting to know the other members of the team, and some of the other competitors in events other than athletics. This getting together of the team and the flight out is the beginning of what was to be a memorable occasion. Here the team spirit which was to prevail in Tokyo was

given a good start.

The flight to Japan was extremely tiring, and we spent some 32 to 33 hours on a B.O.A.C. Comet, touching down only for brief periods in places like Istanbul, Tehran, Karachi, Delhi, Bangkok, Hong Kong, and finally Tokyo. At the airport we had the first experience of Japanese efficiency, and within a short space of time we were into our coaches and whisked away on one of Tokyo's express-ways, which cut through the heart of the city, avoiding all traffic, to the Yoyogi Olympic Village, converted from an ex-U.S.A.F. camp. It was comfortable, well laid out, and with a variety of amenities to cater for all our needs. However, at this stage our main concern was to rest and recover from the journey, and even a severe earth tremor failed to wake

journey, and even a severe earth tremor failed to wake us on our first night in Tokyo.

From this point the pressure is really on, and as the days slip by, the tension gradually increases. After two or three days spent in settling down, serious preevent training starts, and as more and more competitors flood into the village so does the tension build up. This is the time when the names in the record book really begin to mean something. The giants of track and field are seen in the flesh, perhaps for the first time, and one wonders how they will fare in the height of competition. Will the favourites stand the strain? Will they rise to new pinnacles of achievement, or will some new face appear on the scene and eclipse them?

competition. Will the favourites stand the surain? Will they rise to new pinnacles of achievement, or will some new face appear on the scene and eclipse them? The facilities for training were good, bearing in mind the number of competitors using them, but we all noticed the absence of any park land suitable for easy fartlek or gentle running. Tokyo is a city with little space to spare, and everywhere there are new buildings or new ones under construction. It is a city of fantastic activity and intensity, even more so than our

own London. Unlike Rome, the venue of the 1960-Games, Tokyo is not a beautiful city, though not without its attractions. The facilities provided for the Games were excellent, the new stadium, gymnasium, and swimming pool were excellent examples of modern architecture. The new roads, etc., which were built mainly for the Games, now provide Tokyo with a much needed system of communications. Furthermore, the organisation was first-class, and certainly, I imagine, not bettered by any previous host nation.

ot bettered by any previous host nation.

The days of preparation soon slipped by, and on October 15th the Opening Ceremony took place. We were lucky to have a brilliantly sunny day, and the whole stadium, when filled by all the competitors, was a riot of colour. The ceremony is very moving, and the real Olympic feeling is there in the stadium with all nations gathered together. The organisation was superb and the timing excellent, for as the Olympic flag was hoisted so at that precise moment five jet planes made the Olympic Circles in the sky above the stadium.

Naturally, athletics dominate the two weeks of the Games, they draw the biggest crowds, and provide, perhaps, the greatest excitement. From my own point of view the Games were a bitter disappointment, but a little satisfaction is gained from Baron de Couberlin's message "It is not the winning but taking part which is the important thing".

Where does one start to describe the games? There were so many wonderful achievements, that it is difficult to single out particular instances. From the first day we were in for surprises and new records, with Billy Mills (U.S.A.), winning the 10,000 m. from the favourite and world record holder, Ron Clarke. The pace of competition never lagged, and the last event of the Games provided us with the greatest performance of all, with Abebe Bikila winning the marathon for the second time in a new world record time. The British team rose to new heights of achievement with four gold medals and something like eight silver medals, better than anybody dared hone.

better than anybody dared hope.

The standard of the Games was the highest ever, and new Olympic records were made in so many events. When will the limit be reached? One cannot help but mention the wonderful running of that great New Zealander, Peter Snell, in winning with such nonchalant ease the 800 and 1,500 m., a double never accomplished in modern Olympics. Also the incredible power and speed of Bob Hayes who recorded 9.9 secs. for the 100 m. semi-final, and ran even faster on the last leg of the 4 x 100 m. relay. It is impossible to forget the

(Continued overleaf)

#### BLACKHEATH HARRIERS

96th SEASON, 1964-65

#### President:

W. J. TRAER, 9. Broughton Road, Orpington, Kent.

Honorary Secretary:

E. DOORBAR, 10, Eastway, Hayes, Bromley, Kent. Honorary Treasurer:

A. E. BALL, 16, Knighton Road, Otford, Kent.

Past Presidents—G. F. McIvor (1933), J. Morrison (1934), H. J. Staines (1936), A. D. Thwaites (1938-45), G. A. Mullins (1946), S. C. Wooderson (1947), G. H. Wilkinson (1948), W. R. J. Clarke (1949), S. D. Taylor (1950), F. W. Parker (1951), C. W. Starnes (1952), S. A. Field (1953), C. A. Wiard (1954), K. N. Wilcockson (1956), W. H. M. Vercoe (1957), V. W. Beardon (1959), J. Sims (1960), J. R. D. Cockburn (1961), C. Pollard (1962), L. E. Hammill (1963), D. K. Saunders (1964).

Vice-Presidents—A. C. Telfer (1924), H. A. Wilkinson (1927), N. L. Davis (1927), H. Kitton (1927), R. W. Pattison (1929), E. H. Neville (1930), J. M. Scott (1930), H. K. Grant (1933), A. H. Atkins (1934), A. W. Clay Thomas (1934), C. L. Mobbs (1935), J. D. Rogers (1936), A. G. V. Allen (1938), J. C. Stevens (1947), E. J. J. Reed (1949), R. H. Gollan (1949), C. E. Clowser (1950), G. F. Brooks (1953), L. Pendered (1953), D. J. Tingey (1956), G. Waller (1956), L. G. Towers (1957), R. A. Morley (1958), P. E. Sims (1958), H. R. Howard (1959), D. J. Mobbs (1959), B. G. Parrott (1959), R. H. Thompson (1959), L. G. Toms (1959), A. A. Tweedy (1959), D. G. Child (1960), L. E. Piper (1960), G. H. Sm.th (1960), N. Dudley (1961), J. W. Orr (1961), J. H. Scott-Wilson (1961), J. E. Lindblom (1962), L. G. King (1962), A. A. Oldfield (1962), M. A. Walker (1962), A. Nye (1963), P. H. Francis (1964), D. F. E. Hogg (1964), K. J. Johnson (1964).

Hon, Secretary—E. Doorbar.
Asst. Hon, Secretary—J. H. Scott-Wilson.
Hon, Treasurer—A. E. Ball.
Hon, Cross-Country Secretary—A. A. Oldfield.
Hon, Track Secretary—R. E. D. Taylor
Hon, Road-Running Secretary—D. H. Hopgood.
Hon, Secretary, Wine Committee—B. G. Parrott.
Hon, Secretary, Entertainments Committee—A. D. R. Filby.
Asst, Hon, Treasurer—J. V. F. Bennett.
Cross-Country Vice-Captain—D. L. Gregory.
Cross-Country Vice-Captain—J. R. Baldwin, F. C. Rogers.
Track Captain—N. W. Page.
Track Vice-Captain, Track—I. M. Ross.
Track Vice-Captain, Field Events—J. E. Day.
Hon, Editors—J. Lissaman, B. D. Lee.
Hon, Cross-Country Handicapper—G. F. Brooks.
Hon, Track Handicapper—A. J. Brent.
Hon, Auditors—A. A. Tweedy, M. A. Walker.

Committee—P. J. G. Baigent, I. C. Mackley, G. E. Monshall, W. S. Norton, I. F. Smith, A. J. Weeks-Pearson, J. E. White, I. C. Wilson.

#### SUB-COMMITTEES, DELEGATES AND REPRESENTATIVES

Wine Committee—V. W. W. Beardon, J. R. D. Cockburn, L. E. Hammill, K. J. Johnson, W. S. Norton, J. F. Parrott, F. C. Rogers, J. Sims, A. A. Tweedy, M. A. Walker, G. Waller. Entertainments Committee—B. G. Parrott, J. Sims, B. D. Lee, F. C. Rogers, G. Browning, P. W. Catley.

Club History Committee—D. K. Saunders, R. H. Thompson, N. Dudley.

Dudley.

Finance Sub-Committee—J. Sims, B. G. Parrott, D. L. Gregory, R. E. D. Taylor,

Track Awards Sub-Committee—N. W. Page, L. G. Towers, A. J. Brent.

Brent.

Brent.

Centenary Sub-Committee—L. E. Hammill, V. W. W. Beardon, D. K. Saunders, J. Lissaman, W. R. J. Clarke.

Hon. Sec., Inter-School Race—D. J. Tingey.

Hon. Sec., B.H. Open Road Relay Race—G. E. Monshall.

Delegates to Kent County A.A.A.—E. Doorbar, R. E. D. Taylor, I. F. Smith.

Southern Counties A.A.A. A.G.M.—E. Doorbar, N. W. Page, R. E. D. Taylor.

Representatives at A.G.M. of Southern C.C.A.—A. J. Brent, J. R. Baldwin, F. C. Rogers.

Representatives at A.G.M. of South of Thames C.C.A.—W. J. Traer, D. G. Child.

Representative Members of A.A.A.—E. Doorbar, N. W. Page.

Representative to Association of London Clubs-V. W. W. Beardon, Representative on Croydon Athletic Committee-J. Sims.

#### TRACK CAPTAIN'S MESSAGE

Immediately following upon the great and somewhat unexpected successes of the British team in the Tokyo Olympic Games, it is not unreasonable to anticipate an upsurge in athletic enthusiasm during the coming season. I hope that this may be no less apparent in "B.H." than in rival clubs!

We enjoyed an excellent season in 1964, winning many of the trophy competitions for which we entered, and being placed in the first three teams in almost all of the others. I am hopeful that, with the new recruits we obtained towards the end of that season, together with some useful additions to our strength during the "close" season, we shall be even more successful in 1965. Once again, we have a very full and attractive fixture list and, in order to achieve our ambitions, we shall need the support of members as often as possible. I should like, also, to see much greater support for our Club Evening Meetings which embrace our own Club Champion-

they deserve. The year 1965 is a very significant one for our younger members, for there has been a revision of A.A.A. age groups to make these correspond with those of the English Schools Association. All our athletes who are now 19 or under should study these new age limits most carefully. [See notice on page - Editor.]

ships; in the past, these have not received the patronage

Once more I appeal to all new members to contact either of my Vice-Captains, the Track Secretary, Bob Taylor, or myself, as soon as possible, so that we can help you to get the full benefit from your membership of the best athletic club in the country. Do NOT wait for us to approach you-this causes unnecessary delay in your enjoyment!

We cannot get too many volunteers to officiate at our Club matches, nor too much vocal support for our teams at vital trophy competitions.

Again, I wish all active members their greatest season

'Heathenly yours,

NORMAN W. PAGE

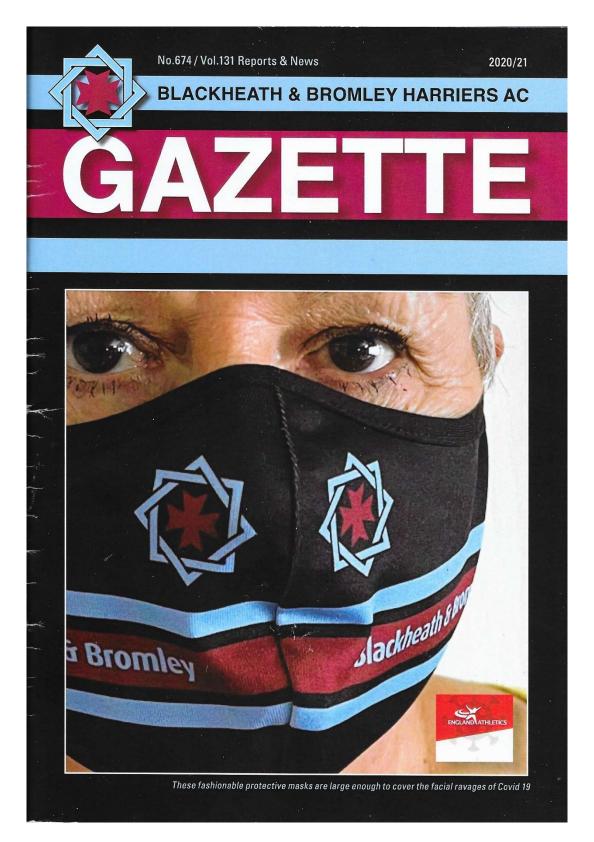
#### (continued from page 1)

exploits of our two women gold medallists, Mary Rand and Ann Packer, who in winning the Long Jump and 800 m. respectively, set new world records. There seemed to be no end to the records, and so we came to the end of a memorable 18th Olympic Games.

After the finish of the athletics we had three or four days in which to relax without the pressures of competition. A visit to Lake Ashi, which has an excellent view of Mount Fuji, was spoilt by some typically English rain and mist. It did give us, however, an opportunity of seeing a little of the countryside around Tokyo, and to travel on one of the excellent Japanese express trains. (Those who have spent some time in Japan insist that it is a beautiful country, and one must not judge it by Tokyo.)

In these last few days everybody was busy sightseeing and buying last minute presents in the wonderful department stores in the Ginza area of Tokyo. And many were busily snapping away with their newly bought cameras—surely the best buy in the shops.

The first airlift home, this time by B.O.A.C. Boeing 707's, was scheduled for the Monday following the Closing Ceremony—a wonderfully informal and pleasant occasion. As we left Tokyo in brilliant sunshine, and climbed away through the clouds, leaving behind a city of wonderful and exciting memories, we were treated to a magnificent sight of Mount Fuji sticking through the clouds into the bright blue atmosphere. This was the end of four weeks in Tokyo, an experience of a lifetime and something never to be forgotten.



The most recent Gazette covered the pandemic. It appears the Gazette itself has been a victim of long covid. People seem to have forgotten that they need to submit copy. It cannot survive without the support of the Membership. The Gazette has been published consistently through World wars, recessions and has provided an invaluable History of the Club. Below are the results from September 2023. We need your input to bring these results to life with reports and photos on these and social events and news on Club members. Help us make head and tail of the results.

#### Results.

#### 1/8/23

Veterans AC 5k, Battersea Park. 4. Trejan Checkeku Boamah (U15B) 30.18, 10. David Hoben (M70) 38.07. 5/8/23

Enfield League Stan Mantor Walks. 5k. 1. David Hoben\* 38.26.

11-13/8/23

Gloucester 24 and 48 Hour Invitational. 24 Hours. 25. David Hoben 107.94.

1-3/9/23

**BMAF Championships, Derby. M35**. 100. 1. Duayne Bovell 10.99 (-0.7). 200. R2. 3. Duayne Bovell 22.82 (0.0). **M40**. 100. 3. Ashley Reid 11.84 (1.8). 200. 3. Ashley Reid 24.06 (-1.7). LJ. 2. Ashley Reid 5.61 (0.0). **M50**. 400. 3. Ian Firla 57.93. 100H. 4. Ian Firla 19.15 (1.2). 400H. 1. Richard Holt 66.71. **M65**. 1, Steve Langdon 40.90. **W40**. 400. 2. Samantha Williams 61.92. **W45**. 100. 1. Louisa Vallins 12.86 (0.7).

#### 2/9/23

UKA Youth Development League, Lower Age Group, National Final, Manchester. Match. 1. B&B 662, 2. Rugby & Northampton 634.5, 3. Tonbridge 546, 4. Wirral 502.5, 5. City Of York 496, 6. Cheltenham 477, 7. Griffnock North 416. Under 15 Boys. 100. A. 1. Charlie Platt 11.62 (NW). b. 1. Theodore Osobu 12.10 (NW). 200. A. 4. Troy Ogedengbe 24.22 (0.0). B. 4. Jason Yamoah 25.50 (0.3). 300. A. 5. Troy Ogedengbe 39.39. B. 3. Tristan Thomas 40.44. 800. A. 1. Joseph Hill 2.06.16. B. 3. Alfie Whitelock 2.13.22. 1500. A. 2. Joe Scanes 4.08.35. B. 2. Luca Elmqvist 4.28.45. 80H. A. 1. Joshua Dako 11.49 (0.6). B. 1. Jamie Ellerton 12.41 (0.0). HJ. A. 2. Alexander Giles 1.70. B. 4. Ben O'Grady 1.40. LJ. A. 7. Alexander Giles 5.00 (0.0). B. Jamie Ellerton -. PV. A. 1. Charlie Platt 4.00. B. 1. Rory Witcombe 2.30. SP. A. 4. Joshua Dako 10.82. B. 4. Alexander Giles 8.58. DT. A. 1. George Henderson 36.67. B. 5. Dylan Lawson 21.52. JT. A. 5. Dylan Lawson 40.41. B. 4. George Henderson 31.20. HT. A. 1. George Henderson 43.44. B. 1. Rory Witcombe 30.07. 4X100. 2. B&B (Nicholas Marquez, Jason Yamoah, Daniel Olatunji, Charlie Platt) 46.71. 4X300. 1. B&B (Joe Scanes, Thomas Vallins, Joseph Hill, Joshua Dako) 2.37.06. Under 15 Girls. 100. A. 1. Cheyanne Nketia 12.50 (NW). B. 1. Chizam Boniface 12.67. 200. A. 2. Cheyanne Nketia 25.87 (-1.2). B. 1. Chizam Boniface 26.64 (1.1). 300. A. 4. Luciana Smith 42.52. B. 2. Leah Kyriacou 42.12. 800. A. 4. Luciana Smith 2.24.33. B. 2. Sophie Tran 2.26.88. 1500. A. 4. Aoife McDonagh 4.56.50. B. 2. Naimah Mossi 5.03.68. 75H. A. 5. Beth Regan 12.70 (0.8). B. 5. Heidi Coulson 12.93 (0.1). HJ. A. 3= Fayo Olatunde 1.50. B. 4. Heidi Coulson 1.40. LJ. A. 5. Isabella Campbell Andou 4.52 (1.4). B. 1. Sophie Tran 4.46 (0.8). PV. A. 3. Luna Corry 2.40. B. -. SP. A. 1. Emelia Adese 11.44. B. 5. Heidi Coulson 7.28. DT. A. 5. Charlotte Bloodworth 19.65. B. 6. Carys Bowling 14.04. JT. A. 2. Emilia Adese 28.07. B. 5. Caitlin Hough 15.28. HT. A. 4. Charlotte Bloodworth 26.23. B. 5. Lottie Palmer 14.42. 4X100. 2. B&B (Sienna Williams, Cheyanne Nketia, Isabella Campbell Andou, Chizam Boniface) 50.13. 4x300. 2. B&B (Leah Kyriacou, Beth Regan, Ariana Jenner Heard, Luciana Smith) 2.51.81. Under 13 Boys. 75. A. 1. Piers Spencer Simms 9.47 (-0.1). B. 3. Thomas Fairbanks 10.82 (NW). 150. A. 1. Piers Spencer Simms 18.19 (-0.5). B. 3. Jericho Senior 20.41 (0.0). 800. A. 3. Jake Martin 2.24.45. B. 5. Finn Gotkine 2.34.96. 1200. A. 3. Alex Smith 3.51.43. B. 2. Nathan Crossan 3.59.96. 75H. A. 2. Jack Ruby 12.46 (0.4). B. 3. Sebastian North 13.88 (0.3). HJ. A. 3. Jack Ruby 1.40. B. 1. Sebastain North 1.35. LJ. A. 4. Zahary Ferraz 4.10. B. -. SP. A. 1. Jack Ruby 9.41. B. 7. Jack Barlow 5.18. JT. A. 2. Sebastian North 36.87. B. 6. Jake Martin 18.94. 4X100. 3. B&B (Piers Spencer Simms, Daniel Djan-Krofa, T J Owen, Jericho Senior) 54.55. **Under 13 Girls**. 75. A. 1. Zamaia Dixon 10.00 (0.0). B. 1. Ella Brooker 10.21 (-0.3). 150. A. 1. Kara Bryan 19.89 (0.0). B. 1. Ella Brooker 20.19 (-0.8). 800. A. 1. Kara Bryan 2.19.90. B. 3. Amelie Ramdeen 2.35.26. 1200. A. 2. Alba Homans Yau 4.07.82. B. 2. Evie De Bruyn 4.20.09. 70H. A. 5. Freya Pearson 12.35 (1.2). B. 2. Amelie Ramdeen 12.76 (1.5). HJ. A. 1. Alessia Scala 1.60. B. 5. Zamaia Dixon 1.20. LJ. A. 2. Alessia Scala 4.34 (0.0). B. 2. Freya Pearson 3.94 (0.0). SP. A. 1. Kaweng Pwol 8.81. B. 1. Kara Bryan 7.44. JT. A. 4. Kaweng Pwol 20.44. B. 5. Dulcie Simpson 12.03. 4x100. 1. B&B (Zamaia Dixon, Kara Bryan, Alessia Scala, Ella Brooker) 52.87.

BMC Regional Races, Gillingham. 800. A. 3. Morgan Squibb 2.08.36, 5. Chloe Sharp 2.10.09.

Medway & Maidstone Summer Open Meeting, Gillingham. 800. R2. 1. Luca Moloney Pedro (U15B) 2.22.42. R3. 6. Chloe Morez (U13G) 2.44.17.

Wyoming Invitational, Cheynne, WY, USA. 14. Yasmin Austridge 19.10.

The Big Half, Greenwich. 55. Rose Harvey\* 70.02, 177. Karl Gloster 75.44, 181. David Adams 75.46.

Stony Brook Season Opener, Stony Brook, NY, USA. 31. Naomi Toft 15.19.

**Parkruns. Wimbledon Common**. 44. David Beadle 22.29, 84. Ian Montgomery 24.01, 149. Iain Swatton 25.58. **Silksworth**. 148. Mick Keene 56.29. **Bromley**. 26. Steve Evenden 20.36, 36. Harry Schmidt 20.57, 39. Micah Evans 20.59, 43. David

Adams 21.12, 48. George Kleanthous 21.21, 54. Matthew Tootell 21.34, 69. Jason Meers 22.13, 130. Austin Adams 24.01, 203. Benjamin Evans 26.01. Bexley. 84. Chris Pike 26.26. Beckenham Place park. 29. William Brindley 22.29, 33. Jane Bradshaw 22.40, 41. Adrian Stocks 23.03, 207. David Appleton 31.12, 295. Richard Griffin 37.40. Crystal Palace. 111. Zoe Kingsmell 26.00. Valentines. 153. George Collins 31.11. Lloyd park, Croydon. 32. Sarah Belaon 23.48, 75. Gareth Evans 26.40. Eden Project. 47. Rod Harrington 21.57. Dulwich. 8. Alex Leggatt 17.40. Hilly Fields. 33. Andrew Lawes 22.59. Orpington. 10. Carys Firth 20.33, 19. Gregory Firth 21.39, 52. Colin Pearson 24.30, 70. Islay Pearson 25.32. Peckham Rye. 134. Gareth Griffin 26.29. Dartford. 41. John Turner 25.15. Tooting Common. 11. Jessica Keene 18.47 (1st woman). Treviso. 5. Adrian Perry 24.01. Exmouth. 102. Bob Minting 24.00. Foots Cray Meadows. 2. Darren Corneille 19.40. Isabel Trail. 49.Katy Sugden 22.14. Bethlem Royal Hospital. 34. Lydia Marston 25.27, 35. James Unwin 25.28, 50. Mike Simms 27.34, 54. Claire Austridge 28.14. Chalkwell Beach. 224. John Isaacs 29.33, 307. Bob Thomas 35.13. Sutcliffe park. 93. Julia Pairman 29.20, 164. Steven Pairman 38.58. Mote Park. 133. Tom Phillips 33.37. Mile End. 360. David Hoben\* 40.30. 3/9/23

UK Youth Development League Upper Final, Manchester. Match. 1. B&B 819, 2. Rugby & Northampton 705, 3. Harrow & Dacorum 634, 4. City Of York 631.5, 5. Team Avon 619, 6. Trafford 536.5. Under 20 Men. 100. A. DQ. Clayton Jacinto. B. 2. Issah Abdulkarim 11.35 (0.3), 200. A. 3. Clayton Jacinto 22.46 (0.5), B. 1. Samuel Mowa 22.09 (1.3), 400. A. 3. Tommy Owler 50.14. B. 1. Samuel Mowa 50.47. 800. A. 4. Thomas Sugden 2.03.61. B. 2. Matthew Smith 1.59.38. 1500. A. 5. Arthur Starvis 4.13.66. B. 5. Thomas Sugden 4.21.36. 3000. A. 5. James Barnes 9.21.07. B. 6. Ted Marston 11.03.98. 110H. A. 1. Daniel Goriola 13.87 (1.4). B. 1. Luke Dronfield 15.16 (3.3). 400H. A. 2. Luke Dronfield 54.96. B. 3. James Barnes 64.15. 2000 s/ch. A. 3. James Barnes 6.34.29. B. 5. Miles Brown 7.25.30. HJ. A. 5. Barnaby Corry 1.75. B. 3. Edward Regan 1.60. LJ. A. 1. Augustus Kodji 6.75 (0.8). B. 3. Edward Regan 4.94 (0.0). TJ. A. 2. Augustus Kodji 13.30 (0.3). B. 1. Barnaby Corry 11.78. PV. A. 1 Barnaby Corry 3.90. B. 1. Oscar Witcombe 3.90. SP. A. 3. Brydon Duncan 11.95. B. 2. Nathan Firla 8.40. DT. A. 2. Brydon Duncan 43.04. B. 2. Nathan Firla 15.31. JT. A. 4. Felix McArdle Hodge 48.15. B. 2. Ben Platt 42.46. HT. A. 3. Brydon Duncan 38.60. B. 1. Nathan Firla 6.85. 4x100. DQ. B&B (Adam Islam Medeaux, Issah Abdulkarim, Clayton Jacinto, Daniel Goriola). 4x400. 2. B&B (Tommy Owler, Maurizio Corrodus, Luke Dronfield, Samuel Mowa) 3.21.54. Under 20 Women. 100. A. 1. Faith Akinbileje 11.70 (1.3). B. 1. Tianna Haynes 12.47 (1.0). 200. A. 1. Faith Akinbileje 23.73 (1.1). B. 2. Nina Whitter 26.31 (1.3). 400. A. 1. Cameron Kelly Gordon 58.05. B. 1. Lily Meers 62.97. 800. A. 1. Cameron Kelly Gordon 2.13.71. B. 1. Hannah Clark 2.20.68. 1500. A. 2. Hannah Clark 4.40.50. B. 1. Liberty Whyte 4.52.26. 3000. A. 5. Olivia Magee Brown 11.06.73. B. 2. Isabella Louth 11.25.21. 100H. A. 1. Jodie Self 14.42 (-0.1). B. 1. Sophie Ajuka 16.58 (-0.5). 400H. A. 3. Kelsey Pullin 68.03. B. 2. Faith Mpassy 66.18. 1500 s/ch. A. 1. Liberty Whyte 5.44.11. B. 1. Lydia Witcombe 5.59.63. HJ. A. 2. Jessie Sargeant 1.60. B. 1. Sophie Ajuka 1.45. LJ. A. NM. Indiana Marshall. TJ. A. 2. Charlotte Hosp 10.15 (2.0). PV. A. 2. Lily Meers 2.60. SP. NM. Cleo Agyepong. DT. A. 2. Cleo Agyepong 37.89. JT. A. 1. Jessie Sargeant 35.89. B. 1. Rianna Rennie 31.02. HT. A. 1. Sapphire Houston Ball 41.25. 4x100. 1. B&B (Jody Self, Tianna Haynes, Nina Whitter, Faith Akinbileje) 47.47. 4x400. 1. B&B (Lily Meers, Faith Mpassy, Hannah Clark, Cameron Kelly Gordon) 3.59.66. Under 17 Men. 100. A. 1. James Beecroft 10.80 (0.2). B. 1. Max Clark 11.05 (-1.0). 200. A. 1. Marley Byfield 22.42 (2.6). B. 3. Rayhan Mourtada 22.46 (1.8). 400. A. 1. James Lawson 50.84. B. 1. Zuriel Nwogwugwu 51.84. 800. A. 4. Jed Starvis 2.05.71. B. 3. Jasper Brooks 2.04.70. 1500. A. 3. Jed Starvis 4.16.50. B. 1. Alexander Middleton 4.17.36. 3000. A. 4. Alexander Middleton 9.30.08. B. 4. Franco Hillier 10.02.71. 100H. A. 1. Rayhan Mourtada 13.05 (2.3). B. 1. Andrew Nikoro 14.11 (1.2). 400H. A. 1. Rayhan Mourtada 57.08. B. 2. Alexander Morrell 60.91. 1500 s/ch. A. 3. Harry Fage 4.44.04. B. 4. Connor Wray 5.16.13. HJ. A. 3. Andrew Nikoro 1.80. LJ. A. 4. Oji John Okoro 5.63 (0.0). TJ. A. 4. Oji John Okoro 11.84 (0.0). PV. A. 1. Finn Kitteridge 3.75. SP. A. 2. Zuriel Nwogwugwu 12.88. DT. NM. Alexander Morrell. JT. A. 5. Ryen Rennie 23.84. HT. A. 5. Finn Kitteridge 17.02. 4x100. 1. B&B (Alexander Morrell, Max Clark, Rayhan Mourtada, Marley Byfield) 43.19. 4X400. 1. B&B (Zuriel Nwogwugwu, Ryen Rennie, Harrison Vallins, James Lawson) 3.30.55. Under 17 Women. 100. A. 3. Indiana Marshall 12.53 (1.5). B. 2. Zara Okoroafor 12.51 (1.5). 200. A. 4. Indiana Marshall 26.18 (1.3). B. 2. Zara Okoroafor 26.28 (1.5). 300. A. 3. Alyssa Firla 40.81. B. 4. Julia Newman 42.99. 800. A. 5. Eniola Ayeni 2.24.10. B. 2. Megan Slattery 2.27.93. 1500. A. 6. Eniola Ayeni 5.32.81. B. 5. Eva Chambers 5.47.70. 3000. A. 1. Eliza Nicholson 9.38.42. B. 1. Megan Slattery 10.59.71. 80H. A. 2. Daisy Snell 11.60 (-0.3). B. 2. Sienna Kidd 11.94 (0.0). 300H. A. 3. Amber Bloomfield 46.22. B. 2. Tallulah Ndikanwu 47.23. 1500 s/ch. A. 4. Isla Spink 6.11.82. B. 2. Matilda Shilland 6.48.65. HJ. A. 2. Qi Chi Ukpai 1.50. LJ. A. 1. Daisy Snell 5.83 (0.0). B. 2. Sienna Kidd 4.97 (0.0). TJ. A. 1. Qi Chi Ukpai 11.50 (0.1). B. 2. Emily Hayden de Carbonnieres 9.42 (0.1). PV. A. 2. Madeleine Dodd 3.05. B. 1. Lydia Witcombe 2.45. SP. A. 3. Qi Chi Ukpai 10.98. B. 2. Tallulah Ndikanwu 10.46. DT. A. 2. Erin Simpson 31.75. B. 3. Lacee Webb 20.21. JT. A. 4. Tallulah Ndikanwu 27.76. HT. A. 4. Lacee Webb 34.30. B. 3. Erin Simpson 19.31. 4x100. 2. B&B (Indiana Marshall, Daisy Snell, Zara Okoroafor, Sienna Kidd) 48.70. 4x300. 1. B&B (Julia Newman, Tallulah Ndikanwu, Daisy Snell, Alyssa Firla) 2.48.73.

Newham & Essex Beagles Track Open Meetings Summers Series. Men. 100. A. R1. 4. Korede Awe\* 10.42 (-0.3). R3. 1. Kieran Gowan Wade 10.64 (-1.0). R10. 4. Joshua Parry 11.19 (0.1). R11. 5. Nkwazi Ndila (U20M) 11.64 (-0.1). B. R1. 3. Korede Awe\* 10.15 (1.1). R2. 4. Kieran Gowan Wade 10.55 (0.6). R7. 7. Joshua Parry 11.37 (-0.3). R11. 1. Nkwazi Ndila 11.37 (0.3). 200. R2. 3. Korede Awe\* 21.45 (0.2). R3. 3. Kieran Gowan Wade 21.55 (0.3). 800. 3. Oliver Ward 2.21.34. Women. A, R6. 3. Sienna Thompson (U15G) 13.26 (0.1). B. R4. 6. Sienna Thompson 13.12 (0.5).

#### 3/9/23

**East Anglian League Final, Bury St Edmonds**. DT. B. 1. Gemma Vickery\* 24.94. JT. B. 1. Gemma Vickery\* 20.16. HT. A. 1. Gemma Vickery\* 48.53.

Weald St George 10km, Sevenoaks Weald. 71. Mark Ellison 50.36 (50.31).

Junior Parkruns. Bromley. 1. Zachary Evans 7.38, 4. Eva John 8.30 (1st girl), 61. Sebastian Rayner 11.41. 5/9/23

**South London Harriers Endurance Club Championships, Coulsdon**. 1500. R2. 2. Luca Moloney Pedro (U15B) 4.48.44. R3. 11. Daniel Horgan (U15B) 4.36.55.

#### 6/9/23

Stan Allen Miles, Tooting. R9. 3. Chloe Sharp 4.48.18. R10. 8. Alex Leggatt 4.36.21.

Watford Harriers Open Graded Meetings. 800. R2. 9. Cameron Kelly Gordon (U20W) 2.10.87.

Parris Handicap, Norman Park. 1. Tom Desborough 32.41 (17.41), 2. Angela Powell 32.42 (24.57), 3. Zoe Kingsmell 33.00 (24.45), 4. Chris Martin 33.02 (21.47), 5. Leo Debruyn 33.20 (18.50), 6. Bernard Wilson 33.29 (29.44), 7. Iain Swatton 33.32 (24.47), 8. Dave Beadle 33.33 (22.09), 9. John Turner 33.38 (24.38), 10. Chris Fishlock 33.51 (22.51), 11. Andy Laws 33.53 (22.38), 12. Evie Debruyn 34.22 (21.37), 13. Katy Sugden 34.30 (22.45), 14. Maz Turner 35.01 (35.01), 15. Ian Scott 35.20 (20.20), 16. Chris Pike 35.52 (27.07). Final Standings. 1. Zoe Kingsmell 89, 2. Leo Debruyn 75, 3. Evie Debruyn 68, 4. Angela Powell 62, 5. Chris Fishlock 53, 6. Tim Ayres 47, 7. Iain Swatton 44, 8. Steve Evenden and Adrian Stocks 39, 10. Katy Sugden 38.

#### 8/9/23

Wanda Diamond League, Brussels, BEL. 100. 3. Dina Asher Smith 10.97 (0.0).

Veterans AC Track and Field Championships, Finsbury Park. 400H. 3. Richard Holt (M50) 67.6. PV. NM. Alan Hardy. JT (600g) 1. Steve Langdon 41.68.

Yeovil Games. 800. R1. Gerard McGrady (U20M) 2.03.67.

Parkruns. Banstead Woods. 69. Adrian Perry 25.30. Bromley. 1. Micah Evans 17.44, 3. Luca Moloney Pedro 18.22, 7. David Adams 19.17, 14. William Spurle 19.49, 15. Ashley Pearson 19.50, 17. Steve Evenden 20.00, 47. Katy Sugden 22.27, 48. Harry Schmidt 22.31, 54. Jason Meers 22.45, 55. Matthew Maddocks 22.47, 72. Sarah Belaon 23.31, 110. Austin Adams 24.46, 223. Paul Murphy 28.21, 269. Benjamin O'Grady 29.58, 298. Zoe Kingsmell 31.08. Beckenham Place park. 1. Paul Sharpe 18.45, 7. Clayton Aves 20.01, 15. Trang Nguyen 21.19 (1st woman). 18. David Beadle 21.33, 30. William Brindley 22.29, 34. Jane Bradshaw 22.34, 90. Steven Pairman 25.01, 101. Iain Swatton 25.23, 196. Bernard Wilson 30.54, 201. Julia Pairman 31.20, Crystal Palace. 40. Rod Harrington 22.33. Lloyd park, Croydon. 3. Gareth Evans 20.09. South Norwood. 3. Jed Starvis 19.24. Riddlesdown. 47. Ian Montgomery 26.16. Ally Pally. 149. George Collins 29.16. Mile End. 277. David Appleton 30.52, 279. John Isaacs 30.53, 348. Bob Thomas 36.43, 352. Richard Griffin 37.55. Dulwich. 76. Alex Leggatt 20.07. Orpington. 2. Graeme Lugar 17.40, 131. Karen Desborough 35.25. Tonbridge. 68. Mark Ellison 23.26, 355. Mick Keene 32.31. Peckham Rye. 241. Peter Rogers 30.37. Chichester. 80. John Wilkinson 27.00. Dartford. 42. John Turner 25.30. Northallerton. 28. Cameron Swatton 24.00. Exmouth. 104. Bob Minting 24.22. Foots Cray Meadows. 1. Darren Corneille 20.29, 3. Chris Martin 22.50. Bethlem Royal Hospital. 3. Ted Marston 19.20, 10. Jennie Butler 21.51 (1st woman), 23. Lydia Marston 23.56, 53. Claire Austridge 27.59. Sutcliffe park. 11. Ailbhe Barnes 19.26 (1st woman). Ruthin Memorial Playing Fields. 2. Mark Watling 20.49. Mote Park. 152. Tom Phillips 36.04.

#### 10/9/23

Kent Relays, Masters and Under 13 High Jump Championships, Ashford. Under 17 Men. 4x100. 3. B&B (Oji Okoro, Alexander Morrell, Harrison Vallins, Andrew Nikoro) 44.9. 4x200. 2. B&B (Andrew Nikoro, Oji Okoro, Harrison Vallins, Aleander Morrell) 1.34.6. 4x400. 2. B&B (Hendri Verster, Tane Chambers, Connor Wray, Harrison Vallins) 3.39.5. 3x800. 1. B&B "A" (Jasper Brooks, Alexander Middleton, Jed Starvis) 6.13.1, 4. B&B "B" (Tane Chambers, Connor Wray, Harry Fage) 6.57.6. Under 17 Women. 4x100. 2. B&B (Eniola Ayeni, Nina Whitter, Sybil Wirrom – Jorrie, Zara Okoroafor) 50.6. 4x200. 3. B&B (Zara Okoroafor, Tallulah Ndikanwu, Matilda Shilland, Nina Whitter) 1.51.1. 4x300. 2. B&B (Megan Barlow, Lola

Bischoff, Matilda Shilland, Tallulah Ndikanwu) 3.03.4. 3x800 B&B "A" (Megan Barlow, Lola Bischoff, Megan Slattery) 7.30.7, 3. B&B "B" (Islay Pearson, Amber Cockburn, Eva Chambers) 8.06.4. Under 15 Boys. 4x100. 2. B&B (Nicholas Marquez, Jamie Ellerton, Daniel Olatunji, Jason Yamoah) 48.0. 4x200. 2. B&B (Jamie Ellerton, Nicholas Marquez, Jason Yamoah, Thomas Vallins) 1.43.9. 4x300. 2. B&B "A" (Joseph Hill, Thomas Vallins, Benjamin O Grady, Joseph Scanes) 2.46.2, 5. B&B "B" (Nathan Clark, Oscar Sadowski, Oscar Pickering, Samuel Barlow) 3.05.4. 3x800. 1. B&B "A". (Joseph Hill, Alfie Whitelock, Joseph Scanes) 6.22.6., 3. B&B "B" (Daniel Horgan, Lucas Elmqvist, Kian Farrell) 6.44.0. 6. B&B "C" (Nathan Clark, Oliver Ward, Benjamin O'Grady) 7.05.0, 7. B&B "D" (Alex Martin, Samuel Barlow, Oscar Sadowski) 7.44.6. Ht1. 1. B&B "A". (Joseph Hill, Alfie Whitelock, Joseph Scanes) 7.10.0. Ht2. 1. B&B "B" (Daniel Horgan, Lucas Elmqvist, Kian Farrell) 7.03.2. 4. B&B "C" (Nathan Clark, Oliver Ward, Benjamin O'Grady) 7.17.6. 5. B&B "D" (Alex Martin, Samuel Barlow, Oscar Sadowski) 7.41.7. Under 15 Girls. 4x100. 1. B&B (Sienna Williams, Chevanne Nketia, Isobel Rae, Chizam Boniface) 51.3. Ht1. 1. B&B (Sienna Williams, Cheyanne Nketia, Isobel Rae, Chizam Boniface) 51.0. 4x200. 1. B&B (Sophie Tran, Cheyanne Nketia, Abigail Williams, Chizam Boniface) 1.51.7. Ht2. 1. B&B (Sophie Tran, Cheyanne Nketia, Abigail Williams, Chizam Boniface) 1.50.9. 4x300. 1. B&B (Ariana Jener Heard, Isabel Rae, Caitlin Hough, Beth Regan) 3.07.5. 3x800. 2. B&B (Beth Regan, Niamh Stanley, Sophie Tran) 7.40.6. Under 13 Boys. 4x100. 2. B&B "A" (Jack Ruby, Jericho Senior, Daniel Djan Krofa, Thomas Fairbanks) 54.5, 6. B&B "B" (Luca Hunstone, Nicodemus Senior, Harrison Luck, Zachary Ferraz) 58.4. Ht1. 3. B&B "B" (Luca Hunstone, Nicodemus Senior, Harrison Luck, Zachary Ferraz) 58.7. Ht2.1. B&B "A" (Jack Ruby, Jericho Senior, Daniel Djan Krofa, Thomas Fairbanks) 54.0. 4x200. 5. B&B (Jericho Senior, Zachary Ferraz, Harrison Luck, Luca Hunstone) 2.04.4. Ht1. 3. B&B (Jericho Senior, Zachary Ferraz, Harrison Luck, Luca Hunstone) 2.02.2. 3x800. 2. B&B "A" (Alex Smith, Finn Gotkine, Jake Martin) 7.36.1, 2. B&B "B" (James Bunn, Johnny Lee, Nathan Crossan) 7.51.5, 6. B&B "C" (Benjamin Evans, Aaron Crossan, Jack Barlow) 7.56.6. Under 13 Girls. 4x100. 1. B&B ( Noelle Carr, Zamaia Dixon, Alessia Scala, Ella Brooker) 54.3. Ht2. 1. B&B ( Noelle Carr, Zamaia Dixon, Alessia Scala, Ella Brooker) 53.4. 4x200. 1. B&B (Noelle Carr, Zamaia Dixon, Aoife Stanley, Ella Brooker) 1.57.8. 3x800. 2. B&B "A" (Milena Nahornya, Chloe Morez, Freya Pearson) 7.54.1, 5. B&B "C" (Leela Bhadeshia, Zamaia Dixon, Harriet Hughes) 8.41.5, 8. B&B "B" (Aoife Stanley, Isabella Jenkins, Eva John) 9.10.2.

Memorial Borisa Hanzekovica, Zagreb, CRO. JT. 4. Bekah Walton 57.10.

South Of England Under 17/Under 15 Inter Counties, Horspath. Under 17 Men. 200. 5. Marley Byfield 23.23 (0.1). 800. 6. Mark Constable 2.03.02. 100H. 1. Rayhan Mourtada 13.23 (-1.3). JT. 7. Ellis Ibrahim 46.49. Under 17 Women. 400. 3. Alyssa Firla 58.48. Ht2. 2. Alyssa Firla 60.99. PV. 4. Lydia Witcombe 2.50. Under 15 Boys. DT. 2. George Henderson 36.92. Under 15 Girls. 300. 3. Leah Kyriacou 41.84. Ht2. 2. Leah Kyriacou 42.75. 800. 5. Aoife McDonagh 2.24.42. 1500. 5. Naimah Mossi 4.58.14. HJ. 5. Heidi Coulson 1.35. LJ. 6. Isabella Campbell Andou 4.68. SP. 1. Emilia Adese 12.53. DT. 7. Charlotte Bloodworth 22.87.

**Trafford Medal Meeting, Stretford**. 400. 4. Drew Burridge 52.39. **12/9/23** 

**B&B End Of Season Open, Norman Park**. 100. R1. 1. Max Clark (U17M) 10.87 (0.3), 3. Charles Nortey (U23M) 11.12, 4. Maurizio Corrodus (U20M) 11.33, 5. Nkwazi Ndila (U20M) 11.47. R2. 1. Leon McBean (U17M) 11.43 (1.1), 2. Alexander Morrell (U17M) 11.84, 4. Lewis Stickings 12.00, 5. Nicholas Marquez (U15B) 12.51, 6. Jospeh Merry 12.52, 7. Cheyanne Nketia (U15B) 12.72. R3. 5. Daniel Olatunji (U15B) 12.20 (0.1), 6. Chiemerie Hemeson (U17M) 12.22, 7. Chanelle Cole (U23W) 12.79. R4. 2. Thomas Vallins (U15B) 12.66 (-0.1), 3. Sienna Nelson Langaigne (U17W) 12.91, 4. Chizam Boniface (U15G) 12.91, 6. Isabella Campbell Andou (U15G) 13.66, 7. Orla Rickard (U15G) 14.57. R5. 1. Alyssa Firla (U17W) 12.81 (0.8), 2. Oscar Sadowski (U15B) 12.99, 3. Ella Brooker (U13G) 13.28, 5. Zamaia Dixon (U13G) 13.46, 7. India Ellington (U13G) 13.89, 8. Samuel Djan Krofa (U13B) 15.15. R6. 1. Zachary Ferraz (U13B) 14.19, 2. Carys Bowling (U15G) 14.45, 4. Harrison Luck (U13B) 14.80. 200. R1. 2. Maurizio Corrodus 22.99 (0.0), 3. Leon McBean 23.51, 6. Alex Morrell 23.94. R2. 2. Lewis Stickings 24.84 (0.0), 4. Thomas Vallins 25.85, 5. Cheyanne Nketia 26.31, 6. Chanelle Cole 26.45. R3. 1. Joshua Meduoye (U15B) 25.48 (0.2), 2. Alyssa Firla 25.77, 3. Nicholas Marquez 26.34, 5. Emelia Adese 26.54. R4. 1. Rianna Rennie (U20W) 26.36, 3. Ella Brooker (U13G) 27.57, 5. Isabella Campbell Andou (U15G) 27.76, 6. Zamaia Dixon 28.56. R5. 1. Oscar Sadowski 27.45, 2. India Ellington (U13G) 29.47, 3. Luca Hunstone (U13B) 30.33, 5. Naomi Hicks (U13G) 32.45. 400. R1. 4. Luke Dronfield (U20M) 51.99, 6. Ryen Rennie (U17M) 52.19. R2. 1. Harrison Vallins (U17M) 54.51, 4. Tane Chambers (U17M) 56.56. R3. 1. Ian Firla (M50) 57.64, 2. Morgan Squibb (U23W) 58.75, 4. Leah Kyriacou (U15G) 59.18, 6. Gabriella Martin (U20W) 59.52, 7. Megan Barlow (U17W) 62.12. R4. 1. Hannah Clark (U20W) 60.69, 3. Lily Meers (U20W) 62.97, 5. Tallulah Ndikanwu (U17W) 63.50, 7. Matilda Shilland 69.87. R5. 1. Oscar Pickering (U15B) 64.79, 2. Beth Regan (U15G) 65.44, 5. Abigail Williams (U15G) 70.24, 8. Lily Beaton (U20W) 75.97. 800. R1. 5. Samuel Mowa (U20M) 2.01.15, 6. Mark Constable (U17M) 2.01.94, 7. Bailey Marks Beaon 2.04.57. R2. 1. Franco Hillier (U17M) 2.02.28, 7. Nathan Firla (U20M) 2.08.63, 8.

Connor Wray (U17M) 2.08.75, 9. Alfie Whitelock (U15B) 2.09.80. R3. 1. Kian Farrell (U15B) 2.10.06, 2. Daniel Horgan (U15B) 2.11.09, 3. Cameron Kelly Gordon (U20W) 2.12.93, 5. Benjamin O Grady (U15B) 2.13.56, 8. Kara Bryan 2.18.36. R4. 1. Matias Caceres (U15B) 2.16.44, 3. Leah Kyriacou 2.21.65, 4. Aoife McDonagh (U15G) 2.22.81, 5. Niamh Stanley (U15G) 2.26.30, 6. Isabel Pauling (U15G) 2.28.54, 8. Lola Bischoff (U17W) 2.29.78. R5. 1. Alex Smith (U13B) 2.27.06, 2. Tuan Tran (M45) 2.27.53, 3. Tim Ayres (M35) 2.30.45, 4. Samuel Barlow (U15B) 2.30.93, 5. Lydia Witcombe (U17W) 2.31.39, 6. Johnny Lee (U13B) 2.31.61, 7. Eva Chambers (U17W) 2.33.59, 8. Lily Bridgeman (U15G) 2.34.30. R6. 2. James Bunn (U13B) 2.30.49, 4. Benjamin Evans (U13B) 2.33.26, 8. Liam Hough (U15B) 2.37.67. R7. 1. Assia El Mourtabite (U17W) 2.37.63, 2. Jack Barlow (U13B) 2.39.23, 3. Zachary Evans (U11B) 2.41.81, 5. Vuk Hajdukovic (U13B) 2.44.61, 6. Aoife Stanley (U13G) 2.44.77, 7. Charlotte Stevens (U15G) 2.45.33. R8. 1. Caitlin Hough (U15G) 2.36.75, 2. Matthew Tootell (U13B) 2.37.69, 4. Eva Denbow (U15G) 2.41.53, 5. Eva John (U13G) 2.42.73, 6. Chloe Morez (U13G) 2.44.48, 8. Isabella Jenkins (U13G) 2.50.16, 10. Jessica Lingham (U15G) 2.55.14. R9. 3. Leela Bhadeshia (U13G) 2.56.55, 4. Harriet Hughes (U13G) 3.00.32, 5. Freya Denbow (U13G) 3.03.97, 8. Nancie Cox (U13G) 3.23.46. 1500. R1. 1. Joseph Scanes (U15B) 4.00.53, 3. Joseph Hill (U15B) 4.12.04, 4. Alex Leggatt 4.14.55, 5. Harry Fage (U17M) 4.17.50, 8. Nathan Clark (U15B) 4.29.92, 10. Darren Corneille (M40) 4.38.79, 12. Luca Maloney Pedro (U15B) 4.40.92, 15. Joshua Dowling 5.06.37. R2. 2. Oliver Ward (U15B) 4.51.22, 4. James Shaw (U15B) 4.59.51, 5. Olivia Magee Brown (U20W) 4.59.97, 6. Jake Martin (U13B) 5.00.38, 7. Finn Gotkine (U13B) 5.04.14, 8. Emily De Backer (U20W) 5.04.21, 14. Chris Martin (M50) 5.37.68. PV. 1. Ethan Kitteridge (U23M) 4.30, 2. Oscar Witcombe (U20W) 4.00, 3. Finn Kitteridge (U17M) 3.80. JT. 800g. 1. Steve Langdon (M65) 39.00, 2. Josh Buddle Smith (U20M) 38.70. 700g. 1. Ellis Ibrahim (U17M) 47.28, 2. Max Kennedy (U17M) 45.70. 600g. 2. Samuel Barlow (U15B) 18.39. 500g. 2. Matilda Shilland (U17W) 16.45. 400g. 2. Jake Martin (U13B) 21.84, 3. Jack Barlow (U13B) 14.24, 4. Nancie Cox (U13G) 13.41.

13/9/23

**Doncaster Sprint Endurance Event.** 100. R1. 2. Drew Burridge 11.76 (0.4). **15/9/23** 

**Friday Night Under The Lights**. R1. 54. Graeme Lugar 16.07 (16.05). R2. 59. Carole Coulon 18.01 (17.58). **16/9/23** 

Will Bolton Relays, Sparrows Den, West Wickham. Senior Race. 5. B&B (Graeme Lugar 14.04, Alex Gibbins 14.10, Peter Brooks 14.24, Kevin Fini 14.21) 56.59, 7. B&B (Harry Fage 14.36, Chris Holmes 14.55, Tim Browne 15.19, Darren Corneille 16.10) 61.00, 10. B&B (Elaine Rayner 15.37, David McKinlay 16.14, Andy Rayner 15.50, Alex Gibbins 14.43) 62.24, 13. B&B (Ted Marston 15.24, Ian Scott 16.13, Steve Hough 17.07, David Lilley 15.56) 64.40, 15. B&B (Morgan Squibb 15.43, Zoe White 18.25, Ailbhe Barnes 16.26, Jessica Keene 15.42) 66.16 (1st womens team), 17. B&B (Martin Bateman 14.58, Jennie Butler 17.51, Matt Bullen 17.42, Mark Ellison 18.58) 69.29, 21. B&B (Megan Slattery 16.12, Lydia Witcombe 18.16, Kyla Dervish 17.41, Millie May Collins Smith 18.35) 70.44, 22. B&B (Carole Coulon 16.19, Chris Martin 18.28, Will Brindley 18.42, Greg Firth 17.30) 70.59, 27. B&B (Carys Firth 15.34, Olivia Magee Brown 17.43, Emily De Backer 18.18, Lily Beaton 22.51) 74.26, 29. B&B (Jessica Kelly 20.00, Isla Spink 17.45, Islay Pearson 20.06, Amber Cockburn 17.06) 74.57. Junior Race. 6. B&B (Ben O Grady 12.34, James Shaw 13.35, Kian Farrell 14.12) 40.21, 7. B&B (Alex Smith 12.42, Johnny Lee 14.47, James Bunn 14.17) 41.46, 8. B&B (Aoife McDonagh 12.45, Luciana Smith 15.07, Iris Williams 13.56) 41.48, 9. B&B (Harry Collins Smith 12.27, Eliot Botten Vanacore 15.09, Oliver Ward 14.41) 42.17, 16. B&B (Alex Martin 12.53, Sam Barlow 15.39, Ben Evans 15.53) 44.25, 17. B&B (Naimah Mossi 13.13, Isabel Pauline 15.27, Devorah Yasmeena 15.53) 44.33, 19. B&B (Evie De Bruyn 14.08, Sofia Mossi 14.26, Isabella Jenkins 16.38) 45.12, 20. B&B (Angelina Mernaka 14.13, Elliot Amos 13.49, Harriet Hughes 17.38) 45.40, 22. B&B (Theodore Hughes 15.02, Luke Eperon 16.07, Billy Pharoah 15.27) 46.36, 23. B&B (Lydia Marston 15.47, Jessica L 15.40, Charlotte S 16.48) 48.15, 24. B&B (Leah Kyriacou 14.12, Lily Bridgeman 17.03, Caitlin Hough 17.16) 48.31.

Parkruns. Wimbledon Common. 2. David Taylor 18.10. Roundshaw Downs. 145. Mark Purser 51.48. Bromley. 11. Steve Evenden 19.29, 31. Aurelia Osborne 20.45 (1st woman), 36. Harry Schmidt 21.02, 46. Sophie Tran 21.26, 47. Tuan Tran 21.27, 65. Damian Hayes 22.21, 66. Katy Sugden 22.23, 76. Sarah Belaon 22.49, 91. Ryan Tran 23.17, 98. Ariana Jenner-Heard 23.29, 100. Leel Bhadeshia 23.45, 124. Austin Adams 24.21, 131. James Unwin 24.30, 194. Gareth Griffin 26.12, 215. Helen Godsell 26.45, 457. Bob Thomas 34.30, 472. Kate Garrett 34.58. Bexley. 91. Chris Pike 27.10. Basildon. 42. Zoe Kingsmell 26.20, 51. George Collins 27.23, 143. Andrew Kingsmell 50.56. Beckenham Place park. 3. Paul Sharpe 18.49, 12. Bertie Harrington 20.51, 15. David Beadle 21.19, 42. Rod Harrington 22.25, 109. Iain Swatton 25.24, 242. Bernard Wilson 30.16. South Norwood. 115. David Appleton 31.26, 144. Anthony Pontifex 36.41, 158. Richard Griffiin 42.11. Hoblingwell. 17. Robert Whyte 24.53. Orpington. 9. Gregory Firth 21.06, 120. Karen Desborough 33.49. Pegwell Bay. 91. John Isaacs 28.10. Tonbridge. 322. Mick Keene 30.37. Peckham Rye. 278. Peter Rogers 29.28. Chichester. 107. John Wilkinson 26.45.

**Dartford.** 52. John Turner 25.49. **Penrose**. 49. Adrian Perry 24.18. **Malling**. 6. Steve Hough 20.18. **Exmouth**. 88. Bob Minting 23.27. **Clapham Common**. 175. James Cunningham 23.11. **Bethlem Royal Hospital**. 17. Ian Montgomery 23.24, 27. Mike Simms 24.54, 57. Jackie Montgomery 29.22, 83. Stuart Cullum 37.20. **Mote Park**. 101. Tom Phillips 33.09. **Dudley**. 1. Joe Rogers\* 17.07.

#### 16-17/9/23

Wanda Diamond League Final, Eugene, OR, USA. 100. 7. Dina Asher Smith 10.96 (0.8).

DNA U20 Clubs Competition, Rome, ITA. 16<sup>th</sup>. Men. 200. 4. Clayton Jacinto 22.55 (-0.7). 110H. 2. Daniel Goriola 13.81 (-1.2). 400H. 2. Luke Dronfield 54.93. HJ. 5. Andrew Nikoro 1.75. SP. 5. Brydon Duncan 11.99. Women. 100. Faith Akinbileje 11.59 (1.3). 800. 1. Cameron Kelly Gordon 2.16.24. 100H. 1. Jodie Self 14.21 (-0.9). LJ. 3. Daisy Snell 5.67 (1.7). JT. 6. Jessie Sargeant 33.44. MX. 4x400 1. B&B (Samuel Mowa, Alyssa Firla, Gabriella Martin, James Lawson) 3.38.33. Hunt. Thomas Sugden, Tommy Owler, Indiana Marshall, Cameron Kelly Gordon 4.57.3. 17<sup>th</sup>. Men. 200. 3. Clayton Jacinto 22.45 (1.2). 110H. 1. Daniel Goriola 13.87 (-0.8). 400H. 1. Luke Dronfield 55.18. HJ. 4. Andrew Nikoro 1.75. SP. 4. Brydon Duncan 13.54. Women. 100. 1. Faith Akinbileje 11.77 (-1.4). 800. 2. Hannah Clark 2.16.37. 100H. 1. Jodie Self 14.10 (0.5). LJ. 1. Daisy Snell 5.65 (0.4). JT. 5. Jessie Sargeant 34.14. MX. 4X400. 2. B&B (Samuel Mowa, Alyssa Firla, Faith Mpassy, James Lawson) 3.36.30. Hunt. 2. Arthur Starvis, Maurizio Corrodus, Faith Akinbileje, Cameron Kelly Gordon 4.49.0.

**ESSA Combined Events and Walks, Bedford. Intermediate Girls.** 19. Sienna Kidd 4106 (200 – 25.67 (1.3), 800 – 2.39.06, 80H – 11.71 (-0.1), LJ – 5.48 (2.0), SP – 10.69, HJ – 1.47, JT –NM.). **Junior Boys**. 2. Joshua Dako 3134 (800 – 2.14.31, 80H – 11.47 (0.1), HJ – 1.74, LJ – 6.31 (1.1), SP – 11.94).

Kent Combined Events, Masters, and Under 13 Championships, Gillingham. Masters. M35. 800. 2. Tim Ayres 2.29.02. M40. 2000 Walk. 1. Matthew Ellerton 11.49.67 (CBP). W40. 100. 1. Daniela Sage 14.00 (-1.5). 800. 2. Ashley Pearson 2.37.45. 1500. 2. Ashley Pearson 5.24.61. Combined Events. Under 17 Women. Pentathlon. 7. Matilda Shilland 2669 (80H – 16.32 (0.9) HJ - 1.27, SP - 6.77, 200 - 29.66 (-1.7) LJ - 3.84 (2.2), JT - 17.94, 800 - 2.40.27). Under 15 Boys. Guest. Alexander GilesDNF (80H – 12.81 (1.2), SP – 9.33, LJ – 5.11, HJ – 1.55, 800 – DNS). **Under 15 Girls Pentathlon**. 3. Heidi Coulson 2285 (75H – 12.98 (0.1), LJ - 4.23 (-1.3), SP - 6.97, HJ - 1.33, 800 - 2.39.29). **Under 13 Boys**. 100. 6. Zachary Ferraz 14.18 (-1.4), 7. Thomas Fairbanks 14.41, 8. Harrison Luck 14.76. Ht1. 3. Thomas Fairbanks 14.04 (-0.1), 4. Harrison Luck 14.69. Ht2. 4. Zachary Ferraz 14.05 (0.0). 200. 6. Luca Hunstone 30.10 (0.2). 800. 2. Jake Martin 2.26.39, 5. Jack Barlow 2.31.98. 1500. 2. James Bunn 4.59.27, 5. Nathan Crossan 5.14.72, 8. Aaron Crossan 5.28.60, 9. Matthew Tootell 5.30.59. 75H. 1. Jack Ruby 12.12. LJ. 8. Luca Hunstone 3.88 (1.0), 10. Zachary Ferraz 3.75 (0.6), 11. Harrison Luck 3.63 (-0.5). SP. 2. Jack Ruby 10.08. JT. 2. Sebastian North 34.18. HT. 2. Jack Barlow 11.86. Under 13 Girls. 75. 3. Zamaia Dixon 10.11 (1.3), 7. Leah Abisi 10.67. Ht1. 5. Eva John 10.92 (1.2). Ht3. 1. Zamaia Dixon 10.52 (0.4), 2. Leah Abisi 10.56. 150. 3. Ella Brooker 19.83 (0.0), 4. Zamaia Dixon 20.42, 5. Noelle Carr 20.44. Ht1. 1. Ella Brooker 19.78, 3. Noelle Carr 20.29. Ht2. 2. Zamaia Dixon 19.74 (1.0). 800. 1. Kara Bryan 2.20.43, 4. Amelie Ramdeen 2.30.68, 5. Freya Pearson 2.31.94, 8. Eva John 2.37.15, 9. Aoife Stanley 2.38.77, 11. Chloe Morez 2.39.55, 15. Harriet Hughes 2.59.41. 1200. 1. Kara Bryan 3.49.76, 4. Alba Homans Yau 4.05.09, 6. Eva John 4.12.80. 70H. 4. Freya Pearson 12.33 (-0.8), 8. Alessia Scala 13.15. Ht1. 4. Alessia Scala 13.65 (-1.0). Ht2. 3. Freya Pearson 12.23 (-0.6). LJ. 1. Alessia Scala 4.72, 7. Amelie Ramdeen 4.24, 15. Freya Pearson 3.93.

#### 17/9/23

Havering AC Champs and Open. PV. 9. Alan Hardy (M65) 1.90.

**Oldbury 10**. 6. Dan Kennedy 56.49.

**Junior Parkruns. Bromley**. 1. Emery Aldridge 7.18, 3. Benjamin Evans 7.38, 4. Ariana Jenner-Heard 7.50 (1st girl), 25. Imogen Jenner-Heard 10.05.

#### 21/9-1/10/23

**European Masters Athletics Championships, Pescara, ITA**. **M35**. 3. Duayne Bovell 11.03 (-0.5).Ht3. 1. Duayne Bovell 11.22 (0.4). 200. DNS. Duayne Bovell. Ht1. 2. Duayne Bovell 23.29 (0.1). **M50**. 400. SF1. 7. Ian Firla 57.07. Ht2. 3. Ian Firla 57.25. 400H. Ht2. 3. Richard Holt 66.92, 4. Ian Firla 68.28. **M65**. JT. 6. Steve Langdon 39.76. **W40**. 400. 8. Samantha Williams 62.86. Ht2. 3. Samantha Williams 62.68. **W45**. 100. Ht4. DNS. Louisa Vallins.

#### 23/9/23

**SEAA Road Relays, Aldershot. Senior Men**. 25 Kent AC (Inc Ross Braden\* 18.13.35), 70. B&B (Henry Fisher 20.05.15, Arthur Starvis 20.15.05, Dan Kennedy 20.20.15, Graeme Lugar 20.33.40, Joshua Dowling 22.31.90, Fintan Parkinson 21.27.45) 2.05.13.10. **Senior Women**. 25. B&B (Carys Firth 21.09.70, Morgan Squibb 23.09.70, Olivia Magee Brown 22.29.45, Chloe Sharp 26.27.87) 1.33.16.70. Inc Team B&B "B" (Chloe Sharp 23.06.45). **Under 17 Men**. 55. B&B (Jed Starvis 14.57.50, Jasper Brooks 15.37.95, Harry Fage 31.30.65) 1.02.06.10. **Under 17 Women**. 9. B&B (Megan Slattery 17.44.20, Megan Barlow

19.19.70, Eliza Nicholson 15.17.65) 52.21.55, 21. B&B "B" (Lydia Witcombe 20.09.40, Millie May Collins Smith 19.31.05, Cristina Gilodi Johnson 18.01.80) 57.42.25. Under 15 Boys. 1. B&B (Joseph Hill 9.16.05, Lucas Elmqvist 9.48.95, Joseph Scanes 9.06.35) 28.11.35, 23. B&B "B" (Kian Farrell 10.30.85, Harry Collins Smith 10.44.20, Nathan Clark 10.31.45) 31.46.50, 39. B&B "C" (Oliver Ward 10.34.65, Ben O'Grady 10.34.05, Sam Barlow 11.58.70) 33.07.40. Under 15 Girls. 7. B&B (Luciana Smith 11.23.70, Niamh Mossi 10.59.45, Iris Williams 10.56.45) 33.19.60, Inc Team. B&B (Leah Kyriacou 12.12, Lily Bridgeman 13.35.30). Under 13 Boys. Inc team. B&B (Joshua Bentley 12.33.05, Jack Barlow 12.34.80). Under 13 Girls. Inc Team. B&B (Sofia Mossi 11.16.30).

Parkruns. Roundshaw Downs. 127. Mark Purser 46.02. Bromley. 8. Steve Evenden 19.23, 9. Nathan Crossan 19.26, 21. Aaron Crossan 20.14, 29. Matthew Maddocks 20.35, 38. Harry Schmidt 20.47, 45. Sophie Tran 21.10, 46. Tuan Tran 21.15, 83. Sarah Belaon 22.55, 99. Ariana Jenner-Heard 23.32, 105. Austin Adams 23.47, 125. Ryan Tran 24.31. Hackney Marshes. 182. George Collins 26.14. Lydiard. 78. Leel Bhadeshia 23.44. Beckenham Place park. 1. Kevin Fini 17.36, 5. Paul Sharpe 18.33, 7. David Adams 19.02, 9. Ted Marston 19.14, 14. Clayton Aves 20.14, 25. Trang Nguyen 21.16, 42. William Brindley 22.32, 195. Bernard Wilson 29.39, 269. Anthony Pontifex 37.00. Hoblingwell. 6. Chris Martin 22.44, 12. Cameron Hutton-Squire 23.37. Dulwich. 28. Daniel Horgan 18.54, 65. Kelsi Cornish 20.18. Hilly Fields. 44. Andrew Lawes 22.36. Orpington. 12. Gregory Firth 21.06, 127. Karen Desborough 33.55. Pegwell Bay. 30. Adrian Perry 23.07. Tonbridge. 292. Mick Keene 29.29. Peckham Rye. 213. Peter Rogers 28.13. Dartford. 52. John Turner 25.59, 145. Maz Turner 35.19. Thurrock, Orsett Heath. 48. John Isaacs 29.13, 84. Richard Griffin 36.06. Clonmel. 1. Luca Moloney Pedro 17.46. Exmouth. 89. Bob Minting 23.19. Foots Cray Meadows. 1. Darren Corneille 19.05, 25. Gareth Griffin 28.18. Bethlem Royal Hospital. 12. Ian Montgomery 23.16, 23. Mike Simms 24.57, 55. Jackie Montgomery 29.32. Holyrood. 65. Steven Pairman 22.55.

24/9/23

Northern Counties 6 Stage Road Relay, Wirral. 1. Leeds City 1.28.15 (inc Graham Rush\* 14.45).

Forest Of Dean Autumn Trails Half Marathon. 1. Dan Kennedy 81.19 (81.17).

Folkestone Rotary Half Marathon. 7. Karl Gloster 81.10 (81.09).

London Vitality 10km. 42. Ryan Weston 32.55, 480. Paul Kerekgyarto 39.15, 5065. Chris Pike 55.09.

Sheffield 10km. 10. Jake Leng 34.28.

Junior Parkruns. Hoblingwell. 3. Elizabeth Regan 8.29 (1st girl).

26/9/23

Exeter Evening Open. 600. 1. Gerard McGrady (U20M) 1.30.35.

29/9/23

Serpentine Last Friday Of The Month 5km, Hyde Park. 9. David Adams 16.34, 10. Kevin Fini 16.36, 150. Adrian Perry 22.51, 214. David Hoben\* 32.32

30/9/23

Invicta East Kent AC Open Meeting, Canterbury. 100. A1. 3. Tommy Owler (U20M) 11.53 (0.0), 5. Warren Lewis (U23M) 11.59. A3. 5. Isabella Campbell Andou (U15G) 13.24 (0.7). 200. R3. 2. Isabella Campbell Andou 28.20 (-1.2). 600. U11. 1. Emery Aldridge 1.47.46. 800. R2. 2. Kian Farrell (U15B) 2.12.62, 3. Benjamin O'Grady (U15B) 2.12.64. 3000. 2. Oliver Ward (U15B) 10.47.66. HJ. 3. Alessia Scala (U13G) 1.55. LJ. 5. Alessia Scala 4.71. SP. 3k. 2. Lacee Webb (U17W) 8.35. HT. 3K. 4. Lacee Webb 29.86.

Lewes Jumps Invitational. PV. B. 2. Ella Brooker 2.45.

Veterans 10,000 Walk, Coulsdon. 1. Jonathan Ellerton (U20M) 57.19.1, 4. Matthew Ellerton (M50) 68.21.6. Live In Lou Classic, Louisville, USA. 264. Ava White 19.38.

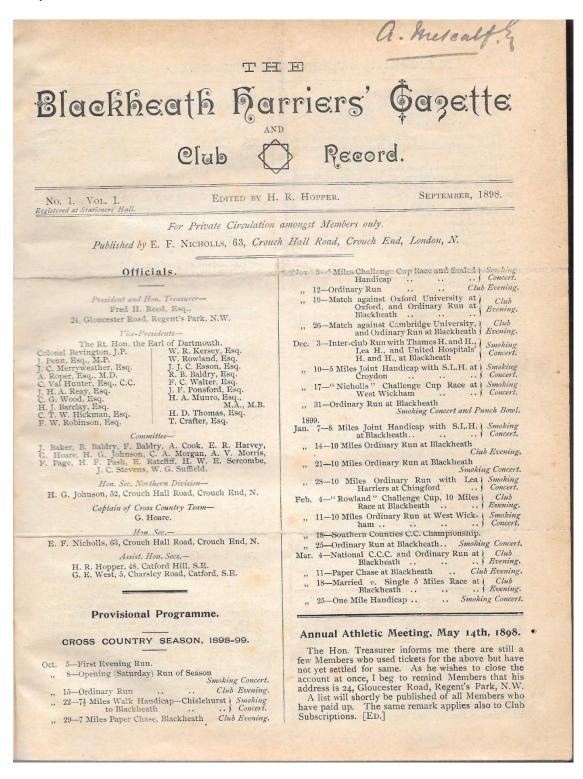
Parkruns. Roundshaw Downs. 153. Mark Purser 35.45. Bromley. 1. Graeme Lugar 17.:00, 3. Micah Evans 17.41, 12. Daniel Horgan 18.38, 14. Roger Vilardell 18.43, 18. Megan Slattery 19.02, 19. Kervin Adjei 19.09, 21. Nathan Crosssan 19.14, 27. James Bunn 19.42, 34. Steve Evenden 19.57, 35. Aaron Crossan 20.01, 50. Harry Schmidt 21.29, 62. Cameron Hutton-Squire 21.52, 103. Sarah Belaon 23:13, 120. Austin Adams 23.49, 208. Paul Murphy 26.18, 266. Damian Hayes 27.23, 452. Kate Garrett 33.37. Endcliffe. 1. Jake Leng 16.41. Beckenham Place park. 10. Clayton Aves 20.05, 28. David Beadle 21.38, 41. William Brindley 22.15, 45. Rod Harrington 22.32, 70. Lydia Marston 23.58, 331. Anthony Pontifex 37.28. Bournemouth. 361. Peter Hamilton 28.54. Hoblingwell. 7. Chris Martin 21.57. Dulwich. 2. Joe Scanes 15.24, 37. Luca Moloney Pedro 18.19. Orpington. 2. Carys Firth 19.08 (1st woman), 15. Jason Meers 22.07, 18. Kyla Dervish 22.32, 25. Alessio Tutt 23.28, 144. Karen Desborough 34.08. Brentwood. 148. Bob Thomas 37.00. Northala Fields. 4. David Adams 18.48. Tonbridge. 402. Mick Keene 31.47. Reigate Priory. 146. George Collins 27.19. Woking. 25. Bertie Harrington 20.15. Lullingstone. 2. Darren Corneille 20.05. Malling. 9. Steve Hough 20.02. Exmouth. 92. Bob Minting 23.19. Clapham Common. 197. James

Cunningham 23.17. Catford. 67. Adrian Perry 24.23. Bethlem Royal Hospital. 10. Jennie Butler (1st woman) 21.48, 19. Katy Sugden 23.11, 24. Elizabeth Regan 23.30. Sutcliffe. 32. Steven Pairman 21.51, 148. Julia Pairman 31.36. Mote Park. 180. Tom Phillips 45.54. Thames Path, Woolwich. 64. Mike Simms 25.01. Thornham Walks. 12. Ian Montgomery 24.41. 46. Jackie Montgomery 30.53. Old Railway Trail, Llangollen. 13. Amber Reed 23.40. Dover Waterfront. 131. John Isaacs 29.28, 132. David Appleton 29.58, 180. Richard Griffin 35.48.

30/9-1/10/23

Self Transcendence 24 Hour Track Race, Battersea Park. 37. John Turner 82.766 miles/133.200km.

125 years ago in September 1898.



#### INTRODUCTION.

"There's a new foot on the floor, my friend, And a new face at the door, my friend, A new face at the door."

"Of the making of many books there is no end,' and here come the Blackheath Harriers with another—paper!

Many things worthy of chronicling are being done continually by members of the Club in various branches of sport, and the members of the Committee now think it a wise and pleasant duty to record these events, so that, in years to come, members may look back with pleasure upon their efforts and successes in the field of sport.

So much for our introduction, and now to business.

The paper is to be called *The Blackheath Harriers'* Gazette. It is to be published on the 15th of each month, and will contain, amongst other information:—

List of Fixtures for the Month.—(This is to do away with the present custom of notifying the members by correspondence).

Correspondence Column.—Of this we hope to make a special feature, so that any suggestions members may have to make for the benefit of the Club may be openly discussed.

All correspondence must be signed by the writer, "not necessarily for publication, but as a guarantee of good faith."

Items of Athletic and General Interest.—(The Editor will be glad if members will kindly furnish him with news of this description for publication.)

As no new work of this kind can be undertaken successfully without help from the various members, we hope that each and every one will, from time to time, be able to contribute some interesting experiences to swell the pages of *The Blackheath Harriers'*. Gazette, which should be addressed to

H. R. HOPPER, 48, Catford Hill, London, S.E.

The Editor will be very glad to receive subscriptions towards the cost of printing and posting the *Gazette*, so that it may, as nearly as possible, be self-supporting. The smallest donation will be thankfully received.

\* \* \*

#### 100 years ago in September 1923.

"The sum of £20 is required to balance the GAZETTE FUND to Sept 20 and the Executive specially appeals to those members who have not yet forwarded a donation during this financial year to remedy this deficiency by communicating with the Hon Treasurer immediately."

The Club suffer defeat to South London Harriers by one length in the St John Matthews Rowing Cup Race.

"The first run of the fifty fifth cross country season was held from headquarters at West Wickham in dull, close weather, over a course of about 4 ½ miles ... the going was light, but to compensate for this our trail layers seemed to have selected every patch of thorns and nettles in the countryside for our benefit – and many were the abrasions.!"



Club



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SEPT.-OCT., 1923

For Private Circulation amongst Members of the Club.

Published by the Hon. Sec. of the Blackheath Harriers, H. J. Dyball, "Everton," South Park Hill Rd., S. Croydon.

#### CROSS COUNTRY

(55th Season).
HEADQUARTERS:

The Railway Hotel West Saturdays: Wickham.

Tuesdays and Thursdays: The Pavilion. Private Banks' Ground, Catford Bridge.

#### FIXTURES

(to end of November)

Sept. 29—Opening Run.

6-Ordinary Run.

13-3½ Miles Novices' Invitation Scratch Race and Ordinary Run.

and Ordinary Run.

5 Miles Cup and Sealed Handicap. Annual General Meeting at 7 p.m.

7 — Match v. R.M.C., Sandhurst, at West Wickham.

8 — Match v. Cambridge University, at Cambridge.

10 — \*Nicholl's Cup Race v. S.L.H., at Coulsdon.

17 — Civil Service C.C. Championship, at West Wickham.

Wickham

24-Match v. Oxford University, at West Wickham. \* Points Handicap Races.

Saturday Trains to West Wickham by S. E. and C. R.

Cannon Street . . . . 12.40
Charing Gross . . . . 12.45
London Bridge . . . 12.43 1.0 1.17 1.59 2.23
N.B.—Fixtures will start at 3.30 p.m. up to Dec. 1, and at 3 p.m. from then onwards to the end of the year.

Members should ask for Cheap Day Keturn Tickets.

#### SPECIAL NOTICES.

The ANNUAL GENERAL MEETING will be held at Head uarters, "The Railway Hotal," West Wickham, on Saturday, October 20th, 1923, at 7 p.m.

AGENDA.

Minutes of last General Meeting. Honorary Secretary's Report. Honorary Treasurer's Report. Honorary Treasurer's Balance Sheet. Election of Officers, 1923-24.

On behalf of the Committee,

H. J. DYBALL, Hon. Sec.

Please bring this GAZETTE with you, as Agenda papers will not be printed.

OFFICERS, 1922-1923.

OFFICERS, 1922-1923.

President—Trevor C. Davis.

Vive-Presidents—I. H. A. Reay, C. G. Wood, H. J. Barclay, T. Crafter, R. B. Baldry, F. C. Walter, J. F. Ponstord, H. A. Munro, M.A., M.D., H. D. Thomas, H. W. G. Haslegrave, E. F. Nicholls, J. Metcalf, J. E. Fowler-Dixon, C. A. Morgan, E. H. Godbold, A. Metcalf, H. F. Pash, J. Rampley, H. R. Hopper, E. J. D. Ratcliff, H. W. E. Sercombe, W. W. Davis, T. K. Grant, W. S. Smith, J. H. Williams.

Hon. Secretary—H. J. Dyball.

Hon. Asst. Secretaries-F. L. Gilbert, P. E. D. Glaeser.

Hon. Treasurer-A. R. Pearso Hon, Treasurer—A. R. Pearson.
Cross Country Captain—S. H. Claydon.
Cross Country Vice-Captain—C. H. W. O'Brien.
Summer Captain—A. T. G. Trumble,
Summer Vice-Captain—G. D. Basan.
Hon. Handicapper for Winter Events—B. H. Lymbery. Hon, Handicapper for Summer Event—H. J. Dyball, Hon, Editor—Ramsay Moir. Hon, Sub-Editor—H, A. Wilkinson, Committee—H. B. S. Rhodes, W. R. J. Clarke, W. S. A. Wilkinson, Lymbery, C. A. Peachey, E. J. Castello, N. L. Davis, R. W. Pattison, D. K. Saunders, \*A. E. Anderson, \*C. V. Sparrowe, \*Co-opted since last A.G.M.

Members are requested to note that the financial year of the Club terminates on Sept. 30, and all outstanding subscriptions and donations to Club Funds should be forwarded to the Hon. Treasurer before that date.

**Gazette Fund.**—A sum of £20 is required to balance the Gazette Fund to Sept. 30, and the Executive specially appeals to those members who have not yet forwarded a donation during this financial year (and also to those who may feel generously disposed) to remedy this deficiency by communicating with the

remedy this deficiency by communicating with the Hon. Treasurer immediately.

The Editor would remind all 'Heathens that in both the previous years of his office the GAZETTE Fund finished with a balance on the right side, and he earnestly trusts that during the next few days there will be sufficient financial appreciation again forthcoming to show that the mark partialled this year is justified. work entailed this year is justified.

WINTER SOCIAL FIXTURES.—The Entertainments Committee have arranged for the following dates, to which the attention of all members is drawn

#### 55th ANNUAL BOHEMIAN CONCERT

TUESDAY, OCTOBER 30 at

The Stadium Club, Holborn.

(See enclosed handbill for further particulars.)

Wednesday, December 5, Annual Town Dance, at the Stadium Club, Holborn. Thursday, February 14, St. Valentine's Fancy Dress Carnival, at Blackheath Concert Hall.

Wednesday, April 9, 55th Annual Dinner, at the Stadium Club, Holborn.

It will be noted that the three town fixtures are to

take place at the Stadium Club, which is situated nearly opposite the Holborn Empire and one minute's walk from Kingsway, and we are extremely fortunate in having obtained, through the good offices of Vice-President T. K. Grant, such a magnificently appointed venue, where there is a large hall in which at least six hundred people can be easily accommodated; and it is certainly one of the most comfortable and luxurious THE

# Blackheath Barriers' Gazette

AND

Club



Record.

"Perfer et Obdura"

No. 484. Vol. L.

Editor: R. E. WALKER, 110, WEST SIDE, CLAPHAM COMMON, S.W. 4.

Assistant Editor: E. J. J. REED.

AUG. - SEPT., 1948
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For private circulation among Members of the Club Published by the Hon. Sec. of the Blackheath Harriers, V. W. W. Beardon, 8, Heathview Crescent, Dartford, Kent.

#### **CROSS-COUNTRY**

(79th Season, 1948)

Saturdays: The Club Headquarters, 56, Bourne Way, Hayes, Bromley, Kent

Tuesdays: The Pavilion, Private Banks Ground, Catford Bridge.

194	18	FIXTURES			
Oct.	9	Sat	Hayes		3½ miles Novices Race
					Training Run (5 miles)
					New Members Night. Smoking Concern
Oct.	16	Sat			v. Milocarian A.C.
Oct	00	0-4	Hayes		Training Run (7½ miles)
Oct.	23	Sat	Hayes	•••	*FIVE MILES CLUB CHALLENGE
					CUP (holder H. N. Nunns) and Sealed Handicap
					Annual General Meeting at 6.45 p.m.
Oct.	30	Sat	Haves		"A" Team v. Westminster Bank
	00		Haves	***	Training Run (7½ miles)
			0000000		Informal Dance 7.30 p.m.
			Hayes		Stock Exchange 25 mile walk
Nev.	6	Sat	Oxford	***	v. Oxford University H. & H. 1st Team
			Hayes		v. Oxford University H. & H. 2nd Team
			Hayes		Training Run (7½ miles)
Nov.	13	Sat	Hayes		*KING-MORRISON 5 MILES JUNIOR
					CHALLENGE CUP (holder A. Hay-
			Norbito		day) and Sealed Handicap
					"A" Team v. Barclays Bank Training Run (7½ miles)
Nov	20	Sat	Coulsdo		
21011	20	Date	Course	)III	*NICHOLLS CUP RACE v. SOUTH LONDON HARRIERS
Nev.	27	Sat.	Cambri	dae	v. Cambridge University H. &. H. 1st
17000000000	-		Cumbii	usc	Team
			Hayes		v. Cambridge University H. &. H. 2nd
					Team
			Hayes		Training Run (7½ miles)
Dec.	4	Sat	Hayes		v. R.M.A. Sandhurst and Thames
			C-1-1-		Hare and Hounds
			Godaim	ing	"A" Team v. Charterhouse School
Dec.	=	Cum	Hamme		Training Run (10 miles)
Dec.	9	Sull	smith		Frankeiss Cup and St. John Mathew Cup Rowing Matches
Dec	11	Sat	Felstead		
Dec.	1.1	Dat	Hayes		"A" Team v. Felsted School "A" Team v. Brockley Count
			Trayes		School and Chislehurst and Sidcup
					County School
			Haves		Training Run (10 miles)
					Inter-Banks Championship.
Dec.	15	Wed.	Bridge	Ho	use Hotel—Bohemian Concert
			Haves	-	*PELLING-RATCLIFF CUP RACE v.
			114,00	• • • •	RANELAGH HARRIERS and 74
					Miles DAVIS CHALLENGE CUP
					(holder H. N. Nunns) and Sealed
					Handicap
D	07	D	TT		Smoking Concert
Dec.	27	Boxing	Hayes	***	Paper Chase at 11 a.m. (about 5 miles)

## New Members' Night

note the date
October 9

Come to Hayes

Meet your old friends

Make new ones

And make yourself at home

#### OPEN MEETING

The Hon. Secretary thanks all those members who so readily came forward to assist with the running of the Club's Open Meeting. The fact that attendance was so poor was no fault of theirs, and it is considered that the result of their efforts was worthy of much better public support.

public support.

The Hon. Secretary is sorry to have to record an even less satisfactory state of affairs in reviewing the number of members among the spectators. It is felt that many more could have given support to an annual event of their own Club and it is hoped most sincerely that no feeling of apathy or lack of interest in Club affairs is creeping into their ranks.

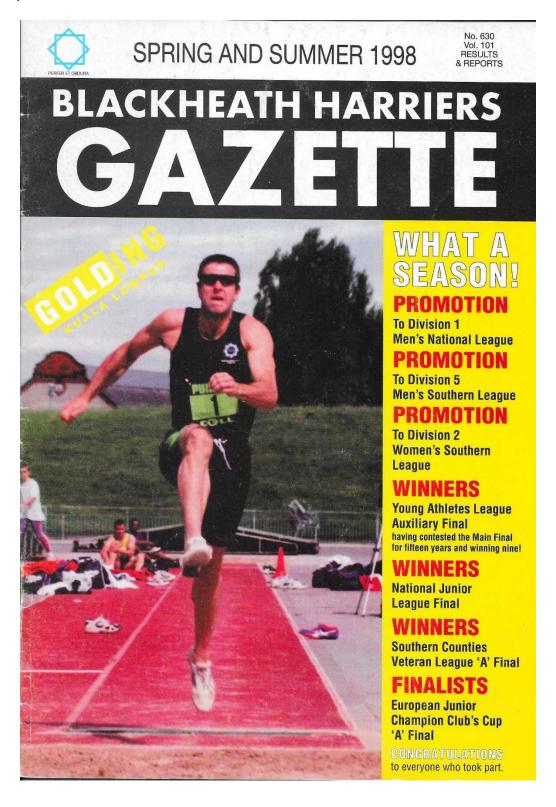
An account of the meeting will be given in our next issue,

#### 50 years ago in September 1973

After being relegated three years in a row in the National League, Blackheath finish in 16h place in the Southern League and avoid another demotion. Wigmore Ladies finish equal third in the Kent Womens League.

Blackheath finish second in their 6 stage road relay behind winners Cambridge Harriers.

#### 25 years ago in September 1998



Julian Golding wins the 200 metres at the Commonwealth Games in Kuala Lumpur, Malaysia. His time of 20.18 is the third fastest ever by a Briton. Only Linford Christie and John Regis have run quicker. Julian wins a second gold in the 4x100 as England win in 38.20. Bromley Ladies Myrtle Augee wins silver in the womens shot with a put of 17.16. This means she has won four medals in four Games with bronze in 1986, gold in 1990 and silvers in 1994 and 1998. Dave Taylor finishes in 4th place in the Marathon in 2.20.30 and Alexis Sharp is 9th in the decathlon for Scotland with 7542 points.

Earlier in the month Julian is part of the GB 4x100 team who win the World Cup race in Johannesburg in 38.09. Blackheath's Under 20 men finish fourth in the European Champions Clubs Cup for Juniors in Istanbul. Emeka Udechuku wins both the shot and discus in 55.22 and 16.27 while Alloy Wilson takes the 400 in 47.89. Both relay teams win with Daniel Plummer, Nick Thomas, Darren Burley and Dwayne Grant timing 41.92 in the 4x100; and Nick Hamilton, Stuart Austin, Aaron Evans and Alloy Wilson dominant in the 4x400 with a time of 3.16.05. The judges have no difficulty in deciding the award of the trophy for the club with the best relay teams.

The youngsters will be in Europe again in 1999 as they win the National Junior Athletics League Final at Cannock. This is the seventh time in eight years that the Club have been crowned National champions.

Blackheath's men win the Southern Veterans League Final at Colindale. They finish 15 points clear of Epsom and Ewell. Blackheath Harriers wins the McDonalds Young Athletes League Auxillary Final in Birmingham, having won the Main Final for the previous nine years.

Blackheath Harriers women secure promotion to Division Two of the Southern Womens League.

Bill Foster wins the Southern 10,000 metre title at the age of 40 at Bedford in 30.36.3

Mark Steinle runs the fastest leg of the day at the Southern 6 Stage Road Relays at Aldershot. His time of 17.40 is over twenty seconds quicker than the next best. With Roy Smith, Jeremy Bradley, Giles Clifford, Richard Daniels and Tim Dickinson the team finish in 4th place.

Mark also wins the Overton 5 in 23.45 and there is more road success with Spencer Newport 5th and Tim Dickinson 9th in the Great South Run in times of 48.48 and 49.26.

Blackheath win the Sparrows Den Relays.

