



## Presidents News 18 June 2025

### Headlines

1. Results and Park Run participation,
  - a. Club Records
  - b. Kent Schools
  - c. Kent Masters
  - d. Other Races including (wo)Man vs Horse
  - e. Park Run
2. AOB



### Results

*Please let me know of any results that need correcting or adding.*

### New Club Records!!

- Ella Brooker U13G 3.36 PV
- Matilda Murray U15G. 10.93 75H.

### Kent Schools

A large number of our younger athletes took part at the Kent Schools championships at the weekend.

Golds at Kent schools in 200m (**Troy Ogedengbe**) 800m (**Kian Farrell**), 1500m (**Jo Scanes**), and 3k (**Joseph Hill**), **Charlie Platt** (Pole Vault), equalising the championship best!, **Rory Whitcombe** (hammer) with a number of National Standards achieved on top. **Ben Ogrady** and **Oliver Ward** were 1 & 2 in the 1500SC, with Ben timing a championship best ! In the junior boys **Jericho Senior** (300m), **Jack Barlow** (800m), **Luke Eperon** (2000m W) all won their events!

**Cheyenne Nketia** in the 100m, **Sophie Tran** (300m), **Niamh Stanley** (1500m SC), **Elsa Parson** (Pole Vault). In the junior girls **Kara Bryan** (800m), **Matilda Murray** (75mH) – a club and championship record!, **Alessia Scala** (HJ), **Ella Brooker** (PV) also with a club and championship best!.

Apologies if I have missed some, so please share others that I can include in next weeks News!

Results are [here](#).





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Walking

- U15 boys **Luke Eperon** (2k) 1st 13m.08s
- U17 Boys **Trejan Checkeku** Boamah (3k) 1st 16m 15s PB
- U17 Girls **Florence Watson** (3k)1st 18m 19s.

**BBHAC Open Day Monday 16<sup>th</sup> May**

Another very successful event with over 300 competitors. A number of PBs !

Results are here - [Results](#)

**Diamond League**

Dina Asher Smith ran 10.93 to finish 2<sup>nd</sup> in the women’s 100m in Stockholm.

**SCVAC Kent Masters**

Mens Result

3<sup>rd</sup> on the night and 3<sup>rd</sup> in the league after 2 events!

Match Details	Mt Pts	Pts	Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	80.5	1 Tonbridge AC - A	12	142.5
2 Dartford Harriers AC	5	79	2 Dartford Harriers AC	10	131.5
3 Blackheath & Bromley H AC	4	69	3 Blackheath & Bromley H AC	8	117
4 Ashford AC	3	51.5	4 Ashford AC	5	93
5 Cambridge Harriers	2	49	5 Cambridge Harriers	5	92
6 Bromley Vets	1	21	6 Bromley Vets	2	42

BC-SCVAC-2025

Mens winners were Duayne Bovell in the M35 200m, 4 x 100m relays and Steve Langdon in the M50 javelin. I also took note of David Adams missing 1<sup>st</sup> place 1500m B string by just 6/100ths plus Richard Coes 2<sup>nd</sup> place in the M70 shot!

Womens Result – 2<sup>nd</sup> on the night, 3<sup>rd</sup> in the league after 2 events.

Match Details	Mt Pts	Pts	Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	61	1 Tonbridge AC - A	12	144
2 Blackheath & Bromley H AC	5	50	2 Dartford Harriers AC	9	106
3 Dartford Harriers AC	4	41	3 Blackheath & Bromley H AC	9	98
4 Medway & Maidstone AC	3	29	4 Medway & Maidstone AC	6	76
5 Central Park Athletics	2	28	5 Central Park Athletics	4	68
6 Ashford AC	1	14	6 Ashford AC	1	14

BC-SCVAC-2025

Womens winners were Sam Williams in the W35 200m, doubled up by Daniela Sage in the B string Trang Nguyen in the W35 1500m B string. Great racing from Jennie Butler in 2<sup>nd</sup> place just 4/100’s from 1<sup>st</sup> place

Full race report will be posted on website!



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**Other Races**

**Man vs Horse**

Jane Bradshaw: Man v Horse done. 35km with 1200m of climb - conditions were soft to extremely boggy - 3rd V50-59 in 4h18m!

**Denmark**

Steve Evenden ran the half- marathon across the Oresand bridge between Denmark and Sweden to celebrate its 25 years. Awesome experience - 1:34:33.

**Eltham Park 5**

- Zoe Kingsmill 54:55 54:29 F 55-64 12 / 20
- Chris Pike 47:37 47:10 M 70-99 2 / 10



**Park Run 14 June 2025**

Saturday saw 60 members run at 27 different events.

Furthest from the clubhouse was Steve Evenden at Fælledparken in Copenhagen, the day before his "Bridge" (see above).

Podiums for 31<sup>st</sup> May

<b>James Webber</b>	1 <sup>st</sup> M	Bethlem	18.59
<b>Alexander Martin</b>	2 <sup>nd</sup> M	Bromley	17.09
<b>Jasmin Stephens</b>	3 <sup>rd</sup> F	Bromley	20.46
<b>Graeme Lugar</b>	1 <sup>st</sup> M	Orpington	18.11
<b>Sam Douglas</b>	1 <sup>st</sup> M	Woolwich	16.51
<b>Eloise O'Shaughnessy</b>	2 <sup>nd</sup> F	Tooting	20.17
<b>Naomi Kingston</b>	2 <sup>nd</sup> F	University Parks	19.24

*\*numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)



## Presidents News 18 June 2025

### Parris Handicap Summer Series

Next race is Wednesday 25th June at Norman Park – first runners off at 7pm sharp!

Huge thanks to everyone who's already pre-registered – and if you haven't yet, there's still time! You can also register on the day. The first event was a great success – some cracking times and brilliant feedback all round!

<https://app.joinin.online/#/app/joinin/organisation/shop/product/5376/b750d9e4-cc01-4451-aced-e74e665e9cc2>

### Other News

#### Fixtures & Volunteering /

- SAL Eton 22 June
- Academy Comp 12.30-3pm on Saturday 21st June and
- The Lower Age Group YDL on the 29th June.

### And Finally from 1936, 67<sup>th</sup> AGM

.....matters such as the installation of electric light and telephone at the Clubhouse were raised. So no more complaining about the mobile signal and lights flickering please!

### Social News

Next Bingo event is on 27<sup>th</sup> June !



Steve Pairman,  
President BBHAC